

市町村別キャラバン・メイト数、認知症サポーター数

自治体・地域における養成数（自治体型）

令和元年9月30日現在

| | 総人口 | | 高齢化率 | 市町村窓口 | サポーター講座開催回数 | メイト数 | | | サポーター数 | | 合計サポーター数（メイト+サポーター数）（※1+※2） | 総人口に占める割合（メイト+サポーター） | メイト+サポーター1人当たり担当高齢者人口 | 総人口10000人当たりの講座開催回数 |
|------|-------------|------------|-------|-------|-------------|---------|--------|---------|------------|------------|-----------------------------|----------------------|-----------------------|---------------------|
| | 65歳以上人口 | | | | | （※1） | 活動メイト数 | 非活動メイト数 | （※2） | | | | | |
| 全国計 | 127,443,563 | 35,185,241 | 27.6% | 1,760 | 337,813 | 148,346 | 96,943 | 51,403 | 11,120,610 | 11,268,956 | 8.842% | 3.1 | 26.507 | |
| 北海道計 | 5,304,413 | 1,640,866 | 30.9% | 179 | 14,472 | 6,666 | 3,628 | 3,038 | 444,641 | 451,307 | 8.508% | 3.6 | 27.283 | |
| 北海道 | 5,304,413 | 1,640,866 | 30.9% | ○ | 110 | 32 | 5 | 27 | 7,624 | 7,656 | | | | |
| 札幌市 | 1,955,457 | 521,841 | 26.7% | ○ | 3,400 | 1,455 | 849 | 606 | 117,426 | 118,881 | 6.079% | 4.4 | 17.387 | |
| 函館市 | 258,948 | 89,577 | 34.6% | ○ | 453 | 299 | 129 | 170 | 14,470 | 14,769 | 5.703% | 6.1 | 17.494 | |
| 小樽市 | 116,529 | 46,300 | 39.7% | ○ | 299 | 234 | 82 | 152 | 9,070 | 9,304 | 7.984% | 5.0 | 25.659 | |
| 旭川市 | 337,392 | 111,051 | 32.9% | ○ | 948 | 275 | 160 | 115 | 31,055 | 31,330 | 9.286% | 3.5 | 28.098 | |
| 室蘭市 | 84,405 | 31,172 | 36.9% | ○ | 310 | 170 | 87 | 83 | 8,701 | 8,871 | 10.510% | 3.5 | 36.728 | |
| 釧路市 | 170,364 | 55,807 | 32.8% | ○ | 506 | 109 | 68 | 41 | 13,702 | 13,811 | 8.107% | 4.0 | 29.701 | |
| 帯広市 | 166,889 | 47,515 | 28.5% | ○ | 620 | 129 | 82 | 47 | 17,829 | 17,958 | 10.760% | 2.6 | 37.150 | |
| 北見市 | 117,806 | 38,326 | 32.5% | ○ | 455 | 142 | 84 | 58 | 12,239 | 12,381 | 10.510% | 3.1 | 38.623 | |
| 夕張市 | 8,087 | 4,130 | 51.1% | ○ | 29 | 25 | 5 | 20 | 743 | 768 | 9.497% | 5.4 | 35.860 | |
| 岩見沢市 | 81,778 | 28,518 | 34.9% | ○ | 304 | 37 | 23 | 14 | 9670 | 9,707 | 11.870% | 2.9 | 37.174 | |
| 網走市 | 35,704 | 11,089 | 31.1% | ○ | 116 | 69 | 37 | 32 | 3,016 | 3,085 | 8.640% | 3.6 | 32.489 | |
| 留萌市 | 21,310 | 7,726 | 36.3% | ○ | 237 | 31 | 16 | 15 | 4,641 | 4,672 | 21.924% | 1.7 | 111.215 | |
| 苫小牧市 | 171,811 | 48,603 | 28.3% | ○ | 562 | 140 | 121 | 19 | 22,379 | 22,519 | 13.107% | 2.2 | 32.710 | |
| 稚内市 | 34,249 | 10,947 | 32.0% | ○ | 135 | 117 | 21 | 96 | 3,636 | 3,753 | 10.958% | 2.9 | 39.417 | |
| 美唄市 | 21,602 | 8,938 | 41.4% | ○ | 38 | 10 | 3 | 7 | 1,008 | 1,018 | 4.713% | 8.8 | 17.591 | |
| 芦別市 | 13,635 | 6,232 | 45.7% | ○ | 79 | 26 | 18 | 8 | 1,852 | 1,878 | 13.773% | 3.3 | 57.939 | |
| 江別市 | 118,985 | 35,519 | 29.9% | ○ | 189 | 111 | 60 | 51 | 9,356 | 9,467 | 7.956% | 3.8 | 15.884 | |
| 赤平市 | 10,186 | 4,729 | 46.4% | ○ | 34 | 16 | 15 | 1 | 973 | 989 | 9.709% | 4.8 | 33.379 | |
| 紋別市 | 22,044 | 7,829 | 35.5% | ○ | 62 | 52 | 12 | 40 | 1,605 | 1,657 | 7.517% | 4.7 | 28.126 | |
| 士別市 | 18,965 | 7,441 | 39.2% | ○ | 33 | 27 | 23 | 4 | 863 | 890 | 4.693% | 8.4 | 17.400 | |
| 名寄市 | 27,582 | 8,828 | 32.0% | ○ | 83 | 23 | 15 | 8 | 1,895 | 1,918 | 6.954% | 4.6 | 30.092 | |
| 三笠市 | 8,562 | 3,959 | 46.2% | ○ | 38 | 12 | 7 | 5 | 666 | 678 | 7.919% | 5.8 | 44.382 | |
| 根室市 | 25,953 | 8,659 | 33.4% | ○ | 71 | 15 | 11 | 4 | 1,823 | 1,838 | 7.082% | 4.7 | 27.357 | |
| 千歳市 | 97,061 | 21,941 | 22.6% | ○ | 154 | 52 | 31 | 21 | 6,317 | 6,369 | 6.562% | 3.4 | 15.866 | |
| 滝川市 | 40,365 | 13,771 | 34.1% | ○ | 134 | 35 | 28 | 7 | 3,464 | 3,499 | 8.668% | 3.9 | 33.197 | |
| 砂川市 | 17,137 | 6,466 | 37.7% | ○ | 49 | 10 | 4 | 6 | 1,264 | 1,274 | 7.434% | 5.1 | 28.593 | |
| 歌志内市 | 3,275 | 1,650 | 50.4% | ○ | 6 | 13 | 7 | 6 | 175 | 188 | 5.740% | 8.8 | 18.321 | |
| 深川市 | 20,804 | 8,499 | 40.9% | ○ | 135 | 91 | 31 | 60 | 3,354 | 3,445 | 16.559% | 2.5 | 64.891 | |
| 富良野市 | 21,921 | 7,062 | 32.2% | ○ | 79 | 18 | 7 | 11 | 1,571 | 1,589 | 7.249% | 4.4 | 36.039 | |
| 登別市 | 48,395 | 17,138 | 35.4% | ○ | 210 | 106 | 60 | 46 | 7,166 | 7,272 | 15.026% | 2.4 | 43.393 | |
| 恵庭市 | 69,850 | 18,890 | 27.0% | ○ | 227 | 90 | 63 | 27 | 8,660 | 8,750 | 12.527% | 2.2 | 32.498 | |
| 伊達市 | 34,365 | 12,532 | 36.5% | ○ | 115 | 73 | 29 | 44 | 3,499 | 3,572 | 10.394% | 3.5 | 33.464 | |
| 北広島市 | 58,630 | 18,343 | 31.3% | ○ | 182 | 79 | 69 | 10 | 6,772 | 6,851 | 11.685% | 2.7 | 31.042 | |
| 石狩市 | 58,345 | 19,088 | 32.7% | ○ | 191 | 71 | 58 | 13 | 3,876 | 3,947 | 6.765% | 4.8 | 32.736 | |
| 北斗市 | 46,487 | 13,296 | 28.6% | ○ | 155 | 142 | 70 | 72 | 6,743 | 6,885 | 14.811% | 1.9 | 33.343 | |
| 当別町 | 16,061 | 5,449 | 33.9% | ○ | 146 | 50 | 43 | 7 | 4,898 | 4,948 | 30.808% | 1.1 | 90.903 | |
| 新篠津村 | 3,101 | 1,148 | 37.0% | ○ | 35 | 23 | 16 | 7 | 601 | 624 | 20.123% | 1.8 | 112.867 | |
| 松前町 | 7,257 | 3,501 | 48.2% | ○ | 19 | 29 | 11 | 18 | 409 | 438 | 6.036% | 8.0 | 26.182 | |
| 福島町 | 4,107 | 1,911 | 46.5% | ○ | 4 | 15 | 4 | 11 | 116 | 131 | 3.190% | 14.6 | 9.739 | |
| 知内町 | 4,388 | 1,677 | 38.2% | ○ | 7 | 15 | 3 | 12 | 215 | 230 | 5.242% | 7.3 | 15.953 | |
| 木古内町 | 4,176 | 1,981 | 47.4% | ○ | 9 | 44 | 7 | 37 | 175 | 219 | 5.244% | 9.0 | 21.552 | |
| 七飯町 | 28,288 | 9,435 | 33.4% | ○ | 16 | 44 | 10 | 34 | 768 | 812 | 2.870% | 11.6 | 5.656 | |
| 鹿部町 | 3,961 | 1,494 | 37.7% | ○ | 8 | 3 | 3 | | 153 | 156 | 3.938% | 9.6 | 20.197 | |
| 森町 | 15,575 | 5,745 | 36.9% | ○ | 29 | 18 | 4 | 14 | 1,813 | 1,831 | 11.756% | 3.1 | 18.620 | |
| 八雲町 | 16,685 | 5,549 | 33.3% | ○ | 58 | 16 | 11 | 5 | 935 | 951 | 5.700% | 5.8 | 34.762 | |
| 長万部町 | 5,493 | 2,229 | 40.6% | ○ | 14 | 11 | 8 | 3 | 306 | 317 | 5.771% | 7.0 | 25.487 | |
| 江差町 | 7,732 | 2,828 | 36.6% | ○ | 31 | 30 | 13 | 17 | 678 | 708 | 9.157% | 4.0 | 40.093 | |
| 上ノ国町 | 4,851 | 2,018 | 41.6% | ○ | 2 | 8 | 1 | 7 | 133 | 141 | 2.907% | 14.3 | 4.123 | |
| 厚沢部町 | 3,880 | 1,587 | 40.9% | ○ | 5 | 9 | 6 | 3 | 149 | 158 | 4.072% | 10.0 | 12.887 | |
| 乙部町 | 3,723 | 1,636 | 43.9% | ○ | 5 | 12 | 2 | 10 | 232 | 244 | 6.554% | 6.7 | 13.430 | |
| 奥尻町 | 2,655 | 1,045 | 39.4% | ○ | 9 | 4 | 3 | 1 | 125 | 129 | 4.859% | 8.1 | 33.898 | |
| 今金町 | 5,356 | 2,138 | 39.9% | ○ | 69 | 4 | 3 | 1 | 1,883 | 1,887 | 35.232% | 1.1 | 128.827 | |
| せたな町 | 7,971 | 3,576 | 44.9% | ○ | 31 | 26 | 20 | 6 | 664 | 690 | 8.656% | 5.2 | 38.891 | |

| | 総人口 | | 高齢化率 | 市町村窓口 | サポーター講座開催回数 | メイト数 | | | サポーター数 | 合計 サポーター数 (メイト+ サポーター数) (※1+※2) | 総人口に 占める割合 (メイト+ サポーター 1人当たり サポーター 高齢者人口) | メイト+ サポーター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|-------|---------|-------|-------|-------|-------------|------|------------|-------------|--------|---|---|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | (※1) | 活動 メイト数 | 非活動 メイト数 | | | | | |
| 島牧村 | 1,477 | 618 | 41.8% | ○ | 6 | 3 | 3 | | 59 | 62 | 4.198% | 10.0 | 40.623 |
| 寿都町 | 2,994 | 1,179 | 39.4% | ○ | 27 | 13 | 11 | 2 | 552 | 565 | 18.871% | 2.1 | 90.180 |
| 黒松内町 | 2,837 | 1,062 | 37.4% | ○ | 5 | 7 | 2 | 5 | 72 | 79 | 2.785% | 13.4 | 17.624 |
| 蘭越町 | 4,717 | 1,800 | 38.2% | ○ | 7 | 8 | 3 | 5 | 258 | 266 | 5.639% | 6.8 | 14.840 |
| 二セコ町 | 5,298 | 1,346 | 25.4% | ○ | 1 | 10 | 3 | 7 | 9 | 19 | 0.359% | 70.8 | 1.888 |
| 真狩村 | 2,102 | 726 | 34.5% | ○ | 2 | 15 | 2 | 13 | 44 | 59 | 2.807% | 12.3 | 9.515 |
| 留寿都村 | 2,047 | 483 | 23.6% | ○ | | 4 | 1 | 3 | | 4 | 0.195% | 120.8 | |
| 喜茂別町 | 2,209 | 853 | 38.6% | ○ | 9 | 16 | 11 | 5 | 238 | 254 | 11.498% | 3.4 | 40.742 |
| 京極町 | 3,042 | 1,063 | 34.9% | ○ | 41 | 19 | 18 | 1 | 696 | 715 | 23.504% | 1.5 | 134.780 |
| 倶知安町 | 16,642 | 3,768 | 22.6% | ○ | 16 | 20 | 10 | 10 | 493 | 513 | 3.083% | 7.3 | 9.614 |
| 共和町 | 5,942 | 1,936 | 32.6% | ○ | 2 | 9 | 3 | 6 | 123 | 132 | 2.221% | 14.7 | 3.366 |
| 岩内町 | 12,623 | 4,566 | 36.2% | ○ | 19 | 32 | 20 | 12 | 621 | 653 | 5.173% | 7.0 | 15.052 |
| 泊村 | 1,652 | 648 | 39.2% | ○ | 2 | 3 | 2 | 1 | 50 | 53 | 3.208% | 12.2 | 12.107 |
| 神恵内村 | 861 | 369 | 42.9% | ○ | 3 | 1 | | 1 | 58 | 59 | 6.852% | 6.3 | 34.843 |
| 積丹町 | 2,043 | 959 | 46.9% | ○ | 1 | 4 | 2 | 2 | 11 | 15 | 0.734% | 63.9 | 4.895 |
| 古平町 | 3,092 | 1,326 | 42.9% | ○ | 8 | 13 | 4 | 9 | 127 | 140 | 4.528% | 9.5 | 25.873 |
| 仁木町 | 3,321 | 1,323 | 39.8% | ○ | 11 | 7 | 5 | 2 | 268 | 275 | 8.281% | 4.8 | 33.123 |
| 余市町 | 18,894 | 7,313 | 38.7% | ○ | 24 | 49 | 13 | 36 | 521 | 570 | 3.017% | 12.8 | 12.702 |
| 赤井川村 | 1,262 | 370 | 29.3% | ○ | 5 | 7 | 3 | 4 | 209 | 216 | 17.116% | 1.7 | 39.620 |
| 南幌町 | 7,573 | 2,466 | 32.6% | ○ | 48 | 19 | 10 | 9 | 1,326 | 1,345 | 17.760% | 1.8 | 63.383 |
| 奈井江町 | 5,435 | 2,200 | 40.5% | ○ | 19 | 8 | 5 | 3 | 437 | 445 | 8.188% | 4.9 | 34.959 |
| 上砂川町 | 2,987 | 1,503 | 50.3% | ○ | 28 | 11 | 11 | | 746 | 757 | 25.343% | 2.0 | 93.740 |
| 由仁町 | 5,173 | 2,083 | 40.3% | ○ | 33 | 7 | 5 | 2 | 686 | 693 | 13.396% | 3.0 | 63.793 |
| 長沼町 | 10,876 | 3,949 | 36.3% | ○ | 32 | 9 | 5 | 4 | 813 | 822 | 7.558% | 4.8 | 29.423 |
| 栗山町 | 11,823 | 4,630 | 39.2% | ○ | 59 | 14 | 9 | 5 | 1,428 | 1,442 | 12.197% | 3.2 | 49.903 |
| 月形町 | 3,216 | 1,319 | 41.0% | ○ | 13 | 20 | 9 | 11 | 467 | 487 | 15.143% | 2.7 | 40.423 |
| 浦臼町 | 1,844 | 807 | 43.8% | ○ | 1 | 5 | 2 | 3 | 62 | 67 | 3.633% | 12.0 | 5.423 |
| 新十津川町 | 6,609 | 2,540 | 38.4% | ○ | 31 | 11 | 10 | 1 | 573 | 584 | 8.836% | 4.3 | 46.906 |
| 妹背牛町 | 2,976 | 1,370 | 46.0% | ○ | 7 | 3 | 1 | 2 | 287 | 290 | 9.745% | 4.7 | 23.522 |
| 秩父別町 | 2,424 | 1,003 | 41.4% | ○ | 6 | 7 | 3 | 4 | 237 | 244 | 10.066% | 4.1 | 24.752 |
| 雨竜町 | 2,404 | 975 | 40.6% | ○ | 5 | 4 | 4 | | 169 | 173 | 7.196% | 5.6 | 20.799 |
| 北竜町 | 1,868 | 812 | 43.5% | ○ | 17 | 10 | 5 | 5 | 251 | 261 | 13.972% | 3.1 | 91.006 |
| 沼田町 | 3,131 | 1,313 | 41.9% | ○ | 33 | 9 | 6 | 3 | 486 | 495 | 15.810% | 2.7 | 105.398 |
| 幌加内町 | 1,508 | 590 | 39.1% | ○ | 17 | 6 | 6 | | 335 | 341 | 22.613% | 1.7 | 112.732 |
| 鷹栖町 | 6,925 | 2,318 | 33.5% | ○ | 25 | 23 | 10 | 13 | 596 | 619 | 8.939% | 3.7 | 36.101 |
| 東神楽町 | 10,321 | 2,683 | 26.0% | ○ | 4 | 1 | 1 | | 108 | 109 | 1.056% | 24.6 | 3.876 |
| 当麻町 | 6,493 | 2,622 | 40.4% | ○ | 2 | 6 | 2 | 4 | 39 | 45 | 0.693% | 58.3 | 3.080 |
| 比布町 | 3,753 | 1,541 | 41.1% | ○ | 18 | 10 | 9 | 1 | 487 | 497 | 13.243% | 3.1 | 47.962 |
| 愛別町 | 2,785 | 1,252 | 45.0% | ○ | 11 | 3 | 2 | 1 | 278 | 281 | 10.090% | 4.5 | 39.497 |
| 上川町 | 3,594 | 1,564 | 43.5% | ○ | 4 | 8 | 3 | 5 | 80 | 88 | 2.449% | 17.8 | 11.130 |
| 東川町 | 8,382 | 2,699 | 32.2% | ○ | 17 | 40 | 19 | 21 | 353 | 393 | 4.689% | 6.9 | 20.282 |
| 美瑛町 | 10,043 | 3,764 | 37.5% | ○ | 55 | 16 | 13 | 3 | 1,326 | 1,342 | 13.363% | 2.8 | 54.765 |
| 上富良野町 | 10,789 | 3,409 | 31.6% | ○ | 17 | 17 | 11 | 6 | 378 | 395 | 3.661% | 8.6 | 15.757 |
| 中富良野町 | 5,019 | 1,758 | 35.0% | ○ | 16 | 14 | 8 | 6 | 463 | 477 | 9.504% | 3.7 | 31.879 |
| 南富良野町 | 2,515 | 805 | 32.0% | ○ | 15 | 3 | | 3 | 429 | 432 | 17.177% | 1.9 | 59.642 |
| 占冠村 | 1,508 | 317 | 21.0% | ○ | 7 | 5 | 2 | 3 | 95 | 100 | 6.631% | 3.2 | 46.419 |
| 和寒町 | 3,369 | 1,469 | 43.6% | ○ | 23 | 10 | 7 | 3 | 868 | 878 | 26.061% | 1.7 | 68.270 |
| 剣淵町 | 3,131 | 1,230 | 39.3% | ○ | 10 | 4 | 4 | | 312 | 316 | 10.093% | 3.9 | 31.939 |
| 下川町 | 3,303 | 1,302 | 39.4% | ○ | 12 | 9 | 8 | 1 | 165 | 174 | 5.268% | 7.5 | 36.331 |
| 美深町 | 4,364 | 1,749 | 40.1% | ○ | 14 | 6 | 3 | 3 | 297 | 303 | 6.943% | 5.8 | 32.081 |
| 音威子府村 | 763 | 223 | 29.2% | | | 1 | | 1 | | 1 | 0.131% | 223.0 | |
| 中川町 | 1,522 | 614 | 40.3% | ○ | 4 | 7 | 6 | 1 | 134 | 141 | 9.264% | 4.4 | 26.281 |
| 増毛町 | 4,339 | 1,901 | 43.8% | ○ | 5 | 6 | 3 | 3 | 182 | 188 | 4.333% | 10.1 | 11.523 |
| 小平町 | 3,168 | 1,247 | 39.4% | ○ | 7 | 4 | 2 | 2 | 116 | 120 | 3.788% | 10.4 | 22.096 |
| 苫前町 | 3,100 | 1,290 | 41.6% | ○ | 27 | 8 | 6 | 2 | 369 | 377 | 12.161% | 3.4 | 87.097 |
| 羽幌町 | 6,993 | 2,943 | 42.1% | ○ | 14 | 6 | 4 | 2 | 261 | 267 | 3.818% | 11.0 | 20.020 |
| 初山別村 | 1,173 | 445 | 37.9% | ○ | 4 | 2 | 2 | | 32 | 34 | 2.899% | 13.1 | 34.101 |
| 遠別町 | 2,692 | 1,063 | 39.5% | ○ | 29 | 6 | 6 | | 477 | 483 | 17.942% | 2.2 | 107.727 |
| 天塩町 | 3,065 | 1,084 | 35.4% | ○ | 12 | 7 | 5 | 2 | 427 | 434 | 14.160% | 2.5 | 39.152 |
| 幌延町 | 2,330 | 678 | 29.1% | ○ | 2 | 5 | 3 | 2 | 53 | 58 | 2.489% | 11.7 | 8.584 |

| | 総人口 | | 高齢化率 | 市町村窓口 | サポーター講座開催回数 | メイト数 | | | サポーター数 | 合計サポーター数(メイト+サポーター数)(※1+※2) | 総人口に占める割合(メイト+サポーター) | メイト+サポーター1人当たり担当高齢者人口 | 総人口10000人当たりの講座開催回数 |
|-------|---------|--------|-------|-------|-------------|------|--------|---------|--------|-----------------------------|----------------------|-----------------------|---------------------|
| | 65歳以上人口 | | | | | (※1) | 活動メイト数 | 非活動メイト数 | | | | | |
| 猿払村 | 2,745 | 632 | 23.0% | ○ | 23 | 13 | 5 | 8 | 360 | 373 | 13.588% | 1.7 | 83.789 |
| 浜頓別町 | 3,618 | 1,262 | 34.9% | ○ | 5 | 11 | 5 | 6 | 62 | 73 | 2.018% | 17.3 | 13.820 |
| 中頓別町 | 1,730 | 674 | 39.0% | ○ | 5 | 2 | 1 | 1 | 152 | 154 | 8.902% | 4.4 | 28.902 |
| 枝幸町 | 8,177 | 2,784 | 34.0% | ○ | 17 | 15 | 8 | 7 | 385 | 400 | 4.892% | 7.0 | 20.790 |
| 豊富町 | 3,940 | 1,308 | 33.2% | ○ | 6 | 8 | 5 | 3 | 153 | 161 | 4.086% | 8.1 | 15.228 |
| 礼文町 | 2,526 | 902 | 35.7% | ○ | 6 | 3 | 3 | | 122 | 125 | 4.949% | 7.2 | 23.753 |
| 利尻町 | 2,037 | 819 | 40.2% | ○ | 9 | 1 | 1 | | 146 | 147 | 7.216% | 5.6 | 44.183 |
| 利尻富士町 | 2,492 | 947 | 38.0% | ○ | 1 | 3 | 2 | 1 | 19 | 22 | 0.883% | 43.0 | 4.013 |
| 美幌町 | 19,578 | 6,802 | 34.7% | ○ | 51 | 22 | 10 | 12 | 2,078 | 2,100 | 10.726% | 3.2 | 26.050 |
| 津別町 | 4,713 | 2,086 | 44.3% | ○ | 27 | 8 | 6 | 2 | 883 | 891 | 18.905% | 2.3 | 57.288 |
| 斜里町 | 11,610 | 3,835 | 33.0% | ○ | 43 | 15 | 10 | 5 | 1,567 | 1,582 | 13.626% | 2.4 | 37.037 |
| 清里町 | 4,110 | 1,492 | 36.3% | ○ | 12 | 8 | 7 | 1 | 307 | 315 | 7.664% | 4.7 | 29.197 |
| 小清水町 | 4,897 | 1,829 | 37.3% | ○ | 33 | 11 | 7 | 4 | 901 | 912 | 18.624% | 2.0 | 67.388 |
| 訓子府町 | 5,000 | 1,867 | 37.3% | ○ | 53 | 13 | 10 | 3 | 1,126 | 1,139 | 22.780% | 1.6 | 106.000 |
| 置戸町 | 2,921 | 1,267 | 43.4% | ○ | 25 | 8 | 8 | | 555 | 563 | 19.274% | 2.3 | 85.587 |
| 佐呂間町 | 5,212 | 1,983 | 38.0% | ○ | 35 | 28 | 16 | 12 | 1,157 | 1,185 | 22.736% | 1.7 | 67.153 |
| 遠軽町 | 19,984 | 7,266 | 36.4% | ○ | 48 | 18 | 17 | 1 | 1,528 | 1,546 | 7.736% | 4.7 | 24.019 |
| 湧別町 | 8,862 | 3,349 | 37.8% | ○ | 21 | 14 | 6 | 8 | 452 | 466 | 5.258% | 7.2 | 23.697 |
| 滝上町 | 2,603 | 1,127 | 43.3% | ○ | 6 | 3 | 1 | 2 | 46 | 49 | 1.882% | 23.0 | 23.050 |
| 興部町 | 3,815 | 1,231 | 32.3% | ○ | 25 | 13 | 13 | | 495 | 508 | 13.316% | 2.4 | 65.531 |
| 西興部村 | 1,114 | 374 | 33.6% | ○ | 4 | 5 | 1 | 4 | 88 | 93 | 8.348% | 4.0 | 35.907 |
| 雄武町 | 4,422 | 1,472 | 33.3% | ○ | 21 | 7 | 5 | 2 | 383 | 390 | 8.820% | 3.8 | 47.490 |
| 大空町 | 7,235 | 2,522 | 34.9% | ○ | 28 | 8 | 7 | 1 | 1,023 | 1,031 | 14.250% | 2.4 | 38.701 |
| 豊浦町 | 3,991 | 1,454 | 36.4% | ○ | 51 | 44 | 13 | 31 | 1,129 | 1,173 | 29.391% | 1.2 | 127.788 |
| 壮瞥町 | 2,513 | 1,002 | 39.9% | ○ | 14 | 6 | 6 | | 285 | 291 | 11.580% | 3.4 | 55.710 |
| 白老町 | 16,981 | 7,792 | 45.9% | ○ | 70 | 43 | 26 | 17 | 1,834 | 1,877 | 11.054% | 4.2 | 41.223 |
| 厚真町 | 4,596 | 1,683 | 36.6% | ○ | 6 | 13 | 6 | 7 | 149 | 162 | 3.525% | 10.4 | 13.055 |
| 洞爺湖町 | 8,841 | 3,615 | 40.9% | ○ | 32 | 52 | 13 | 39 | 610 | 662 | 7.488% | 5.5 | 36.195 |
| 安平町 | 7,966 | 2,894 | 36.3% | ○ | 19 | 13 | 3 | 10 | 485 | 498 | 6.252% | 5.8 | 23.851 |
| むかわ町 | 8,126 | 3,197 | 39.3% | ○ | 30 | 17 | 9 | 8 | 829 | 846 | 10.411% | 3.8 | 36.919 |
| 日高町 | 12,132 | 4,108 | 33.9% | ○ | 63 | 32 | 18 | 14 | 1,170 | 1,202 | 9.908% | 3.4 | 51.929 |
| 平取町 | 5,036 | 1,758 | 34.9% | ○ | 29 | 25 | 20 | 5 | 471 | 496 | 9.849% | 3.5 | 57.585 |
| 新冠町 | 5,553 | 1,772 | 31.9% | ○ | 32 | 11 | 7 | 4 | 997 | 1,008 | 18.152% | 1.8 | 57.627 |
| 浦河町 | 12,445 | 3,981 | 32.0% | ○ | 87 | 56 | 42 | 14 | 2,027 | 2,083 | 16.738% | 1.9 | 69.908 |
| 様似町 | 4,322 | 1,727 | 40.0% | ○ | 32 | 12 | 10 | 2 | 780 | 792 | 18.325% | 2.2 | 74.040 |
| えりも町 | 4,729 | 1,492 | 31.6% | ○ | 16 | 13 | 5 | 8 | 217 | 230 | 4.864% | 6.5 | 33.834 |
| 新ひだか町 | 22,677 | 7,615 | 33.6% | ○ | 91 | 52 | 20 | 32 | 2,616 | 2,668 | 11.765% | 2.9 | 40.129 |
| 音更町 | 44,660 | 12,499 | 28.0% | ○ | 175 | 81 | 38 | 43 | 6,326 | 6,407 | 14.346% | 2.0 | 39.185 |
| 士幌町 | 6,163 | 1,962 | 31.8% | ○ | 94 | 41 | 30 | 11 | 1,551 | 1,592 | 25.832% | 1.2 | 152.523 |
| 上士幌町 | 5,000 | 1,711 | 34.2% | ○ | 42 | 9 | 9 | | 1,141 | 1,150 | 23.000% | 1.5 | 84.000 |
| 鹿追町 | 5,433 | 1,596 | 29.4% | ○ | 14 | 14 | 6 | 8 | 339 | 353 | 6.497% | 4.5 | 25.768 |
| 新得町 | 6,217 | 2,234 | 35.9% | ○ | 47 | 102 | 31 | 71 | 1,350 | 1,452 | 23.355% | 1.5 | 75.599 |
| 清水町 | 9,494 | 3,396 | 35.8% | ○ | 54 | 34 | 21 | 13 | 2,286 | 2,320 | 24.436% | 1.5 | 56.878 |
| 芽室町 | 18,667 | 5,397 | 28.9% | ○ | 100 | 17 | 11 | 6 | 2,573 | 2,590 | 13.875% | 2.1 | 53.570 |
| 中札内村 | 3,918 | 1,119 | 28.6% | ○ | 13 | 6 | 3 | 3 | 325 | 331 | 8.448% | 3.4 | 33.180 |
| 更別村 | 3,175 | 949 | 29.9% | ○ | 20 | 11 | 7 | 4 | 469 | 480 | 15.118% | 2.0 | 62.992 |
| 大樹町 | 5,627 | 1,978 | 35.2% | ○ | 40 | 14 | 6 | 8 | 894 | 908 | 16.136% | 2.2 | 71.086 |
| 広尾町 | 6,888 | 2,560 | 37.2% | ○ | 53 | 19 | 10 | 9 | 1,328 | 1,347 | 19.556% | 1.9 | 76.945 |
| 幕別町 | 26,844 | 8,501 | 31.7% | ○ | 80 | 35 | 23 | 12 | 2,236 | 2,271 | 8.460% | 3.7 | 29.802 |
| 池田町 | 6,750 | 2,840 | 42.1% | ○ | 17 | 18 | 14 | 4 | 587 | 605 | 8.963% | 4.7 | 25.185 |
| 豊頃町 | 3,205 | 1,244 | 38.8% | ○ | 17 | 10 | 7 | 3 | 263 | 273 | 8.518% | 4.6 | 53.042 |
| 本別町 | 7,087 | 2,878 | 40.6% | ○ | 54 | 102 | 23 | 79 | 1,201 | 1,303 | 18.386% | 2.2 | 76.196 |
| 足寄町 | 6,928 | 2,695 | 38.9% | ○ | 56 | 61 | 29 | 32 | 1,483 | 1,544 | 22.286% | 1.7 | 80.831 |
| 陸別町 | 2,389 | 922 | 38.6% | ○ | 8 | 18 | 3 | 15 | 206 | 224 | 9.376% | 4.1 | 33.487 |
| 浦幌町 | 4,754 | 1,933 | 40.7% | ○ | 20 | 14 | 12 | 2 | 421 | 435 | 9.150% | 4.4 | 42.070 |
| 釧路町 | 19,802 | 5,444 | 27.5% | ○ | 60 | 22 | 19 | 3 | 1,849 | 1,871 | 9.449% | 2.9 | 30.300 |
| 厚岸町 | 9,396 | 3,279 | 34.9% | ○ | 56 | 14 | 9 | 5 | 884 | 898 | 9.557% | 3.7 | 59.600 |
| 浜中町 | 5,860 | 1,781 | 30.4% | ○ | 7 | 14 | 7 | 7 | 175 | 189 | 3.225% | 9.4 | 11.945 |
| 標茶町 | 7,619 | 2,533 | 33.2% | ○ | 23 | 9 | 8 | 1 | 614 | 623 | 8.177% | 4.1 | 30.188 |
| 弟子屈町 | 7,255 | 2,793 | 38.5% | ○ | 13 | 15 | 8 | 7 | 343 | 358 | 4.935% | 7.8 | 17.919 |

| | 総人口 | | 高齢化率 | 市町村窓口 | サポーター講座開催回数 | メイト数 | | | サポーター数 | 合計サポーター数(メイト+サポーター数)(※1+※2) | 総人口に占める割合(メイト+サポーター) | メイト+サポーター1人当たり担当高齢者人口 | 総人口10000人当たりの講座開催回数 |
|-------------|------------------|----------------|--------------|-----------|--------------|--------------|--------------|------------|----------------|-----------------------------|----------------------|-----------------------|---------------------|
| | 65歳以上人口 | | | | | (※1) | 活動メイト数 | 非活動メイト数 | | | | | |
| 鶴居村 | 2,534 | 806 | 31.8% | ○ | 13 | 3 | 3 | | 197 | 200 | 7.893% | 4.0 | 51.302 |
| 白糠町 | 7,918 | 3,172 | 40.1% | ○ | 20 | 9 | 7 | 2 | 493 | 502 | 6.340% | 6.3 | 25.259 |
| 別海町 | 15,171 | 4,078 | 26.9% | ○ | 48 | 13 | 9 | 4 | 553 | 566 | 3.731% | 7.2 | 31.639 |
| 中標津町 | 23,493 | 5,952 | 25.3% | ○ | 67 | 11 | 9 | 2 | 1,383 | 1,394 | 5.934% | 4.3 | 28.519 |
| 標津町 | 5,347 | 1,606 | 30.0% | ○ | 26 | 10 | 5 | 5 | 796 | 806 | 15.074% | 2.0 | 48.625 |
| 羅臼町 | 5,091 | 1,491 | 29.3% | ○ | 22 | 7 | 5 | 2 | 395 | 402 | 7.896% | 3.7 | 43.214 |
| 青森県計 | 1,292,709 | 413,592 | 32.0% | 41 | 3,657 | 1,762 | 1,348 | 414 | 106,291 | 108,053 | 8.359% | 3.8 | 28.289 |
| 青森県 | 1,292,709 | 413,592 | 32.0% | ○ | 81 | 44 | 22 | 22 | 5,537 | 5,581 | | | |
| 青森市 | 284,531 | 85,801 | 30.2% | ○ | 619 | 192 | 164 | 28 | 18,281 | 18,473 | 6.492% | 4.6 | 21.755 |
| 弘前市 | 172,031 | 53,903 | 31.3% | ○ | 357 | 131 | 101 | 30 | 10,688 | 10,819 | 6.289% | 5.0 | 20.752 |
| 八戸市 | 230,042 | 67,961 | 29.5% | ○ | 536 | 186 | 170 | 16 | 18,929 | 19,115 | 8.309% | 3.6 | 23.300 |
| 黒石市 | 33,499 | 10,654 | 31.8% | ○ | 45 | 55 | 41 | 14 | 1,751 | 1,806 | 5.391% | 5.9 | 13.433 |
| 五所川原市 | 54,780 | 18,451 | 33.7% | ○ | 121 | 33 | 25 | 8 | 5,433 | 5,466 | 9.978% | 3.4 | 22.088 |
| 十和田市 | 61,717 | 19,883 | 32.2% | ○ | 395 | 127 | 102 | 25 | 9,358 | 9,485 | 15.369% | 2.1 | 64.002 |
| 三沢市 | 40,051 | 10,060 | 25.1% | ○ | 115 | 38 | 36 | 2 | 3,139 | 3,177 | 7.932% | 3.2 | 28.713 |
| むつ市 | 57,993 | 18,495 | 31.9% | ○ | 168 | 72 | 54 | 18 | 4,451 | 4,523 | 7.799% | 4.1 | 28.969 |
| つがる市 | 32,625 | 11,896 | 36.5% | ○ | 91 | 52 | 48 | 4 | 2,632 | 2,684 | 8.227% | 4.4 | 27.893 |
| 平川市 | 31,458 | 10,434 | 33.2% | ○ | 135 | 164 | 82 | 82 | 3,028 | 3,192 | 10.147% | 3.3 | 42.914 |
| 平内町 | 11,092 | 4,262 | 38.4% | ○ | 12 | 14 | 5 | 9 | 234 | 248 | 2.236% | 17.2 | 10.819 |
| 今別町 | 2,664 | 1,417 | 53.2% | ○ | 3 | 8 | 4 | 4 | 64 | 72 | 2.703% | 19.7 | 11.261 |
| 蓬田村 | 2,811 | 1,100 | 39.1% | ○ | 12 | 10 | 3 | 7 | 137 | 147 | 5.229% | 7.5 | 42.689 |
| 外ヶ浜町 | 6,072 | 2,890 | 47.6% | ○ | 33 | 24 | 20 | 4 | 451 | 475 | 7.823% | 6.1 | 54.348 |
| 鱒ヶ沢町 | 10,035 | 4,149 | 41.3% | ○ | 39 | 13 | 13 | | 1,363 | 1,376 | 13.712% | 3.0 | 38.864 |
| 深浦町 | 8,228 | 3,860 | 46.9% | ○ | 44 | 20 | 18 | 2 | 757 | 777 | 9.443% | 5.0 | 53.476 |
| 西目屋村 | 1,369 | 538 | 39.3% | ○ | 7 | 6 | 5 | 1 | 161 | 167 | 12.199% | 3.2 | 51.132 |
| 藤崎町 | 15,159 | 4,748 | 31.3% | ○ | 27 | 37 | 32 | 5 | 627 | 664 | 4.380% | 7.2 | 17.811 |
| 大鰐町 | 9,624 | 4,011 | 41.7% | ○ | 41 | 40 | 31 | 9 | 1,156 | 1,196 | 12.427% | 3.4 | 42.602 |
| 田舎館村 | 7,874 | 2,700 | 34.3% | ○ | 27 | 8 | 4 | 4 | 498 | 506 | 6.426% | 5.3 | 34.290 |
| 板柳町 | 13,735 | 4,892 | 35.6% | ○ | 30 | 9 | 7 | 2 | 950 | 959 | 6.982% | 5.1 | 21.842 |
| 鶴田町 | 12,984 | 4,580 | 35.3% | ○ | 44 | 14 | 13 | 1 | 1,366 | 1,380 | 10.628% | 3.3 | 33.888 |
| 中泊町 | 11,178 | 4,579 | 41.0% | ○ | 23 | 38 | 27 | 11 | 721 | 759 | 6.790% | 6.0 | 20.576 |
| 野辺地町 | 13,330 | 4,837 | 36.3% | ○ | 18 | 6 | 6 | | 449 | 455 | 3.413% | 10.6 | 13.503 |
| 七戸町 | 15,825 | 6,164 | 39.0% | ○ | 34 | 69 | 36 | 33 | 657 | 726 | 4.588% | 8.5 | 21.485 |
| 六戸町 | 11,033 | 3,560 | 32.3% | ○ | 49 | 32 | 27 | 5 | 1,217 | 1,249 | 11.321% | 2.9 | 44.412 |
| 横浜町 | 4,566 | 1,713 | 37.5% | ○ | 20 | 32 | 30 | 2 | 583 | 615 | 13.469% | 2.8 | 43.802 |
| 東北町 | 17,704 | 6,281 | 35.5% | ○ | 36 | 53 | 40 | 13 | 898 | 951 | 5.372% | 6.6 | 20.334 |
| 六ヶ所村 | 10,391 | 2,707 | 26.1% | ○ | 42 | 33 | 28 | 5 | 955 | 988 | 9.508% | 2.7 | 40.420 |
| おいらせ町 | 25,214 | 6,599 | 26.2% | ○ | 62 | 32 | 22 | 10 | 2,102 | 2,134 | 8.464% | 3.1 | 24.590 |
| 大間町 | 5,366 | 1,716 | 32.0% | ○ | 58 | 14 | 9 | 5 | 867 | 881 | 16.418% | 1.9 | 108.088 |
| 東通村 | 6,482 | 2,203 | 34.0% | ○ | 57 | 19 | 14 | 5 | 1,150 | 1,169 | 18.035% | 1.9 | 87.936 |
| 風間浦村 | 1,919 | 823 | 42.9% | ○ | 4 | 1 | 1 | | 101 | 102 | 5.315% | 8.1 | 20.844 |
| 佐井村 | 2,042 | 894 | 43.8% | ○ | 12 | 1 | 1 | | 177 | 178 | 8.717% | 5.0 | 58.766 |
| 三戸町 | 10,101 | 3,999 | 39.6% | ○ | 48 | 46 | 37 | 9 | 1,093 | 1,139 | 11.276% | 3.5 | 47.520 |
| 五戸町 | 17,306 | 6,546 | 37.8% | ○ | 61 | 22 | 22 | | 1,642 | 1,664 | 9.615% | 3.9 | 35.248 |
| 田子町 | 5,540 | 2,255 | 40.7% | ○ | 28 | 7 | 5 | 2 | 523 | 530 | 9.567% | 4.3 | 50.542 |
| 南部町 | 18,254 | 6,762 | 37.0% | ○ | 64 | 40 | 32 | 8 | 1,448 | 1,488 | 8.152% | 4.5 | 35.061 |
| 階上町 | 13,592 | 4,125 | 30.3% | ○ | 27 | 14 | 7 | 7 | 371 | 385 | 2.833% | 10.7 | 19.865 |
| 新郷村 | 2,492 | 1,144 | 45.9% | ○ | 32 | 6 | 4 | 2 | 346 | 352 | 14.125% | 3.3 | 128.411 |
| 岩手県計 | 1,250,142 | 402,688 | 32.2% | 34 | 5,155 | 1,751 | 1,104 | 647 | 167,303 | 169,054 | 13.523% | 2.4 | 41.235 |
| 岩手県 | 1,250,142 | 402,688 | 32.2% | ○ | 496 | 99 | 45 | 54 | 24,918 | 25,017 | | | |
| 盛岡市 | 290,136 | 77,728 | 26.8% | ○ | 721 | 293 | 197 | 96 | 22,558 | 22,851 | 7.876% | 3.4 | 24.850 |
| 宮古市 | 52,973 | 19,300 | 36.4% | ○ | 233 | 110 | 55 | 55 | 5,792 | 5,902 | 11.142% | 3.3 | 43.985 |
| 大船渡市 | 36,655 | 13,372 | 36.5% | ○ | 222 | 48 | 29 | 19 | 5,163 | 5,211 | 14.216% | 2.6 | 60.565 |
| 花巻市 | 96,000 | 32,068 | 33.4% | ○ | 549 | 84 | 82 | 2 | 11,149 | 11,233 | 11.701% | 2.9 | 57.188 |
| 北上市 | 92,742 | 25,079 | 27.0% | ○ | 211 | 87 | 58 | 29 | 8,195 | 8,282 | 8.930% | 3.0 | 22.751 |
| 久慈市 | 35,199 | 11,149 | 31.7% | ○ | 185 | 35 | 28 | 7 | 6,168 | 6,203 | 17.623% | 1.8 | 52.558 |
| 遠野市 | 27,161 | 10,510 | 38.7% | ○ | 117 | 87 | 45 | 42 | 3,253 | 3,340 | 12.297% | 3.1 | 43.076 |
| 一関市 | 117,530 | 41,492 | 35.3% | ○ | 263 | 101 | 63 | 38 | 9,899 | 10,000 | 8.508% | 4.1 | 22.377 |
| 陸前高田市 | 19,201 | 7,396 | 38.5% | ○ | 111 | 67 | 20 | 47 | 3,008 | 3,075 | 16.015% | 2.4 | 57.809 |
| 釜石市 | 33,837 | 13,019 | 38.5% | ○ | 89 | 42 | 22 | 20 | 2,778 | 2,820 | 8.334% | 4.6 | 26.303 |

| | 総人口 | | 高齢化率 | 市町村窓口 | サポーター講座開催回数 | メイト数 | | | サポーター数 | 合計サポーター数(メイト+サポーター数)(※1+※2) | 総人口に占める割合(メイト+サポーター) | メイト+サポーター1人当たりの高齢者人口 | 総人口10000人当たりの講座開催回数 |
|-------------|------------------|----------------|--------------|-----------|--------------|--------------|--------------|--------------|----------------|-----------------------------|----------------------|----------------------|---------------------|
| | 65歳以上人口 | | | | | (※1) | 活動メイト数 | 非活動メイト数 | | | | | |
| 二戸市 | 27,087 | 9,713 | 35.9% | ○ | 91 | 32 | 17 | 15 | 2,863 | 2,895 | 10.688% | 3.4 | 33.595 |
| 八幡平市 | 25,876 | 10,018 | 38.7% | ○ | 68 | 23 | 15 | 8 | 2,804 | 2,827 | 10.925% | 3.5 | 26.279 |
| 奥州市 | 117,360 | 39,613 | 33.8% | ○ | 227 | 79 | 60 | 19 | 13,539 | 13,618 | 11.604% | 2.9 | 19.342 |
| 栗石町 | 16,708 | 6,011 | 36.0% | ○ | 353 | 35 | 31 | 4 | 5,934 | 5,969 | 35.725% | 1.0 | 211.276 |
| 葛巻町 | 6,203 | 2,788 | 44.9% | ○ | 52 | 12 | 8 | 4 | 1,497 | 1,509 | 24.327% | 1.8 | 83.830 |
| 岩手町 | 13,454 | 5,057 | 37.6% | ○ | 77 | 16 | 12 | 4 | 3,939 | 3,955 | 29.396% | 1.3 | 57.232 |
| 滝沢市 | 55,288 | 13,333 | 24.1% | ○ | 115 | 60 | 34 | 26 | 3,482 | 3,542 | 6.406% | 3.8 | 20.800 |
| 紫波町 | 33,142 | 9,965 | 30.1% | ○ | 133 | 59 | 15 | 44 | 4,563 | 4,622 | 13.946% | 2.2 | 40.130 |
| 矢巾町 | 27,319 | 6,885 | 25.2% | ○ | 157 | 49 | 35 | 14 | 5,702 | 5,751 | 21.051% | 1.2 | 57.469 |
| 西和賀町 | 5,681 | 2,723 | 47.9% | ○ | 41 | 21 | 18 | 3 | 1,694 | 1,715 | 30.188% | 1.6 | 72.170 |
| 金ヶ崎町 | 15,644 | 4,671 | 29.9% | ○ | 73 | 45 | 32 | 13 | 2,487 | 2,532 | 16.185% | 1.8 | 46.663 |
| 平泉町 | 7,643 | 2,830 | 37.0% | ○ | 46 | 16 | 15 | 1 | 1,848 | 1,864 | 24.388% | 1.5 | 60.186 |
| 住田町 | 5,515 | 2,397 | 43.5% | ○ | 23 | 21 | 9 | 12 | 823 | 844 | 15.304% | 2.8 | 41.704 |
| 大槌町 | 11,925 | 4,353 | 36.5% | ○ | 107 | 20 | 16 | 4 | 2,136 | 2,156 | 18.080% | 2.0 | 89.727 |
| 山田町 | 15,665 | 5,930 | 37.9% | ○ | 105 | 53 | 38 | 15 | 2,647 | 2,700 | 17.236% | 2.2 | 67.028 |
| 岩泉町 | 9,407 | 3,999 | 42.5% | ○ | 22 | 12 | 7 | 5 | 777 | 789 | 8.387% | 5.1 | 23.387 |
| 田野畑村 | 3,430 | 1,334 | 38.9% | ○ | 9 | 8 | 6 | 2 | 105 | 113 | 3.294% | 11.8 | 26.239 |
| 普代村 | 2,721 | 1,073 | 39.4% | ○ | 22 | 14 | 12 | 2 | 580 | 594 | 21.830% | 1.8 | 80.853 |
| 軽米町 | 9,193 | 3,557 | 38.7% | ○ | 22 | 41 | 22 | 19 | 1,798 | 1,839 | 20.004% | 1.9 | 23.931 |
| 野田村 | 4,251 | 1,544 | 36.3% | ○ | 67 | 17 | 15 | 2 | 1,205 | 1,222 | 28.746% | 1.3 | 157.610 |
| 九戸村 | 5,802 | 2,384 | 41.1% | ○ | 21 | 12 | 9 | 3 | 989 | 1,001 | 17.253% | 2.4 | 36.194 |
| 洋野町 | 16,824 | 6,336 | 37.7% | ○ | 106 | 38 | 25 | 13 | 2,224 | 2,262 | 13.445% | 2.8 | 63.005 |
| 一戸町 | 12,570 | 5,061 | 40.3% | ○ | 21 | 15 | 9 | 6 | 786 | 801 | 6.372% | 6.3 | 16.706 |
| 宮城県計 | 2,303,098 | 626,564 | 27.2% | 36 | 6,718 | 3,034 | 1,926 | 1,108 | 227,330 | 230,364 | 10.002% | 2.7 | 29.169 |
| 宮城県 | 2,303,098 | 626,564 | 27.2% | ○ | 400 | 38 | 12 | 26 | 18,243 | 18,281 | | | |
| 仙台市 | 1,062,585 | 249,584 | 23.5% | ○ | 2,321 | 836 | 495 | 341 | 86,507 | 87,343 | 8.220% | 2.9 | 21.843 |
| 石巻市 | 144,529 | 46,545 | 32.2% | ○ | 331 | 196 | 139 | 57 | 8,899 | 9,095 | 6.293% | 5.1 | 22.902 |
| 塩竈市 | 54,422 | 17,923 | 32.9% | ○ | 243 | 82 | 63 | 19 | 5,511 | 5,593 | 10.277% | 3.2 | 44.651 |
| 気仙沼市 | 63,867 | 23,620 | 37.0% | ○ | 237 | 137 | 80 | 57 | 8,652 | 8,789 | 13.761% | 2.7 | 37.108 |
| 白石市 | 34,243 | 11,642 | 34.0% | ○ | 129 | 59 | 35 | 24 | 4,440 | 4,499 | 13.138% | 2.6 | 37.672 |
| 名取市 | 78,544 | 17,318 | 22.0% | ○ | 117 | 66 | 57 | 9 | 3,552 | 3,618 | 4.606% | 4.8 | 14.896 |
| 角田市 | 29,243 | 9,958 | 34.1% | ○ | 81 | 66 | 48 | 18 | 4,031 | 4,097 | 14.010% | 2.4 | 27.699 |
| 多賀城市 | 62,485 | 14,944 | 23.9% | ○ | 120 | 71 | 53 | 18 | 3,158 | 3,229 | 5.168% | 4.6 | 19.205 |
| 岩沼市 | 44,308 | 11,296 | 25.5% | ○ | 179 | 63 | 48 | 15 | 8,823 | 8,886 | 20.055% | 1.3 | 40.399 |
| 登米市 | 79,848 | 26,725 | 33.5% | ○ | 188 | 98 | 51 | 47 | 5,888 | 5,986 | 7.497% | 4.5 | 23.545 |
| 栗原市 | 68,328 | 26,186 | 38.3% | ○ | 408 | 153 | 94 | 59 | 11,853 | 12,006 | 17.571% | 2.2 | 59.712 |
| 東松島市 | 40,116 | 11,405 | 28.4% | ○ | 143 | 72 | 50 | 22 | 3,553 | 3,625 | 9.036% | 3.1 | 35.647 |
| 大崎市 | 130,955 | 38,097 | 29.1% | ○ | 725 | 313 | 190 | 123 | 20,082 | 20,395 | 15.574% | 1.9 | 55.363 |
| 蔵王町 | 12,107 | 4,347 | 35.9% | ○ | 40 | 64 | 30 | 34 | 1,188 | 1,252 | 10.341% | 3.5 | 33.039 |
| 七ヶ宿町 | 1,391 | 639 | 45.9% | ○ | 4 | 3 | 2 | 1 | 42 | 45 | 3.235% | 14.2 | 28.756 |
| 大河原町 | 23,642 | 6,358 | 26.9% | ○ | 97 | 79 | 42 | 37 | 2,401 | 2,480 | 10.490% | 2.6 | 41.029 |
| 村田町 | 11,086 | 3,705 | 33.4% | ○ | 29 | 35 | 32 | 3 | 1,077 | 1,112 | 10.031% | 3.3 | 26.159 |
| 柴田町 | 37,956 | 10,960 | 28.9% | ○ | 75 | 39 | 26 | 13 | 2,412 | 2,451 | 6.457% | 4.5 | 19.760 |
| 川崎町 | 8,805 | 3,141 | 35.7% | ○ | 24 | 74 | 45 | 29 | 534 | 608 | 6.905% | 5.2 | 27.257 |
| 丸森町 | 13,646 | 5,472 | 40.1% | ○ | 40 | 38 | 20 | 18 | 1,191 | 1,229 | 9.006% | 4.5 | 29.313 |
| 亘理町 | 33,674 | 10,173 | 30.2% | ○ | 73 | 19 | 16 | 3 | 2,399 | 2,418 | 7.181% | 4.2 | 21.678 |
| 山元町 | 12,264 | 4,840 | 39.5% | ○ | 32 | 41 | 21 | 20 | 780 | 821 | 6.694% | 5.9 | 26.093 |
| 松島町 | 14,172 | 5,326 | 37.6% | ○ | 24 | 9 | 8 | 1 | 1,313 | 1,322 | 9.328% | 4.0 | 16.935 |
| 七ヶ浜町 | 18,834 | 5,543 | 29.4% | ○ | 40 | 4 | 4 | | 1,883 | 1,887 | 10.019% | 2.9 | 21.238 |
| 利府町 | 36,168 | 8,006 | 22.1% | ○ | 52 | 21 | 11 | 10 | 1,495 | 1,516 | 4.192% | 5.3 | 14.377 |
| 大和町 | 28,564 | 6,232 | 21.8% | ○ | 32 | 28 | 19 | 9 | 1,319 | 1,347 | 4.716% | 4.6 | 11.203 |
| 大郷町 | 8,126 | 2,914 | 35.9% | ○ | 20 | 30 | 23 | 7 | 444 | 474 | 5.833% | 6.1 | 24.612 |
| 富谷市 | 52,569 | 10,303 | 19.6% | ○ | 55 | 25 | 17 | 8 | 1,994 | 2,019 | 3.841% | 5.1 | 10.462 |
| 大衡村 | 5,983 | 1,678 | 28.0% | ○ | 9 | 7 | 1 | 6 | 259 | 266 | 4.446% | 6.3 | 15.043 |
| 色麻町 | 6,892 | 2,250 | 32.6% | ○ | 30 | 38 | 29 | 9 | 1,562 | 1,600 | 23.215% | 1.4 | 43.529 |
| 加美町 | 23,377 | 8,316 | 35.6% | ○ | 107 | 63 | 48 | 15 | 4,008 | 4,071 | 17.415% | 2.0 | 45.771 |
| 涌谷町 | 16,285 | 5,670 | 34.8% | ○ | 45 | 47 | 43 | 4 | 1,204 | 1,251 | 7.682% | 4.5 | 27.633 |
| 美里町 | 24,597 | 8,355 | 34.0% | ○ | 51 | 31 | 23 | 8 | 1,701 | 1,732 | 7.042% | 4.8 | 20.734 |
| 女川町 | 6,500 | 2,510 | 38.6% | ○ | 79 | 23 | 12 | 11 | 1,792 | 1,815 | 27.923% | 1.4 | 121.538 |
| 南三陸町 | 12,987 | 4,583 | 35.3% | ○ | 138 | 66 | 39 | 27 | 3,140 | 3,206 | 24.686% | 1.4 | 106.260 |

| | 総人口 | | 高齢化率 | 市町村窓口 | サポーター講座開催回数 | メイト数 | | | サポーター数 | 合計サポーター数(メイト+サポーター数)(※1+※2) | 総人口に占める割合(メイト+サポーター) | メイト+サポーター1人当たりの高齢者人口 | 総人口10000人当たりの講座開催回数 |
|-------------|------------------|----------------|--------------|-----------|--------------|--------------|--------------|--------------|----------------|-----------------------------|----------------------|----------------------|---------------------|
| | 65歳以上人口 | | | | | (※1) | 活動メイト数 | 非活動メイト数 | | | | | |
| 秋田県計 | 1,000,223 | 357,845 | 35.8% | 26 | 3,903 | 2,226 | 1,196 | 1,030 | 102,983 | 105,209 | 10.519% | 3.4 | 39.021 |
| 秋田県 | 1,000,223 | 357,845 | 35.8% | ○ | 88 | 88 | 58 | 30 | 3,502 | 3,590 | | | |
| 秋田市 | 309,654 | 94,416 | 30.5% | ○ | 885 | 364 | 269 | 95 | 24,129 | 24,493 | 7.910% | 3.9 | 28.580 |
| 能代市 | 53,261 | 20,927 | 39.3% | ○ | 322 | 90 | 49 | 41 | 6,257 | 6,347 | 11.917% | 3.3 | 60.457 |
| 横手市 | 90,324 | 33,273 | 36.8% | ○ | 393 | 194 | 79 | 115 | 10,240 | 10,434 | 11.552% | 3.2 | 43.510 |
| 大館市 | 72,623 | 27,568 | 38.0% | ○ | 266 | 96 | 55 | 41 | 5,919 | 6,015 | 8.283% | 4.6 | 36.628 |
| 男鹿市 | 27,626 | 12,326 | 44.6% | ○ | 69 | 12 | 10 | 2 | 1,986 | 1,998 | 7.232% | 6.2 | 24.976 |
| 湯沢市 | 45,349 | 17,109 | 37.7% | ○ | 222 | 108 | 64 | 44 | 5,670 | 5,778 | 12.741% | 3.0 | 48.954 |
| 鹿角市 | 31,026 | 11,949 | 38.5% | ○ | 164 | 106 | 72 | 34 | 3,315 | 3,421 | 11.026% | 3.5 | 52.859 |
| 由利本荘市 | 77,307 | 27,579 | 35.7% | ○ | 305 | 79 | 56 | 23 | 10,284 | 10,363 | 13.405% | 2.7 | 39.453 |
| 潟上市 | 32,963 | 10,892 | 33.0% | ○ | 99 | 74 | 18 | 56 | 4,498 | 4,572 | 13.870% | 2.4 | 30.034 |
| 大仙市 | 81,748 | 29,793 | 36.4% | ○ | 224 | 229 | 110 | 119 | 5,639 | 5,868 | 7.178% | 5.1 | 27.401 |
| 北秋田市 | 32,216 | 13,763 | 42.7% | ○ | 124 | 63 | 45 | 18 | 3,434 | 3,497 | 10.855% | 3.9 | 38.490 |
| にかほ市 | 24,707 | 9,057 | 36.7% | ○ | 95 | 59 | 43 | 16 | 2,310 | 2,369 | 9.588% | 3.8 | 38.451 |
| 仙北市 | 26,426 | 10,784 | 40.8% | ○ | 195 | 82 | 65 | 17 | 4,826 | 4,908 | 18.573% | 2.2 | 73.791 |
| 小坂町 | 5,114 | 2,214 | 43.3% | ○ | 38 | 27 | 22 | 5 | 838 | 865 | 16.914% | 2.6 | 74.306 |
| 上小阿仁村 | 2,311 | 1,180 | 51.1% | ○ | 28 | 3 | 3 | | 508 | 511 | 22.112% | 2.3 | 121.160 |
| 藤里町 | 3,277 | 1,515 | 46.2% | ○ | 17 | 14 | 11 | 3 | 287 | 301 | 9.185% | 5.0 | 51.877 |
| 三種町 | 16,693 | 7,040 | 42.2% | ○ | 74 | 21 | 13 | 8 | 1,572 | 1,593 | 9.543% | 4.4 | 44.330 |
| 八峰町 | 7,197 | 3,194 | 44.4% | ○ | 8 | 10 | 7 | 3 | 242 | 252 | 3.501% | 12.7 | 11.116 |
| 五城目町 | 9,296 | 4,135 | 44.5% | ○ | 47 | 18 | 11 | 7 | 1,260 | 1,278 | 13.748% | 3.2 | 50.559 |
| 八郎潟町 | 5,894 | 2,385 | 40.5% | ○ | 6 | 6 | 5 | 1 | 341 | 347 | 5.887% | 6.9 | 10.180 |
| 井川町 | 4,761 | 1,905 | 40.0% | ○ | 17 | 14 | 6 | 8 | 384 | 398 | 8.360% | 4.8 | 35.707 |
| 大潟村 | 3,181 | 999 | 31.4% | ○ | 28 | 7 | 6 | 1 | 520 | 527 | 16.567% | 1.9 | 88.023 |
| 美郷町 | 19,729 | 7,288 | 36.9% | ○ | 48 | 111 | 50 | 61 | 1,791 | 1,902 | 9.641% | 3.8 | 24.330 |
| 羽後町 | 14,981 | 5,545 | 37.0% | ○ | 131 | 346 | 64 | 282 | 2,987 | 3,333 | 22.248% | 1.7 | 87.444 |
| 東成瀬村 | 2,559 | 1,009 | 39.4% | ○ | 10 | 5 | 5 | | 244 | 249 | 9.730% | 4.1 | 39.078 |
| 山形県計 | 1,095,383 | 356,087 | 32.5% | 36 | 4,491 | 2,520 | 1,626 | 894 | 137,182 | 139,702 | 12.754% | 2.5 | 40.999 |
| 山形県 | 1,095,383 | 356,087 | 32.5% | ○ | 306 | 53 | 35 | 18 | 15,963 | 16,016 | | | |
| 山形市 | 246,904 | 71,146 | 28.8% | ○ | 667 | 431 | 266 | 165 | 24,284 | 24,715 | 10.010% | 2.9 | 27.015 |
| 米沢市 | 80,927 | 24,993 | 30.9% | ○ | 364 | 159 | 107 | 52 | 7,104 | 7,263 | 8.975% | 3.4 | 44.979 |
| 鶴岡市 | 127,168 | 43,054 | 33.9% | ○ | 582 | 445 | 236 | 209 | 17,118 | 17,563 | 13.811% | 2.5 | 45.766 |
| 酒田市 | 102,789 | 35,743 | 34.8% | ○ | 496 | 306 | 160 | 146 | 12,509 | 12,815 | 12.467% | 2.8 | 48.254 |
| 新庄市 | 35,849 | 11,190 | 31.2% | ○ | 68 | 46 | 26 | 20 | 1,728 | 1,774 | 4.949% | 6.3 | 18.968 |
| 寒河江市 | 41,221 | 12,775 | 31.0% | ○ | 196 | 84 | 75 | 9 | 5,377 | 5,461 | 13.248% | 2.3 | 47.549 |
| 上山市 | 30,457 | 11,418 | 37.5% | ○ | 94 | 82 | 58 | 24 | 3,469 | 3,551 | 11.659% | 3.2 | 30.863 |
| 村山市 | 24,261 | 9,069 | 37.4% | ○ | 69 | 47 | 20 | 27 | 2,719 | 2,766 | 11.401% | 3.3 | 28.441 |
| 長井市 | 26,976 | 9,212 | 34.1% | ○ | 95 | 60 | 43 | 17 | 2,537 | 2,597 | 9.627% | 3.5 | 35.216 |
| 天童市 | 62,073 | 18,128 | 29.2% | ○ | 117 | 90 | 64 | 26 | 7,108 | 7,198 | 11.596% | 2.5 | 18.849 |
| 東根市 | 47,812 | 12,994 | 27.2% | ○ | 106 | 80 | 55 | 25 | 4,656 | 4,736 | 9.905% | 2.7 | 22.170 |
| 尾花沢市 | 16,202 | 6,265 | 38.7% | ○ | 47 | 45 | 37 | 8 | 1,550 | 1,595 | 9.844% | 3.9 | 29.009 |
| 南陽市 | 31,538 | 10,236 | 32.5% | ○ | 99 | 47 | 33 | 14 | 2,264 | 2,311 | 7.328% | 4.4 | 31.391 |
| 山辺町 | 14,347 | 4,685 | 32.7% | ○ | 86 | 32 | 27 | 5 | 1,987 | 2,019 | 14.073% | 2.3 | 59.943 |
| 中山町 | 11,271 | 3,808 | 33.8% | ○ | 28 | 17 | 9 | 8 | 787 | 804 | 7.133% | 4.7 | 24.843 |
| 河北町 | 18,651 | 6,580 | 35.3% | ○ | 62 | 56 | 45 | 11 | 2,025 | 2,081 | 11.158% | 3.2 | 33.242 |
| 西川町 | 5,387 | 2,301 | 42.7% | ○ | 7 | 16 | 13 | 3 | 249 | 265 | 4.919% | 8.7 | 12.994 |
| 朝日町 | 6,869 | 2,862 | 41.7% | ○ | 39 | 14 | 14 | | 898 | 912 | 13.277% | 3.1 | 56.777 |
| 大江町 | 8,228 | 3,114 | 37.8% | ○ | 24 | 21 | 10 | 11 | 706 | 727 | 8.836% | 4.3 | 29.169 |
| 大石田町 | 7,130 | 2,698 | 37.8% | ○ | 17 | 23 | 18 | 5 | 672 | 695 | 9.748% | 3.9 | 23.843 |
| 金山町 | 5,547 | 1,949 | 35.1% | ○ | 48 | 15 | 10 | 5 | 1,048 | 1,063 | 19.164% | 1.8 | 86.533 |
| 最上町 | 8,648 | 3,268 | 37.8% | ○ | 141 | 23 | 17 | 6 | 1,586 | 1,609 | 18.605% | 2.0 | 163.043 |
| 舟形町 | 5,378 | 2,066 | 38.4% | ○ | 40 | 36 | 31 | 5 | 875 | 911 | 16.939% | 2.3 | 74.377 |
| 真室川町 | 7,754 | 3,017 | 38.9% | ○ | 53 | 15 | 13 | 2 | 993 | 1,008 | 13.000% | 3.0 | 68.352 |
| 大蔵村 | 3,262 | 1,202 | 36.8% | ○ | 3 | 4 | 4 | | 88 | 92 | 2.820% | 13.1 | 9.197 |
| 鮭川村 | 4,238 | 1,581 | 37.3% | ○ | 18 | 10 | 4 | 6 | 198 | 208 | 4.908% | 7.6 | 42.473 |
| 戸沢村 | 4,595 | 1,767 | 38.5% | ○ | 14 | 6 | 5 | 1 | 303 | 309 | 6.725% | 5.7 | 30.468 |
| 高畠町 | 23,464 | 7,533 | 32.1% | ○ | 90 | 62 | 52 | 10 | 2,346 | 2,408 | 10.263% | 3.1 | 38.357 |
| 川西町 | 15,184 | 5,424 | 35.7% | ○ | 118 | 40 | 20 | 20 | 3,260 | 3,300 | 21.733% | 1.6 | 77.713 |
| 小国町 | 7,612 | 2,943 | 38.7% | ○ | 18 | 11 | 7 | 4 | 496 | 507 | 6.661% | 5.8 | 23.647 |
| 白鷹町 | 13,786 | 4,993 | 36.2% | ○ | 45 | 14 | 9 | 5 | 1,420 | 1,434 | 10.402% | 3.5 | 32.642 |

| | 総人口 | | 高齢化率 | 市町村窓口 | サポーター講座開催回数 | メイト数 | | | サポーター数 | 合計 サポーター数 (メイト+サポーター数) (※1+※2) | 総人口に占める割合 (メイト+サポーター) | メイト+サポーター1人当たりの 担当 高齢者人口 | 総人口10000人当たりの 講座 開催回数 |
|-------------|------------------|----------------|--------------|-----------|--------------|--------------|--------------|-------------|----------------|---|--------------------------|--------------------------------|-----------------------------|
| | 65歳以上人口 | | | | | (※1) | 活動 メイト数 | 非活動 メイト数 | | | | | |
| 飯豊町 | 7,153 | 2,564 | 35.8% | ○ | 38 | 16 | 14 | 2 | 723 | 739 | 10.331% | 3.5 | 53.125 |
| 三川町 | 7,400 | 2,382 | 32.2% | ○ | 56 | 24 | 17 | 7 | 1,501 | 1,525 | 20.608% | 1.6 | 75.676 |
| 庄内町 | 21,381 | 7,629 | 35.7% | ○ | 112 | 37 | 35 | 2 | 3,491 | 3,528 | 16.501% | 2.2 | 52.383 |
| 遊佐町 | 13,921 | 5,498 | 39.5% | ○ | 128 | 53 | 37 | 16 | 3,144 | 3,197 | 22.965% | 1.7 | 91.947 |
| 福島県計 | 1,901,053 | 572,742 | 30.1% | 60 | 6,258 | 2,873 | 2,123 | 750 | 190,757 | 193,630 | 10.185% | 3.0 | 32.919 |
| 福島県 | 1,901,053 | 572,742 | 30.1% | ○ | 294 | 37 | 33 | 4 | 12,976 | 13,013 | | | |
| 福島市 | 279,307 | 81,241 | 29.1% | ○ | 944 | 446 | 312 | 134 | 31,067 | 31,513 | 11.283% | 2.6 | 33.798 |
| 会津若松市 | 119,513 | 35,638 | 29.8% | ○ | 439 | 146 | 130 | 16 | 12,200 | 12,346 | 10.330% | 2.9 | 36.732 |
| 郡山市 | 324,109 | 82,900 | 25.6% | ○ | 853 | 285 | 243 | 42 | 31,741 | 32,026 | 9.881% | 2.6 | 26.318 |
| いわき市 | 324,246 | 96,876 | 29.9% | ○ | 859 | 224 | 180 | 44 | 23,556 | 23,780 | 7.334% | 4.1 | 26.492 |
| 白河市 | 61,129 | 17,175 | 28.1% | ○ | 122 | 62 | 44 | 18 | 3,401 | 3,463 | 5.665% | 5.0 | 19.958 |
| 須賀川市 | 76,759 | 20,731 | 27.0% | ○ | 189 | 106 | 73 | 33 | 6,177 | 6,283 | 8.185% | 3.3 | 24.623 |
| 喜多方市 | 47,999 | 16,584 | 34.6% | ○ | 170 | 117 | 94 | 23 | 4,996 | 5,113 | 10.652% | 3.2 | 35.417 |
| 相馬市 | 35,322 | 10,612 | 30.0% | ○ | 95 | 66 | 38 | 28 | 3,015 | 3,081 | 8.723% | 3.4 | 26.895 |
| 二本松市 | 55,052 | 17,816 | 32.4% | ○ | 125 | 84 | 65 | 19 | 3,441 | 3,525 | 6.403% | 5.1 | 22.706 |
| 田村市 | 37,107 | 12,425 | 33.5% | ○ | 173 | 51 | 31 | 20 | 4,501 | 4,552 | 12.267% | 2.7 | 46.622 |
| 南相馬市 | 60,585 | 20,877 | 34.5% | ○ | 65 | 41 | 34 | 7 | 2,220 | 2,261 | 3.732% | 9.2 | 10.729 |
| 伊達市 | 60,816 | 20,879 | 34.3% | ○ | 225 | 130 | 81 | 49 | 7,476 | 7,606 | 12.507% | 2.7 | 36.997 |
| 本宮市 | 30,597 | 8,252 | 27.0% | ○ | 152 | 62 | 34 | 28 | 2,948 | 3,010 | 9.838% | 2.7 | 49.678 |
| 桑折町 | 11,948 | 4,329 | 36.2% | ○ | 31 | 32 | 19 | 13 | 994 | 1,026 | 8.587% | 4.2 | 25.946 |
| 国見町 | 9,159 | 3,613 | 39.4% | ○ | 47 | 18 | 8 | 10 | 1,075 | 1,093 | 11.934% | 3.3 | 51.316 |
| 川俣町 | 13,369 | 5,241 | 39.2% | ○ | 56 | 18 | 13 | 5 | 1,661 | 1,679 | 12.559% | 3.1 | 41.888 |
| 大玉村 | 8,760 | 2,288 | 26.1% | ○ | 44 | 45 | 37 | 8 | 639 | 684 | 7.808% | 3.3 | 50.228 |
| 鏡石町 | 12,675 | 3,369 | 26.6% | ○ | 12 | 21 | 7 | 14 | 777 | 798 | 6.296% | 4.2 | 9.467 |
| 天栄村 | 5,692 | 1,888 | 33.2% | ○ | 10 | 8 | 1 | 7 | 286 | 294 | 5.165% | 6.4 | 17.569 |
| 下郷町 | 5,733 | 2,414 | 42.1% | ○ | 9 | 11 | 9 | 2 | 173 | 184 | 3.209% | 13.1 | 15.699 |
| 檜枝岐村 | 557 | 193 | 34.6% | ○ | 1 | 6 | 2 | 4 | 31 | 37 | 6.643% | 5.2 | 17.953 |
| 只見町 | 4,366 | 2,003 | 45.9% | ○ | 29 | 22 | 17 | 5 | 487 | 509 | 11.658% | 3.9 | 66.422 |
| 南会津町 | 15,679 | 6,236 | 39.8% | ○ | 47 | 24 | 14 | 10 | 1,251 | 1,275 | 8.132% | 4.9 | 29.976 |
| 北塩原村 | 2,775 | 961 | 34.6% | ○ | 22 | 26 | 19 | 7 | 208 | 234 | 8.432% | 4.1 | 79.279 |
| 西会津町 | 6,358 | 2,863 | 45.0% | ○ | 132 | 52 | 44 | 8 | 3,022 | 3,074 | 48.349% | 0.9 | 207.612 |
| 磐梯町 | 3,502 | 1,223 | 34.9% | ○ | 12 | 14 | 12 | 2 | 261 | 275 | 7.853% | 4.4 | 34.266 |
| 猪苗代町 | 14,373 | 5,197 | 36.2% | ○ | 23 | 19 | 11 | 8 | 465 | 484 | 3.367% | 10.7 | 16.002 |
| 会津坂下町 | 16,106 | 5,498 | 34.1% | ○ | 34 | 29 | 25 | 4 | 1,171 | 1,200 | 7.451% | 4.6 | 21.110 |
| 湯川村 | 3,251 | 1,068 | 32.9% | ○ | 30 | 6 | 4 | 2 | 317 | 323 | 9.935% | 3.3 | 92.279 |
| 柳津町 | 3,408 | 1,465 | 43.0% | ○ | 4 | 20 | 13 | 7 | 94 | 114 | 3.345% | 12.9 | 11.737 |
| 三島町 | 1,639 | 857 | 52.3% | ○ | 9 | 44 | 40 | 4 | 145 | 189 | 11.531% | 4.5 | 54.912 |
| 金山町 | 2,075 | 1,237 | 59.6% | ○ | 21 | 11 | 9 | 2 | 476 | 487 | 23.470% | 2.5 | 101.205 |
| 昭和村 | 1,275 | 717 | 56.2% | ○ | 2 | 3 | 3 | | 25 | 28 | 2.196% | 25.6 | 15.686 |
| 会津美里町 | 20,495 | 7,525 | 36.7% | ○ | 149 | 84 | 69 | 15 | 4,905 | 4,989 | 24.343% | 1.5 | 72.701 |
| 西郷村 | 20,165 | 4,755 | 23.6% | ○ | 16 | 37 | 33 | 4 | 461 | 498 | 2.470% | 9.5 | 7.935 |
| 泉崎村 | 6,487 | 1,891 | 29.2% | ○ | 14 | 3 | 2 | 1 | 301 | 304 | 4.686% | 6.2 | 21.582 |
| 中島村 | 5,098 | 1,428 | 28.0% | ○ | 15 | 9 | 7 | 2 | 324 | 333 | 6.532% | 4.3 | 29.423 |
| 矢吹町 | 17,406 | 5,103 | 29.3% | ○ | 36 | 15 | 14 | 1 | 2,202 | 2,217 | 12.737% | 2.3 | 20.683 |
| 棚倉町 | 14,156 | 4,254 | 30.1% | ○ | 76 | 44 | 30 | 14 | 1,554 | 1,598 | 11.288% | 2.7 | 53.687 |
| 矢祭町 | 5,807 | 2,115 | 36.4% | ○ | 16 | 8 | 4 | 4 | 525 | 533 | 9.179% | 4.0 | 27.553 |
| 塙町 | 8,781 | 3,159 | 36.0% | ○ | 16 | 13 | 11 | 2 | 800 | 813 | 9.259% | 3.9 | 18.221 |
| 鮫川村 | 3,392 | 1,239 | 36.5% | ○ | 81 | 23 | 20 | 3 | 1,828 | 1,851 | 54.570% | 0.7 | 238.797 |
| 石川町 | 15,375 | 5,383 | 35.0% | ○ | 106 | 41 | 32 | 9 | 3,662 | 3,703 | 24.085% | 1.5 | 68.943 |
| 玉川村 | 6,738 | 2,009 | 29.8% | ○ | 51 | 26 | 24 | 2 | 1,250 | 1,276 | 18.937% | 1.6 | 75.690 |
| 平田村 | 6,151 | 1,858 | 30.2% | ○ | 36 | 32 | 31 | 1 | 986 | 1,018 | 16.550% | 1.8 | 58.527 |
| 浅川町 | 6,440 | 2,080 | 32.3% | ○ | 78 | 21 | 20 | 1 | 1,586 | 1,607 | 24.953% | 1.3 | 121.118 |
| 古殿町 | 5,307 | 1,923 | 36.2% | ○ | 31 | 17 | 15 | 2 | 615 | 632 | 11.909% | 3.0 | 58.413 |
| 三春町 | 17,199 | 5,573 | 32.4% | ○ | 59 | 26 | 14 | 12 | 1,302 | 1,328 | 7.721% | 4.2 | 34.304 |
| 小野町 | 10,211 | 3,356 | 32.9% | ○ | 30 | 15 | 11 | 4 | 744 | 759 | 7.433% | 4.4 | 29.380 |
| 広野町 | 4,777 | 1,459 | 30.5% | ○ | 12 | 12 | 4 | 8 | 295 | 307 | 6.427% | 4.8 | 25.120 |
| 檜葉町 | 6,972 | 2,269 | 32.5% | ○ | 38 | 7 | 7 | | 917 | 924 | 13.253% | 2.5 | 54.504 |
| 富岡町 | 13,030 | 3,825 | 29.4% | ○ | 6 | 20 | 12 | 8 | 234 | 254 | 1.949% | 15.1 | 4.605 |
| 川内村 | 2,654 | 1,091 | 41.1% | ○ | 7 | 14 | 3 | 11 | 191 | 205 | 7.724% | 5.3 | 26.375 |
| 大熊町 | 10,397 | 2,670 | 25.7% | ○ | 10 | 21 | 14 | 7 | 204 | 225 | 2.164% | 11.9 | 9.618 |

| | 総人口 | | 高齢化率 | 市町村窓口 | サポーター講座開催回数 | メイト数 | | | サポーター数 | 合計サポーター数(メイト+サポーター数)(※1+※2) | 総人口に占める割合(メイト+サポーター) | メイト+サポーター1人当たりの高齢者人口 | 総人口10000人当たりの講座開催回数 |
|---------|-----------|---------|-------|-------|-------------|-------|--------|---------|---------|-----------------------------|----------------------|----------------------|---------------------|
| | 65歳以上人口 | | | | | (※1) | 活動メイト数 | 非活動メイト数 | | | | | |
| 双葉町 | 6,025 | 2,034 | 33.8% | ○ | 5 | 13 | 5 | 8 | 218 | 231 | 3.834% | 8.8 | 8.299 |
| 浪江町 | 17,613 | 6,012 | 34.1% | ○ | 40 | 41 | 20 | 21 | 983 | 1,024 | 5.814% | 5.9 | 22.710 |
| 葛尾村 | 1,419 | 524 | 36.9% | ○ | 6 | 9 | 3 | 6 | 89 | 98 | 6.906% | 5.3 | 42.283 |
| 新地町 | 8,013 | 2,530 | 31.6% | ○ | 8 | 9 | 8 | 1 | 274 | 283 | 3.532% | 8.9 | 9.984 |
| 飯館村 | 5,704 | 2,011 | 35.3% | ○ | 36 | 27 | 11 | 16 | 1,034 | 1,061 | 18.601% | 1.9 | 63.114 |
| 茨城県計 | 2,936,184 | 828,884 | 28.2% | 45 | 5,971 | 2,354 | 1,612 | 742 | 245,842 | 248,196 | 8.453% | 3.3 | 20.336 |
| 茨城県 | 2,936,184 | 828,884 | 28.2% | ○ | 363 | | | | 30,353 | 30,353 | | | |
| 水戸市 | 272,485 | 70,466 | 25.9% | ○ | 358 | 225 | 91 | 134 | 14,257 | 14,482 | 5.315% | 4.9 | 13.138 |
| 日立市 | 180,304 | 56,516 | 31.3% | ○ | 253 | 105 | 73 | 32 | 9,047 | 9,152 | 5.076% | 6.2 | 14.032 |
| 土浦市 | 142,862 | 40,321 | 28.2% | ○ | 310 | 91 | 66 | 25 | 11,879 | 11,970 | 8.379% | 3.4 | 21.699 |
| 古河市 | 143,693 | 39,074 | 27.2% | ○ | 185 | 75 | 56 | 19 | 8,745 | 8,820 | 6.138% | 4.4 | 12.875 |
| 石岡市 | 75,264 | 23,612 | 31.4% | ○ | 141 | 69 | 48 | 21 | 4,777 | 4,846 | 6.439% | 4.9 | 18.734 |
| 結城市 | 52,081 | 14,861 | 28.5% | ○ | 135 | 46 | 39 | 7 | 4,814 | 4,860 | 9.332% | 3.1 | 25.921 |
| 龍ヶ崎市 | 77,560 | 21,424 | 27.6% | ○ | 128 | 50 | 35 | 15 | 4,193 | 4,243 | 5.471% | 5.0 | 16.503 |
| 下妻市 | 43,791 | 11,818 | 27.0% | ○ | 59 | 33 | 21 | 12 | 2,136 | 2,169 | 4.953% | 5.4 | 13.473 |
| 常総市 | 63,608 | 18,052 | 28.4% | ○ | 93 | 33 | 21 | 12 | 1,937 | 1,970 | 3.097% | 9.2 | 14.621 |
| 常陸太田市 | 52,035 | 18,712 | 36.0% | ○ | 161 | 55 | 13 | 42 | 6,418 | 6,473 | 12.440% | 2.9 | 30.941 |
| 高萩市 | 28,768 | 9,759 | 33.9% | ○ | 84 | 29 | 23 | 6 | 2,916 | 2,945 | 10.237% | 3.3 | 29.199 |
| 北茨城市 | 43,704 | 14,152 | 32.4% | ○ | 97 | 36 | 34 | 2 | 6,606 | 6,642 | 15.198% | 2.1 | 22.195 |
| 笠間市 | 76,350 | 23,284 | 30.5% | ○ | 86 | 41 | 33 | 8 | 4,258 | 4,299 | 5.631% | 5.4 | 11.264 |
| 取手市 | 107,489 | 35,962 | 33.5% | ○ | 141 | 65 | 43 | 22 | 4,674 | 4,739 | 4.409% | 7.6 | 13.118 |
| 牛久市 | 85,036 | 23,737 | 27.9% | ○ | 249 | 48 | 23 | 25 | 14,981 | 15,029 | 17.674% | 1.6 | 29.282 |
| つくば市 | 233,807 | 44,790 | 19.2% | ○ | 400 | 280 | 218 | 62 | 14,140 | 14,420 | 6.167% | 3.1 | 17.108 |
| ひたちなか市 | 159,259 | 40,049 | 25.1% | ○ | 186 | 93 | 63 | 30 | 7,642 | 7,735 | 4.857% | 5.2 | 11.679 |
| 鹿嶋市 | 67,892 | 20,423 | 30.1% | ○ | 137 | 43 | 30 | 13 | 6,335 | 6,378 | 9.394% | 3.2 | 20.179 |
| 潮来市 | 28,370 | 8,889 | 31.3% | ○ | 59 | 25 | 19 | 6 | 1,563 | 1,588 | 5.597% | 5.6 | 20.797 |
| 守谷市 | 67,634 | 14,889 | 22.0% | ○ | 146 | 43 | 30 | 13 | 4,586 | 4,629 | 6.844% | 3.2 | 21.587 |
| 常陸大宮市 | 42,192 | 14,758 | 35.0% | ○ | 81 | 66 | 60 | 6 | 2,341 | 2,407 | 5.705% | 6.1 | 19.198 |
| 那珂市 | 54,925 | 16,637 | 30.3% | ○ | 135 | 40 | 24 | 16 | 2,800 | 2,840 | 5.171% | 5.9 | 24.579 |
| 筑西市 | 105,063 | 31,303 | 29.8% | ○ | 127 | 79 | 58 | 21 | 6,223 | 6,302 | 5.998% | 5.0 | 12.088 |
| 坂東市 | 54,430 | 15,454 | 28.4% | ○ | 143 | 49 | 36 | 13 | 7,739 | 7,788 | 14.308% | 2.0 | 26.272 |
| 稲敷市 | 41,357 | 14,045 | 34.0% | ○ | 137 | 30 | 17 | 13 | 4,423 | 4,453 | 10.767% | 3.2 | 33.126 |
| かすみがうら市 | 42,193 | 12,565 | 29.8% | ○ | 43 | 20 | 7 | 13 | 2,402 | 2,422 | 5.740% | 5.2 | 10.191 |
| 桜川市 | 42,126 | 13,260 | 31.5% | ○ | 98 | 24 | 20 | 4 | 2,779 | 2,803 | 6.654% | 4.7 | 23.264 |
| 神栖市 | 95,401 | 21,383 | 22.4% | ○ | 189 | 90 | 40 | 50 | 7,131 | 7,221 | 7.569% | 3.0 | 19.811 |
| 行方市 | 35,074 | 11,689 | 33.3% | ○ | 55 | 26 | 21 | 5 | 1,489 | 1,515 | 4.319% | 7.7 | 15.681 |
| 鉾田市 | 49,130 | 15,811 | 32.2% | ○ | 90 | 25 | 19 | 6 | 5,028 | 5,053 | 10.285% | 3.1 | 18.319 |
| つくばみらい市 | 51,630 | 13,334 | 25.8% | ○ | 294 | 118 | 93 | 25 | 7,171 | 7,289 | 14.118% | 1.8 | 56.944 |
| 小美玉市 | 51,266 | 14,424 | 28.1% | ○ | 66 | 44 | 36 | 8 | 2,035 | 2,079 | 4.055% | 6.9 | 12.874 |
| 茨城町 | 32,719 | 10,504 | 32.1% | ○ | 84 | 38 | 32 | 6 | 3,984 | 4,022 | 12.293% | 2.6 | 25.673 |
| 大洗町 | 16,914 | 5,407 | 32.0% | ○ | 38 | 20 | 18 | 2 | 1,100 | 1,120 | 6.622% | 4.8 | 22.467 |
| 城里町 | 19,686 | 6,777 | 34.4% | ○ | 66 | 6 | 5 | 1 | 1,672 | 1,678 | 8.524% | 4.0 | 33.526 |
| 東海村 | 38,373 | 9,471 | 24.7% | ○ | 96 | 45 | 28 | 17 | 6,166 | 6,211 | 16.186% | 1.5 | 25.018 |
| 大子町 | 17,259 | 7,481 | 43.3% | ○ | 36 | 14 | 11 | 3 | 835 | 849 | 4.919% | 8.8 | 20.859 |
| 美浦村 | 15,434 | 4,513 | 29.2% | ○ | 42 | 14 | 13 | 1 | 789 | 803 | 5.203% | 5.6 | 27.213 |
| 阿見町 | 47,587 | 13,052 | 27.4% | ○ | 119 | 35 | 25 | 10 | 4,252 | 4,287 | 9.009% | 3.0 | 25.007 |
| 河内町 | 8,955 | 3,304 | 36.9% | ○ | 26 | 17 | 13 | 4 | 998 | 1,015 | 11.334% | 3.3 | 29.034 |
| 八千代町 | 22,286 | 6,297 | 28.3% | ○ | 55 | 15 | 14 | 1 | 1,569 | 1,584 | 7.108% | 4.0 | 24.679 |
| 五霞町 | 8,613 | 2,750 | 31.9% | ○ | 36 | 17 | 12 | 5 | 859 | 876 | 10.171% | 3.1 | 41.797 |
| 境町 | 25,250 | 6,966 | 27.6% | ○ | 77 | 23 | 19 | 4 | 3,516 | 3,539 | 14.016% | 2.0 | 30.495 |
| 利根町 | 16,329 | 6,909 | 42.3% | ○ | 67 | 14 | 12 | 2 | 2,284 | 2,298 | 14.073% | 3.0 | 41.031 |
| 栃木県計 | 1,976,121 | 546,699 | 27.7% | 26 | 5,971 | 2,362 | 1,611 | 751 | 210,677 | 213,039 | 10.781% | 2.6 | 30.216 |
| 栃木県 | 1,976,121 | 546,699 | 27.7% | ○ | 170 | 41 | 14 | 27 | 11,909 | 11,950 | | | |
| 宇都宮市 | 522,688 | 128,311 | 24.5% | ○ | 1,075 | 525 | 361 | 164 | 38,012 | 38,537 | 7.373% | 3.3 | 20.567 |
| 足利市 | 148,792 | 46,809 | 31.5% | ○ | 560 | 166 | 130 | 36 | 20,772 | 20,938 | 14.072% | 2.2 | 37.636 |
| 栃木市 | 161,363 | 48,777 | 30.2% | ○ | 510 | 155 | 93 | 62 | 16,312 | 16,467 | 10.205% | 3.0 | 31.606 |
| 佐野市 | 118,951 | 35,196 | 29.6% | ○ | 408 | 91 | 66 | 25 | 17,446 | 17,537 | 14.743% | 2.0 | 34.300 |
| 鹿沼市 | 97,759 | 28,280 | 28.9% | ○ | 241 | 207 | 113 | 94 | 7,964 | 8,171 | 8.358% | 3.5 | 24.652 |
| 日光市 | 82,638 | 28,208 | 34.1% | ○ | 280 | 88 | 70 | 18 | 7,508 | 7,596 | 9.192% | 3.7 | 33.883 |
| 小山市 | 167,480 | 40,488 | 24.2% | ○ | 379 | 202 | 122 | 80 | 15,470 | 15,672 | 9.358% | 2.6 | 22.630 |

| | 総人口 | | 高齢化率 | 市町村窓口 | サポーター講座開催回数 | メイト数 | | | サポーター数 | 合計 サポーター数 (メイト+サポーター数) (※1+※2) | 総人口に占める割合 (メイト+サポーター) | メイト+サポーター1人当たり 担当高齢者人口 | 総人口10000人当たりの講座開催回数 |
|-------|-----------|-----------|-------|-------|-------------|-------|--------|---------|---------|---|--------------------------|---------------------------|---------------------|
| | 65歳以上人口 | | | | | (※1) | 活動メイト数 | 非活動メイト数 | | | | | |
| 真岡市 | 80,793 | 20,711 | 25.6% | ○ | 372 | 86 | 48 | 38 | 10,590 | 10,676 | 13.214% | 1.9 | 46.044 |
| 大田原市 | 71,449 | 20,374 | 28.5% | ○ | 375 | 99 | 91 | 8 | 12,803 | 12,902 | 18.058% | 1.6 | 52.485 |
| 矢板市 | 32,532 | 10,136 | 31.2% | ○ | 111 | 82 | 61 | 21 | 2,853 | 2,935 | 9.022% | 3.5 | 34.120 |
| 那須塩原市 | 117,653 | 30,930 | 26.3% | ○ | 218 | 120 | 84 | 36 | 6,307 | 6,427 | 5.463% | 4.8 | 18.529 |
| さくら市 | 44,233 | 11,411 | 25.8% | ○ | 156 | 55 | 47 | 8 | 4,666 | 4,721 | 10.673% | 2.4 | 35.268 |
| 那須烏山市 | 26,654 | 9,361 | 35.1% | ○ | 211 | 49 | 20 | 29 | 5,442 | 5,491 | 20.601% | 1.7 | 79.163 |
| 下野市 | 60,141 | 14,597 | 24.3% | ○ | 204 | 68 | 58 | 10 | 8,122 | 8,190 | 13.618% | 1.8 | 33.920 |
| 上三川町 | 31,232 | 7,036 | 22.5% | ○ | 109 | 59 | 30 | 29 | 5,140 | 5,199 | 16.646% | 1.4 | 34.900 |
| 益子町 | 23,174 | 6,807 | 29.4% | ○ | 60 | 45 | 35 | 10 | 1,634 | 1,679 | 7.245% | 4.1 | 25.891 |
| 茂木町 | 13,060 | 5,124 | 39.2% | ○ | 30 | 14 | 7 | 7 | 1,282 | 1,296 | 9.923% | 4.0 | 22.971 |
| 市貝町 | 11,816 | 3,330 | 28.2% | ○ | 25 | 11 | 8 | 3 | 737 | 748 | 6.330% | 4.5 | 21.158 |
| 芳賀町 | 15,735 | 4,830 | 30.7% | ○ | 52 | 25 | 21 | 4 | 1,306 | 1,331 | 8.459% | 3.6 | 33.047 |
| 壬生町 | 39,526 | 11,222 | 28.4% | ○ | 111 | 25 | 19 | 6 | 3,826 | 3,851 | 9.743% | 2.9 | 28.083 |
| 野木町 | 25,633 | 7,760 | 30.3% | ○ | 34 | 24 | 18 | 6 | 1,360 | 1,384 | 5.399% | 5.6 | 13.264 |
| 塩谷町 | 11,337 | 4,166 | 36.7% | ○ | 82 | 32 | 23 | 9 | 2,495 | 2,527 | 22.290% | 1.6 | 72.330 |
| 高根沢町 | 29,755 | 7,196 | 24.2% | ○ | 73 | 47 | 41 | 6 | 2,004 | 2,051 | 6.893% | 3.5 | 24.534 |
| 那須町 | 25,288 | 9,585 | 37.9% | ○ | 97 | 32 | 28 | 4 | 3,780 | 3,812 | 15.074% | 2.5 | 38.358 |
| 那珂川町 | 16,439 | 6,054 | 36.8% | ○ | 28 | 14 | 3 | 11 | 937 | 951 | 5.785% | 6.4 | 17.033 |
| 群馬県計 | 1,981,202 | 570,680 | 28.8% | 36 | 3,460 | 1,661 | 1,004 | 657 | 146,437 | 148,098 | 7.475% | 3.9 | 17.464 |
| 群馬県 | 1,981,202 | 570,680 | 28.8% | ○ | 97 | 30 | 7 | 23 | 6,182 | 6,212 | | | |
| 前橋市 | 337,502 | 96,579 | 28.6% | ○ | 469 | 240 | 132 | 108 | 23,739 | 23,979 | 7.105% | 4.0 | 13.896 |
| 高崎市 | 374,168 | 102,782 | 27.5% | ○ | 752 | 332 | 217 | 115 | 30,851 | 31,183 | 8.334% | 3.3 | 20.098 |
| 桐生市 | 112,032 | 39,244 | 35.0% | ○ | 262 | 127 | 87 | 40 | 15,353 | 15,480 | 13.817% | 2.5 | 23.386 |
| 伊勢崎市 | 213,628 | 52,249 | 24.5% | ○ | 318 | 136 | 89 | 47 | 11,012 | 11,148 | 5.218% | 4.7 | 14.886 |
| 太田市 | 224,635 | 56,810 | 25.3% | ○ | 181 | 147 | 86 | 61 | 8,219 | 8,366 | 3.724% | 6.8 | 8.058 |
| 沼田市 | 48,170 | 15,648 | 32.5% | ○ | 241 | 76 | 44 | 32 | 10,949 | 11,025 | 22.888% | 1.4 | 50.031 |
| 館林市 | 76,254 | 21,692 | 28.4% | ○ | 277 | 52 | 45 | 7 | 5,658 | 5,710 | 7.488% | 3.8 | 36.326 |
| 渋川市 | 77,838 | 25,967 | 33.4% | ○ | 128 | 67 | 43 | 24 | 4,283 | 4,350 | 5.589% | 6.0 | 16.444 |
| 藤岡市 | 65,687 | 20,106 | 30.6% | ○ | 51 | 40 | 23 | 17 | 2,074 | 2,114 | 3.218% | 9.5 | 7.764 |
| 富岡市 | 48,910 | 15,689 | 32.1% | ○ | 111 | 35 | 22 | 13 | 2,742 | 2,777 | 5.678% | 5.6 | 22.695 |
| 安中市 | 58,139 | 19,935 | 34.3% | ○ | 98 | 35 | 24 | 11 | 3,207 | 3,242 | 5.576% | 6.1 | 16.856 |
| みどり市 | 50,797 | 14,488 | 28.5% | ○ | 44 | 52 | 32 | 20 | 1,849 | 1,901 | 3.742% | 7.6 | 8.662 |
| 榛東村 | 14,736 | 3,677 | 25.0% | ○ | 8 | 16 | 8 | 8 | 258 | 274 | 1.859% | 13.4 | 5.429 |
| 吉岡町 | 21,447 | 4,673 | 21.8% | ○ | 33 | 20 | 9 | 11 | 2,107 | 2,127 | 9.917% | 2.2 | 15.387 |
| 上野村 | 1,190 | 531 | 44.6% | ○ | 6 | 8 | 3 | 5 | 136 | 144 | 12.101% | 3.7 | 50.420 |
| 神流町 | 1,852 | 1,095 | 59.1% | ○ | 10 | 11 | 8 | 3 | 306 | 317 | 17.117% | 3.5 | 53.996 |
| 下仁田町 | 7,406 | 3,538 | 47.8% | ○ | 47 | 16 | 10 | 6 | 1,501 | 1,517 | 20.483% | 2.3 | 63.462 |
| 南牧村 | 1,877 | 1,163 | 62.0% | ○ | 20 | 4 | 3 | 1 | 348 | 352 | 18.753% | 3.3 | 106.553 |
| 甘楽町 | 13,202 | 4,314 | 32.7% | ○ | 27 | 5 | 5 | | 1,330 | 1,335 | 10.112% | 3.2 | 20.451 |
| 中之条町 | 16,162 | 6,086 | 37.7% | ○ | 33 | 19 | 8 | 11 | 1,733 | 1,752 | 10.840% | 3.5 | 20.418 |
| 長野原町 | 5,595 | 2,021 | 36.1% | ○ | 8 | 6 | 5 | 1 | 212 | 218 | 3.896% | 9.3 | 14.298 |
| 嬭恋村 | 9,569 | 3,361 | 35.1% | ○ | 9 | 22 | 13 | 9 | 305 | 327 | 3.417% | 10.3 | 9.405 |
| 草津町 | 6,419 | 2,453 | 38.2% | ○ | 15 | 10 | 7 | 3 | 724 | 734 | 11.435% | 3.3 | 23.368 |
| 高山村 | 3,630 | 1,273 | 35.1% | ○ | 9 | 9 | 3 | 6 | 251 | 260 | 7.163% | 4.9 | 24.793 |
| 東吾妻町 | 13,885 | 5,452 | 39.3% | ○ | 21 | 8 | 3 | 5 | 822 | 830 | 5.978% | 6.6 | 15.124 |
| 片品村 | 4,442 | 1,660 | 37.4% | ○ | 4 | 16 | 13 | 3 | 205 | 221 | 4.975% | 7.5 | 9.005 |
| 川場村 | 3,302 | 1,127 | 34.1% | ○ | 16 | 7 | 5 | 2 | 300 | 307 | 9.297% | 3.7 | 48.455 |
| 昭和村 | 7,360 | 2,270 | 30.8% | ○ | 16 | 7 | 3 | 4 | 517 | 524 | 7.120% | 4.3 | 21.739 |
| みなかみ町 | 19,037 | 7,360 | 38.7% | ○ | 34 | 25 | 8 | 17 | 1,182 | 1,207 | 6.340% | 6.1 | 17.860 |
| 玉村町 | 36,489 | 8,758 | 24.0% | ○ | 49 | 23 | 13 | 10 | 3,074 | 3,097 | 8.487% | 2.8 | 13.429 |
| 板倉町 | 14,661 | 4,704 | 32.1% | ○ | 14 | 12 | 1 | 11 | 607 | 619 | 4.222% | 7.6 | 9.549 |
| 明和町 | 11,313 | 3,322 | 29.4% | ○ | 7 | 16 | 11 | 5 | 825 | 841 | 7.434% | 4.0 | 6.188 |
| 千代田町 | 11,412 | 3,342 | 29.3% | ○ | 8 | 5 | 2 | 3 | 421 | 426 | 3.733% | 7.8 | 7.010 |
| 大泉町 | 41,785 | 9,154 | 21.9% | ○ | 23 | 9 | 8 | 1 | 2,131 | 2,140 | 5.121% | 4.3 | 5.504 |
| 邑楽町 | 26,671 | 8,157 | 30.6% | ○ | 14 | 18 | 4 | 14 | 1,024 | 1,042 | 3.907% | 7.8 | 5.249 |
| 埼玉県計 | 7,377,288 | 1,909,441 | 25.9% | 64 | 13,456 | 4,094 | 3,092 | 1,002 | 484,240 | 488,334 | 6.619% | 3.9 | 18.240 |
| 埼玉県 | 7,377,288 | 1,909,441 | 25.9% | ○ | 270 | 458 | 343 | 115 | 29,604 | 30,062 | | | |
| さいたま市 | 1,302,256 | 297,724 | 22.9% | ○ | 2,153 | 791 | 584 | 207 | 75,480 | 76,271 | 5.857% | 3.9 | 16.533 |
| 川越市 | 353,115 | 93,033 | 26.3% | ○ | 613 | 107 | 85 | 22 | 22,491 | 22,598 | 6.400% | 4.1 | 17.360 |
| 熊谷市 | 197,731 | 55,937 | 28.3% | ○ | 513 | 61 | 54 | 7 | 22,568 | 22,629 | 11.444% | 2.5 | 25.944 |

| | 総人口 | | 高齢化率 | 市町村窓口 | サポーター講座開催回数 | メイト数 | | | サポーター数 | 合計 サポーター数 (メイト+サポーター数) (※1+※2) | 総人口に占める割合 (メイト+サポーター) | メイト+サポーター1人当たりの 担当高齢者人口 | 総人口10000人当たりの 講座開催回数 |
|-------|---------|--------------|-------|-------|-------------|--------|---------|----|--------|---|--------------------------|----------------------------|-------------------------|
| | 65歳以上人口 | メイト数 (※1) | | | | 活動メイト数 | 非活動メイト数 | | | | | | |
| 川口市 | 603,838 | 137,306 | 22.7% | ○ | 672 | 188 | 141 | 47 | 20,923 | 21,111 | 3.496% | 6.5 | 11,129 |
| 行田市 | 81,424 | 24,626 | 30.2% | ○ | 167 | 37 | 24 | 13 | 4,623 | 4,660 | 5.723% | 5.3 | 20,510 |
| 秩父市 | 62,895 | 20,403 | 32.4% | ○ | 239 | 44 | 39 | 5 | 8,563 | 8,607 | 13.685% | 2.4 | 38,000 |
| 所沢市 | 344,320 | 91,272 | 26.5% | ○ | 586 | 201 | 130 | 71 | 20,981 | 21,182 | 6.152% | 4.3 | 17,019 |
| 飯能市 | 79,708 | 24,241 | 30.4% | ○ | 240 | 61 | 41 | 20 | 7,906 | 7,967 | 9.995% | 3.0 | 30,110 |
| 加須市 | 113,321 | 32,062 | 28.3% | ○ | 162 | 22 | 16 | 6 | 4,659 | 4,681 | 4.131% | 6.8 | 14,296 |
| 本庄市 | 78,297 | 21,716 | 27.7% | ○ | 128 | 21 | 19 | 2 | 4,799 | 4,820 | 6.156% | 4.5 | 16,348 |
| 東松山市 | 90,290 | 25,305 | 28.0% | ○ | 154 | 80 | 42 | 38 | 4,310 | 4,390 | 4.862% | 5.8 | 17,056 |
| 春日部市 | 234,598 | 70,387 | 30.0% | ○ | 491 | 84 | 65 | 19 | 14,625 | 14,709 | 6.270% | 4.8 | 20,929 |
| 狭山市 | 151,661 | 46,340 | 30.6% | ○ | 403 | 148 | 127 | 21 | 11,096 | 11,244 | 7.414% | 4.1 | 26,572 |
| 羽生市 | 55,112 | 15,747 | 28.6% | ○ | 115 | 31 | 20 | 11 | 3,583 | 3,614 | 6.558% | 4.4 | 20,867 |
| 鴻巣市 | 118,745 | 33,933 | 28.6% | ○ | 259 | 45 | 35 | 10 | 6,987 | 7,032 | 5.922% | 4.8 | 21,811 |
| 深谷市 | 143,675 | 40,339 | 28.1% | ○ | 229 | 34 | 25 | 9 | 9,129 | 9,163 | 6.378% | 4.4 | 15,939 |
| 上尾市 | 228,519 | 61,371 | 26.9% | ○ | 323 | 67 | 47 | 20 | 11,528 | 11,595 | 5.074% | 5.3 | 14,134 |
| 草加市 | 248,488 | 60,729 | 24.4% | ○ | 306 | 100 | 85 | 15 | 10,187 | 10,287 | 4.140% | 5.9 | 12,314 |
| 越谷市 | 342,945 | 85,082 | 24.8% | ○ | 841 | 179 | 137 | 42 | 37,824 | 38,003 | 11.081% | 2.2 | 24,523 |
| 蕨市 | 75,261 | 17,369 | 23.1% | ○ | 80 | 18 | 11 | 7 | 2,653 | 2,671 | 3.549% | 6.5 | 10,630 |
| 戸田市 | 139,616 | 22,635 | 16.2% | ○ | 202 | 56 | 44 | 12 | 6,212 | 6,268 | 4.489% | 3.6 | 14,468 |
| 入間市 | 148,442 | 41,878 | 28.2% | ○ | 277 | 102 | 68 | 34 | 9,642 | 9,744 | 6.564% | 4.3 | 18,660 |
| 朝霞市 | 140,004 | 27,075 | 19.3% | ○ | 167 | 53 | 44 | 9 | 6,274 | 6,327 | 4.519% | 4.3 | 11,928 |
| 志木市 | 76,303 | 18,397 | 24.1% | ○ | 139 | 62 | 47 | 15 | 6,836 | 6,898 | 9.040% | 2.7 | 18,217 |
| 和光市 | 82,785 | 14,621 | 17.7% | ○ | 60 | 38 | 17 | 21 | 1,597 | 1,635 | 1.975% | 8.9 | 7,248 |
| 新座市 | 165,336 | 41,821 | 25.3% | ○ | 225 | 95 | 61 | 34 | 6,493 | 6,588 | 3.985% | 6.3 | 13,609 |
| 桶川市 | 75,408 | 21,698 | 28.8% | ○ | 153 | 32 | 24 | 8 | 4,547 | 4,579 | 6.072% | 4.7 | 20,290 |
| 久喜市 | 153,709 | 45,189 | 29.4% | ○ | 367 | 61 | 52 | 9 | 15,183 | 15,244 | 9.917% | 3.0 | 23,876 |
| 北本市 | 66,668 | 20,484 | 30.7% | ○ | 121 | 28 | 19 | 9 | 3,198 | 3,226 | 4.839% | 6.3 | 18,150 |
| 八潮市 | 90,876 | 20,677 | 22.8% | ○ | 138 | 31 | 30 | 1 | 4,544 | 4,575 | 5.034% | 4.5 | 15,186 |
| 富士見市 | 111,167 | 27,198 | 24.5% | ○ | 138 | 50 | 43 | 7 | 4,636 | 4,686 | 4.215% | 5.8 | 12,414 |
| 三郷市 | 141,827 | 37,386 | 26.4% | ○ | 212 | 104 | 85 | 19 | 6,136 | 6,240 | 4.400% | 6.0 | 14,948 |
| 蓮田市 | 61,961 | 19,297 | 31.1% | ○ | 139 | 31 | 24 | 7 | 4,779 | 4,810 | 7.763% | 4.0 | 22,433 |
| 坂戸市 | 101,226 | 29,120 | 28.8% | ○ | 146 | 58 | 52 | 6 | 5,391 | 5,449 | 5.383% | 5.3 | 14,423 |
| 幸手市 | 51,338 | 16,949 | 33.0% | ○ | 94 | 19 | 13 | 6 | 2,041 | 2,060 | 4.013% | 8.2 | 18,310 |
| 鶴ヶ島市 | 70,144 | 19,301 | 27.5% | ○ | 110 | 49 | 44 | 5 | 3,412 | 3,461 | 4.934% | 5.6 | 15,682 |
| 日高市 | 56,066 | 17,720 | 31.6% | ○ | 136 | 34 | 29 | 5 | 3,929 | 3,963 | 7.068% | 4.5 | 24,257 |
| 吉川市 | 72,891 | 16,787 | 23.0% | ○ | 95 | 46 | 42 | 4 | 4,315 | 4,361 | 5.983% | 3.8 | 13,033 |
| ふじみ野市 | 114,292 | 28,488 | 24.9% | ○ | 177 | 47 | 40 | 7 | 10,961 | 11,008 | 9.631% | 2.6 | 15,487 |
| 伊奈町 | 44,789 | 10,442 | 23.3% | ○ | 54 | 10 | 8 | 2 | 2,785 | 2,795 | 6.240% | 3.7 | 12,057 |
| 三芳町 | 38,324 | 10,642 | 27.8% | ○ | 96 | 14 | 11 | 3 | 2,729 | 2,743 | 7.157% | 3.9 | 25,050 |
| 毛呂山町 | 33,852 | 11,114 | 32.8% | ○ | 124 | 39 | 31 | 8 | 3,970 | 4,009 | 11.843% | 2.8 | 36,630 |
| 越生町 | 11,644 | 3,989 | 34.3% | ○ | 60 | 9 | 8 | 1 | 1,856 | 1,865 | 16.017% | 2.1 | 51,529 |
| 滑川町 | 19,038 | 4,233 | 22.2% | ○ | 45 | 13 | 11 | 2 | 1,339 | 1,352 | 7.102% | 3.1 | 23,637 |
| 嵐山町 | 17,996 | 5,789 | 32.2% | ○ | 49 | 9 | 8 | 1 | 1,421 | 1,430 | 7.946% | 4.0 | 27,228 |
| 小川町 | 30,105 | 10,971 | 36.4% | ○ | 60 | 28 | 15 | 13 | 1,733 | 1,761 | 5.850% | 6.2 | 19,930 |
| 川島町 | 20,294 | 6,669 | 32.9% | ○ | 65 | 8 | 7 | 1 | 1,085 | 1,093 | 5.386% | 6.1 | 32,029 |
| 吉見町 | 19,168 | 6,084 | 31.7% | ○ | 27 | 7 | 5 | 2 | 679 | 686 | 3.579% | 8.9 | 14,086 |
| 鳩山町 | 13,822 | 5,874 | 42.5% | ○ | 82 | 11 | 10 | 1 | 2,184 | 2,195 | 15.880% | 2.7 | 59,326 |
| ときがわ町 | 11,217 | 4,076 | 36.3% | ○ | 27 | 10 | 9 | 1 | 526 | 536 | 4.778% | 7.6 | 24,071 |
| 横瀬町 | 8,322 | 2,715 | 32.6% | ○ | 67 | 6 | 3 | 3 | 781 | 787 | 9.457% | 3.4 | 80,509 |
| 皆野町 | 9,792 | 3,561 | 36.4% | ○ | 25 | 4 | 2 | 2 | 986 | 990 | 10.110% | 3.6 | 25,531 |
| 長瀨町 | 7,143 | 2,602 | 36.4% | ○ | 45 | 5 | 3 | 2 | 1,183 | 1,188 | 16.632% | 2.2 | 62,999 |
| 小鹿野町 | 11,687 | 4,250 | 36.4% | ○ | 93 | 9 | 8 | 1 | 1,587 | 1,596 | 13.656% | 2.7 | 79,576 |
| 東秩父村 | 2,823 | 1,149 | 40.7% | ○ | 15 | 4 | 2 | 2 | 344 | 348 | 12.327% | 3.3 | 53,135 |
| 美里町 | 11,226 | 3,532 | 31.5% | ○ | 34 | 5 | 4 | 1 | 1,113 | 1,118 | 9.959% | 3.2 | 30,287 |
| 神川町 | 13,693 | 4,091 | 29.9% | ○ | 38 | 6 | 5 | 1 | 1,683 | 1,689 | 12.335% | 2.4 | 27,751 |
| 上里町 | 31,138 | 8,155 | 26.2% | ○ | 43 | 9 | 7 | 2 | 2,230 | 2,239 | 7.191% | 3.6 | 13,809 |
| 寄居町 | 33,711 | 10,705 | 31.8% | ○ | 52 | 16 | 12 | 4 | 1,611 | 1,627 | 4.826% | 6.6 | 15,425 |
| 宮代町 | 34,097 | 10,828 | 31.8% | ○ | 81 | 23 | 14 | 9 | 1,588 | 1,611 | 4.725% | 6.7 | 23,756 |
| 白岡市 | 52,497 | 14,002 | 26.7% | ○ | 67 | 26 | 18 | 8 | 2,294 | 2,320 | 4.419% | 6.0 | 12,763 |
| 杉戸町 | 45,117 | 14,124 | 31.3% | ○ | 108 | 27 | 24 | 3 | 2,593 | 2,620 | 5.807% | 5.4 | 23,938 |
| 松伏町 | 29,535 | 8,201 | 27.8% | ○ | 59 | 23 | 19 | 4 | 1,295 | 1,318 | 4.463% | 6.2 | 19,976 |

| | 総人口 | | 高齢化率 | 市町村窓口 | サポーター講座開催回数 | メイト数 | | | サポーター数 | 合計サポーター数(メイト+サポーター数)(※1+※2) | 総人口に占める割合(メイト+サポーター) | メイト+サポーター1人当たりの高齢者人口 | 総人口10000人当たりの講座開催回数 |
|-------|------------|-----------|-------|-------|-------------|-------|--------|---------|---------|-----------------------------|----------------------|----------------------|---------------------|
| | 65歳以上人口 | | | | | (※1) | 活動メイト数 | 非活動メイト数 | | | | | |
| 千葉県計 | 6,311,190 | 1,681,934 | 26.7% | 55 | 12,651 | 4,431 | 2,952 | 1,479 | 470,824 | 475,255 | 7.530% | 3.5 | 20.045 |
| 千葉県 | 6,311,190 | 1,681,934 | 26.7% | ○ | 366 | 7 | 6 | 1 | 27,878 | 27,885 | | | |
| 千葉市 | 970,049 | 249,261 | 25.7% | ○ | 1,495 | 458 | 296 | 162 | 68,785 | 69,243 | 7.138% | 3.6 | 15.412 |
| 銚子市 | 61,684 | 22,385 | 36.3% | ○ | 145 | 51 | 45 | 6 | 5,199 | 5,250 | 8.511% | 4.3 | 23.507 |
| 市川市 | 487,536 | 102,607 | 21.0% | ○ | 533 | 157 | 136 | 21 | 17,570 | 17,727 | 3.636% | 5.8 | 10.933 |
| 船橋市 | 639,598 | 152,192 | 23.8% | ○ | 1,354 | 481 | 256 | 225 | 65,861 | 66,342 | 10.372% | 2.3 | 21.170 |
| 館山市 | 46,775 | 18,058 | 38.6% | ○ | 215 | 100 | 78 | 22 | 5,437 | 5,537 | 11.838% | 3.3 | 45.965 |
| 木更津市 | 135,318 | 37,148 | 27.5% | ○ | 311 | 94 | 61 | 33 | 9,257 | 9,351 | 6.910% | 4.0 | 22.983 |
| 松戸市 | 496,571 | 126,078 | 25.4% | ○ | 779 | 220 | 136 | 84 | 24,950 | 25,170 | 5.069% | 5.0 | 15.688 |
| 野田市 | 154,727 | 46,227 | 29.9% | ○ | 285 | 85 | 58 | 27 | 10,725 | 10,810 | 6.986% | 4.3 | 18.420 |
| 茂原市 | 89,751 | 28,678 | 32.0% | ○ | 158 | 65 | 50 | 15 | 4,598 | 4,663 | 5.195% | 6.2 | 17.604 |
| 成田市 | 133,456 | 29,758 | 22.3% | ○ | 242 | 82 | 44 | 38 | 5,415 | 5,497 | 4.119% | 5.4 | 18.133 |
| 佐倉市 | 175,833 | 54,300 | 30.9% | ○ | 511 | 127 | 92 | 35 | 21,036 | 21,163 | 12.036% | 2.6 | 29.062 |
| 東金市 | 59,040 | 16,809 | 28.5% | ○ | 195 | 79 | 60 | 19 | 6,369 | 6,448 | 10.921% | 2.6 | 33.028 |
| 旭市 | 65,810 | 19,463 | 29.6% | ○ | 110 | 51 | 45 | 6 | 2,601 | 2,652 | 4.030% | 7.3 | 16.715 |
| 習志野市 | 173,205 | 40,056 | 23.1% | ○ | 301 | 129 | 112 | 17 | 10,578 | 10,707 | 6.182% | 3.7 | 17.378 |
| 柏市 | 420,028 | 107,773 | 25.7% | ○ | 938 | 248 | 154 | 94 | 27,688 | 27,936 | 6.651% | 3.9 | 22.332 |
| 勝浦市 | 17,605 | 7,400 | 42.0% | ○ | 79 | 46 | 34 | 12 | 2,099 | 2,145 | 12.184% | 3.4 | 44.874 |
| 市原市 | 276,739 | 78,465 | 28.4% | ○ | 519 | 184 | 124 | 60 | 18,195 | 18,379 | 6.641% | 4.3 | 18.754 |
| 流山市 | 190,534 | 45,170 | 23.7% | ○ | 462 | 90 | 64 | 26 | 15,811 | 15,901 | 8.345% | 2.8 | 24.248 |
| 八千代市 | 198,858 | 49,583 | 24.9% | ○ | 213 | 115 | 57 | 58 | 6,239 | 6,354 | 3.195% | 7.8 | 10.711 |
| 我孫子市 | 132,216 | 39,571 | 29.9% | ○ | 290 | 149 | 87 | 62 | 11,235 | 11,384 | 8.610% | 3.5 | 21.934 |
| 鴨川市 | 33,078 | 12,444 | 37.6% | ○ | 214 | 44 | 37 | 7 | 5,268 | 5,312 | 16.059% | 2.3 | 64.696 |
| 鎌ヶ谷市 | 109,972 | 30,663 | 27.9% | ○ | 202 | 54 | 43 | 11 | 10,440 | 10,494 | 9.542% | 2.9 | 18.368 |
| 君津市 | 84,811 | 25,868 | 30.5% | ○ | 189 | 64 | 50 | 14 | 6,132 | 6,196 | 7.306% | 4.2 | 22.285 |
| 富津市 | 44,798 | 16,381 | 36.6% | ○ | 99 | 39 | 31 | 8 | 2,744 | 2,783 | 6.212% | 5.9 | 22.099 |
| 浦安市 | 169,443 | 29,016 | 17.1% | ○ | 299 | 93 | 73 | 20 | 9,447 | 9,540 | 5.630% | 3.0 | 17.646 |
| 四街道市 | 94,027 | 26,716 | 28.4% | ○ | 169 | 65 | 51 | 14 | 4,811 | 4,876 | 5.186% | 5.5 | 17.974 |
| 袖ヶ浦市 | 63,676 | 16,789 | 26.4% | ○ | 253 | 71 | 42 | 29 | 8,880 | 8,951 | 14.057% | 1.9 | 39.732 |
| 八街市 | 70,343 | 20,324 | 28.9% | ○ | 57 | 61 | 37 | 24 | 1,238 | 1,299 | 1.847% | 15.6 | 8.103 |
| 印西市 | 101,299 | 22,335 | 22.0% | ○ | 187 | 100 | 83 | 17 | 7,987 | 8,087 | 7.983% | 2.8 | 18.460 |
| 白井市 | 63,723 | 16,248 | 25.5% | ○ | 193 | 74 | 58 | 16 | 8,433 | 8,507 | 13.350% | 1.9 | 30.287 |
| 富里市 | 50,201 | 13,468 | 26.8% | ○ | 68 | 51 | 25 | 26 | 2,507 | 2,558 | 5.096% | 5.3 | 13.546 |
| 南房総市 | 38,401 | 17,094 | 44.5% | ○ | 108 | 79 | 53 | 26 | 4,024 | 4,103 | 10.685% | 4.2 | 28.124 |
| 匝瑳市 | 36,642 | 12,349 | 33.7% | ○ | 113 | 25 | 24 | 1 | 4,126 | 4,151 | 11.329% | 3.0 | 30.839 |
| 香取市 | 76,905 | 26,896 | 35.0% | ○ | 157 | 179 | 77 | 102 | 5,008 | 5,187 | 6.745% | 5.2 | 20.415 |
| 山武市 | 51,935 | 17,390 | 33.5% | ○ | 153 | 51 | 32 | 19 | 4,167 | 4,218 | 8.122% | 4.1 | 29.460 |
| いすみ市 | 38,242 | 15,136 | 39.6% | ○ | 69 | 34 | 15 | 19 | 1,807 | 1,841 | 4.814% | 8.2 | 18.043 |
| 酒々井町 | 20,830 | 6,549 | 31.4% | ○ | 39 | 16 | 10 | 6 | 839 | 855 | 4.105% | 7.7 | 18.723 |
| 栄町 | 20,773 | 7,474 | 36.0% | ○ | 93 | 32 | 26 | 6 | 2,098 | 2,130 | 10.254% | 3.5 | 44.770 |
| 神崎町 | 6,123 | 2,049 | 33.5% | ○ | 4 | 4 | 3 | 1 | 79 | 83 | 1.356% | 24.7 | 6.533 |
| 多古町 | 14,709 | 5,266 | 35.8% | ○ | 22 | 20 | 11 | 9 | 939 | 959 | 6.520% | 5.5 | 14.957 |
| 東庄町 | 14,088 | 5,201 | 36.9% | ○ | 49 | 23 | 23 | | 923 | 946 | 6.715% | 5.5 | 34.781 |
| 大網白里市 | 49,620 | 15,373 | 31.0% | ○ | 147 | 47 | 36 | 11 | 4,255 | 4,302 | 8.670% | 3.6 | 29.625 |
| 九十九里町 | 16,007 | 6,014 | 37.6% | ○ | 44 | 25 | 20 | 5 | 1,076 | 1,101 | 6.878% | 5.5 | 27.488 |
| 芝山町 | 7,307 | 2,440 | 33.4% | ○ | 18 | 3 | 3 | | 302 | 305 | 4.174% | 8.0 | 24.634 |
| 横芝光町 | 23,861 | 8,401 | 35.2% | ○ | 34 | 21 | 16 | 5 | 1,574 | 1,595 | 6.685% | 5.3 | 14.249 |
| 一宮町 | 12,490 | 3,978 | 31.8% | ○ | 18 | 33 | 14 | 19 | 479 | 512 | 4.099% | 7.8 | 14.412 |
| 睦沢町 | 7,073 | 2,772 | 39.2% | ○ | 28 | 19 | 9 | 10 | 792 | 811 | 11.466% | 3.4 | 39.587 |
| 長生村 | 14,412 | 4,782 | 33.2% | ○ | 23 | 21 | 14 | 7 | 640 | 661 | 4.586% | 7.2 | 15.959 |
| 白子町 | 11,383 | 4,410 | 38.7% | ○ | 9 | 8 | 4 | 4 | 252 | 260 | 2.284% | 17.0 | 7.907 |
| 長柄町 | 7,078 | 2,699 | 38.1% | ○ | 21 | 11 | 8 | 3 | 416 | 427 | 6.033% | 6.3 | 29.669 |
| 長南町 | 8,039 | 3,291 | 40.9% | ○ | 8 | 11 | 6 | 5 | 165 | 176 | 2.189% | 18.7 | 9.951 |
| 大多喜町 | 9,161 | 3,719 | 40.6% | ○ | 23 | 17 | 9 | 8 | 475 | 492 | 5.371% | 7.6 | 25.106 |
| 御宿町 | 7,528 | 3,763 | 50.0% | ○ | 18 | 9 | 6 | 3 | 433 | 442 | 5.871% | 8.5 | 23.911 |
| 鋸南町 | 7,879 | 3,654 | 46.4% | ○ | 22 | 9 | 8 | 1 | 542 | 551 | 6.993% | 6.6 | 27.922 |
| 東京都計 | 13,740,732 | 3,103,691 | 22.6% | 63 | 26,392 | 8,457 | 6,143 | 2,314 | 793,312 | 801,769 | 5.835% | 3.9 | 19.207 |
| 東京都 | 13,740,732 | 3,103,691 | 22.6% | ○ | 331 | 191 | 76 | 115 | 20,416 | 20,607 | | | |
| 千代田区 | 63,635 | 10,987 | 17.3% | ○ | 483 | 106 | 82 | 24 | 17,675 | 17,781 | 27.942% | 0.6 | 75.902 |
| 中央区 | 162,502 | 24,557 | 15.1% | ○ | 443 | 119 | 74 | 45 | 15,095 | 15,214 | 9.362% | 1.6 | 27.261 |

| | 総人口 | | 高齢化率 | 市町村窓口 | サポーター講座開催回数 | メイト数 | | | サポーター数 | 合計 サポーター数 (メイト+サポーター数) (※1+※2) | 総人口に占める割合 (メイト+サポーター) | メイト+サポーター1人当たり担当高齢者人口 | 総人口10000人当たりの講座開催回数 |
|-------|---------|---------|-------|-------|-------------|------|--------|---------|--------|---|--------------------------|-----------------------|---------------------|
| | 65歳以上人口 | | | | | (※1) | 活動メイト数 | 非活動メイト数 | | | | | |
| 港区 | 257,426 | 43,784 | 17.0% | ○ | 570 | 136 | 86 | 50 | 19,867 | 20,003 | 7.770% | 2.2 | 22.142 |
| 新宿区 | 346,162 | 67,559 | 19.5% | ○ | 858 | 120 | 104 | 16 | 23,166 | 23,286 | 6.727% | 2.9 | 24.786 |
| 文京区 | 221,489 | 42,959 | 19.4% | ○ | 502 | 167 | 105 | 62 | 14,348 | 14,515 | 6.553% | 3.0 | 22.665 |
| 台東区 | 199,292 | 46,038 | 23.1% | ○ | 511 | 130 | 88 | 42 | 13,613 | 13,743 | 6.896% | 3.3 | 25.641 |
| 墨田区 | 271,859 | 61,041 | 22.5% | ○ | 765 | 258 | 195 | 63 | 20,795 | 21,053 | 7.744% | 2.9 | 28.140 |
| 江東区 | 518,479 | 111,662 | 21.5% | ○ | 529 | 278 | 176 | 102 | 18,495 | 18,773 | 3.621% | 5.9 | 10.203 |
| 品川区 | 394,700 | 81,680 | 20.7% | ○ | 524 | 433 | 319 | 114 | 17,038 | 17,471 | 4.426% | 4.7 | 13.276 |
| 目黒区 | 279,342 | 55,038 | 19.7% | ○ | 364 | 233 | 166 | 67 | 11,770 | 12,003 | 4.297% | 4.6 | 13.031 |
| 大田区 | 729,534 | 165,625 | 22.7% | ○ | 944 | 251 | 176 | 75 | 29,552 | 29,803 | 4.085% | 5.6 | 12.940 |
| 世田谷区 | 908,907 | 183,215 | 20.2% | ○ | 1,255 | 313 | 260 | 53 | 32,892 | 33,205 | 3.653% | 5.5 | 13.808 |
| 渋谷区 | 226,594 | 42,668 | 18.8% | ○ | 471 | 142 | 103 | 39 | 15,823 | 15,965 | 7.046% | 2.7 | 20.786 |
| 中野区 | 331,658 | 67,973 | 20.5% | ○ | 917 | 257 | 183 | 74 | 18,852 | 19,109 | 5.762% | 3.6 | 27.649 |
| 杉並区 | 569,132 | 119,112 | 20.9% | ○ | 1,085 | 314 | 226 | 88 | 26,815 | 27,129 | 4.767% | 4.4 | 19.064 |
| 豊島区 | 289,508 | 57,510 | 19.9% | ○ | 428 | 129 | 83 | 46 | 12,045 | 12,174 | 4.205% | 4.7 | 14.784 |
| 北区 | 351,976 | 87,760 | 24.9% | ○ | 795 | 134 | 111 | 23 | 25,445 | 25,579 | 7.267% | 3.4 | 22.587 |
| 荒川区 | 215,966 | 50,195 | 23.2% | ○ | 449 | 491 | 340 | 151 | 14,430 | 14,921 | 6.909% | 3.4 | 20.790 |
| 板橋区 | 566,890 | 130,838 | 23.1% | ○ | 771 | 515 | 347 | 168 | 26,767 | 27,282 | 4.813% | 4.8 | 13.601 |
| 練馬区 | 732,433 | 159,521 | 21.8% | ○ | 980 | 239 | 172 | 67 | 29,007 | 29,246 | 3.993% | 5.5 | 13.380 |
| 足立区 | 688,512 | 170,890 | 24.8% | ○ | 889 | 394 | 303 | 91 | 25,984 | 26,378 | 3.831% | 6.5 | 12.912 |
| 葛飾区 | 462,591 | 113,440 | 24.5% | ○ | 739 | 91 | 67 | 24 | 18,553 | 18,644 | 4.030% | 6.1 | 15.975 |
| 江戸川区 | 698,031 | 146,813 | 21.0% | ○ | 654 | 187 | 154 | 33 | 22,260 | 22,447 | 3.216% | 6.5 | 9.369 |
| 八王子市 | 562,460 | 149,230 | 26.5% | ○ | 1,483 | 249 | 163 | 86 | 38,827 | 39,076 | 6.947% | 3.8 | 26.366 |
| 立川市 | 183,822 | 44,580 | 24.3% | ○ | 480 | 155 | 119 | 36 | 15,692 | 15,847 | 8.621% | 2.8 | 26.112 |
| 武蔵野市 | 146,399 | 32,399 | 22.1% | ○ | 614 | 222 | 173 | 49 | 18,185 | 18,407 | 12.573% | 1.8 | 41.940 |
| 三鷹市 | 187,199 | 40,739 | 21.8% | ○ | 332 | 123 | 82 | 41 | 9,306 | 9,429 | 5.037% | 4.3 | 17.735 |
| 青梅市 | 134,086 | 39,697 | 29.6% | ○ | 149 | 72 | 54 | 18 | 5,230 | 5,302 | 3.954% | 7.5 | 11.112 |
| 府中市 | 260,011 | 56,378 | 21.7% | ○ | 835 | 124 | 107 | 17 | 21,531 | 21,655 | 8.328% | 2.6 | 32.114 |
| 昭島市 | 113,215 | 29,295 | 25.9% | ○ | 212 | 79 | 68 | 11 | 6,812 | 6,891 | 6.087% | 4.3 | 18.725 |
| 調布市 | 235,169 | 50,334 | 21.4% | ○ | 317 | 101 | 95 | 6 | 10,375 | 10,476 | 4.455% | 4.8 | 13.480 |
| 町田市 | 428,685 | 114,289 | 26.7% | ○ | 848 | 205 | 116 | 89 | 29,267 | 29,472 | 6.875% | 3.9 | 19.781 |
| 小金井市 | 121,443 | 25,662 | 21.1% | ○ | 375 | 67 | 54 | 13 | 6,599 | 6,666 | 5.489% | 3.8 | 30.879 |
| 小平市 | 193,596 | 44,484 | 23.0% | ○ | 325 | 145 | 118 | 27 | 8,192 | 8,337 | 4.306% | 5.3 | 16.788 |
| 日野市 | 185,393 | 45,795 | 24.7% | ○ | 571 | 83 | 74 | 9 | 17,213 | 17,296 | 9.329% | 2.6 | 30.799 |
| 東村山市 | 150,789 | 40,153 | 26.6% | ○ | 218 | 83 | 55 | 28 | 7,085 | 7,168 | 4.754% | 5.6 | 14.457 |
| 国分寺市 | 123,689 | 27,027 | 21.9% | ○ | 198 | 80 | 66 | 14 | 5,826 | 5,906 | 4.775% | 4.6 | 16.008 |
| 国立市 | 76,038 | 17,437 | 22.9% | ○ | 163 | 96 | 55 | 41 | 4,250 | 4,346 | 5.716% | 4.0 | 21.437 |
| 福生市 | 58,243 | 14,938 | 25.6% | ○ | 84 | 28 | 24 | 4 | 3,047 | 3,075 | 5.280% | 4.9 | 14.422 |
| 狛江市 | 82,481 | 19,785 | 24.0% | ○ | 121 | 51 | 38 | 13 | 2,786 | 2,837 | 3.440% | 7.0 | 14.670 |
| 東大和市 | 85,565 | 22,867 | 26.7% | ○ | 166 | 48 | 43 | 5 | 4,290 | 4,338 | 5.070% | 5.3 | 19.400 |
| 清瀬市 | 74,737 | 20,868 | 27.9% | ○ | 284 | 135 | 103 | 32 | 8,755 | 8,890 | 11.895% | 2.3 | 38.000 |
| 東久留米市 | 116,896 | 32,880 | 28.1% | ○ | 167 | 103 | 81 | 22 | 6,099 | 6,202 | 5.306% | 5.3 | 14.286 |
| 武蔵村山市 | 72,546 | 18,833 | 26.0% | ○ | 143 | 64 | 55 | 9 | 4,695 | 4,759 | 6.560% | 4.0 | 19.712 |
| 多摩市 | 148,745 | 41,837 | 28.1% | ○ | 398 | 137 | 108 | 29 | 13,384 | 13,521 | 9.090% | 3.1 | 26.757 |
| 稲城市 | 90,585 | 19,151 | 21.1% | ○ | 189 | 56 | 53 | 3 | 7,750 | 7,806 | 8.617% | 2.5 | 20.864 |
| 羽村市 | 55,607 | 14,266 | 25.7% | ○ | 120 | 43 | 31 | 12 | 4,546 | 4,589 | 8.253% | 3.1 | 21.580 |
| あきる野市 | 80,851 | 23,738 | 29.4% | ○ | 260 | 36 | 30 | 6 | 14,341 | 14,377 | 17.782% | 1.7 | 32.158 |
| 西東京市 | 202,817 | 48,294 | 23.8% | ○ | 827 | 138 | 111 | 27 | 21,667 | 21,805 | 10.751% | 2.2 | 40.776 |
| 瑞穂町 | 33,213 | 9,297 | 28.0% | ○ | 79 | 25 | 21 | 4 | 2,290 | 2,315 | 6.970% | 4.0 | 23.786 |
| 日の出町 | 16,732 | 5,940 | 35.5% | ○ | 62 | 27 | 17 | 10 | 2,066 | 2,093 | 12.509% | 2.8 | 37.055 |
| 檜原村 | 2,217 | 1,117 | 50.4% | ○ | 12 | 9 | 5 | 4 | 254 | 263 | 11.863% | 4.2 | 54.127 |
| 奥多摩町 | 5,179 | 2,536 | 49.0% | ○ | 16 | 17 | 11 | 6 | 326 | 343 | 6.623% | 7.4 | 30.894 |
| 大島町 | 7,716 | 2,886 | 37.4% | ○ | 18 | 6 | 5 | 1 | 501 | 507 | 6.571% | 5.7 | 23.328 |
| 利島村 | 323 | 78 | 24.1% | ○ | 5 | 1 | 1 | | 84 | 85 | 26.316% | 0.9 | 154.799 |
| 新島村 | 2,722 | 1,077 | 39.6% | ○ | | 1 | | 1 | | 1 | 0.037% | 1077.0 | |
| 神津島村 | 1,898 | 569 | 30.0% | ○ | 1 | | | | 43 | 43 | 2.266% | 13.2 | 5.269 |
| 三宅村 | 2,481 | 965 | 38.9% | ○ | | | | | | | | | |
| 御蔵島村 | 317 | 59 | 18.6% | ○ | 4 | 1 | 1 | | 40 | 41 | 12.934% | 1.4 | 126.183 |
| 八丈町 | 7,465 | 2,915 | 39.0% | ○ | 48 | 18 | 9 | 9 | 1,073 | 1,091 | 14.615% | 2.7 | 64.300 |
| 青ヶ島村 | 159 | 29 | 18.2% | ○ | | | | | | | | | |
| 小笠原村 | 2,625 | 402 | 15.3% | ○ | 11 | 1 | 1 | | 182 | 183 | 6.971% | 2.2 | 41.905 |

| | 総人口 | | 高齢化率 | 市町村窓口 | サポーター講座開催回数 | メイト数 | | | サポーター数 | 合計 サポーター数 (メイト+サポーター数) (※1+※2) | 総人口に占める割合 (メイト+サポーター) | メイト+サポーター1人当たり担当高齢者人口 | 総人口10000人当たりの講座開催回数 |
|-------|-----------|--------------|-------|-------|-------------|--------|---------|-------|---------|---|--------------------------|-----------------------|---------------------|
| | 65歳以上人口 | メイト数 (※1) | | | | 活動メイト数 | 非活動メイト数 | (※2) | | | | | |
| 神奈川県計 | 9,189,521 | 2,280,836 | 24.8% | 34 | 17,213 | 8,597 | 6,296 | 2,301 | 637,498 | 646,095 | 7.031% | 3.5 | 18.731 |
| 神奈川県 | 9,189,521 | 2,280,836 | 24.8% | ○ | 436 | 156 | 70 | 86 | 18,767 | 18,923 | | | |
| 横浜市 | 3,745,796 | 909,184 | 24.3% | ○ | 7,299 | 3,923 | 2,823 | 1,100 | 306,715 | 310,638 | 8.293% | 2.9 | 19.486 |
| 川崎市 | 1,500,460 | 297,322 | 19.8% | ○ | 1,670 | 1,235 | 886 | 349 | 64,614 | 65,849 | 4.389% | 4.5 | 11.130 |
| 横須賀市 | 405,244 | 126,048 | 31.1% | ○ | 695 | 255 | 219 | 36 | 25,310 | 25,565 | 6.309% | 4.9 | 17.150 |
| 平塚市 | 257,113 | 70,916 | 27.6% | ○ | 691 | 209 | 179 | 30 | 21,944 | 22,153 | 8.616% | 3.2 | 26.875 |
| 鎌倉市 | 176,369 | 54,106 | 30.7% | ○ | 497 | 165 | 123 | 42 | 13,589 | 13,754 | 7.798% | 3.9 | 28.180 |
| 藤沢市 | 433,526 | 105,200 | 24.3% | ○ | 758 | 262 | 223 | 39 | 23,838 | 24,100 | 5.559% | 4.4 | 17.485 |
| 小田原市 | 191,557 | 56,402 | 29.4% | ○ | 441 | 167 | 113 | 54 | 11,113 | 11,280 | 5.889% | 5.0 | 23.022 |
| 茅ヶ崎市 | 243,931 | 63,592 | 26.1% | ○ | 318 | 160 | 120 | 40 | 12,594 | 12,754 | 5.229% | 5.0 | 13.036 |
| 逗子市 | 59,573 | 18,688 | 31.4% | ○ | 113 | 60 | 44 | 16 | 2,964 | 3,024 | 5.076% | 6.2 | 18.968 |
| 相模原市 | 718,367 | 181,494 | 25.3% | ○ | 1,265 | 716 | 528 | 188 | 46,105 | 46,821 | 6.518% | 3.9 | 17.609 |
| 三浦市 | 43,770 | 16,714 | 38.2% | ○ | 111 | 65 | 53 | 12 | 2,927 | 2,992 | 6.836% | 5.6 | 25.360 |
| 秦野市 | 161,628 | 47,075 | 29.1% | ○ | 513 | 293 | 240 | 53 | 12,494 | 12,787 | 7.911% | 3.7 | 31.740 |
| 厚木市 | 225,089 | 56,133 | 24.9% | ○ | 519 | 135 | 101 | 34 | 14,254 | 14,389 | 6.393% | 3.9 | 23.058 |
| 大和市 | 237,112 | 56,132 | 23.7% | ○ | 502 | 154 | 123 | 31 | 15,117 | 15,271 | 6.440% | 3.7 | 21.171 |
| 伊勢原市 | 100,777 | 25,810 | 25.6% | ○ | 145 | 62 | 42 | 20 | 3,570 | 3,632 | 3.604% | 7.1 | 14.388 |
| 海老名市 | 133,199 | 32,497 | 24.4% | ○ | 168 | 98 | 77 | 21 | 4,669 | 4,767 | 3.579% | 6.8 | 12.613 |
| 座間市 | 130,963 | 32,931 | 25.1% | ○ | 176 | 100 | 85 | 15 | 4,967 | 5,067 | 3.869% | 6.5 | 13.439 |
| 南足柄市 | 42,687 | 13,488 | 31.6% | ○ | 122 | 19 | 12 | 7 | 4,132 | 4,151 | 9.724% | 3.2 | 28.580 |
| 綾瀬市 | 85,120 | 22,927 | 26.9% | ○ | 103 | 47 | 33 | 14 | 4,360 | 4,407 | 5.177% | 5.2 | 12.101 |
| 葉山町 | 33,194 | 10,282 | 31.0% | ○ | 39 | 25 | 17 | 8 | 1,064 | 1,089 | 3.281% | 9.4 | 11.749 |
| 寒川町 | 48,588 | 13,014 | 26.8% | ○ | 164 | 35 | 23 | 12 | 7,510 | 7,545 | 15.529% | 1.7 | 33.753 |
| 大磯町 | 32,936 | 11,008 | 33.4% | ○ | 76 | 29 | 20 | 9 | 2,957 | 2,986 | 9.066% | 3.7 | 23.075 |
| 二宮町 | 28,792 | 9,758 | 33.9% | ○ | 43 | 31 | 15 | 16 | 2,370 | 2,401 | 8.339% | 4.1 | 14.935 |
| 中井町 | 9,481 | 3,151 | 33.2% | ○ | 11 | 18 | 9 | 9 | 231 | 249 | 2.626% | 12.7 | 11.602 |
| 大井町 | 17,280 | 4,788 | 27.7% | ○ | 32 | 18 | 9 | 9 | 787 | 805 | 4.659% | 5.9 | 18.519 |
| 松田町 | 11,227 | 3,710 | 33.0% | ○ | 78 | 16 | 13 | 3 | 1,648 | 1,664 | 14.821% | 2.2 | 69.475 |
| 山北町 | 10,308 | 3,980 | 38.6% | ○ | 13 | 11 | 10 | 1 | 881 | 892 | 8.653% | 4.5 | 12.612 |
| 開成町 | 17,744 | 4,355 | 24.5% | ○ | 53 | 29 | 20 | 9 | 1,799 | 1,828 | 10.302% | 2.4 | 29.869 |
| 箱根町 | 11,655 | 4,252 | 36.5% | ○ | 30 | 27 | 13 | 14 | 785 | 812 | 6.967% | 5.2 | 25.740 |
| 真鶴町 | 7,334 | 3,028 | 41.3% | ○ | 14 | 4 | 3 | 1 | 512 | 516 | 7.036% | 5.9 | 19.089 |
| 湯河原町 | 25,220 | 10,080 | 40.0% | ○ | 54 | 32 | 23 | 9 | 1,841 | 1,873 | 7.427% | 5.4 | 21.412 |
| 愛川町 | 40,500 | 11,766 | 29.1% | ○ | 48 | 33 | 22 | 11 | 918 | 951 | 2.348% | 12.4 | 11.852 |
| 清川村 | 2,981 | 1,005 | 33.7% | ○ | 16 | 8 | 5 | 3 | 152 | 160 | 5.367% | 6.3 | 53.673 |
| 新潟県計 | 2,259,309 | 711,549 | 31.5% | 31 | 8,622 | 4,361 | 3,017 | 1,344 | 241,485 | 245,846 | 10.881% | 2.9 | 38.162 |
| 新潟県 | 2,259,309 | 711,549 | 31.5% | ○ | 270 | 85 | 40 | 45 | 10,830 | 10,915 | | | |
| 新潟市 | 792,868 | 227,866 | 28.7% | ○ | 2,079 | 1,009 | 742 | 267 | 66,859 | 67,868 | 8.560% | 3.4 | 26.221 |
| 長岡市 | 271,011 | 82,134 | 30.3% | ○ | 848 | 422 | 308 | 114 | 24,246 | 24,668 | 9.102% | 3.3 | 31.290 |
| 三条市 | 98,190 | 30,770 | 31.3% | ○ | 327 | 146 | 98 | 48 | 8,936 | 9,082 | 9.249% | 3.4 | 33.303 |
| 柏崎市 | 84,326 | 27,721 | 32.9% | ○ | 395 | 151 | 95 | 56 | 9,751 | 9,902 | 11.743% | 2.8 | 46.842 |
| 新発田市 | 97,997 | 30,451 | 31.1% | ○ | 461 | 183 | 101 | 82 | 11,152 | 11,335 | 11.567% | 2.7 | 47.042 |
| 小千谷市 | 35,776 | 11,958 | 33.4% | ○ | 95 | 99 | 59 | 40 | 2,569 | 2,668 | 7.458% | 4.5 | 26.554 |
| 加茂市 | 27,270 | 9,637 | 35.3% | ○ | 67 | 25 | 18 | 7 | 1,974 | 1,999 | 7.330% | 4.8 | 24.569 |
| 十日町市 | 53,116 | 20,119 | 37.9% | ○ | 179 | 155 | 130 | 25 | 5,561 | 5,716 | 10.761% | 3.5 | 33.700 |
| 見附市 | 40,565 | 12,802 | 31.6% | ○ | 104 | 77 | 66 | 11 | 3,623 | 3,700 | 9.121% | 3.5 | 25.638 |
| 村上市 | 60,339 | 22,643 | 37.5% | ○ | 217 | 113 | 83 | 30 | 6,267 | 6,380 | 10.574% | 3.5 | 35.963 |
| 燕市 | 79,818 | 23,954 | 30.0% | ○ | 211 | 144 | 107 | 37 | 6,723 | 6,867 | 8.603% | 3.5 | 26.435 |
| 糸魚川市 | 42,999 | 16,690 | 38.8% | ○ | 148 | 120 | 77 | 43 | 3,819 | 3,939 | 9.161% | 4.2 | 34.419 |
| 妙高市 | 32,502 | 11,426 | 35.2% | ○ | 260 | 128 | 58 | 70 | 7,594 | 7,722 | 23.759% | 1.5 | 79.995 |
| 五泉市 | 50,392 | 17,390 | 34.5% | ○ | 240 | 118 | 92 | 26 | 4,637 | 4,755 | 9.436% | 3.7 | 47.627 |
| 上越市 | 193,275 | 60,965 | 31.5% | ○ | 875 | 398 | 223 | 175 | 22,137 | 22,535 | 11.660% | 2.7 | 45.272 |
| 阿賀野市 | 42,523 | 13,682 | 32.2% | ○ | 160 | 39 | 29 | 10 | 3,523 | 3,562 | 8.377% | 3.8 | 37.627 |
| 佐渡市 | 55,333 | 22,555 | 40.8% | ○ | 412 | 119 | 73 | 46 | 7,911 | 8,030 | 14.512% | 2.8 | 74.458 |
| 魚沼市 | 36,368 | 12,764 | 35.1% | ○ | 128 | 118 | 69 | 49 | 3,948 | 4,066 | 11.180% | 3.1 | 35.196 |
| 南魚沼市 | 57,030 | 18,102 | 31.7% | ○ | 349 | 210 | 173 | 37 | 10,007 | 10,217 | 17.915% | 1.8 | 61.196 |
| 胎内市 | 29,366 | 10,033 | 34.2% | ○ | 231 | 62 | 43 | 19 | 6,245 | 6,307 | 21.477% | 1.6 | 78.662 |
| 聖籠町 | 14,365 | 3,513 | 24.5% | ○ | 51 | 12 | 10 | 2 | 1,467 | 1,479 | 10.296% | 2.4 | 35.503 |
| 弥彦村 | 8,147 | 2,475 | 30.4% | ○ | 47 | 41 | 31 | 10 | 1,244 | 1,285 | 15.773% | 1.9 | 57.690 |
| 田上町 | 11,776 | 4,137 | 35.1% | ○ | 72 | 49 | 36 | 13 | 1,997 | 2,046 | 17.374% | 2.0 | 61.141 |

| | 総人口 | | 高齢化率 | 市町村窓口 | サポーター講座開催回数 | メイト数 | | | サポーター数 | 合計 サポーター数 (メイト+サポーター数) (※1+※2) | 総人口に占める割合 (メイト+サポーター) | メイト+サポーター1人当たり担当高齢者人口 | 総人口10000人当たりの講座開催回数 |
|-------------|------------------|----------------|--------------|-----------|--------------|--------------|--------------|------------|----------------|---|--------------------------|-----------------------|---------------------|
| | 65歳以上人口 | | | | | (※1) | 活動メイト数 | 非活動メイト数 | | | | | |
| 阿賀町 | 11,080 | 5,205 | 47.0% | ○ | 49 | 36 | 26 | 10 | 914 | 950 | 8.574% | 5.5 | 44.224 |
| 出雲崎町 | 4,402 | 1,847 | 42.0% | ○ | 44 | 41 | 33 | 8 | 929 | 970 | 22.035% | 1.9 | 99.955 |
| 湯沢町 | 8,165 | 2,970 | 36.4% | ○ | 46 | 59 | 55 | 4 | 1,354 | 1,413 | 17.306% | 2.1 | 56.338 |
| 津南町 | 9,675 | 3,874 | 40.0% | ○ | 148 | 121 | 71 | 50 | 2,509 | 2,630 | 27.183% | 1.5 | 152.972 |
| 刈羽村 | 4,631 | 1,430 | 30.9% | ○ | 37 | 18 | 16 | 2 | 890 | 908 | 19.607% | 1.6 | 79.896 |
| 関川村 | 5,653 | 2,274 | 40.2% | ○ | 65 | 62 | 55 | 7 | 1,761 | 1,823 | 32.248% | 1.2 | 114.983 |
| 粟島浦村 | 351 | 162 | 46.2% | ○ | 7 | 1 | | 1 | 108 | 109 | 31.054% | 1.5 | 199.430 |
| 富山県計 | 1,063,293 | 333,463 | 31.4% | 16 | 3,832 | 1,786 | 1,046 | 740 | 125,057 | 126,843 | 11.929% | 2.6 | 36.039 |
| 富山県 | 1,063,293 | 333,463 | 31.4% | ○ | 35 | 66 | 37 | 29 | 1,439 | 1,505 | | | |
| 富山市 | 417,234 | 121,702 | 29.2% | ○ | 1,265 | 561 | 316 | 245 | 36,315 | 36,876 | 8.838% | 3.3 | 30.319 |
| 高岡市 | 171,984 | 56,047 | 32.6% | ○ | 525 | 214 | 150 | 64 | 18,393 | 18,607 | 10.819% | 3.0 | 30.526 |
| 魚津市 | 42,132 | 13,999 | 33.2% | ○ | 147 | 49 | 24 | 25 | 4,754 | 4,803 | 11.400% | 2.9 | 34.890 |
| 氷見市 | 47,535 | 17,641 | 37.1% | ○ | 258 | 95 | 62 | 33 | 9,496 | 9,591 | 20.177% | 1.8 | 54.276 |
| 滑川市 | 33,285 | 9,743 | 29.3% | ○ | 121 | 57 | 29 | 28 | 3,140 | 3,197 | 9.605% | 3.0 | 36.353 |
| 黒部市 | 41,420 | 12,801 | 30.9% | ○ | 125 | 74 | 38 | 36 | 3,490 | 3,564 | 8.605% | 3.6 | 30.179 |
| 砺波市 | 48,597 | 14,237 | 29.3% | ○ | 249 | 110 | 46 | 64 | 7,218 | 7,328 | 15.079% | 1.9 | 51.238 |
| 小矢部市 | 30,143 | 10,572 | 35.1% | ○ | 291 | 91 | 63 | 28 | 11,049 | 11,140 | 36.957% | 0.9 | 96.540 |
| 南砺市 | 51,056 | 18,991 | 37.2% | ○ | 229 | 90 | 40 | 50 | 8,020 | 8,110 | 15.885% | 2.3 | 44.853 |
| 射水市 | 93,084 | 27,681 | 29.7% | ○ | 349 | 213 | 132 | 81 | 12,573 | 12,786 | 13.736% | 2.2 | 37.493 |
| 舟橋村 | 3,127 | 591 | 18.9% | ○ | 7 | 14 | 9 | 5 | 217 | 231 | 7.387% | 2.6 | 22.386 |
| 上市町 | 20,712 | 7,331 | 35.4% | ○ | 72 | 19 | 13 | 6 | 3,729 | 3,748 | 18.096% | 2.0 | 34.762 |
| 立山町 | 26,058 | 8,379 | 32.2% | ○ | 53 | 33 | 25 | 8 | 1,661 | 1,694 | 6.501% | 4.9 | 20.339 |
| 入善町 | 24,860 | 8,659 | 34.8% | ○ | 58 | 67 | 44 | 23 | 2,306 | 2,373 | 9.545% | 3.6 | 23.331 |
| 朝日町 | 12,066 | 5,089 | 42.2% | ○ | 48 | 33 | 18 | 15 | 1,257 | 1,290 | 10.691% | 3.9 | 39.781 |
| 石川県計 | 1,145,948 | 330,174 | 28.8% | 20 | 3,418 | 1,838 | 1,167 | 671 | 114,303 | 116,141 | 10.135% | 2.8 | 29.827 |
| 石川県 | 1,145,948 | 330,174 | 28.8% | ○ | 47 | 4 | 1 | 3 | 2,362 | 2,366 | | | |
| 金沢市 | 453,654 | 118,514 | 26.1% | ○ | 977 | 261 | 181 | 80 | 30,205 | 30,466 | 6.716% | 3.9 | 21.536 |
| 七尾市 | 52,940 | 19,235 | 36.3% | ○ | 156 | 102 | 56 | 46 | 5,104 | 5,206 | 9.834% | 3.7 | 29.467 |
| 小松市 | 108,713 | 30,288 | 27.9% | ○ | 488 | 178 | 143 | 35 | 21,044 | 21,222 | 19.521% | 1.4 | 44.889 |
| 輪島市 | 27,131 | 11,798 | 43.5% | ○ | 147 | 52 | 35 | 17 | 2,794 | 2,846 | 10.490% | 4.1 | 54.182 |
| 珠洲市 | 14,400 | 6,931 | 48.1% | ○ | 61 | 23 | 13 | 10 | 1,669 | 1,692 | 11.750% | 4.1 | 42.361 |
| 加賀市 | 67,221 | 22,728 | 33.8% | ○ | 253 | 339 | 278 | 61 | 7,147 | 7,486 | 11.136% | 3.0 | 37.637 |
| 羽咋市 | 21,703 | 8,307 | 38.3% | ○ | 128 | 60 | 37 | 23 | 3,390 | 3,450 | 15.896% | 2.4 | 58.978 |
| かほく市 | 35,418 | 10,170 | 28.7% | ○ | 130 | 43 | 31 | 12 | 4,334 | 4,377 | 12.358% | 2.3 | 36.705 |
| 白山市 | 113,700 | 30,597 | 26.9% | ○ | 212 | 119 | 48 | 71 | 8,263 | 8,382 | 7.372% | 3.7 | 18.646 |
| 能美市 | 50,306 | 12,645 | 25.1% | ○ | 120 | 79 | 62 | 17 | 5,057 | 5,136 | 10.210% | 2.5 | 23.854 |
| 川北町 | 6,263 | 1,377 | 22.0% | ○ | 2 | 3 | | 3 | 85 | 88 | 1.405% | 15.6 | 3.193 |
| 野々市市 | 52,610 | 10,201 | 19.4% | ○ | 148 | 63 | 40 | 23 | 4,565 | 4,628 | 8.797% | 2.2 | 28.132 |
| 津幡町 | 37,625 | 8,875 | 23.6% | ○ | 192 | 134 | 75 | 59 | 6,838 | 6,972 | 18.530% | 1.3 | 51.030 |
| 内灘町 | 26,759 | 6,976 | 26.1% | ○ | 62 | 177 | 55 | 122 | 2,903 | 3,080 | 11.510% | 2.3 | 23.170 |
| 志賀町 | 20,470 | 8,473 | 41.4% | ○ | 45 | 46 | 32 | 14 | 1,738 | 1,784 | 8.715% | 4.7 | 21.983 |
| 宝達志水町 | 13,201 | 4,864 | 36.8% | ○ | 67 | 50 | 29 | 21 | 1,770 | 1,820 | 13.787% | 2.7 | 50.754 |
| 中能登町 | 18,104 | 6,386 | 35.3% | ○ | 60 | 29 | 22 | 7 | 2,011 | 2,040 | 11.268% | 3.1 | 33.142 |
| 穴水町 | 8,333 | 3,828 | 45.9% | ○ | 45 | 26 | 13 | 13 | 1,057 | 1,083 | 12.997% | 3.5 | 54.002 |
| 能登町 | 17,397 | 7,981 | 45.9% | ○ | 78 | 50 | 16 | 34 | 1,967 | 2,017 | 11.594% | 4.0 | 44.835 |
| 福井県計 | 786,503 | 231,368 | 29.4% | 18 | 4,305 | 1,721 | 885 | 836 | 136,266 | 137,987 | 17.544% | 1.7 | 54.736 |
| 福井県 | 786,503 | 231,368 | 29.4% | ○ | 496 | 136 | 46 | 90 | 21,073 | 21,209 | | | |
| 福井市 | 264,356 | 75,068 | 28.4% | ○ | 1,206 | 626 | 414 | 212 | 38,299 | 38,925 | 14.724% | 1.9 | 45.620 |
| 敦賀市 | 66,016 | 18,359 | 27.8% | ○ | 239 | 179 | 48 | 131 | 11,020 | 11,199 | 16.964% | 1.6 | 36.203 |
| 小浜市 | 29,388 | 9,248 | 31.5% | ○ | 195 | 90 | 50 | 40 | 4,902 | 4,992 | 16.987% | 1.9 | 66.354 |
| 大野市 | 33,519 | 11,779 | 35.1% | ○ | 157 | 49 | 35 | 14 | 4,301 | 4,350 | 12.978% | 2.7 | 46.839 |
| 勝山市 | 23,365 | 8,240 | 35.3% | ○ | 117 | 41 | 28 | 13 | 2,921 | 2,962 | 12.677% | 2.8 | 50.075 |
| 鯖江市 | 69,469 | 18,472 | 26.6% | ○ | 330 | 101 | 56 | 45 | 7,981 | 8,082 | 11.634% | 2.3 | 47.503 |
| あわら市 | 28,263 | 9,212 | 32.6% | ○ | 45 | 19 | 12 | 7 | 1,750 | 1,769 | 6.259% | 5.2 | 15.922 |
| 越前市 | 83,153 | 23,670 | 28.5% | ○ | 318 | 112 | 53 | 59 | 10,378 | 10,490 | 12.615% | 2.3 | 38.243 |
| 坂井市 | 92,004 | 25,226 | 27.4% | ○ | 169 | 64 | 32 | 32 | 6,039 | 6,103 | 6.633% | 4.1 | 18.369 |
| 永平寺町 | 18,670 | 5,667 | 30.4% | ○ | 72 | 72 | 26 | 46 | 2,794 | 2,866 | 15.351% | 2.0 | 38.565 |
| 池田町 | 2,592 | 1,113 | 42.9% | ○ | 19 | 4 | 3 | 1 | 430 | 434 | 16.744% | 2.6 | 73.302 |
| 南越前町 | 10,701 | 3,755 | 35.1% | ○ | 86 | 16 | 9 | 7 | 1,573 | 1,589 | 14.849% | 2.4 | 80.366 |
| 越前町 | 21,661 | 7,189 | 33.2% | ○ | 127 | 34 | 22 | 12 | 3,588 | 3,622 | 16.721% | 2.0 | 58.631 |

| | 総人口 | | 高齢化率 | 市町村窓口 | サポーター講座開催回数 | メイト数 | | | サポーター数 | 合計 サポーター数 (メイト+サポーター数) (※1+※2) | 総人口に占める割合 (メイト+サポーター) | メイト+サポーター1人当たり担当高齢者人口 | 総人口10000人当たりの講座開催回数 |
|-------------|------------------|----------------|--------------|-----------|--------------|--------------|--------------|--------------|----------------|---|--------------------------|-----------------------|---------------------|
| | 65歳以上人口 | | | | | (※1) | 活動メイト数 | 非活動メイト数 | | | | | |
| 美浜町 | 9,579 | 3,467 | 36.2% | ○ | 167 | 52 | 22 | 30 | 4,728 | 4,780 | 49.901% | 0.7 | 174.340 |
| 高浜町 | 10,486 | 3,268 | 31.2% | ○ | 53 | 22 | 13 | 9 | 1,413 | 1,435 | 13.685% | 2.3 | 50.544 |
| おおい町 | 8,293 | 2,559 | 30.9% | ○ | 19 | 13 | 5 | 8 | 424 | 437 | 5.270% | 5.9 | 22.911 |
| 若狭町 | 14,988 | 5,076 | 33.9% | ○ | 490 | 91 | 11 | 80 | 12,652 | 12,743 | 85.021% | 0.4 | 326.928 |
| 山梨県計 | 832,769 | 246,955 | 29.7% | 27 | 3,493 | 1,646 | 1,048 | 598 | 103,856 | 105,502 | 12.669% | 2.3 | 41.944 |
| 山梨県 | 832,769 | 246,955 | 29.7% | ○ | 333 | 22 | 8 | 14 | 13,582 | 13,604 | | | |
| 甲府市 | 188,774 | 54,888 | 29.1% | ○ | 698 | 292 | 174 | 118 | 15,954 | 16,246 | 8.606% | 3.4 | 36.975 |
| 富士吉田市 | 49,150 | 14,186 | 28.9% | ○ | 100 | 62 | 33 | 29 | 4,504 | 4,566 | 9.290% | 3.1 | 20.346 |
| 都留市 | 30,669 | 8,688 | 28.3% | ○ | 160 | 67 | 35 | 32 | 4,621 | 4,688 | 15.286% | 1.9 | 52.170 |
| 山梨市 | 34,980 | 11,432 | 32.7% | ○ | 165 | 112 | 65 | 47 | 5,103 | 5,215 | 14.909% | 2.2 | 47.170 |
| 大月市 | 24,289 | 9,307 | 38.3% | ○ | 80 | 53 | 26 | 27 | 2,297 | 2,350 | 9.675% | 4.0 | 32.937 |
| 韮崎市 | 29,751 | 8,728 | 29.3% | ○ | 134 | 51 | 36 | 15 | 5,032 | 5,083 | 17.085% | 1.7 | 45.041 |
| 南アルプス市 | 71,858 | 19,059 | 26.5% | ○ | 391 | 92 | 75 | 17 | 11,583 | 11,675 | 16.247% | 1.6 | 54.413 |
| 北杜市 | 47,117 | 17,760 | 37.7% | ○ | 246 | 129 | 104 | 25 | 6,928 | 7,057 | 14.978% | 2.5 | 52.210 |
| 甲斐市 | 75,771 | 18,715 | 24.7% | ○ | 210 | 141 | 98 | 43 | 7,243 | 7,384 | 9.745% | 2.5 | 27.715 |
| 笛吹市 | 69,692 | 20,265 | 29.1% | ○ | 192 | 151 | 91 | 60 | 5,716 | 5,867 | 8.418% | 3.5 | 27.550 |
| 上野原市 | 23,370 | 8,198 | 35.1% | ○ | 68 | 45 | 32 | 13 | 2,215 | 2,260 | 9.671% | 3.6 | 29.097 |
| 甲州市 | 31,784 | 10,979 | 34.5% | ○ | 78 | 109 | 53 | 56 | 2,572 | 2,681 | 8.435% | 4.1 | 24.541 |
| 中央市 | 30,898 | 7,480 | 24.2% | ○ | 125 | 62 | 44 | 18 | 2,211 | 2,273 | 7.356% | 3.3 | 40.456 |
| 市川三郷町 | 15,944 | 5,791 | 36.3% | ○ | 149 | 64 | 55 | 9 | 2,817 | 2,881 | 18.069% | 2.0 | 93.452 |
| 早川町 | 1,064 | 497 | 46.7% | | | 6 | | 6 | | 6 | 0.564% | 82.8 | |
| 身延町 | 11,892 | 5,368 | 45.1% | ○ | 88 | 26 | 18 | 8 | 1,945 | 1,971 | 16.574% | 2.7 | 73.999 |
| 南部町 | 7,805 | 3,227 | 41.3% | ○ | 29 | 23 | 18 | 5 | 1,111 | 1,134 | 14.529% | 2.8 | 37.156 |
| 富士川町 | 15,292 | 5,059 | 33.1% | ○ | 78 | 39 | 27 | 12 | 2,138 | 2,177 | 14.236% | 2.3 | 51.007 |
| 昭和町 | 20,227 | 3,758 | 18.6% | ○ | 55 | 16 | 11 | 5 | 2,010 | 2,026 | 10.016% | 1.9 | 27.191 |
| 道志村 | 1,697 | 602 | 35.5% | ○ | 15 | 10 | 6 | 4 | 261 | 271 | 15.969% | 2.2 | 88.391 |
| 西桂町 | 4,334 | 1,230 | 28.4% | ○ | 13 | 8 | 7 | 1 | 552 | 560 | 12.921% | 2.2 | 29.995 |
| 忍野村 | 9,689 | 1,789 | 18.5% | ○ | 11 | 10 | 5 | 5 | 653 | 663 | 6.843% | 2.7 | 11.353 |
| 山中湖村 | 5,817 | 1,727 | 29.7% | ○ | 10 | 8 | 6 | 2 | 170 | 178 | 3.060% | 9.7 | 17.191 |
| 鳴沢村 | 3,154 | 993 | 31.5% | ○ | 2 | 12 | 3 | 9 | 79 | 91 | 2.885% | 10.9 | 6.341 |
| 富士河口湖町 | 26,473 | 6,642 | 25.1% | ○ | 45 | 29 | 14 | 15 | 2,396 | 2,425 | 9.160% | 2.7 | 16.998 |
| 小菅村 | 719 | 325 | 45.2% | ○ | 3 | 4 | 1 | 3 | 56 | 60 | 8.345% | 5.4 | 41.725 |
| 丹波山村 | 559 | 262 | 46.9% | ○ | 15 | 3 | 3 | | 107 | 110 | 19.678% | 2.4 | 268.336 |
| 長野県計 | 2,101,891 | 647,937 | 30.8% | 77 | 7,380 | 4,620 | 2,591 | 2,029 | 212,129 | 216,749 | 10.312% | 3.0 | 35.111 |
| 長野県 | 2,101,891 | 647,937 | 30.8% | ○ | 1 | 25 | 5 | 20 | 16 | 41 | | | |
| 長野市 | 378,025 | 109,906 | 29.1% | ○ | 1,031 | 449 | 291 | 158 | 35,453 | 35,902 | 9.497% | 3.1 | 27.273 |
| 松本市 | 239,635 | 66,160 | 27.6% | ○ | 769 | 349 | 282 | 67 | 24,852 | 25,201 | 10.516% | 2.6 | 32.090 |
| 上田市 | 158,111 | 46,981 | 29.7% | ○ | 481 | 240 | 154 | 86 | 14,809 | 15,049 | 9.518% | 3.1 | 30.422 |
| 岡谷市 | 49,862 | 16,595 | 33.3% | ○ | 245 | 129 | 55 | 74 | 6,713 | 6,842 | 13.722% | 2.4 | 49.136 |
| 飯田市 | 101,848 | 32,185 | 31.6% | ○ | 391 | 158 | 59 | 99 | 11,450 | 11,608 | 11.397% | 2.8 | 38.391 |
| 諏訪市 | 49,829 | 14,946 | 30.0% | ○ | 104 | 108 | 71 | 37 | 3,155 | 3,263 | 6.548% | 4.6 | 20.871 |
| 須坂市 | 50,849 | 15,960 | 31.4% | ○ | 296 | 138 | 94 | 44 | 8,674 | 8,812 | 17.330% | 1.8 | 58.212 |
| 小諸市 | 42,471 | 13,383 | 31.5% | ○ | 64 | 60 | 34 | 26 | 2,203 | 2,263 | 5.328% | 5.9 | 15.069 |
| 伊那市 | 68,310 | 20,789 | 30.4% | ○ | 290 | 357 | 146 | 211 | 6,454 | 6,811 | 9.971% | 3.1 | 42.454 |
| 駒ヶ根市 | 32,828 | 9,945 | 30.3% | ○ | 248 | 118 | 59 | 59 | 6,076 | 6,194 | 18.868% | 1.6 | 75.545 |
| 中野市 | 44,683 | 13,586 | 30.4% | ○ | 202 | 93 | 65 | 28 | 4,680 | 4,773 | 10.682% | 2.8 | 45.207 |
| 大町市 | 27,672 | 10,163 | 36.7% | ○ | 56 | 45 | 16 | 29 | 1,349 | 1,394 | 5.038% | 7.3 | 20.237 |
| 飯山市 | 21,114 | 7,589 | 35.9% | ○ | 170 | 88 | 42 | 46 | 3,951 | 4,039 | 19.129% | 1.9 | 80.515 |
| 茅野市 | 56,011 | 16,657 | 29.7% | ○ | 96 | 113 | 40 | 73 | 3,178 | 3,291 | 5.876% | 5.1 | 17.139 |
| 塩尻市 | 67,379 | 18,782 | 27.9% | ○ | 305 | 105 | 43 | 62 | 7,981 | 8,086 | 12.001% | 2.3 | 45.266 |
| 佐久市 | 99,219 | 29,591 | 29.8% | ○ | 353 | 144 | 77 | 67 | 11,637 | 11,781 | 11.874% | 2.5 | 35.578 |
| 千曲市 | 60,773 | 19,336 | 31.8% | ○ | 157 | 59 | 35 | 24 | 3,717 | 3,776 | 6.213% | 5.1 | 25.834 |
| 東御市 | 30,259 | 9,167 | 30.3% | ○ | 71 | 74 | 52 | 22 | 1,830 | 1,904 | 6.292% | 4.8 | 23.464 |
| 安曇野市 | 97,800 | 29,855 | 30.5% | ○ | 194 | 127 | 83 | 44 | 6,495 | 6,622 | 6.771% | 4.5 | 19.836 |
| 小海町 | 4,650 | 1,840 | 39.6% | ○ | 8 | 7 | 5 | 2 | 788 | 795 | 17.097% | 2.3 | 17.204 |
| 川上村 | 3,952 | 1,240 | 31.4% | ○ | 30 | 25 | 20 | 5 | 500 | 525 | 13.284% | 2.4 | 75.911 |
| 南牧村 | 3,125 | 1,008 | 32.3% | ○ | 9 | 8 | 3 | 5 | 178 | 186 | 5.952% | 5.4 | 28.800 |
| 南相木村 | 1,011 | 415 | 41.0% | ○ | 6 | 3 | 3 | | 111 | 114 | 11.276% | 3.6 | 59.347 |
| 北相木村 | 771 | 282 | 36.6% | ○ | | 3 | | 3 | | 3 | 0.389% | 94.0 | |
| 佐久穂町 | 11,164 | 4,063 | 36.4% | ○ | 102 | 44 | 34 | 10 | 2,730 | 2,774 | 24.848% | 1.5 | 91.365 |

| | 総人口 | | 高齢化率 | 市町村窓口 | サポーター講座開催回数 | メイト数 | | | サポーター数 | 合計サポーター数(メイト+サポーター数)(※1+※2) | 総人口に占める割合(メイト+サポーター) | メイト+サポーター1人当たり担当高齢者人口 | 総人口10000人当たりの講座開催回数 |
|-------------|------------------|----------------|--------------|-----------|--------------|--------------|--------------|------------|----------------|-----------------------------|----------------------|-----------------------|---------------------|
| | 65歳以上人口 | | | | | (※1) | 活動メイト数 | 非活動メイト数 | | | | | |
| 軽井沢町 | 20,389 | 6,391 | 31.3% | ○ | 68 | 72 | 56 | 16 | 1,531 | 1,603 | 7.862% | 4.0 | 33.351 |
| 御代田町 | 15,569 | 4,170 | 26.8% | ○ | 50 | 71 | 28 | 43 | 2,620 | 2,691 | 17.284% | 1.5 | 32.115 |
| 立科町 | 7,314 | 2,574 | 35.2% | ○ | 16 | 31 | 30 | 1 | 290 | 321 | 4.389% | 8.0 | 21.876 |
| 青木村 | 4,398 | 1,646 | 37.4% | ○ | 2 | 8 | 2 | 6 | 64 | 72 | 1.637% | 22.9 | 4.548 |
| 長和町 | 6,124 | 2,515 | 41.1% | ○ | 11 | 12 | 6 | 6 | 574 | 586 | 9.569% | 4.3 | 17.962 |
| 下諏訪町 | 20,243 | 7,500 | 37.0% | ○ | 80 | 65 | 48 | 17 | 2,475 | 2,540 | 12.548% | 3.0 | 39.520 |
| 富士見町 | 14,591 | 4,999 | 34.3% | ○ | 127 | 81 | 74 | 7 | 3,651 | 3,732 | 25.577% | 1.3 | 87.040 |
| 原村 | 8,003 | 2,603 | 32.5% | ○ | 24 | 28 | 12 | 16 | 467 | 495 | 6.185% | 5.3 | 29.989 |
| 辰野町 | 19,703 | 7,128 | 36.2% | ○ | 126 | 91 | 47 | 44 | 2,538 | 2,629 | 13.343% | 2.7 | 63.950 |
| 箕輪町 | 25,050 | 7,239 | 28.9% | ○ | 136 | 135 | 47 | 88 | 3,162 | 3,297 | 13.162% | 2.2 | 54.291 |
| 飯島町 | 9,489 | 3,347 | 35.3% | ○ | 76 | 82 | 23 | 59 | 1,413 | 1,495 | 15.755% | 2.2 | 80.093 |
| 南箕輪村 | 15,496 | 3,630 | 23.4% | ○ | 39 | 137 | 28 | 109 | 1,137 | 1,274 | 8.221% | 2.8 | 25.168 |
| 中川村 | 4,932 | 1,662 | 33.7% | ○ | 33 | 5 | 5 | | 953 | 958 | 19.424% | 1.7 | 66.910 |
| 宮田村 | 9,097 | 2,546 | 28.0% | ○ | 65 | 50 | 27 | 23 | 1,076 | 1,126 | 12.378% | 2.3 | 71.452 |
| 松川町 | 13,272 | 4,298 | 32.4% | ○ | 65 | 21 | 14 | 7 | 2,558 | 2,579 | 19.432% | 1.7 | 48.975 |
| 高森町 | 13,148 | 4,047 | 30.8% | ○ | 23 | 8 | 7 | 1 | 1,043 | 1,051 | 7.994% | 3.9 | 17.493 |
| 阿南町 | 4,638 | 1,995 | 43.0% | ○ | 27 | 5 | 5 | | 565 | 570 | 12.290% | 3.5 | 58.215 |
| 阿智村 | 6,442 | 2,183 | 33.9% | ○ | 29 | 3 | 2 | 1 | 750 | 753 | 11.689% | 2.9 | 45.017 |
| 平谷村 | 414 | 148 | 35.7% | ○ | | | | | | | | | |
| 根羽村 | 912 | 470 | 51.5% | ○ | 1 | | | | 60 | 60 | 6.579% | 7.8 | 10.965 |
| 下條村 | 3,775 | 1,266 | 33.5% | ○ | 3 | | | | 168 | 168 | 4.450% | 7.5 | 7.947 |
| 売木村 | 554 | 254 | 45.8% | ○ | 1 | | | | 40 | 40 | 7.220% | 6.4 | 18.051 |
| 天龍村 | 1,290 | 780 | 60.5% | ○ | 10 | | | | 186 | 186 | 14.419% | 4.2 | 77.519 |
| 泰阜村 | 1,633 | 655 | 40.1% | ○ | | | | | | | | | |
| 喬木村 | 6,393 | 2,182 | 34.1% | ○ | 8 | 5 | 5 | | 446 | 451 | 7.055% | 4.8 | 12.514 |
| 豊丘村 | 6,732 | 2,124 | 31.6% | ○ | 36 | 36 | 22 | 14 | 1,273 | 1,309 | 19.444% | 1.6 | 53.476 |
| 大鹿村 | 1,008 | 481 | 47.7% | ○ | 2 | 1 | | 1 | 174 | 175 | 17.361% | 2.7 | 19.841 |
| 上松町 | 4,540 | 1,883 | 41.5% | ○ | 32 | 38 | 14 | 24 | 426 | 464 | 10.220% | 4.1 | 70.485 |
| 南木曾町 | 4,138 | 1,741 | 42.1% | ○ | 29 | 5 | 4 | 1 | 1,203 | 1,208 | 29.193% | 1.4 | 70.082 |
| 木祖村 | 2,913 | 1,217 | 41.8% | ○ | 9 | 4 | 3 | 1 | 261 | 265 | 9.097% | 4.6 | 30.896 |
| 王滝村 | 761 | 317 | 41.7% | ○ | 2 | 4 | | 4 | 62 | 66 | 8.673% | 4.8 | 26.281 |
| 大桑村 | 3,735 | 1,571 | 42.1% | ○ | 54 | 60 | 45 | 15 | 968 | 1,028 | 27.523% | 1.5 | 144.578 |
| 木曾町 | 11,169 | 4,532 | 40.6% | ○ | 24 | 8 | 7 | 1 | 511 | 519 | 4.647% | 8.7 | 21.488 |
| 麻績村 | 2,753 | 1,199 | 43.6% | ○ | 16 | 6 | 1 | 5 | 360 | 366 | 13.295% | 3.3 | 58.118 |
| 生坂村 | 1,754 | 727 | 41.4% | ○ | 5 | 3 | 3 | | 114 | 117 | 6.670% | 6.2 | 28.506 |
| 山形村 | 8,772 | 2,401 | 27.4% | ○ | 34 | 19 | 15 | 4 | 487 | 506 | 5.768% | 4.7 | 38.760 |
| 朝日村 | 4,589 | 1,395 | 30.4% | ○ | 13 | 35 | 8 | 27 | 389 | 424 | 9.239% | 3.3 | 28.329 |
| 筑北村 | 4,576 | 2,008 | 43.9% | ○ | 4 | 7 | 6 | 1 | 217 | 224 | 4.895% | 9.0 | 8.741 |
| 池田町 | 9,839 | 3,778 | 38.4% | ○ | 59 | 36 | 33 | 3 | 920 | 956 | 9.716% | 4.0 | 59.965 |
| 松川村 | 9,762 | 3,158 | 32.3% | ○ | 51 | 30 | 21 | 9 | 1,174 | 1,204 | 12.334% | 2.6 | 52.243 |
| 白馬村 | 9,447 | 2,685 | 28.4% | ○ | 41 | 26 | 16 | 10 | 907 | 933 | 9.876% | 2.9 | 43.400 |
| 小谷村 | 2,981 | 1,106 | 37.1% | ○ | 25 | 13 | 12 | 1 | 398 | 411 | 13.787% | 2.7 | 83.864 |
| 坂城町 | 15,074 | 5,186 | 34.4% | ○ | 17 | 66 | 8 | 58 | 452 | 518 | 3.436% | 10.0 | 11.278 |
| 小布施町 | 11,005 | 3,692 | 33.5% | ○ | 10 | 28 | 13 | 15 | 317 | 345 | 3.135% | 10.7 | 9.087 |
| 高山村 | 7,109 | 2,390 | 33.6% | ○ | 7 | 32 | 23 | 9 | 267 | 299 | 4.206% | 8.0 | 9.847 |
| 山ノ内町 | 12,516 | 4,924 | 39.3% | ○ | 20 | 25 | 15 | 10 | 454 | 479 | 3.827% | 10.3 | 15.980 |
| 木島平村 | 4,766 | 1,769 | 37.1% | ○ | 21 | 26 | 18 | 8 | 381 | 407 | 8.540% | 4.3 | 44.062 |
| 野沢温泉村 | 3,730 | 1,288 | 34.5% | ○ | 1 | 4 | | 4 | 105 | 109 | 2.922% | 11.8 | 2.681 |
| 信濃町 | 8,432 | 3,437 | 40.8% | ○ | 43 | 45 | 19 | 26 | 873 | 918 | 10.887% | 3.7 | 50.996 |
| 小川村 | 2,537 | 1,146 | 45.2% | | | | | | | | | | |
| 飯綱町 | 11,179 | 4,203 | 37.6% | ○ | 121 | 71 | 43 | 28 | 2,611 | 2,682 | 23.991% | 1.6 | 108.239 |
| 栄村 | 1,854 | 927 | 50.0% | ○ | 5 | 13 | 8 | 5 | 78 | 91 | 4.908% | 10.2 | 26.969 |
| 岐阜県計 | 2,044,114 | 597,015 | 29.2% | 43 | 5,947 | 2,791 | 1,817 | 974 | 195,453 | 198,244 | 9.698% | 3.0 | 29.093 |
| 岐阜県 | 2,044,114 | 597,015 | 29.2% | ○ | 120 | 13 | 11 | 2 | 9,096 | 9,109 | | | |
| 岐阜市 | 409,900 | 115,989 | 28.3% | ○ | 1,128 | 439 | 295 | 144 | 33,949 | 34,388 | 8.389% | 3.4 | 27.519 |
| 大垣市 | 161,539 | 43,519 | 26.9% | ○ | 387 | 291 | 170 | 121 | 14,954 | 15,245 | 9.437% | 2.9 | 23.957 |
| 高山市 | 88,482 | 28,303 | 32.0% | ○ | 199 | 96 | 49 | 47 | 6,235 | 6,331 | 7.155% | 4.5 | 22.490 |
| 多治見市 | 111,090 | 32,847 | 29.6% | ○ | 344 | 77 | 47 | 30 | 8,806 | 8,883 | 7.996% | 3.7 | 30.966 |
| 関市 | 89,024 | 25,792 | 29.0% | ○ | 286 | 147 | 133 | 14 | 9,628 | 9,775 | 10.980% | 2.6 | 32.126 |
| 中津川市 | 78,950 | 25,081 | 31.8% | ○ | 349 | 152 | 99 | 53 | 9,005 | 9,157 | 11.598% | 2.7 | 44.205 |

| | 総人口 | | 高齢化率 | 市町村窓口 | サポーター講座開催回数 | メイト数 | | | サポーター数 | 合計 サポーター数 (メイト+サポーター数) (※1+※2) | 総人口に占める割合 (メイト+サポーター) | メイト+サポーター1人当たり 担当高齢者人口 | 総人口10000人当たりの講座開催回数 |
|-------|-----------|-----------|-------|-------|-------------|-------|--------|---------|---------|---|--------------------------|---------------------------|---------------------|
| | 65歳以上人口 | | | | | (※1) | 活動メイト数 | 非活動メイト数 | | | | | |
| 美濃市 | 20,752 | 7,143 | 34.4% | ○ | 34 | 39 | 18 | 21 | 1,142 | 1,181 | 5.691% | 6.0 | 16.384 |
| 瑞浪市 | 37,705 | 11,545 | 30.6% | ○ | 167 | 47 | 33 | 14 | 4,466 | 4,513 | 11.969% | 2.6 | 44.291 |
| 羽島市 | 67,957 | 18,215 | 26.8% | ○ | 68 | 30 | 25 | 5 | 2,641 | 2,671 | 3.930% | 6.8 | 10.006 |
| 恵那市 | 50,463 | 17,077 | 33.8% | ○ | 240 | 138 | 89 | 49 | 5,862 | 6,000 | 11.890% | 2.8 | 47.560 |
| 美濃加茂市 | 56,987 | 12,909 | 22.7% | ○ | 247 | 93 | 72 | 21 | 8,362 | 8,455 | 14.837% | 1.5 | 43.343 |
| 土岐市 | 58,567 | 18,429 | 31.5% | ○ | 116 | 73 | 34 | 39 | 3,302 | 3,375 | 5.763% | 5.5 | 19.806 |
| 各務原市 | 148,225 | 40,975 | 27.6% | ○ | 465 | 171 | 96 | 75 | 22,855 | 23,026 | 15.534% | 1.8 | 31.371 |
| 可児市 | 102,175 | 27,467 | 26.9% | ○ | 218 | 94 | 74 | 20 | 8,117 | 8,211 | 8.036% | 3.3 | 21.336 |
| 山県市 | 27,356 | 9,109 | 33.3% | ○ | 72 | 54 | 35 | 19 | 1,858 | 1,912 | 6.989% | 4.8 | 26.320 |
| 瑞穂市 | 54,686 | 11,436 | 20.9% | ○ | 94 | 76 | 61 | 15 | 3,585 | 3,661 | 6.695% | 3.1 | 17.189 |
| 飛騨市 | 24,272 | 9,328 | 38.4% | ○ | 39 | 37 | 22 | 15 | 1,310 | 1,347 | 5.550% | 6.9 | 16.068 |
| 本巣市 | 34,412 | 10,087 | 29.3% | ○ | 73 | 27 | 18 | 9 | 2,371 | 2,398 | 6.968% | 4.2 | 21.214 |
| 郡上市 | 41,933 | 14,834 | 35.4% | ○ | 172 | 55 | 40 | 15 | 4,226 | 4,281 | 10.209% | 3.5 | 41.018 |
| 下呂市 | 32,576 | 12,599 | 38.7% | ○ | 96 | 49 | 36 | 13 | 2,450 | 2,499 | 7.671% | 5.0 | 29.470 |
| 海津市 | 34,684 | 11,082 | 32.0% | ○ | 100 | 56 | 47 | 9 | 3,340 | 3,396 | 9.791% | 3.3 | 28.832 |
| 岐南町 | 25,685 | 5,679 | 22.1% | ○ | 40 | 33 | 27 | 6 | 2,002 | 2,035 | 7.923% | 2.8 | 15.573 |
| 笠松町 | 22,273 | 6,072 | 27.3% | ○ | 72 | 54 | 15 | 39 | 1,622 | 1,676 | 7.525% | 3.6 | 32.326 |
| 養老町 | 29,121 | 9,173 | 31.5% | ○ | 89 | 15 | 10 | 5 | 2,921 | 2,936 | 10.082% | 3.1 | 30.562 |
| 垂井町 | 27,467 | 8,151 | 29.7% | ○ | 40 | 40 | 23 | 17 | 1,479 | 1,519 | 5.530% | 5.4 | 14.563 |
| 関ヶ原町 | 7,087 | 2,706 | 38.2% | ○ | 19 | 15 | 10 | 5 | 738 | 753 | 10.625% | 3.6 | 26.810 |
| 神戸町 | 19,345 | 6,013 | 31.1% | ○ | 35 | 10 | 6 | 4 | 1,787 | 1,797 | 9.289% | 3.3 | 18.093 |
| 輪之内町 | 9,787 | 2,419 | 24.7% | ○ | 21 | 13 | 7 | 6 | 1,102 | 1,115 | 11.393% | 2.2 | 21.457 |
| 安八町 | 15,076 | 4,103 | 27.2% | ○ | 70 | 14 | 8 | 6 | 1,545 | 1,559 | 10.341% | 2.6 | 46.431 |
| 揖斐川町 | 21,274 | 7,943 | 37.3% | ○ | 124 | 68 | 51 | 17 | 3,304 | 3,372 | 15.850% | 2.4 | 58.287 |
| 大野町 | 23,139 | 6,434 | 27.8% | ○ | 39 | 31 | 24 | 7 | 834 | 865 | 3.738% | 7.4 | 16.855 |
| 池田町 | 24,012 | 6,625 | 27.6% | ○ | 64 | 16 | 9 | 7 | 2,528 | 2,544 | 10.595% | 2.6 | 26.653 |
| 北方町 | 18,442 | 4,396 | 23.8% | ○ | 34 | 14 | 10 | 4 | 1,187 | 1,201 | 6.512% | 3.7 | 18.436 |
| 坂祝町 | 8,253 | 2,143 | 26.0% | ○ | 35 | 64 | 37 | 27 | 1,292 | 1,356 | 16.430% | 1.6 | 42.409 |
| 富加町 | 5,714 | 1,701 | 29.8% | ○ | 30 | 10 | 7 | 3 | 757 | 767 | 13.423% | 2.2 | 52.503 |
| 川辺町 | 10,304 | 3,208 | 31.1% | ○ | 28 | 13 | 9 | 4 | 480 | 493 | 4.785% | 6.5 | 27.174 |
| 七宗町 | 3,799 | 1,690 | 44.5% | ○ | 22 | 20 | 13 | 7 | 418 | 438 | 11.529% | 3.9 | 57.910 |
| 八百津町 | 11,034 | 4,188 | 38.0% | ○ | 41 | 38 | 18 | 20 | 954 | 992 | 8.990% | 4.2 | 37.158 |
| 白川町 | 8,289 | 3,556 | 42.9% | ○ | 70 | 14 | 6 | 8 | 1,366 | 1,380 | 16.649% | 2.6 | 84.449 |
| 東白川村 | 2,277 | 957 | 42.0% | ○ | 8 | 36 | 12 | 24 | 372 | 408 | 17.918% | 2.3 | 35.134 |
| 御嵩町 | 18,371 | 5,580 | 30.4% | ○ | 50 | 16 | 10 | 6 | 1,177 | 1,193 | 6.494% | 4.7 | 27.217 |
| 白川村 | 1,630 | 512 | 31.4% | ○ | 2 | 3 | 1 | 2 | 28 | 31 | 1.902% | 16.5 | 12.270 |
| 静岡県計 | 3,726,537 | 1,079,054 | 29.0% | 36 | 10,110 | 3,579 | 2,763 | 816 | 345,356 | 348,935 | 9.364% | 3.1 | 27.130 |
| 静岡県 | 3,726,537 | 1,079,054 | 29.0% | ○ | 11 | 1 | 1 | | 1,473 | 1,474 | | | |
| 静岡市 | 702,395 | 209,306 | 29.8% | ○ | 1,642 | 226 | 168 | 58 | 57,668 | 57,894 | 8.242% | 3.6 | 23.377 |
| 浜松市 | 804,780 | 218,469 | 27.1% | ○ | 1,328 | 332 | 266 | 66 | 51,009 | 51,341 | 6.380% | 4.3 | 16.501 |
| 沼津市 | 195,986 | 60,363 | 30.8% | ○ | 674 | 338 | 284 | 54 | 23,493 | 23,831 | 12.160% | 2.5 | 34.390 |
| 熱海市 | 37,042 | 17,374 | 46.9% | ○ | 83 | 51 | 37 | 14 | 2,186 | 2,237 | 6.039% | 7.8 | 22.407 |
| 三島市 | 110,352 | 31,535 | 28.6% | ○ | 315 | 153 | 110 | 43 | 8,437 | 8,590 | 7.784% | 3.7 | 28.545 |
| 富士宮市 | 132,961 | 37,698 | 28.4% | ○ | 527 | 415 | 267 | 148 | 18,857 | 19,272 | 14.494% | 2.0 | 39.636 |
| 伊東市 | 69,215 | 28,665 | 41.4% | ○ | 283 | 94 | 75 | 19 | 9,698 | 9,792 | 14.147% | 2.9 | 40.887 |
| 島田市 | 98,757 | 30,135 | 30.5% | ○ | 358 | 156 | 131 | 25 | 12,432 | 12,588 | 12.746% | 2.4 | 36.251 |
| 富士市 | 254,110 | 68,831 | 27.1% | ○ | 832 | 391 | 315 | 76 | 22,746 | 23,137 | 9.105% | 3.0 | 32.742 |
| 磐田市 | 170,038 | 46,949 | 27.6% | ○ | 416 | 120 | 113 | 7 | 16,941 | 17,061 | 10.034% | 2.8 | 24.465 |
| 焼津市 | 139,876 | 40,508 | 29.0% | ○ | 270 | 142 | 79 | 63 | 10,775 | 10,917 | 7.805% | 3.7 | 19.303 |
| 掛川市 | 117,931 | 31,360 | 26.6% | ○ | 266 | 106 | 78 | 28 | 9,084 | 9,190 | 7.793% | 3.4 | 22.556 |
| 藤枝市 | 145,550 | 42,488 | 29.2% | ○ | 479 | 134 | 104 | 30 | 17,709 | 17,843 | 12.259% | 2.4 | 32.910 |
| 御殿場市 | 88,856 | 21,408 | 24.1% | ○ | 187 | 88 | 52 | 36 | 9,537 | 9,625 | 10.832% | 2.2 | 21.045 |
| 袋井市 | 88,234 | 20,671 | 23.4% | ○ | 362 | 100 | 79 | 21 | 10,351 | 10,451 | 11.845% | 2.0 | 41.027 |
| 下田市 | 21,748 | 8,865 | 40.8% | ○ | 99 | 46 | 31 | 15 | 1,841 | 1,887 | 8.677% | 4.7 | 45.521 |
| 裾野市 | 52,001 | 13,399 | 25.8% | ○ | 167 | 51 | 41 | 10 | 5,807 | 5,858 | 11.265% | 2.3 | 32.115 |
| 湖西市 | 59,678 | 16,188 | 27.1% | ○ | 131 | 52 | 38 | 14 | 5,060 | 5,112 | 8.566% | 3.2 | 21.951 |
| 伊豆市 | 30,952 | 12,133 | 39.2% | ○ | 134 | 65 | 53 | 12 | 3,534 | 3,599 | 11.628% | 3.4 | 43.293 |
| 御前崎市 | 32,733 | 9,487 | 29.0% | ○ | 176 | 38 | 36 | 2 | 4,308 | 4,346 | 13.277% | 2.2 | 53.768 |
| 菊川市 | 48,275 | 12,744 | 26.4% | ○ | 145 | 52 | 48 | 4 | 3,879 | 3,931 | 8.143% | 3.2 | 30.036 |
| 伊豆の国市 | 48,860 | 15,829 | 32.4% | ○ | 303 | 136 | 101 | 35 | 10,890 | 11,026 | 22.567% | 1.4 | 62.014 |

| | 総人口 | | 高齢化率 | 市町村窓口 | サポーター講座開催回数 | メイト数 | | | サポーター数 | 合計 サポーター数 (メイト+サポーター数) (※1+※2) | 総人口に占める割合 (メイト+サポーター) | メイト+サポーター1人当たり 担当 高齢者人口 | 総人口10000人当たりの 講座 開催回数 |
|-------------|------------------|------------------|--------------|-----------|---------------|--------------|--------------|--------------|----------------|---|--------------------------|-------------------------------|-----------------------------|
| | 65歳以上人口 | メイト数 (※1) | | | | 活動 メイト数 | 非活動 メイト数 | | | | | | |
| 牧之原市 | 45,990 | 13,864 | 30.1% | ○ | 134 | 49 | 43 | 6 | 4,104 | 4,153 | 9.030% | 3.3 | 29.137 |
| 東伊豆町 | 12,277 | 5,465 | 44.5% | ○ | 112 | 22 | 21 | 1 | 3,444 | 3,466 | 28.232% | 1.6 | 91.227 |
| 河津町 | 7,287 | 2,997 | 41.1% | ○ | 38 | 19 | 16 | 3 | 1,050 | 1,069 | 14.670% | 2.8 | 52.148 |
| 南伊豆町 | 8,321 | 3,763 | 45.2% | ○ | 29 | 13 | 13 | | 783 | 796 | 9.566% | 4.7 | 34.852 |
| 松崎町 | 6,698 | 3,042 | 45.4% | ○ | 24 | 12 | 12 | | 553 | 565 | 8.435% | 5.4 | 35.832 |
| 西伊豆町 | 7,954 | 3,886 | 48.9% | ○ | 38 | 19 | 19 | | 778 | 797 | 10.020% | 4.9 | 47.775 |
| 函南町 | 37,758 | 11,740 | 31.1% | ○ | 84 | 31 | 27 | 4 | 2,833 | 2,864 | 7.585% | 4.1 | 22.247 |
| 清水町 | 32,596 | 8,251 | 25.3% | ○ | 79 | 33 | 29 | 4 | 1,991 | 2,024 | 6.209% | 4.1 | 24.236 |
| 長泉町 | 43,558 | 9,466 | 21.7% | ○ | 89 | 44 | 38 | 6 | 3,370 | 3,414 | 7.838% | 2.8 | 20.433 |
| 小山町 | 18,781 | 5,470 | 29.1% | ○ | 100 | 9 | 8 | 1 | 2,609 | 2,618 | 13.940% | 2.1 | 53.245 |
| 吉田町 | 29,684 | 7,316 | 24.6% | ○ | 36 | 21 | 12 | 9 | 1,451 | 1,472 | 4.959% | 5.0 | 12.128 |
| 川根本町 | 6,863 | 3,304 | 48.1% | ○ | 60 | 5 | 4 | 1 | 1,855 | 1,860 | 27.102% | 1.8 | 87.425 |
| 森町 | 18,440 | 6,085 | 33.0% | ○ | 99 | 15 | 14 | 1 | 2,820 | 2,835 | 15.374% | 2.1 | 53.688 |
| 愛知県計 | 7,565,309 | 1,856,798 | 24.5% | 55 | 18,499 | 5,454 | 3,931 | 1,523 | 608,844 | 614,298 | 8.120% | 3.0 | 24.452 |
| 愛知県 | 7,565,309 | 1,856,798 | 24.5% | ○ | 84 | 74 | 33 | 41 | 16,724 | 16,798 | | | |
| 名古屋市 | 2,294,362 | 566,393 | 24.7% | ○ | 6,334 | 1,294 | 1,069 | 225 | 139,155 | 140,449 | 6.121% | 4.0 | 27.607 |
| 豊橋市 | 377,303 | 94,599 | 25.1% | ○ | 1,189 | 313 | 164 | 149 | 39,542 | 39,855 | 10.563% | 2.4 | 31.513 |
| 岡崎市 | 387,842 | 88,185 | 22.7% | ○ | 746 | 186 | 134 | 52 | 28,726 | 28,912 | 7.455% | 3.1 | 19.235 |
| 一宮市 | 385,609 | 102,127 | 26.5% | ○ | 555 | 109 | 95 | 14 | 28,175 | 28,284 | 7.335% | 3.6 | 14.393 |
| 瀬戸市 | 129,754 | 37,996 | 29.3% | ○ | 154 | 69 | 52 | 17 | 4,742 | 4,811 | 3.708% | 7.9 | 11.869 |
| 半田市 | 119,897 | 28,516 | 23.8% | ○ | 275 | 104 | 85 | 19 | 8,693 | 8,797 | 7.337% | 3.2 | 22.936 |
| 春日井市 | 312,007 | 79,503 | 25.5% | ○ | 492 | 252 | 181 | 71 | 16,670 | 16,922 | 5.424% | 4.7 | 15.769 |
| 豊川市 | 186,454 | 47,766 | 25.6% | ○ | 547 | 149 | 120 | 29 | 13,066 | 13,215 | 7.088% | 3.6 | 29.337 |
| 津島市 | 62,734 | 17,964 | 28.6% | ○ | 144 | 44 | 33 | 11 | 6,198 | 6,242 | 9.950% | 2.9 | 22.954 |
| 碧南市 | 73,083 | 16,946 | 23.2% | ○ | 151 | 39 | 35 | 4 | 5,351 | 5,390 | 7.375% | 3.1 | 20.661 |
| 刈谷市 | 151,778 | 30,233 | 19.9% | ○ | 205 | 64 | 45 | 19 | 9,448 | 9,512 | 6.267% | 3.2 | 13.507 |
| 豊田市 | 425,755 | 96,919 | 22.8% | ○ | 967 | 365 | 267 | 98 | 28,233 | 28,598 | 6.717% | 3.4 | 22.713 |
| 安城市 | 189,157 | 38,996 | 20.6% | ○ | 321 | 69 | 40 | 29 | 11,605 | 11,674 | 6.172% | 3.3 | 16.970 |
| 西尾市 | 172,278 | 42,726 | 24.8% | ○ | 307 | 75 | 61 | 14 | 10,654 | 10,729 | 6.228% | 4.0 | 17.820 |
| 蒲郡市 | 80,531 | 23,391 | 29.0% | ○ | 221 | 87 | 57 | 30 | 7,451 | 7,538 | 9.360% | 3.1 | 27.443 |
| 犬山市 | 74,175 | 21,282 | 28.7% | ○ | 198 | 49 | 39 | 10 | 5,875 | 5,924 | 7.987% | 3.6 | 26.694 |
| 常滑市 | 59,037 | 15,034 | 25.5% | ○ | 147 | 67 | 37 | 30 | 5,673 | 5,740 | 9.723% | 2.6 | 24.900 |
| 江南市 | 100,639 | 27,438 | 27.3% | ○ | 232 | 90 | 44 | 46 | 8,990 | 9,080 | 9.022% | 3.0 | 23.053 |
| 小牧市 | 152,971 | 36,933 | 24.1% | ○ | 500 | 105 | 55 | 50 | 19,904 | 20,009 | 13.080% | 1.8 | 32.686 |
| 稲沢市 | 137,069 | 36,774 | 26.8% | ○ | 148 | 53 | 40 | 13 | 4,209 | 4,262 | 3.109% | 8.6 | 10.797 |
| 新城市 | 46,761 | 16,129 | 34.5% | ○ | 89 | 33 | 20 | 13 | 2,397 | 2,430 | 5.197% | 6.6 | 19.033 |
| 東海市 | 114,955 | 25,214 | 21.9% | ○ | 199 | 66 | 37 | 29 | 8,405 | 8,471 | 7.369% | 3.0 | 17.311 |
| 大府市 | 92,356 | 19,623 | 21.2% | ○ | 396 | 148 | 107 | 41 | 13,533 | 13,681 | 14.813% | 1.4 | 42.878 |
| 知多市 | 85,380 | 23,105 | 27.1% | ○ | 148 | 54 | 39 | 15 | 7,017 | 7,071 | 8.282% | 3.3 | 17.334 |
| 知立市 | 72,459 | 14,219 | 19.6% | ○ | 110 | 43 | 33 | 10 | 7,421 | 7,464 | 10.301% | 1.9 | 15.181 |
| 尾張旭市 | 83,504 | 21,297 | 25.5% | ○ | 153 | 63 | 49 | 14 | 7,977 | 8,040 | 9.628% | 2.6 | 18.322 |
| 高浜市 | 48,579 | 9,187 | 18.9% | ○ | 220 | 91 | 86 | 5 | 8,857 | 8,948 | 18.419% | 1.0 | 45.287 |
| 岩倉市 | 48,058 | 12,043 | 25.1% | ○ | 190 | 66 | 48 | 18 | 7,402 | 7,468 | 15.540% | 1.6 | 39.536 |
| 豊明市 | 68,828 | 17,669 | 25.7% | ○ | 150 | 99 | 72 | 27 | 7,316 | 7,415 | 10.773% | 2.4 | 21.793 |
| 日進市 | 90,772 | 18,053 | 19.9% | ○ | 194 | 116 | 40 | 76 | 6,020 | 6,136 | 6.760% | 2.9 | 21.372 |
| 田原市 | 62,452 | 16,902 | 27.1% | ○ | 186 | 70 | 40 | 30 | 5,367 | 5,437 | 8.706% | 3.1 | 29.783 |
| 愛西市 | 63,247 | 19,446 | 30.7% | ○ | 61 | 36 | 31 | 5 | 2,238 | 2,274 | 3.595% | 8.6 | 9.645 |
| 清須市 | 69,064 | 16,084 | 23.3% | ○ | 231 | 149 | 98 | 51 | 8,218 | 8,367 | 12.115% | 1.9 | 33.447 |
| 北名古屋市 | 86,142 | 20,543 | 23.8% | ○ | 272 | 67 | 54 | 13 | 13,627 | 13,694 | 15.897% | 1.5 | 31.576 |
| 弥富市 | 44,449 | 11,366 | 25.6% | ○ | 83 | 25 | 14 | 11 | 4,981 | 5,006 | 11.262% | 2.3 | 18.673 |
| みよし市 | 61,272 | 10,781 | 17.6% | ○ | 245 | 103 | 55 | 48 | 17,399 | 17,502 | 28.564% | 0.6 | 39.986 |
| あま市 | 88,913 | 23,210 | 26.1% | ○ | 255 | 56 | 30 | 26 | 10,424 | 10,480 | 11.787% | 2.2 | 28.680 |
| 東郷町 | 43,722 | 9,733 | 22.3% | ○ | 126 | 41 | 24 | 17 | 3,437 | 3,478 | 7.955% | 2.8 | 28.818 |
| 長久手市 | 58,452 | 9,530 | 16.3% | ○ | 175 | 103 | 87 | 16 | 11,581 | 11,684 | 19.989% | 0.8 | 29.939 |
| 豊山町 | 15,776 | 3,482 | 22.1% | ○ | 84 | 36 | 26 | 10 | 3,897 | 3,933 | 24.930% | 0.9 | 53.245 |
| 大口町 | 24,120 | 5,422 | 22.5% | ○ | 48 | 29 | 9 | 20 | 2,326 | 2,355 | 9.764% | 2.3 | 19.900 |
| 扶桑町 | 34,783 | 9,186 | 26.4% | ○ | 107 | 37 | 33 | 4 | 3,115 | 3,152 | 9.062% | 2.9 | 30.762 |
| 大治町 | 32,636 | 6,771 | 20.7% | ○ | 102 | 13 | 12 | 1 | 2,934 | 2,947 | 9.030% | 2.3 | 31.254 |
| 蟹江町 | 37,700 | 9,383 | 24.9% | ○ | 60 | 27 | 24 | 3 | 2,054 | 2,081 | 5.520% | 4.5 | 15.915 |
| 飛島村 | 4,764 | 1,343 | 28.2% | ○ | 3 | 7 | 2 | 5 | 125 | 132 | 2.771% | 10.2 | 6.297 |

| | 総人口 | | 高齢化率 | 市町村窓口 | サポーター講座開催回数 | メイト数 | | | サポーター数 | 合計サポーター数(メイト+サポーター数)(※1+※2) | 総人口に占める割合(メイト+サポーター) | メイト+サポーター1人当たりの高齢者人口 | 総人口10000人当たりの講座開催回数 |
|-------------|------------------|----------------|--------------|-----------|--------------|--------------|--------------|--------------|----------------|-----------------------------|----------------------|----------------------|---------------------|
| | 65歳以上人口 | メイト数(※1) | | | | 活動メイト数 | 非活動メイト数 | | | | | | |
| 阿久比町 | 28,767 | 7,310 | 25.4% | ○ | 39 | 20 | 14 | 6 | 1,505 | 1,525 | 5.301% | 4.8 | 13.557 |
| 東浦町 | 50,075 | 12,650 | 25.3% | ○ | 230 | 49 | 40 | 9 | 7,518 | 7,567 | 15.111% | 1.7 | 45.931 |
| 南知多町 | 18,126 | 6,593 | 36.4% | ○ | 36 | 37 | 34 | 3 | 1,172 | 1,209 | 6.670% | 5.5 | 19.861 |
| 美浜町 | 22,114 | 6,710 | 30.3% | ○ | 113 | 25 | 24 | 1 | 3,674 | 3,699 | 16.727% | 1.8 | 51.099 |
| 武豊町 | 43,530 | 10,799 | 24.8% | ○ | 92 | 35 | 26 | 9 | 3,204 | 3,239 | 7.441% | 3.3 | 21.135 |
| 幸田町 | 41,947 | 8,799 | 21.0% | ○ | 112 | 22 | 17 | 5 | 3,190 | 3,212 | 7.657% | 2.7 | 26.700 |
| 設楽町 | 4,838 | 2,374 | 49.1% | ○ | 21 | 9 | 4 | 5 | 327 | 336 | 6.945% | 7.1 | 43.406 |
| 東栄町 | 3,214 | 1,590 | 49.5% | ○ | 49 | 18 | 14 | 4 | 1,020 | 1,038 | 32.296% | 1.5 | 152.458 |
| 豊根村 | 1,119 | 531 | 47.5% | ○ | 3 | 4 | 2 | 2 | 82 | 86 | 7.685% | 6.2 | 26.810 |
| 三重県計 | 1,824,637 | 526,308 | 28.8% | 30 | 6,026 | 2,682 | 1,525 | 1,157 | 186,320 | 189,002 | 10.358% | 2.8 | 33.026 |
| 三重県 | 1,824,637 | 526,308 | 28.8% | ○ | 326 | 49 | 23 | 26 | 17,782 | 17,831 | | | |
| 津市 | 279,802 | 80,775 | 28.9% | ○ | 450 | 210 | 141 | 69 | 12,578 | 12,788 | 4.570% | 6.3 | 16.083 |
| 四日市市 | 312,168 | 79,612 | 25.5% | ○ | 853 | 369 | 189 | 180 | 25,193 | 25,562 | 8.189% | 3.1 | 27.325 |
| 伊勢市 | 126,573 | 39,234 | 31.0% | ○ | 311 | 168 | 97 | 71 | 9,556 | 9,724 | 7.683% | 4.0 | 24.571 |
| 松阪市 | 164,568 | 47,759 | 29.0% | ○ | 929 | 229 | 139 | 90 | 24,767 | 24,996 | 15.189% | 1.9 | 56.451 |
| 桑名市 | 142,457 | 36,901 | 25.9% | ○ | 478 | 189 | 135 | 54 | 16,183 | 16,372 | 11.493% | 2.3 | 33.554 |
| 鈴鹿市 | 200,388 | 48,931 | 24.4% | ○ | 437 | 222 | 139 | 83 | 17,192 | 17,414 | 8.690% | 2.8 | 21.808 |
| 名張市 | 78,896 | 25,186 | 31.9% | ○ | 344 | 149 | 106 | 43 | 10,057 | 10,206 | 12.936% | 2.5 | 43.602 |
| 尾鷲市 | 17,924 | 7,668 | 42.8% | ○ | 100 | 36 | 23 | 13 | 2,347 | 2,383 | 13.295% | 3.2 | 55.791 |
| 亀山市 | 49,657 | 13,077 | 26.3% | ○ | 98 | 56 | 34 | 22 | 2,898 | 2,954 | 5.949% | 4.4 | 19.735 |
| 鳥羽市 | 18,875 | 6,931 | 36.7% | ○ | 75 | 40 | 15 | 25 | 1,630 | 1,670 | 8.848% | 4.2 | 39.735 |
| 熊野市 | 17,077 | 7,288 | 42.7% | ○ | 82 | 27 | 12 | 15 | 1,698 | 1,725 | 10.101% | 4.2 | 48.018 |
| いなべ市 | 45,646 | 12,236 | 26.8% | ○ | 290 | 86 | 56 | 30 | 8,515 | 8,601 | 18.843% | 1.4 | 63.532 |
| 志摩市 | 50,222 | 19,311 | 38.5% | ○ | 158 | 123 | 86 | 37 | 4,286 | 4,409 | 8.779% | 4.4 | 31.460 |
| 伊賀市 | 92,197 | 29,600 | 32.1% | ○ | 189 | 188 | 72 | 116 | 6,557 | 6,745 | 7.316% | 4.4 | 20.500 |
| 木曽岬町 | 6,313 | 1,985 | 31.4% | ○ | 13 | 22 | 9 | 13 | 305 | 327 | 5.180% | 6.1 | 20.592 |
| 東員町 | 25,696 | 7,463 | 29.0% | ○ | 145 | 62 | 34 | 28 | 4,731 | 4,793 | 18.653% | 1.6 | 56.429 |
| 菰野町 | 41,854 | 10,683 | 25.5% | ○ | 98 | 107 | 73 | 34 | 2,640 | 2,747 | 6.563% | 3.9 | 23.415 |
| 朝日町 | 10,837 | 2,058 | 19.0% | ○ | 5 | 9 | 2 | 7 | 308 | 317 | 2.925% | 6.5 | 4.614 |
| 川越町 | 15,064 | 2,880 | 19.1% | ○ | 30 | 6 | 4 | 2 | 752 | 758 | 5.032% | 3.8 | 19.915 |
| 多気町 | 14,682 | 4,743 | 32.3% | ○ | 89 | 46 | 21 | 25 | 1,842 | 1,888 | 12.859% | 2.5 | 60.618 |
| 明和町 | 23,179 | 6,713 | 29.0% | ○ | 48 | 46 | 15 | 31 | 1,765 | 1,811 | 7.813% | 3.7 | 20.708 |
| 大台町 | 9,385 | 3,904 | 41.6% | ○ | 101 | 32 | 11 | 21 | 1,594 | 1,626 | 17.326% | 2.4 | 107.619 |
| 玉城町 | 15,570 | 4,132 | 26.5% | ○ | 38 | 28 | 15 | 13 | 1,736 | 1,764 | 11.329% | 2.3 | 24.406 |
| 度会町 | 8,272 | 2,730 | 33.0% | ○ | 31 | 63 | 17 | 46 | 904 | 967 | 11.690% | 2.8 | 37.476 |
| 大紀町 | 8,615 | 4,000 | 46.4% | ○ | 25 | 17 | 10 | 7 | 1,251 | 1,268 | 14.719% | 3.2 | 29.019 |
| 南伊勢町 | 12,811 | 6,397 | 49.9% | ○ | 48 | 18 | 11 | 7 | 2,045 | 2,063 | 16.103% | 3.1 | 37.468 |
| 紀北町 | 16,171 | 6,881 | 42.6% | ○ | 77 | 44 | 12 | 32 | 1,537 | 1,581 | 9.777% | 4.4 | 47.616 |
| 御浜町 | 8,684 | 3,318 | 38.2% | ○ | 94 | 16 | 9 | 7 | 2,377 | 2,393 | 27.556% | 1.4 | 108.245 |
| 紀宝町 | 11,054 | 3,912 | 35.4% | ○ | 64 | 25 | 15 | 10 | 1,294 | 1,319 | 11.932% | 3.0 | 57.898 |
| 滋賀県計 | 1,420,080 | 360,955 | 25.4% | 20 | 5,821 | 2,473 | 1,679 | 794 | 218,622 | 221,095 | 15.569% | 1.6 | 40.991 |
| 滋賀県 | 1,420,080 | 360,955 | 25.4% | ○ | 8 | 6 | 3 | 3 | 804 | 810 | | | |
| 大津市 | 342,950 | 89,457 | 26.1% | ○ | 688 | 170 | 119 | 51 | 22,314 | 22,484 | 6.556% | 4.0 | 20.061 |
| 彦根市 | 113,171 | 27,710 | 24.5% | ○ | 504 | 132 | 91 | 41 | 19,708 | 19,840 | 17.531% | 1.4 | 44.534 |
| 長浜市 | 118,498 | 32,746 | 27.6% | ○ | 889 | 404 | 300 | 104 | 31,576 | 31,980 | 26.988% | 1.0 | 75.022 |
| 近江八幡市 | 82,191 | 22,149 | 26.9% | ○ | 373 | 146 | 113 | 33 | 22,345 | 22,491 | 27.364% | 1.0 | 45.382 |
| 草津市 | 133,975 | 29,309 | 21.9% | ○ | 384 | 204 | 111 | 93 | 13,717 | 13,921 | 10.391% | 2.1 | 28.662 |
| 守山市 | 83,151 | 17,891 | 21.5% | ○ | 367 | 111 | 79 | 32 | 16,658 | 16,769 | 20.167% | 1.1 | 44.137 |
| 栗東市 | 69,533 | 12,960 | 18.6% | ○ | 151 | 87 | 56 | 31 | 4,513 | 4,600 | 6.616% | 2.8 | 21.716 |
| 甲賀市 | 90,974 | 24,545 | 27.0% | ○ | 410 | 252 | 224 | 28 | 13,298 | 13,550 | 14.894% | 1.8 | 45.068 |
| 野洲市 | 51,096 | 13,034 | 25.5% | ○ | 146 | 80 | 61 | 19 | 4,597 | 4,677 | 9.153% | 2.8 | 28.574 |
| 湖南市 | 55,053 | 12,894 | 23.4% | ○ | 152 | 65 | 39 | 26 | 4,796 | 4,861 | 8.830% | 2.7 | 27.610 |
| 高島市 | 48,963 | 16,564 | 33.8% | ○ | 356 | 116 | 65 | 51 | 10,850 | 10,966 | 22.397% | 1.5 | 72.708 |
| 東近江市 | 114,361 | 29,506 | 25.8% | ○ | 591 | 205 | 120 | 85 | 22,296 | 22,501 | 19.675% | 1.3 | 51.678 |
| 米原市 | 39,295 | 11,196 | 28.5% | ○ | 196 | 165 | 68 | 97 | 7,252 | 7,417 | 18.875% | 1.5 | 49.879 |
| 日野町 | 21,479 | 6,349 | 29.6% | ○ | 144 | 69 | 48 | 21 | 5,783 | 5,852 | 27.245% | 1.1 | 67.042 |
| 竜王町 | 12,149 | 3,219 | 26.5% | ○ | 139 | 63 | 50 | 13 | 5,084 | 5,147 | 42.366% | 0.6 | 114.413 |
| 愛荘町 | 21,349 | 4,724 | 22.1% | ○ | 179 | 75 | 40 | 35 | 8,190 | 8,265 | 38.714% | 0.6 | 83.845 |
| 豊郷町 | 7,349 | 1,931 | 26.3% | ○ | 36 | 42 | 30 | 12 | 1,139 | 1,181 | 16.070% | 1.6 | 48.986 |
| 甲良町 | 6,990 | 2,252 | 32.2% | ○ | 48 | 40 | 35 | 5 | 1,683 | 1,723 | 24.649% | 1.3 | 68.670 |

| | 総人口 | | 高齢化率 | 市町村窓口 | サポーター講座開催回数 | メイト数 | | | サポーター数 | 合計サポーター数(メイト+サポーター数)(※1+※2) | 総人口に占める割合(メイト+サポーター) | メイト+サポーター1人当たりの高齢者人口 | 総人口10000人当たりの講座開催回数 |
|-------|-----------|-----------|-------|-------|-------------|-------|--------|---------|---------|-----------------------------|----------------------|----------------------|---------------------|
| | 65歳以上人口 | | | | | (※1) | 活動メイト数 | 非活動メイト数 | | | | | |
| 多賀町 | 7,553 | 2,519 | 33.4% | ○ | 60 | 41 | 27 | 14 | 2,019 | 2,060 | 27.274% | 1.2 | 79.439 |
| 京都府計 | 2,555,068 | 733,399 | 28.7% | 27 | 8,191 | 5,133 | 3,083 | 2,050 | 273,153 | 278,286 | 10.892% | 2.6 | 32.058 |
| 京都府 | 2,555,068 | 733,399 | 28.7% | ○ | 267 | 59 | 27 | 32 | 22,587 | 22,646 | | | |
| 京都市 | 1,412,570 | 393,740 | 27.9% | ○ | 3,839 | 2,787 | 1,706 | 1,081 | 121,203 | 123,990 | 8.778% | 3.2 | 27.177 |
| 福知山市 | 78,379 | 23,045 | 29.4% | ○ | 181 | 121 | 63 | 58 | 4,909 | 5,030 | 6.418% | 4.6 | 23.093 |
| 舞鶴市 | 82,827 | 25,803 | 31.2% | ○ | 231 | 127 | 78 | 49 | 9,040 | 9,167 | 11.068% | 2.8 | 27.889 |
| 綾部市 | 33,721 | 12,505 | 37.1% | ○ | 385 | 111 | 76 | 35 | 11,199 | 11,310 | 33.540% | 1.1 | 114.172 |
| 宇治市 | 187,138 | 53,489 | 28.6% | ○ | 555 | 299 | 169 | 130 | 17,538 | 17,837 | 9.531% | 3.0 | 29.657 |
| 宮津市 | 18,030 | 7,354 | 40.8% | ○ | 122 | 91 | 40 | 51 | 3,539 | 3,630 | 20.133% | 2.0 | 67.665 |
| 亀岡市 | 89,093 | 25,757 | 28.9% | ○ | 214 | 109 | 62 | 47 | 5,357 | 5,466 | 6.135% | 4.7 | 24.020 |
| 城陽市 | 76,409 | 25,269 | 33.1% | ○ | 88 | 44 | 20 | 24 | 2,008 | 2,052 | 2.686% | 12.3 | 11.517 |
| 向日市 | 57,563 | 15,267 | 26.5% | ○ | 193 | 65 | 31 | 34 | 8,753 | 8,818 | 15.319% | 1.7 | 33.528 |
| 長岡京市 | 81,262 | 21,495 | 26.5% | ○ | 244 | 129 | 50 | 79 | 6,555 | 6,684 | 8.225% | 3.2 | 30.026 |
| 八幡市 | 71,366 | 21,570 | 30.2% | ○ | 75 | 70 | 34 | 36 | 2,258 | 2,328 | 3.262% | 9.3 | 10.509 |
| 京田辺市 | 69,804 | 17,136 | 24.5% | ○ | 246 | 81 | 40 | 41 | 7,967 | 8,048 | 11.529% | 2.1 | 35.242 |
| 京丹後市 | 55,109 | 19,495 | 35.4% | ○ | 435 | 307 | 214 | 93 | 12,860 | 13,167 | 23.893% | 1.5 | 78.934 |
| 南丹市 | 31,981 | 11,210 | 35.1% | ○ | 184 | 103 | 39 | 64 | 4,905 | 5,008 | 15.659% | 2.2 | 57.534 |
| 木津川市 | 77,188 | 18,543 | 24.0% | ○ | 210 | 110 | 64 | 46 | 9,445 | 9,555 | 12.379% | 1.9 | 27.206 |
| 大山崎町 | 15,998 | 4,421 | 27.6% | ○ | 42 | 17 | 13 | 4 | 1,944 | 1,961 | 12.258% | 2.3 | 26.253 |
| 久御山町 | 16,110 | 4,869 | 30.2% | ○ | 90 | 35 | 16 | 19 | 2,111 | 2,146 | 13.321% | 2.3 | 55.866 |
| 井手町 | 7,492 | 2,507 | 33.5% | ○ | 29 | 10 | 6 | 4 | 762 | 772 | 10.304% | 3.2 | 38.708 |
| 宇治田原町 | 9,342 | 2,725 | 29.2% | ○ | 17 | 3 | 2 | 1 | 404 | 407 | 4.357% | 6.7 | 18.197 |
| 笠置町 | 1,332 | 660 | 49.5% | ○ | 9 | 4 | 4 | | 162 | 166 | 12.462% | 4.0 | 67.568 |
| 和束町 | 3,962 | 1,761 | 44.4% | ○ | 13 | 11 | 11 | | 451 | 462 | 11.661% | 3.8 | 32.812 |
| 精華町 | 37,466 | 8,843 | 23.6% | ○ | 209 | 219 | 160 | 59 | 8,169 | 8,388 | 22.388% | 1.1 | 55.784 |
| 南山城村 | 2,755 | 1,255 | 45.6% | ○ | 6 | 3 | 3 | | 115 | 118 | 4.283% | 10.6 | 21.779 |
| 京丹波町 | 14,246 | 5,935 | 41.7% | ○ | 100 | 57 | 26 | 31 | 2,979 | 3,036 | 21.311% | 2.0 | 70.195 |
| 伊根町 | 2,110 | 977 | 46.3% | ○ | 46 | 37 | 32 | 5 | 1,038 | 1,075 | 50.948% | 0.9 | 218.009 |
| 与謝野町 | 21,815 | 7,768 | 35.6% | ○ | 161 | 124 | 97 | 27 | 4,895 | 5,019 | 23.007% | 1.5 | 73.802 |
| 大阪府計 | 8,848,998 | 2,367,015 | 26.7% | 44 | 20,433 | 9,725 | 6,842 | 2,883 | 662,413 | 672,138 | 7.596% | 3.5 | 23.091 |
| 大阪府 | 8,848,998 | 2,367,015 | 26.7% | ○ | 292 | 70 | 59 | 11 | 15,079 | 15,149 | | | |
| 大阪市 | 2,714,484 | 686,424 | 25.3% | ○ | 7,128 | 3,007 | 2,188 | 819 | 208,205 | 211,212 | 7.781% | 3.2 | 26.259 |
| 堺市 | 837,773 | 232,900 | 27.8% | ○ | 1,854 | 895 | 656 | 239 | 69,071 | 69,966 | 8.351% | 3.3 | 22.130 |
| 岸和田市 | 195,350 | 52,967 | 27.1% | ○ | 366 | 199 | 136 | 63 | 16,136 | 16,335 | 8.362% | 3.2 | 18.736 |
| 豊中市 | 406,593 | 104,013 | 25.6% | ○ | 832 | 457 | 273 | 184 | 19,158 | 19,615 | 4.824% | 5.3 | 20.463 |
| 池田市 | 103,655 | 27,687 | 26.7% | ○ | 247 | 140 | 121 | 19 | 8,953 | 9,093 | 8.772% | 3.0 | 23.829 |
| 吹田市 | 371,715 | 88,147 | 23.7% | ○ | 731 | 299 | 247 | 52 | 25,202 | 25,501 | 6.860% | 3.5 | 19.666 |
| 泉大津市 | 74,824 | 18,882 | 25.2% | ○ | 165 | 152 | 124 | 28 | 8,653 | 8,805 | 11.768% | 2.1 | 22.052 |
| 高槻市 | 352,496 | 101,699 | 28.9% | ○ | 713 | 272 | 219 | 53 | 24,212 | 24,484 | 6.946% | 4.2 | 20.227 |
| 貝塚市 | 86,974 | 22,533 | 25.9% | ○ | 151 | 100 | 66 | 34 | 4,577 | 4,677 | 5.377% | 4.8 | 17.362 |
| 守口市 | 143,458 | 41,346 | 28.8% | ○ | 266 | 120 | 79 | 41 | 7,272 | 7,392 | 5.153% | 5.6 | 18.542 |
| 枚方市 | 402,579 | 111,458 | 27.7% | ○ | 569 | 345 | 228 | 117 | 22,979 | 23,324 | 5.794% | 4.8 | 14.134 |
| 茨木市 | 282,018 | 67,350 | 23.9% | ○ | 541 | 152 | 131 | 21 | 20,993 | 21,145 | 7.498% | 3.2 | 19.183 |
| 八尾市 | 266,943 | 75,193 | 28.2% | ○ | 322 | 189 | 147 | 42 | 11,549 | 11,738 | 4.397% | 6.4 | 12.063 |
| 泉佐野市 | 100,702 | 25,729 | 25.5% | ○ | 190 | 105 | 80 | 25 | 6,282 | 6,387 | 6.342% | 4.0 | 18.868 |
| 富田林市 | 111,898 | 32,956 | 29.5% | ○ | 336 | 113 | 83 | 30 | 10,432 | 10,545 | 9.424% | 3.1 | 30.027 |
| 寝屋川市 | 233,484 | 68,431 | 29.3% | ○ | 311 | 132 | 71 | 61 | 11,665 | 11,797 | 5.053% | 5.8 | 13.320 |
| 河内長野市 | 105,924 | 35,600 | 33.6% | ○ | 342 | 258 | 146 | 112 | 10,844 | 11,102 | 10.481% | 3.2 | 32.287 |
| 松原市 | 120,321 | 35,791 | 29.7% | ○ | 265 | 144 | 95 | 49 | 8,634 | 8,778 | 7.295% | 4.1 | 22.024 |
| 大東市 | 120,759 | 32,349 | 26.8% | ○ | 237 | 70 | 41 | 29 | 6,695 | 6,765 | 5.602% | 4.8 | 19.626 |
| 和泉市 | 186,060 | 45,214 | 24.3% | ○ | 345 | 215 | 163 | 52 | 12,201 | 12,416 | 6.673% | 3.6 | 18.542 |
| 箕面市 | 138,368 | 34,357 | 24.8% | ○ | 203 | 144 | 89 | 55 | 5,722 | 5,866 | 4.239% | 5.9 | 14.671 |
| 柏原市 | 69,529 | 20,037 | 28.8% | ○ | 166 | 122 | 82 | 40 | 4,200 | 4,322 | 6.216% | 4.6 | 23.875 |
| 羽曳野市 | 111,955 | 32,959 | 29.4% | ○ | 182 | 138 | 106 | 32 | 5,153 | 5,291 | 4.726% | 6.2 | 16.257 |
| 門真市 | 122,656 | 35,982 | 29.3% | ○ | 198 | 143 | 69 | 74 | 6,412 | 6,555 | 5.344% | 5.5 | 16.143 |
| 摂津市 | 85,855 | 21,948 | 25.6% | ○ | 137 | 154 | 68 | 86 | 3,444 | 3,598 | 4.191% | 6.1 | 15.957 |
| 高石市 | 57,875 | 15,713 | 27.1% | ○ | 230 | 102 | 66 | 36 | 8,228 | 8,330 | 14.393% | 1.9 | 39.741 |
| 藤井寺市 | 64,916 | 18,174 | 28.0% | ○ | 182 | 120 | 79 | 41 | 5,515 | 5,635 | 8.680% | 3.2 | 28.036 |
| 東大阪市 | 490,217 | 137,346 | 28.0% | ○ | 1,236 | 228 | 183 | 45 | 38,541 | 38,769 | 7.909% | 3.5 | 25.213 |
| 泉南市 | 62,220 | 17,486 | 28.1% | ○ | 348 | 255 | 196 | 59 | 17,437 | 17,692 | 28.435% | 1.0 | 55.931 |

| | 総人口 | | 高齢化率 | 市町村窓口 | サポーター講座開催回数 | メイト数 | | | サポーター数 | 合計 サポーター数 (メイト+サポーター数) (※1+※2) | 総人口に占める割合 (メイト+サポーター) | メイト+サポーター1人当たり担当高齢者人口 | 総人口10000人当たりの講座開催回数 |
|-------------|------------------|------------------|--------------|-----------|---------------|--------------|--------------|--------------|----------------|---|--------------------------|-----------------------|---------------------|
| | 65歳以上人口 | | | | | (※1) | 活動メイト数 | 非活動メイト数 | | | | | |
| 四條畷市 | 55,802 | 14,890 | 26.7% | ○ | 129 | 100 | 55 | 45 | 3,674 | 3,774 | 6.763% | 3.9 | 23.117 |
| 交野市 | 77,901 | 21,422 | 27.5% | ○ | 123 | 101 | 49 | 52 | 4,020 | 4,121 | 5.290% | 5.2 | 15.789 |
| 大阪狭山市 | 58,547 | 15,847 | 27.1% | ○ | 250 | 89 | 42 | 47 | 8,383 | 8,472 | 14.470% | 1.9 | 42.701 |
| 阪南市 | 54,534 | 17,152 | 31.5% | ○ | 224 | 145 | 86 | 59 | 5,045 | 5,190 | 9.517% | 3.3 | 41.075 |
| 島本町 | 30,891 | 8,480 | 27.5% | ○ | 94 | 40 | 30 | 10 | 3,458 | 3,498 | 11.324% | 2.4 | 30.430 |
| 豊能町 | 19,694 | 8,625 | 43.8% | ○ | 113 | 70 | 54 | 16 | 2,334 | 2,404 | 12.207% | 3.6 | 57.378 |
| 能勢町 | 10,114 | 3,861 | 38.2% | ○ | 31 | 33 | 21 | 12 | 760 | 793 | 7.841% | 4.9 | 30.651 |
| 忠岡町 | 17,166 | 4,885 | 28.5% | ○ | 21 | 15 | 9 | 6 | 701 | 716 | 4.171% | 6.8 | 12.233 |
| 熊取町 | 43,773 | 12,214 | 27.9% | ○ | 149 | 83 | 62 | 21 | 2,922 | 3,005 | 6.865% | 4.1 | 34.039 |
| 田尻町 | 8,809 | 2,032 | 23.1% | ○ | 31 | 13 | 10 | 3 | 1,216 | 1,229 | 13.952% | 1.7 | 35.191 |
| 岬町 | 15,825 | 5,959 | 37.7% | ○ | 53 | 78 | 42 | 36 | 1,910 | 1,988 | 12.562% | 3.0 | 33.491 |
| 太子町 | 13,444 | 3,765 | 28.0% | ○ | 61 | 59 | 38 | 21 | 2,477 | 2,536 | 18.863% | 1.5 | 45.373 |
| 河南町 | 15,635 | 4,880 | 31.2% | ○ | 45 | 47 | 42 | 5 | 1,504 | 1,551 | 9.920% | 3.1 | 28.782 |
| 千早赤阪村 | 5,262 | 2,332 | 44.3% | ○ | 24 | 12 | 11 | 1 | 565 | 577 | 10.965% | 4.0 | 45.610 |
| 兵庫県計 | 5,570,618 | 1,553,584 | 27.9% | 42 | 14,419 | 5,594 | 4,117 | 1,477 | 462,468 | 468,062 | 8.402% | 3.3 | 25.884 |
| 兵庫県 | 5,570,618 | 1,553,584 | 27.9% | ○ | 198 | 20 | 11 | 9 | 8,949 | 8,969 | | | |
| 神戸市 | 1,538,025 | 426,823 | 27.8% | ○ | 3,147 | 536 | 390 | 146 | 102,390 | 102,926 | 6.692% | 4.1 | 20.461 |
| 姫路市 | 537,101 | 141,107 | 26.3% | ○ | 1,248 | 482 | 311 | 171 | 37,287 | 37,769 | 7.032% | 3.7 | 23.236 |
| 尼崎市 | 463,186 | 127,354 | 27.5% | ○ | 823 | 214 | 182 | 32 | 21,273 | 21,487 | 4.639% | 5.9 | 17.768 |
| 明石市 | 303,129 | 78,483 | 25.9% | ○ | 351 | 341 | 278 | 63 | 10,579 | 10,920 | 3.602% | 7.2 | 11.579 |
| 西宮市 | 485,189 | 114,767 | 23.7% | ○ | 844 | 323 | 254 | 69 | 24,774 | 25,097 | 5.173% | 4.6 | 17.395 |
| 洲本市 | 44,034 | 15,331 | 34.8% | ○ | 134 | 44 | 40 | 4 | 3,573 | 3,617 | 8.214% | 4.2 | 30.431 |
| 芦屋市 | 96,020 | 27,413 | 28.5% | ○ | 269 | 81 | 57 | 24 | 11,079 | 11,160 | 11.623% | 2.5 | 28.015 |
| 伊丹市 | 203,261 | 50,876 | 25.0% | ○ | 341 | 241 | 127 | 114 | 10,748 | 10,989 | 5.406% | 4.6 | 16.776 |
| 相生市 | 29,666 | 10,396 | 35.0% | ○ | 182 | 85 | 71 | 14 | 5,796 | 5,881 | 19.824% | 1.8 | 61.350 |
| 豊岡市 | 82,037 | 26,705 | 32.6% | ○ | 296 | 118 | 64 | 54 | 7,787 | 7,905 | 9.636% | 3.4 | 36.081 |
| 加古川市 | 265,716 | 71,610 | 26.9% | ○ | 650 | 359 | 314 | 45 | 27,034 | 27,393 | 10.309% | 2.6 | 24.462 |
| 赤穂市 | 47,839 | 15,151 | 31.7% | ○ | 132 | 62 | 55 | 7 | 5,760 | 5,822 | 12.170% | 2.6 | 27.593 |
| 西脇市 | 40,867 | 13,135 | 32.1% | ○ | 266 | 78 | 55 | 23 | 7,369 | 7,447 | 18.223% | 1.8 | 65.089 |
| 宝塚市 | 234,209 | 63,960 | 27.3% | ○ | 357 | 105 | 73 | 32 | 13,839 | 13,944 | 5.954% | 4.6 | 15.243 |
| 三木市 | 77,873 | 25,713 | 33.0% | ○ | 201 | 109 | 78 | 31 | 4,972 | 5,081 | 6.525% | 5.1 | 25.811 |
| 高砂市 | 91,159 | 25,782 | 28.3% | ○ | 177 | 94 | 80 | 14 | 7,604 | 7,698 | 8.445% | 3.3 | 19.417 |
| 川西市 | 158,003 | 48,911 | 31.0% | ○ | 564 | 629 | 508 | 121 | 24,151 | 24,780 | 15.683% | 2.0 | 35.696 |
| 小野市 | 48,742 | 13,527 | 27.8% | ○ | 198 | 59 | 44 | 15 | 8,473 | 8,532 | 17.504% | 1.6 | 40.622 |
| 三田市 | 112,806 | 26,658 | 23.6% | ○ | 425 | 141 | 94 | 47 | 10,269 | 10,410 | 9.228% | 2.6 | 37.675 |
| 加西市 | 44,494 | 14,327 | 32.2% | ○ | 116 | 43 | 27 | 16 | 5,387 | 5,430 | 12.204% | 2.6 | 26.071 |
| 丹波篠山市 | 41,804 | 13,998 | 33.5% | ○ | 432 | 116 | 102 | 14 | 10,871 | 10,987 | 26.282% | 1.3 | 103.339 |
| 養父市 | 23,723 | 8,766 | 37.0% | ○ | 229 | 53 | 30 | 23 | 4,920 | 4,973 | 20.963% | 1.8 | 96.531 |
| 丹波市 | 64,691 | 21,513 | 33.3% | ○ | 405 | 139 | 113 | 26 | 12,624 | 12,763 | 19.729% | 1.7 | 62.605 |
| 南あわじ市 | 47,552 | 16,110 | 33.9% | ○ | 164 | 27 | 23 | 4 | 5,443 | 5,470 | 11.503% | 2.9 | 34.489 |
| 朝来市 | 30,689 | 10,351 | 33.7% | ○ | 157 | 127 | 81 | 46 | 4,081 | 4,208 | 13.712% | 2.5 | 51.158 |
| 淡路市 | 44,039 | 16,301 | 37.0% | ○ | 228 | 99 | 50 | 49 | 6,293 | 6,392 | 14.514% | 2.6 | 51.772 |
| 宍粟市 | 38,013 | 12,895 | 33.9% | ○ | 90 | 64 | 47 | 17 | 2,877 | 2,941 | 7.737% | 4.4 | 23.676 |
| 加東市 | 40,187 | 10,473 | 26.1% | ○ | 109 | 143 | 60 | 83 | 5,087 | 5,230 | 13.014% | 2.0 | 27.123 |
| たつの市 | 76,909 | 22,970 | 29.9% | ○ | 240 | 88 | 72 | 16 | 8,429 | 8,517 | 11.074% | 2.7 | 31.206 |
| 猪名川町 | 31,278 | 8,852 | 28.3% | ○ | 153 | 110 | 95 | 15 | 3,905 | 4,015 | 12.836% | 2.2 | 48.916 |
| 多可町 | 20,885 | 7,325 | 35.1% | ○ | 118 | 65 | 51 | 14 | 3,791 | 3,856 | 18.463% | 1.9 | 56.500 |
| 稲美町 | 31,142 | 9,501 | 30.5% | ○ | 118 | 30 | 20 | 10 | 3,815 | 3,845 | 12.347% | 2.5 | 37.891 |
| 播磨町 | 34,622 | 9,313 | 26.9% | ○ | 107 | 20 | 17 | 3 | 3,053 | 3,073 | 8.876% | 3.0 | 30.905 |
| 市川町 | 12,192 | 4,329 | 35.5% | ○ | 46 | 16 | 12 | 4 | 1,307 | 1,323 | 10.851% | 3.3 | 37.730 |
| 福崎町 | 19,353 | 5,396 | 27.9% | ○ | 118 | 20 | 18 | 2 | 3,668 | 3,688 | 19.056% | 1.5 | 60.972 |
| 神河町 | 11,473 | 4,049 | 35.3% | ○ | 94 | 28 | 25 | 3 | 3,781 | 3,809 | 33.200% | 1.1 | 81.931 |
| 太子町 | 34,280 | 8,884 | 25.9% | ○ | 129 | 20 | 17 | 3 | 4,739 | 4,759 | 13.883% | 1.9 | 37.631 |
| 上郡町 | 15,025 | 5,570 | 37.1% | ○ | 79 | 29 | 25 | 4 | 2,415 | 2,444 | 16.266% | 2.3 | 52.579 |
| 佐用町 | 16,973 | 6,700 | 39.5% | ○ | 179 | 126 | 72 | 54 | 4,792 | 4,918 | 28.975% | 1.4 | 105.462 |
| 香美町 | 17,845 | 6,773 | 38.0% | ○ | 173 | 63 | 29 | 34 | 4,095 | 4,158 | 23.301% | 1.6 | 96.946 |
| 新温泉町 | 14,587 | 5,486 | 37.6% | ○ | 132 | 47 | 45 | 2 | 3,389 | 3,436 | 23.555% | 1.6 | 90.492 |
| 奈良県計 | 1,362,781 | 412,804 | 30.3% | 38 | 3,017 | 1,544 | 981 | 563 | 102,909 | 104,453 | 7.665% | 4.0 | 22.139 |
| 奈良県 | 1,362,781 | 412,804 | 30.3% | ○ | 240 | 70 | 35 | 35 | 12,710 | 12,780 | | | |
| 奈良市 | 357,171 | 108,510 | 30.4% | ○ | 623 | 328 | 187 | 141 | 21,936 | 22,264 | 6.233% | 4.9 | 17.443 |

| | 総人口 | | 高齢化率 | 市町村窓口 | サポーター講座開催回数 | メイト数 | | | サポーター数 | 合計 サポーター数 (メイト+サポーター数) (※1+※2) | 総人口に占める割合 (メイト+サポーター) | メイト+サポーター1人当たり担当高齢者人口 | 総人口10000人当たりの講座開催回数 |
|--------------|----------------|----------------|--------------|-----------|--------------|--------------|--------------|------------|---------------|---|--------------------------|-----------------------|---------------------|
| | 65歳以上人口 | メイト数 (※1) | | | | 活動メイト数 | 非活動メイト数 | | | | | | |
| 大和高田市 | 65,205 | 19,748 | 30.3% | ○ | 105 | 58 | 38 | 20 | 2,425 | 2,483 | 3.808% | 8.0 | 16.103 |
| 大和郡山市 | 86,536 | 27,298 | 31.5% | ○ | 238 | 56 | 37 | 19 | 6,217 | 6,273 | 7.249% | 4.4 | 27.503 |
| 天理市 | 65,539 | 16,872 | 25.7% | ○ | 106 | 66 | 46 | 20 | 5,169 | 5,235 | 7.988% | 3.2 | 16.174 |
| 橿原市 | 122,242 | 34,076 | 27.9% | ○ | 212 | 94 | 80 | 14 | 6,927 | 7,021 | 5.744% | 4.9 | 17.343 |
| 桜井市 | 57,357 | 17,544 | 30.6% | ○ | 123 | 53 | 28 | 25 | 4,713 | 4,766 | 8.309% | 3.7 | 21.445 |
| 五條市 | 30,729 | 10,961 | 35.7% | ○ | 93 | 73 | 48 | 25 | 3,218 | 3,291 | 10.710% | 3.3 | 30.265 |
| 御所市 | 25,997 | 10,178 | 39.2% | ○ | 87 | 65 | 52 | 13 | 2,675 | 2,740 | 10.540% | 3.7 | 33.465 |
| 生駒市 | 120,132 | 32,946 | 27.4% | ○ | 283 | 114 | 61 | 53 | 9,779 | 9,893 | 8.235% | 3.3 | 23.557 |
| 香芝市 | 79,470 | 18,017 | 22.7% | ○ | 127 | 53 | 38 | 15 | 3,542 | 3,595 | 4.524% | 5.0 | 15.981 |
| 葛城市 | 37,441 | 10,214 | 27.3% | ○ | 53 | 54 | 25 | 29 | 1,241 | 1,295 | 3.459% | 7.9 | 14.156 |
| 宇陀市 | 30,439 | 12,006 | 39.4% | ○ | 46 | 44 | 40 | 4 | 1,666 | 1,710 | 5.618% | 7.0 | 15.112 |
| 山添村 | 3,542 | 1,623 | 45.8% | ○ | 14 | 4 | 3 | 1 | 322 | 326 | 9.204% | 5.0 | 39.526 |
| 平群町 | 18,889 | 7,049 | 37.3% | ○ | 62 | 18 | 16 | 2 | 1,467 | 1,485 | 7.862% | 4.7 | 32.823 |
| 三郷町 | 23,090 | 6,990 | 30.3% | ○ | 89 | 30 | 20 | 10 | 3,894 | 3,924 | 16.994% | 1.8 | 38.545 |
| 斑鳩町 | 28,361 | 8,535 | 30.1% | ○ | 41 | 14 | 12 | 2 | 940 | 954 | 3.364% | 8.9 | 14.456 |
| 安堵町 | 7,444 | 2,417 | 32.5% | ○ | 24 | 16 | 12 | 4 | 585 | 601 | 8.074% | 4.0 | 32.241 |
| 川西町 | 8,624 | 2,913 | 33.8% | ○ | 20 | 14 | 5 | 9 | 321 | 335 | 3.885% | 8.7 | 23.191 |
| 三宅町 | 6,940 | 2,449 | 35.3% | ○ | 14 | 11 | 10 | 1 | 432 | 443 | 6.383% | 5.5 | 20.173 |
| 田原本町 | 31,967 | 9,813 | 30.7% | ○ | 48 | 43 | 30 | 13 | 1,935 | 1,978 | 6.188% | 5.0 | 15.015 |
| 曾爾村 | 1,461 | 697 | 47.7% | ○ | 3 | 3 | 1 | 2 | 60 | 63 | 4.312% | 11.1 | 20.534 |
| 御杖村 | 1,635 | 917 | 56.1% | ○ | 7 | 5 | 1 | 4 | 224 | 229 | 14.006% | 4.0 | 42.813 |
| 高取町 | 6,799 | 2,584 | 38.0% | ○ | 17 | 18 | 10 | 8 | 252 | 270 | 3.971% | 9.6 | 25.004 |
| 明日香村 | 5,572 | 2,104 | 37.8% | ○ | 4 | 6 | 2 | 4 | 93 | 99 | 1.777% | 21.3 | 7.179 |
| 上牧町 | 22,477 | 7,378 | 32.8% | ○ | 23 | 26 | 22 | 4 | 1,049 | 1,075 | 4.783% | 6.9 | 10.233 |
| 王寺町 | 24,223 | 6,774 | 28.0% | ○ | 50 | 36 | 21 | 15 | 1,926 | 1,962 | 8.100% | 3.5 | 20.642 |
| 広陵町 | 35,000 | 8,738 | 25.0% | ○ | 64 | 35 | 21 | 14 | 2,022 | 2,057 | 5.877% | 4.2 | 18.286 |
| 河合町 | 17,776 | 6,624 | 37.3% | ○ | 34 | 29 | 18 | 11 | 1,111 | 1,140 | 6.413% | 5.8 | 19.127 |
| 吉野町 | 7,117 | 3,488 | 49.0% | ○ | 59 | 12 | 6 | 6 | 1,406 | 1,418 | 19.924% | 2.5 | 82.900 |
| 大淀町 | 17,720 | 5,715 | 32.3% | ○ | 26 | 33 | 20 | 13 | 857 | 890 | 5.023% | 6.4 | 14.673 |
| 下市町 | 5,444 | 2,437 | 44.8% | ○ | 17 | 24 | 16 | 8 | 679 | 703 | 12.913% | 3.5 | 31.227 |
| 黒滝村 | 714 | 371 | 52.0% | ○ | 7 | 2 | 2 | | 116 | 118 | 16.527% | 3.1 | 98.039 |
| 天川村 | 1,410 | 671 | 47.6% | ○ | | 3 | | 3 | | 3 | 0.213% | 223.7 | |
| 野迫川村 | 397 | 194 | 48.9% | | | 2 | | 2 | | 2 | 0.504% | 97.0 | |
| 十津川村 | 3,305 | 1,475 | 44.6% | ○ | 9 | 8 | 6 | 2 | 150 | 158 | 4.781% | 9.3 | 27.231 |
| 下北山村 | 912 | 428 | 46.9% | ○ | 5 | 4 | 3 | 1 | 178 | 182 | 19.956% | 2.4 | 54.825 |
| 上北山村 | 500 | 252 | 50.4% | | | | | | | | | | |
| 川上村 | 1,422 | 816 | 57.4% | ○ | 9 | 6 | 4 | 2 | 136 | 142 | 9.986% | 5.7 | 63.291 |
| 東吉野村 | 1,782 | 982 | 55.1% | ○ | 35 | 14 | 5 | 9 | 536 | 550 | 30.864% | 1.8 | 196.409 |
| 和歌山県計 | 964,598 | 308,179 | 31.9% | 31 | 2,875 | 1,625 | 1,072 | 553 | 79,175 | 80,800 | 8.377% | 3.8 | 29.805 |
| 和歌山県 | 964,598 | 308,179 | 31.9% | ○ | 105 | 56 | 26 | 30 | 4,549 | 4,605 | | | |
| 和歌山市 | 368,835 | 110,625 | 30.0% | ○ | 569 | 252 | 142 | 110 | 21,036 | 21,288 | 5.772% | 5.2 | 15.427 |
| 海南市 | 51,079 | 18,252 | 35.7% | ○ | 276 | 91 | 45 | 46 | 6,754 | 6,845 | 13.401% | 2.7 | 54.034 |
| 橋本市 | 63,024 | 19,872 | 31.5% | ○ | 165 | 120 | 65 | 55 | 4,738 | 4,858 | 7.708% | 4.1 | 26.181 |
| 有田市 | 28,244 | 9,326 | 33.0% | ○ | 88 | 49 | 27 | 22 | 2,061 | 2,110 | 7.471% | 4.4 | 31.157 |
| 御坊市 | 23,595 | 7,246 | 30.7% | ○ | 196 | 123 | 90 | 33 | 4,939 | 5,062 | 21.454% | 1.4 | 83.068 |
| 田辺市 | 74,250 | 23,935 | 32.2% | ○ | 193 | 87 | 48 | 39 | 5,180 | 5,267 | 7.094% | 4.5 | 25.993 |
| 新宮市 | 28,876 | 10,415 | 36.1% | ○ | 57 | 56 | 22 | 34 | 1,377 | 1,433 | 4.963% | 7.3 | 19.740 |
| 紀の川市 | 62,682 | 19,782 | 31.6% | ○ | 100 | 60 | 48 | 12 | 3,341 | 3,401 | 5.426% | 5.8 | 15.954 |
| 岩出市 | 53,908 | 12,096 | 22.4% | ○ | 58 | 35 | 27 | 8 | 1,433 | 1,468 | 2.723% | 8.2 | 10.759 |
| 紀美野町 | 8,914 | 4,046 | 45.4% | ○ | 112 | 51 | 38 | 13 | 3,109 | 3,160 | 35.450% | 1.3 | 125.645 |
| かつらぎ町 | 16,970 | 6,456 | 38.0% | ○ | 61 | 40 | 30 | 10 | 1,315 | 1,355 | 7.985% | 4.8 | 35.946 |
| 九度山町 | 4,324 | 1,930 | 44.6% | ○ | 26 | 7 | 4 | 3 | 599 | 606 | 14.015% | 3.2 | 60.130 |
| 高野町 | 3,073 | 1,321 | 43.0% | ○ | 4 | 5 | 4 | 1 | 150 | 155 | 5.044% | 8.5 | 13.017 |
| 湯浅町 | 12,078 | 4,150 | 34.4% | ○ | 57 | 33 | 27 | 6 | 1,208 | 1,241 | 10.275% | 3.3 | 47.193 |
| 広川町 | 7,054 | 2,317 | 32.8% | ○ | 66 | 84 | 79 | 5 | 1,306 | 1,390 | 19.705% | 1.7 | 93.564 |
| 有田川町 | 26,590 | 8,412 | 31.6% | ○ | 167 | 97 | 81 | 16 | 3,647 | 3,744 | 14.080% | 2.2 | 62.806 |
| 美浜町 | 7,256 | 2,541 | 35.0% | ○ | 23 | 38 | 22 | 16 | 632 | 670 | 9.234% | 3.8 | 31.698 |
| 日高町 | 7,940 | 2,322 | 29.2% | ○ | 38 | 30 | 20 | 10 | 517 | 547 | 6.889% | 4.2 | 47.859 |
| 由良町 | 5,788 | 2,168 | 37.5% | ○ | 16 | 17 | 8 | 9 | 421 | 438 | 7.567% | 4.9 | 27.643 |
| 印南町 | 8,322 | 2,923 | 35.1% | ○ | 76 | 27 | 20 | 7 | 1,340 | 1,367 | 16.426% | 2.1 | 91.324 |

| | 総人口 | | 高齢化率 | 市町村窓口 | サポーター講座開催回数 | メイト数 | | | サポーター数 | 合計 サポーター数 (メイト+ サポーター数) (※1+※2) | 総人口に 占める割合 (メイト+ サポーター) | メイト+ サポーター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|-------------|------------------|----------------|--------------|-----------|--------------|--------------|--------------|-------------|----------------|---|--------------------------------------|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | (※1) | 活動 メイト数 | 非活動 メイト数 | | | | | |
| みなべ町 | 12,804 | 3,993 | 31.2% | ○ | 27 | 32 | 22 | 10 | 1,012 | 1,044 | 8.154% | 3.8 | 21.087 |
| 日高川町 | 9,944 | 3,462 | 34.8% | ○ | 101 | 44 | 35 | 9 | 2,006 | 2,050 | 20.615% | 1.7 | 101.569 |
| 白浜町 | 21,624 | 8,033 | 37.1% | ○ | 99 | 60 | 43 | 17 | 2,318 | 2,378 | 10.997% | 3.4 | 45.782 |
| 上富田町 | 15,593 | 4,089 | 26.2% | ○ | 63 | 35 | 26 | 9 | 1,663 | 1,698 | 10.890% | 2.4 | 40.403 |
| すさみ町 | 4,042 | 1,893 | 46.8% | ○ | 20 | 14 | 13 | 1 | 415 | 429 | 10.614% | 4.4 | 49.480 |
| 那智勝浦町 | 15,237 | 6,355 | 41.7% | ○ | 23 | 22 | 15 | 7 | 603 | 625 | 4.102% | 10.2 | 15.095 |
| 太地町 | 3,127 | 1,340 | 42.9% | ○ | 21 | 23 | 19 | 4 | 333 | 356 | 11.385% | 3.8 | 67.157 |
| 古座川町 | 2,744 | 1,433 | 52.2% | ○ | 25 | 15 | 13 | 2 | 376 | 391 | 14.249% | 3.7 | 91.108 |
| 北山村 | 436 | 199 | 45.6% | ○ | 1 | 1 | 1 | | 11 | 12 | 2.752% | 16.6 | 22.936 |
| 串本町 | 16,245 | 7,247 | 44.6% | ○ | 42 | 21 | 12 | 9 | 786 | 807 | 4.968% | 9.0 | 25.854 |
| 鳥取県計 | 566,052 | 175,552 | 31.0% | 18 | 3,369 | 1,499 | 871 | 628 | 95,553 | 97,052 | 17.145% | 1.8 | 59.518 |
| 鳥取県 | 566,052 | 175,552 | 31.0% | ○ | 414 | 27 | 15 | 12 | 14,414 | 14,441 | | | |
| 鳥取市 | 188,286 | 53,484 | 28.4% | ○ | 702 | 348 | 223 | 125 | 18,361 | 18,709 | 9.936% | 2.9 | 37.284 |
| 米子市 | 148,524 | 42,214 | 28.4% | ○ | 500 | 414 | 249 | 165 | 19,541 | 19,955 | 13.436% | 2.1 | 33.665 |
| 倉吉市 | 47,257 | 15,530 | 32.9% | ○ | 474 | 125 | 80 | 45 | 12,057 | 12,182 | 25.778% | 1.3 | 100.303 |
| 境港市 | 34,201 | 10,824 | 31.6% | ○ | 95 | 105 | 63 | 42 | 3,300 | 3,405 | 9.956% | 3.2 | 27.777 |
| 岩美町 | 11,638 | 4,122 | 35.4% | ○ | 46 | 27 | 15 | 12 | 1,620 | 1,647 | 14.152% | 2.5 | 39.526 |
| 若桜町 | 3,254 | 1,476 | 45.4% | ○ | 15 | 8 | 3 | 5 | 307 | 315 | 9.680% | 4.7 | 46.097 |
| 智頭町 | 7,030 | 2,799 | 39.8% | ○ | 86 | 22 | 19 | 3 | 1,311 | 1,333 | 18.962% | 2.1 | 122.333 |
| 八頭町 | 17,233 | 5,861 | 34.0% | ○ | 244 | 73 | 21 | 52 | 5,006 | 5,079 | 29.473% | 1.2 | 141.589 |
| 三朝町 | 6,543 | 2,496 | 38.1% | ○ | 21 | 18 | 9 | 9 | 485 | 503 | 7.688% | 5.0 | 32.095 |
| 湯梨浜町 | 16,982 | 5,207 | 30.7% | ○ | 140 | 25 | 20 | 5 | 3,518 | 3,543 | 20.863% | 1.5 | 82.440 |
| 琴浦町 | 17,509 | 6,193 | 35.4% | ○ | 109 | 18 | 9 | 9 | 3,215 | 3,233 | 18.465% | 1.9 | 62.254 |
| 北栄町 | 15,119 | 5,004 | 33.1% | ○ | 122 | 40 | 33 | 7 | 3,357 | 3,397 | 22.468% | 1.5 | 80.693 |
| 大山町 | 16,352 | 6,303 | 38.5% | ○ | 129 | 20 | 14 | 6 | 4,357 | 4,377 | 26.767% | 1.4 | 78.889 |
| 日南町 | 4,616 | 2,327 | 50.4% | ○ | 128 | 31 | 21 | 10 | 1,754 | 1,785 | 38.670% | 1.3 | 277.296 |
| 日野町 | 3,156 | 1,502 | 47.6% | ○ | 19 | 11 | 7 | 4 | 319 | 330 | 10.456% | 4.6 | 60.203 |
| 江府町 | 2,941 | 1,336 | 45.4% | ○ | 5 | 7 | 5 | 2 | 104 | 111 | 3.774% | 12.0 | 17.001 |
| 南部箕敷屋広域連合 | 25,411 | 8,874 | 34.9% | ○ | 120 | 180 | 65 | 115 | 2,527 | 2,707 | 10.653% | 3.3 | 47.224 |
| 島根県計 | 686,126 | 228,953 | 33.4% | 19 | 2,946 | 1,528 | 748 | 780 | 83,826 | 85,354 | 12.440% | 2.7 | 42.937 |
| 島根県 | 686,126 | 228,953 | 33.4% | ○ | 158 | 23 | 8 | 15 | 6,721 | 6,744 | | | |
| 松江市 | 202,906 | 58,768 | 29.0% | ○ | 640 | 243 | 116 | 127 | 18,639 | 18,882 | 9.306% | 3.1 | 31.542 |
| 浜田市 | 54,328 | 19,682 | 36.2% | ○ | 274 | 21 | 18 | 3 | 6,695 | 6,716 | 12.362% | 2.9 | 50.434 |
| 出雲市 | 175,790 | 51,529 | 29.3% | ○ | 623 | 228 | 123 | 105 | 19,655 | 19,883 | 11.311% | 2.6 | 35.440 |
| 益田市 | 46,871 | 17,367 | 37.1% | ○ | 106 | 72 | 39 | 33 | 3,131 | 3,203 | 6.834% | 5.4 | 22.615 |
| 大田市 | 34,914 | 13,659 | 39.1% | ○ | 170 | 151 | 70 | 81 | 3,085 | 3,236 | 9.268% | 4.2 | 48.691 |
| 安来市 | 38,962 | 13,899 | 35.7% | ○ | 110 | 130 | 40 | 90 | 4,032 | 4,162 | 10.682% | 3.3 | 28.233 |
| 江津市 | 23,664 | 9,084 | 38.4% | ○ | 156 | 90 | 69 | 21 | 3,705 | 3,795 | 16.037% | 2.4 | 65.923 |
| 雲南市 | 38,479 | 14,679 | 38.1% | ○ | 367 | 222 | 110 | 112 | 9,189 | 9,411 | 24.457% | 1.6 | 95.377 |
| 奥出雲町 | 12,694 | 5,348 | 42.1% | ○ | 74 | 41 | 32 | 9 | 2,032 | 2,073 | 16.331% | 2.6 | 58.295 |
| 飯南町 | 4,898 | 2,165 | 44.2% | ○ | 31 | 41 | 17 | 24 | 519 | 560 | 11.433% | 3.9 | 63.291 |
| 川本町 | 3,317 | 1,490 | 44.9% | ○ | 13 | 18 | 13 | 5 | 207 | 225 | 6.783% | 6.6 | 39.192 |
| 美郷町 | 4,710 | 2,190 | 46.5% | ○ | 25 | 13 | 12 | 1 | 515 | 528 | 11.210% | 4.1 | 53.079 |
| 邑南町 | 10,805 | 4,711 | 43.6% | ○ | 28 | 77 | 15 | 62 | 787 | 864 | 7.996% | 5.5 | 25.914 |
| 津和野町 | 7,421 | 3,524 | 47.5% | ○ | 100 | 56 | 11 | 45 | 2,229 | 2,285 | 30.791% | 1.5 | 134.753 |
| 吉賀町 | 6,288 | 2,702 | 43.0% | ○ | 37 | 67 | 40 | 27 | 1,463 | 1,530 | 24.332% | 1.8 | 58.842 |
| 海士町 | 2,284 | 933 | 40.8% | ○ | 6 | 3 | 2 | 1 | 402 | 405 | 17.732% | 2.3 | 26.270 |
| 西ノ島町 | 2,850 | 1,276 | 44.8% | ○ | 6 | 3 | 2 | 1 | 150 | 153 | 5.368% | 8.3 | 21.053 |
| 知夫村 | 638 | 288 | 45.1% | | 4 | 4 | 2 | 2 | 105 | 109 | 17.085% | 2.6 | 62.696 |
| 隠岐の島町 | 14,307 | 5,659 | 39.6% | ○ | 18 | 25 | 9 | 16 | 565 | 590 | 4.124% | 9.6 | 12.581 |
| 岡山県計 | 1,911,722 | 563,536 | 29.5% | 28 | 6,459 | 2,918 | 2,227 | 691 | 182,361 | 185,279 | 9.692% | 3.0 | 33.786 |
| 岡山県 | 1,911,722 | 563,536 | 29.5% | ○ | 131 | 58 | 36 | 22 | 5,692 | 5,750 | | | |
| 岡山市 | 709,241 | 183,197 | 25.8% | ○ | 1,512 | 558 | 453 | 105 | 48,942 | 49,500 | 6.979% | 3.7 | 21.319 |
| 倉敷市 | 482,541 | 130,512 | 27.0% | ○ | 1,354 | 349 | 301 | 48 | 32,257 | 32,606 | 6.757% | 4.0 | 28.060 |
| 津山市 | 101,486 | 30,362 | 29.9% | ○ | 388 | 166 | 128 | 38 | 10,618 | 10,784 | 10.626% | 2.8 | 38.232 |
| 玉野市 | 59,633 | 22,164 | 37.2% | ○ | 195 | 143 | 98 | 45 | 8,073 | 8,216 | 13.778% | 2.7 | 32.700 |
| 笠岡市 | 48,712 | 17,348 | 35.6% | ○ | 158 | 135 | 108 | 27 | 4,911 | 5,046 | 10.359% | 3.4 | 32.436 |
| 井原市 | 40,639 | 14,586 | 35.9% | ○ | 190 | 58 | 53 | 5 | 5,411 | 5,469 | 13.458% | 2.7 | 46.753 |
| 総社市 | 69,151 | 19,236 | 27.8% | ○ | 271 | 91 | 54 | 37 | 7,020 | 7,111 | 10.283% | 2.7 | 39.190 |
| 高梁市 | 30,648 | 12,140 | 39.6% | ○ | 249 | 119 | 84 | 35 | 7,469 | 7,588 | 24.759% | 1.6 | 81.245 |

| | 総人口 | | 高齢化率 | 市町村窓口 | サポーター講座開催回数 | メイト数 | | | サポーター数 | 合計サポーター数(メイト+サポーター数)(※1+※2) | 総人口に占める割合(メイト+サポーター) | メイト+サポーター1人当たり担当高齢者人口 | 総人口10000人当たりの講座開催回数 |
|-------------|------------------|----------------|--------------|-----------|--------------|--------------|--------------|--------------|----------------|-----------------------------|----------------------|-----------------------|---------------------|
| | 65歳以上人口 | | | | | (※1) | 活動メイト数 | 非活動メイト数 | | | | | |
| 新見市 | 29,624 | 12,079 | 40.8% | ○ | 206 | 86 | 76 | 10 | 4,861 | 4,947 | 16.699% | 2.4 | 69.538 |
| 備前市 | 34,781 | 13,079 | 37.6% | ○ | 176 | 59 | 57 | 2 | 3,776 | 3,835 | 11.026% | 3.4 | 50.602 |
| 瀬戸内市 | 37,411 | 12,481 | 33.4% | ○ | 120 | 45 | 36 | 9 | 2,873 | 2,918 | 7.800% | 4.3 | 32.076 |
| 赤磐市 | 44,303 | 14,370 | 32.4% | ○ | 107 | 29 | 26 | 3 | 3,116 | 3,145 | 7.099% | 4.6 | 24.152 |
| 真庭市 | 45,682 | 17,243 | 37.7% | ○ | 419 | 401 | 257 | 144 | 10,719 | 11,120 | 24.342% | 1.6 | 91.721 |
| 美作市 | 27,816 | 11,053 | 39.7% | ○ | 242 | 187 | 158 | 29 | 4,868 | 5,055 | 18.173% | 2.2 | 87.000 |
| 浅口市 | 34,498 | 12,389 | 35.9% | ○ | 277 | 125 | 105 | 20 | 8,887 | 9,012 | 26.123% | 1.4 | 80.295 |
| 和気町 | 14,284 | 5,561 | 38.9% | ○ | 37 | 10 | 6 | 4 | 1,563 | 1,573 | 11.012% | 3.5 | 25.903 |
| 早島町 | 12,550 | 3,477 | 27.7% | ○ | 34 | 26 | 19 | 7 | 637 | 663 | 5.283% | 5.2 | 27.092 |
| 里庄町 | 11,193 | 3,378 | 30.2% | ○ | 15 | 9 | 6 | 3 | 572 | 581 | 5.191% | 5.8 | 13.401 |
| 矢掛町 | 14,309 | 5,389 | 37.7% | ○ | 36 | 27 | 16 | 11 | 1,285 | 1,312 | 9.169% | 4.1 | 25.159 |
| 新庄村 | 930 | 374 | 40.2% | ○ | 14 | 3 | 1 | 2 | 205 | 208 | 22.366% | 1.8 | 150.538 |
| 鏡野町 | 13,024 | 4,746 | 36.4% | ○ | 78 | 80 | 53 | 27 | 2,854 | 2,934 | 22.528% | 1.6 | 59.889 |
| 勝央町 | 11,111 | 3,355 | 30.2% | ○ | 65 | 13 | 13 | | 1,483 | 1,496 | 13.464% | 2.2 | 58.501 |
| 奈義町 | 5,901 | 2,028 | 34.4% | ○ | 13 | 18 | 14 | 4 | 294 | 312 | 5.287% | 6.5 | 22.030 |
| 西粟倉村 | 1,458 | 529 | 36.3% | ○ | 29 | 22 | 20 | 2 | 685 | 707 | 48.491% | 0.7 | 198.903 |
| 久米南町 | 4,877 | 2,140 | 43.9% | ○ | 1 | 26 | 3 | 23 | 35 | 61 | 1.251% | 35.1 | 2.050 |
| 美咲町 | 14,388 | 5,743 | 39.9% | ○ | 90 | 28 | 22 | 6 | 1,868 | 1,896 | 13.178% | 3.0 | 62.552 |
| 吉備中央町 | 11,531 | 4,577 | 39.7% | ○ | 52 | 47 | 24 | 23 | 1,387 | 1,434 | 12.436% | 3.2 | 45.096 |
| 広島県計 | 2,838,632 | 811,406 | 28.6% | 24 | 7,163 | 3,475 | 1,895 | 1,580 | 255,545 | 259,020 | 9.125% | 3.1 | 25.234 |
| 広島県 | 2,838,632 | 811,406 | 28.6% | ○ | 107 | 23 | 19 | 4 | 5,653 | 5,676 | | | |
| 広島市 | 1,196,138 | 297,060 | 24.8% | ○ | 2,206 | 578 | 270 | 308 | 98,572 | 99,150 | 8.289% | 3.0 | 18.443 |
| 呉市 | 224,922 | 78,004 | 34.7% | ○ | 518 | 422 | 173 | 249 | 14,418 | 14,840 | 6.598% | 5.3 | 23.030 |
| 竹原市 | 25,690 | 10,265 | 40.0% | ○ | 122 | 57 | 36 | 21 | 4,081 | 4,138 | 16.107% | 2.5 | 47.489 |
| 三原市 | 94,384 | 32,219 | 34.1% | ○ | 314 | 90 | 44 | 46 | 10,618 | 10,708 | 11.345% | 3.0 | 33.268 |
| 尾道市 | 137,643 | 48,694 | 35.4% | ○ | 589 | 202 | 79 | 123 | 18,127 | 18,329 | 13.316% | 2.7 | 42.792 |
| 福山市 | 469,960 | 131,007 | 27.9% | ○ | 741 | 342 | 211 | 131 | 29,791 | 30,133 | 6.412% | 4.3 | 15.767 |
| 府中市 | 39,595 | 14,390 | 36.3% | ○ | 115 | 129 | 69 | 60 | 3,556 | 3,685 | 9.307% | 3.9 | 29.044 |
| 三次市 | 52,556 | 18,535 | 35.3% | ○ | 254 | 157 | 89 | 68 | 6,699 | 6,856 | 13.045% | 2.7 | 48.329 |
| 庄原市 | 35,556 | 14,964 | 42.1% | ○ | 357 | 177 | 130 | 47 | 8,583 | 8,760 | 24.637% | 1.7 | 100.405 |
| 大竹市 | 27,212 | 9,380 | 34.5% | ○ | 67 | 86 | 23 | 63 | 1,855 | 1,941 | 7.133% | 4.8 | 24.621 |
| 東広島市 | 187,718 | 44,692 | 23.8% | ○ | 596 | 372 | 278 | 94 | 16,990 | 17,362 | 9.249% | 2.6 | 31.750 |
| 廿日市市 | 117,483 | 34,451 | 29.3% | ○ | 230 | 203 | 105 | 98 | 8,702 | 8,905 | 7.580% | 3.9 | 19.577 |
| 安芸高田市 | 28,808 | 11,216 | 38.9% | ○ | 134 | 121 | 73 | 48 | 3,734 | 3,855 | 13.382% | 2.9 | 46.515 |
| 江田島市 | 23,501 | 10,115 | 43.0% | ○ | 41 | 28 | 12 | 16 | 1,095 | 1,123 | 4.779% | 9.0 | 17.446 |
| 府中町 | 52,224 | 12,463 | 23.9% | ○ | 111 | 62 | 41 | 21 | 3,412 | 3,474 | 6.652% | 3.6 | 21.255 |
| 海田町 | 30,009 | 7,066 | 23.5% | ○ | 97 | 35 | 31 | 4 | 2,832 | 2,867 | 9.554% | 2.5 | 32.324 |
| 熊野町 | 24,180 | 8,346 | 34.5% | ○ | 85 | 100 | 52 | 48 | 2,556 | 2,656 | 10.984% | 3.1 | 35.153 |
| 坂町 | 13,048 | 3,897 | 29.9% | ○ | 65 | 40 | 22 | 18 | 3,850 | 3,890 | 29.813% | 1.0 | 49.816 |
| 安芸太田町 | 6,275 | 3,094 | 49.3% | ○ | 10 | 75 | 30 | 45 | 266 | 341 | 5.434% | 9.1 | 15.936 |
| 北広島町 | 18,780 | 7,092 | 37.8% | ○ | 195 | 76 | 64 | 12 | 5,007 | 5,083 | 27.066% | 1.4 | 103.834 |
| 大崎上島町 | 7,538 | 3,588 | 47.6% | ○ | 52 | 18 | 11 | 7 | 1,244 | 1,262 | 16.742% | 2.8 | 68.984 |
| 世羅町 | 16,309 | 6,610 | 40.5% | ○ | 66 | 65 | 16 | 49 | 1,360 | 1,425 | 8.738% | 4.6 | 40.468 |
| 神石高原町 | 9,103 | 4,258 | 46.8% | ○ | 91 | 17 | 17 | | 2,544 | 2,561 | 28.134% | 1.7 | 99.967 |
| 山口県計 | 1,383,079 | 464,545 | 33.6% | 20 | 3,999 | 2,169 | 1,345 | 824 | 133,571 | 135,740 | 9.814% | 3.4 | 28.914 |
| 山口県 | 1,383,079 | 464,545 | 33.6% | ○ | 36 | 20 | 2 | 18 | 1,919 | 1,939 | | | |
| 下関市 | 263,573 | 91,626 | 34.8% | ○ | 651 | 323 | 244 | 79 | 21,856 | 22,179 | 8.415% | 4.1 | 24.699 |
| 宇部市 | 165,409 | 53,833 | 32.5% | ○ | 494 | 205 | 123 | 82 | 19,589 | 19,794 | 11.967% | 2.7 | 29.865 |
| 山口市 | 192,246 | 55,501 | 28.9% | ○ | 346 | 249 | 126 | 123 | 12,819 | 13,068 | 6.798% | 4.2 | 17.998 |
| 萩市 | 47,625 | 19,932 | 41.9% | ○ | 263 | 155 | 112 | 43 | 8,136 | 8,291 | 17.409% | 2.4 | 55.223 |
| 防府市 | 116,435 | 35,224 | 30.3% | ○ | 183 | 130 | 71 | 59 | 5,870 | 6,000 | 5.153% | 5.9 | 15.717 |
| 下松市 | 57,103 | 16,661 | 29.2% | ○ | 232 | 118 | 83 | 35 | 5,260 | 5,378 | 9.418% | 3.1 | 40.628 |
| 岩国市 | 135,342 | 46,859 | 34.6% | ○ | 338 | 167 | 93 | 74 | 11,325 | 11,492 | 8.491% | 4.1 | 24.974 |
| 光市 | 51,324 | 17,939 | 35.0% | ○ | 194 | 99 | 70 | 29 | 8,698 | 8,797 | 17.140% | 2.0 | 37.799 |
| 長門市 | 34,305 | 14,250 | 41.5% | ○ | 154 | 46 | 19 | 27 | 4,571 | 4,617 | 13.459% | 3.1 | 44.891 |
| 柳井市 | 32,031 | 12,117 | 37.8% | ○ | 102 | 81 | 46 | 35 | 3,045 | 3,126 | 9.759% | 3.9 | 31.844 |
| 美祇市 | 24,567 | 10,050 | 40.9% | ○ | 88 | 77 | 66 | 11 | 3,348 | 3,425 | 13.941% | 2.9 | 35.820 |
| 周南市 | 143,827 | 46,119 | 32.1% | ○ | 446 | 259 | 152 | 107 | 13,776 | 14,035 | 9.758% | 3.3 | 31.009 |
| 山陽小野田市 | 63,168 | 20,953 | 33.2% | ○ | 219 | 72 | 30 | 42 | 7,499 | 7,571 | 11.985% | 2.8 | 34.669 |
| 周防大島町 | 16,320 | 8,669 | 53.1% | ○ | 56 | 34 | 25 | 9 | 1,513 | 1,547 | 9.479% | 5.6 | 34.314 |

| | 総人口 | | 高齢化率 | 市町村窓口 | サポーター講座開催回数 | メイト数 | | | サポーター数 | 合計 サポーター数 (メイト+サポーター数) (※1+※2) | 総人口に占める割合 (メイト+サポーター) | メイト+サポーター1人当たり 高齢者人口 | 総人口10000人当たりの講座開催回数 |
|-------|-----------|---------|-------|-------|-------------|-------|--------|---------|---------|---|--------------------------|-------------------------|---------------------|
| | 65歳以上人口 | | | | | (※1) | 活動メイト数 | 非活動メイト数 | | | | | |
| 和木町 | 6,437 | 1,690 | 26.3% | ○ | 27 | 27 | 22 | 5 | 565 | 592 | 9.197% | 2.9 | 41.945 |
| 上関町 | 2,758 | 1,560 | 56.6% | ○ | 27 | 7 | 4 | 3 | 426 | 433 | 15.700% | 3.6 | 97.897 |
| 田布施町 | 15,378 | 5,403 | 35.1% | ○ | 54 | 31 | 15 | 16 | 1,642 | 1,673 | 10.879% | 3.2 | 35.115 |
| 平生町 | 11,918 | 4,547 | 38.2% | ○ | 49 | 25 | 15 | 10 | 1,016 | 1,041 | 8.735% | 4.4 | 41.114 |
| 阿武町 | 3,313 | 1,612 | 48.7% | ○ | 40 | 44 | 27 | 17 | 698 | 742 | 22.397% | 2.2 | 120.736 |
| 徳島県計 | 750,519 | 241,327 | 32.2% | 24 | 2,733 | 1,566 | 927 | 639 | 92,325 | 93,891 | 12.510% | 2.6 | 36.415 |
| 徳島県 | 750,519 | 241,327 | 32.2% | ○ | 630 | 28 | 9 | 19 | 30,193 | 30,221 | | | |
| 徳島市 | 254,416 | 72,507 | 28.5% | ○ | 449 | 360 | 208 | 152 | 16,766 | 17,126 | 6.731% | 4.2 | 17.648 |
| 鳴門市 | 57,837 | 19,368 | 33.5% | ○ | 318 | 176 | 102 | 74 | 7,076 | 7,252 | 12.539% | 2.7 | 54.982 |
| 小松島市 | 38,018 | 12,675 | 33.3% | ○ | 90 | 126 | 51 | 75 | 2,310 | 2,436 | 6.407% | 5.2 | 23.673 |
| 阿南市 | 73,507 | 23,420 | 31.9% | ○ | 210 | 114 | 74 | 40 | 5,499 | 5,613 | 7.636% | 4.2 | 28.569 |
| 吉野川市 | 41,338 | 14,755 | 35.7% | ○ | 135 | 111 | 74 | 37 | 4,563 | 4,674 | 11.307% | 3.2 | 32.658 |
| 阿波市 | 37,761 | 13,239 | 35.1% | ○ | 109 | 89 | 69 | 20 | 3,473 | 3,562 | 9.433% | 3.7 | 28.866 |
| 美馬市 | 29,432 | 10,767 | 36.6% | ○ | 206 | 69 | 41 | 28 | 5,555 | 5,624 | 19.108% | 1.9 | 69.992 |
| 三好市 | 26,230 | 11,265 | 42.9% | ○ | 89 | 67 | 39 | 28 | 2,418 | 2,485 | 9.474% | 4.5 | 33.931 |
| 勝浦町 | 5,272 | 2,217 | 42.1% | ○ | 57 | 43 | 21 | 22 | 972 | 1,015 | 19.253% | 2.2 | 108.118 |
| 上勝町 | 1,547 | 802 | 51.8% | | 2 | 8 | 6 | 2 | 72 | 80 | 5.171% | 10.0 | 12.928 |
| 佐那河内村 | 2,362 | 1,067 | 45.2% | ○ | 20 | 9 | 9 | | 346 | 355 | 15.030% | 3.0 | 84.674 |
| 石井町 | 25,967 | 8,206 | 31.6% | ○ | 53 | 47 | 33 | 14 | 1,472 | 1,519 | 5.850% | 5.4 | 20.411 |
| 神山町 | 5,319 | 2,696 | 50.7% | ○ | 27 | 25 | 18 | 7 | 660 | 685 | 12.878% | 3.9 | 50.761 |
| 那賀町 | 8,415 | 4,082 | 48.5% | ○ | 66 | 33 | 19 | 14 | 2,605 | 2,638 | 31.349% | 1.5 | 78.431 |
| 牟岐町 | 4,144 | 2,074 | 50.0% | ○ | 3 | 16 | 12 | 4 | 96 | 112 | 2.703% | 18.5 | 7.239 |
| 美波町 | 6,771 | 3,128 | 46.2% | ○ | 6 | 16 | 10 | 6 | 86 | 102 | 1.506% | 30.7 | 8.861 |
| 海陽町 | 9,467 | 4,161 | 44.0% | ○ | 53 | 30 | 17 | 13 | 1,368 | 1,398 | 14.767% | 3.0 | 55.984 |
| 松茂町 | 15,167 | 3,669 | 24.2% | ○ | 18 | 17 | 13 | 4 | 469 | 486 | 3.204% | 7.5 | 11.868 |
| 北島町 | 23,260 | 5,685 | 24.4% | ○ | 22 | 39 | 22 | 17 | 955 | 994 | 4.273% | 5.7 | 9.458 |
| 藍住町 | 35,233 | 8,362 | 23.7% | ○ | 89 | 86 | 45 | 41 | 2,995 | 3,081 | 8.745% | 2.7 | 25.260 |
| 板野町 | 13,554 | 4,273 | 31.5% | ○ | 5 | 8 | 4 | 4 | 209 | 217 | 1.601% | 19.7 | 3.689 |
| 上板町 | 12,087 | 4,054 | 33.5% | ○ | 7 | 10 | 7 | 3 | 199 | 209 | 1.729% | 19.4 | 5.791 |
| つるぎ町 | 8,959 | 3,990 | 44.5% | ○ | 20 | 16 | 8 | 8 | 772 | 788 | 8.796% | 5.1 | 22.324 |
| 東みよし町 | 14,456 | 4,865 | 33.7% | ○ | 49 | 23 | 16 | 7 | 1,196 | 1,219 | 8.432% | 4.0 | 33.896 |
| 香川県計 | 987,336 | 300,568 | 30.4% | 18 | 3,015 | 1,201 | 797 | 404 | 98,215 | 99,416 | 10.069% | 3.0 | 30.537 |
| 香川県 | 987,336 | 300,568 | 30.4% | ○ | 205 | 24 | 12 | 12 | 10,727 | 10,751 | | | |
| 高松市 | 428,296 | 117,104 | 27.3% | ○ | 1,247 | 448 | 341 | 107 | 42,367 | 42,815 | 9.997% | 2.7 | 29.115 |
| 丸亀市 | 113,066 | 31,236 | 27.6% | ○ | 338 | 83 | 54 | 29 | 9,976 | 10,059 | 8.897% | 3.1 | 29.894 |
| 坂出市 | 53,249 | 18,286 | 34.3% | ○ | 149 | 72 | 37 | 35 | 3,922 | 3,994 | 7.501% | 4.6 | 27.982 |
| 善通寺市 | 32,389 | 9,849 | 30.4% | ○ | 90 | 53 | 38 | 15 | 3,063 | 3,116 | 9.621% | 3.2 | 27.787 |
| 観音寺市 | 60,466 | 19,592 | 32.4% | ○ | 134 | 49 | 38 | 11 | 3,828 | 3,877 | 6.412% | 5.1 | 22.161 |
| さぬき市 | 48,868 | 17,424 | 35.7% | ○ | 106 | 107 | 58 | 49 | 2,745 | 2,852 | 5.836% | 6.1 | 21.691 |
| 東かがわ市 | 30,901 | 12,615 | 40.8% | ○ | 85 | 39 | 21 | 18 | 2,944 | 2,983 | 9.653% | 4.2 | 27.507 |
| 三豊市 | 65,959 | 23,056 | 35.0% | ○ | 211 | 96 | 63 | 33 | 5,541 | 5,637 | 8.546% | 4.1 | 31.990 |
| 土庄町 | 13,964 | 5,704 | 40.8% | ○ | 41 | 17 | 10 | 7 | 1,552 | 1,569 | 11.236% | 3.6 | 29.361 |
| 小豆島町 | 14,768 | 6,107 | 41.4% | ○ | 57 | 24 | 9 | 15 | 1,395 | 1,419 | 9.609% | 4.3 | 38.597 |
| 三木町 | 28,331 | 8,688 | 30.7% | ○ | 79 | 37 | 23 | 14 | 3,113 | 3,150 | 11.119% | 2.8 | 27.885 |
| 直島町 | 3,085 | 1,089 | 35.3% | ○ | 6 | 7 | 3 | 4 | 68 | 75 | 2.431% | 14.5 | 19.449 |
| 宇多津町 | 18,478 | 3,829 | 20.7% | ○ | 20 | 33 | 15 | 18 | 397 | 430 | 2.327% | 8.9 | 10.824 |
| 綾川町 | 24,255 | 8,352 | 34.4% | ○ | 60 | 17 | 10 | 7 | 2,116 | 2,133 | 8.794% | 3.9 | 24.737 |
| 琴平町 | 9,157 | 3,527 | 38.5% | ○ | 37 | 34 | 27 | 7 | 823 | 857 | 9.359% | 4.1 | 40.406 |
| 多度津町 | 23,444 | 7,358 | 31.4% | ○ | 52 | 42 | 24 | 18 | 1,613 | 1,655 | 7.059% | 4.4 | 22.181 |
| まんのう町 | 18,660 | 6,752 | 36.2% | ○ | 98 | 19 | 14 | 5 | 2,025 | 2,044 | 10.954% | 3.3 | 52.519 |
| 愛媛県計 | 1,381,761 | 440,022 | 31.8% | 21 | 4,031 | 2,116 | 1,089 | 1,027 | 146,020 | 148,136 | 10.721% | 3.0 | 29.173 |
| 愛媛県 | 1,381,761 | 440,022 | 31.8% | ○ | 182 | 7 | 3 | 4 | 9,409 | 9,416 | | | |
| 松山市 | 513,227 | 139,929 | 27.3% | ○ | 947 | 511 | 226 | 285 | 36,025 | 36,536 | 7.119% | 3.8 | 18.452 |
| 今治市 | 160,178 | 54,936 | 34.3% | ○ | 482 | 173 | 110 | 63 | 17,295 | 17,468 | 10.905% | 3.1 | 30.092 |
| 宇和島市 | 75,827 | 28,842 | 38.0% | ○ | 339 | 157 | 79 | 78 | 10,213 | 10,370 | 13.676% | 2.8 | 44.707 |
| 八幡浜市 | 33,850 | 13,235 | 39.1% | ○ | 171 | 123 | 38 | 85 | 5,878 | 6,001 | 17.728% | 2.2 | 50.517 |
| 新居浜市 | 119,893 | 38,095 | 31.8% | ○ | 363 | 128 | 70 | 58 | 15,014 | 15,142 | 12.630% | 2.5 | 30.277 |
| 西条市 | 109,681 | 34,589 | 31.5% | ○ | 277 | 124 | 63 | 61 | 12,717 | 12,841 | 11.708% | 2.7 | 25.255 |
| 大洲市 | 43,400 | 15,215 | 35.1% | ○ | 62 | 28 | 8 | 20 | 2,181 | 2,209 | 5.090% | 6.9 | 14.286 |
| 伊予市 | 37,265 | 12,190 | 32.7% | ○ | 70 | 127 | 31 | 96 | 2,211 | 2,338 | 6.274% | 5.2 | 18.784 |

| | 総人口 | | 高齢化率 | 市町村窓口 | サポーター講座開催回数 | メイト数 | | | サポーター数 | 合計 サポーター数 (メイト+サポーター数) (※1+※2) | 総人口に占める割合 (メイト+サポーター) | メイト+サポーター1人当たり 担当高齢者人口 | 総人口10000人当たりの講座開催回数 |
|-------------|------------------|------------------|--------------|-----------|---------------|--------------|--------------|--------------|----------------|---|--------------------------|---------------------------|---------------------|
| | 65歳以上人口 | | | | | (※1) | 活動メイト数 | 非活動メイト数 | | | | | |
| 四国中央市 | 87,482 | 27,614 | 31.6% | ○ | 292 | 287 | 191 | 96 | 12,314 | 12,601 | 14.404% | 2.2 | 33,378 |
| 西予市 | 38,019 | 16,033 | 42.2% | ○ | 167 | 78 | 59 | 19 | 5,803 | 5,881 | 15.469% | 2.7 | 43,925 |
| 東温市 | 33,588 | 10,043 | 29.9% | ○ | 153 | 72 | 49 | 23 | 4,054 | 4,126 | 12.284% | 2.4 | 45,552 |
| 上島町 | 6,903 | 3,136 | 45.4% | ○ | 48 | 16 | 14 | 2 | 824 | 840 | 12.169% | 3.7 | 69,535 |
| 久万高原町 | 8,340 | 3,933 | 47.2% | ○ | 94 | 24 | 18 | 6 | 2,755 | 2,779 | 33.321% | 1.4 | 112,710 |
| 松前町 | 30,913 | 9,296 | 30.1% | ○ | 54 | 68 | 26 | 42 | 1,289 | 1,357 | 4.390% | 6.9 | 17,468 |
| 砥部町 | 21,230 | 6,763 | 31.9% | ○ | 62 | 61 | 36 | 25 | 1,934 | 1,995 | 9.397% | 3.4 | 29,204 |
| 内子町 | 16,721 | 6,493 | 38.8% | ○ | 21 | 25 | 5 | 20 | 1,003 | 1,028 | 6.148% | 6.3 | 12,559 |
| 伊方町 | 9,400 | 4,291 | 45.6% | ○ | 31 | 17 | 12 | 5 | 734 | 751 | 7.989% | 5.7 | 32,979 |
| 松野町 | 4,002 | 1,783 | 44.6% | ○ | 24 | 6 | 3 | 3 | 417 | 423 | 10.570% | 4.2 | 59,970 |
| 鬼北町 | 10,357 | 4,534 | 43.8% | ○ | 86 | 49 | 24 | 25 | 1,969 | 2,018 | 19.484% | 2.2 | 83,036 |
| 愛南町 | 21,485 | 9,072 | 42.2% | ○ | 106 | 35 | 24 | 11 | 1,981 | 2,016 | 9.383% | 4.5 | 49,337 |
| 高知県計 | 717,480 | 245,225 | 34.2% | 35 | 2,139 | 2,050 | 827 | 1,223 | 59,228 | 61,278 | 8.541% | 4.0 | 29,813 |
| 高知県 | 717,480 | 245,225 | 34.2% | ○ | 232 | 62 | 17 | 45 | 6,888 | 6,950 | | | |
| 高知市 | 330,167 | 95,674 | 29.0% | ○ | 628 | 312 | 170 | 142 | 21,093 | 21,405 | 6.483% | 4.5 | 19,021 |
| 室戸市 | 13,414 | 6,485 | 48.3% | ○ | 24 | 38 | 6 | 32 | 677 | 715 | 5.330% | 9.1 | 17,892 |
| 安芸市 | 17,426 | 6,880 | 39.5% | ○ | 33 | 61 | 15 | 46 | 777 | 838 | 4.809% | 8.2 | 18,937 |
| 南国市 | 47,524 | 14,532 | 30.6% | ○ | 79 | 110 | 25 | 85 | 2,680 | 2,790 | 5.871% | 5.2 | 16,623 |
| 土佐市 | 27,158 | 9,774 | 36.0% | ○ | 38 | 76 | 13 | 63 | 776 | 852 | 3.137% | 11.5 | 13,992 |
| 須崎市 | 22,026 | 8,439 | 38.3% | ○ | 70 | 132 | 44 | 88 | 1,739 | 1,871 | 8.495% | 4.5 | 31,781 |
| 宿毛市 | 20,574 | 7,534 | 36.6% | ○ | 41 | 56 | 23 | 33 | 994 | 1,050 | 5.104% | 7.2 | 19,928 |
| 土佐清水市 | 13,684 | 6,484 | 47.4% | ○ | 52 | 32 | 6 | 26 | 583 | 615 | 4.494% | 10.5 | 38,001 |
| 四万十市 | 34,001 | 11,983 | 35.2% | ○ | 155 | 117 | 66 | 51 | 3,637 | 3,754 | 11.041% | 3.2 | 45,587 |
| 香南市 | 33,368 | 10,553 | 31.6% | ○ | 168 | 115 | 47 | 68 | 3,229 | 3,344 | 10.022% | 3.2 | 50,348 |
| 香美市 | 26,319 | 10,341 | 39.3% | ○ | 101 | 81 | 34 | 47 | 2,367 | 2,448 | 9.301% | 4.2 | 38,375 |
| 東洋町 | 2,450 | 1,237 | 50.5% | ○ | 4 | 16 | 3 | 13 | 69 | 85 | 3.469% | 14.6 | 16,327 |
| 奈半利町 | 3,228 | 1,382 | 42.8% | ○ | 13 | 17 | 5 | 12 | 274 | 291 | 9.015% | 4.7 | 40,273 |
| 田野町 | 2,644 | 1,079 | 40.8% | ○ | 11 | 16 | 7 | 9 | 343 | 359 | 13.578% | 3.0 | 41,604 |
| 安田町 | 2,700 | 1,197 | 44.3% | ○ | 6 | 13 | 4 | 9 | 171 | 184 | 6.815% | 6.5 | 22,222 |
| 北川村 | 1,300 | 570 | 43.8% | ○ | 1 | 7 | | 7 | 76 | 83 | 6.385% | 6.9 | 7,692 |
| 馬路村 | 893 | 356 | 39.9% | ○ | 3 | 11 | 4 | 7 | 72 | 83 | 9.295% | 4.3 | 33,595 |
| 芸西村 | 3,785 | 1,416 | 37.4% | ○ | 5 | 5 | 4 | 1 | 74 | 79 | 2.087% | 17.9 | 13,210 |
| 本山町 | 3,503 | 1,582 | 45.2% | ○ | 21 | 17 | 11 | 6 | 414 | 431 | 12.304% | 3.7 | 59,949 |
| 大豊町 | 3,693 | 2,090 | 56.6% | ○ | 26 | 12 | 8 | 4 | 637 | 649 | 17.574% | 3.2 | 70,403 |
| 土佐町 | 3,899 | 1,719 | 44.1% | ○ | 29 | 42 | 26 | 16 | 953 | 995 | 25.519% | 1.7 | 74,378 |
| 大川村 | 408 | 180 | 44.1% | ○ | 5 | 11 | 2 | 9 | 59 | 70 | 17.157% | 2.6 | 122,549 |
| いの町 | 23,024 | 8,694 | 37.8% | ○ | 44 | 31 | 12 | 19 | 1,285 | 1,316 | 5.716% | 6.6 | 19,110 |
| 仁淀川町 | 5,371 | 2,903 | 54.0% | ○ | 14 | 62 | 22 | 40 | 283 | 345 | 6.423% | 8.4 | 26,066 |
| 中土佐町 | 6,868 | 3,140 | 45.7% | ○ | 69 | 91 | 55 | 36 | 1,163 | 1,254 | 18.259% | 2.5 | 100,466 |
| 佐川町 | 12,929 | 4,971 | 38.4% | ○ | 47 | 43 | 12 | 31 | 2,029 | 2,072 | 16.026% | 2.4 | 36,352 |
| 越知町 | 5,651 | 2,574 | 45.5% | ○ | 6 | 8 | 3 | 5 | 187 | 195 | 3.451% | 13.2 | 10,618 |
| 梶原町 | 3,542 | 1,558 | 44.0% | ○ | 14 | 67 | 28 | 39 | 263 | 330 | 9.317% | 4.7 | 39,526 |
| 日高村 | 5,050 | 2,062 | 40.8% | ○ | 26 | 58 | 25 | 33 | 483 | 541 | 10.713% | 3.8 | 51,485 |
| 津野町 | 5,835 | 2,528 | 43.3% | ○ | 13 | 73 | 20 | 53 | 381 | 454 | 7.781% | 5.6 | 22,279 |
| 四万十町 | 17,205 | 7,421 | 43.1% | ○ | 104 | 165 | 93 | 72 | 3,066 | 3,231 | 18.779% | 2.3 | 60,448 |
| 大月町 | 5,058 | 2,313 | 45.7% | ○ | 16 | 14 | 5 | 9 | 793 | 807 | 15.955% | 2.9 | 31,633 |
| 三原村 | 1,531 | 709 | 46.3% | ○ | 3 | 5 | 2 | 3 | 43 | 48 | 3.135% | 14.8 | 19,595 |
| 黒潮町 | 11,252 | 4,865 | 43.2% | ○ | 38 | 74 | 10 | 64 | 670 | 744 | 6.612% | 6.5 | 33,772 |
| 福岡県計 | 5,131,305 | 1,381,259 | 26.9% | 60 | 12,625 | 6,012 | 3,558 | 2,454 | 431,680 | 437,692 | 8.530% | 3.2 | 24,604 |
| 福岡県 | 5,131,305 | 1,381,259 | 26.9% | ○ | 216 | 2 | 1 | 1 | 12,199 | 12,201 | | | |
| 北九州市 | 955,935 | 289,093 | 30.2% | ○ | 2,766 | 359 | 189 | 170 | 90,768 | 91,127 | 9.533% | 3.2 | 28,935 |
| 福岡市 | 1,540,923 | 330,721 | 21.5% | ○ | 2,802 | 1,374 | 820 | 554 | 108,914 | 110,288 | 7.157% | 3.0 | 18,184 |
| 大牟田市 | 115,310 | 41,521 | 36.0% | ○ | 573 | 124 | 77 | 47 | 20,709 | 20,833 | 18.067% | 2.0 | 49,692 |
| 久留米市 | 306,112 | 81,198 | 26.5% | ○ | 754 | 380 | 252 | 128 | 29,126 | 29,506 | 9.639% | 2.8 | 24,632 |
| 直方市 | 56,779 | 18,543 | 32.7% | ○ | 214 | 103 | 48 | 55 | 7,117 | 7,220 | 12.716% | 2.6 | 37,690 |
| 飯塚市 | 129,002 | 39,742 | 30.8% | ○ | 352 | 175 | 85 | 90 | 10,796 | 10,971 | 8.505% | 3.6 | 27,286 |
| 田川市 | 47,998 | 15,970 | 33.3% | ○ | 125 | 61 | 39 | 22 | 4,697 | 4,758 | 9.913% | 3.4 | 26,043 |
| 柳川市 | 66,438 | 21,565 | 32.5% | ○ | 283 | 73 | 62 | 11 | 8,422 | 8,495 | 12.786% | 2.5 | 42,596 |
| 八女市 | 63,759 | 21,989 | 34.5% | ○ | 221 | 187 | 155 | 32 | 6,376 | 6,563 | 10.293% | 3.4 | 34,662 |
| 筑後市 | 49,317 | 13,195 | 26.8% | ○ | 137 | 78 | 66 | 12 | 2,962 | 3,040 | 6.164% | 4.3 | 27,779 |

| | 総人口 | | 高齢化率 | 市町村窓口 | サポーター講座開催回数 | メイト数 | | | サポーター数 | 合計サポーター数(メイト+サポーター数)(※1+※2) | 総人口に占める割合(メイト+サポーター) | メイト+サポーター1人当たり担当高齢者人口 | 総人口10000人当たりの講座開催回数 |
|------|---------|---------|-------|-------|-------------|-------|--------|---------|--------|-----------------------------|----------------------|-----------------------|---------------------|
| | 65歳以上人口 | | | | | (※1) | 活動メイト数 | 非活動メイト数 | | | | | |
| 大川市 | 34,363 | 11,968 | 34.8% | ○ | 128 | 119 | 113 | 6 | 4,079 | 4,198 | 12.217% | 2.9 | 37.249 |
| 行橋市 | 73,451 | 21,344 | 29.1% | ○ | 162 | 95 | 50 | 45 | 3,662 | 3,757 | 5.115% | 5.7 | 22.056 |
| 豊前市 | 25,641 | 9,123 | 35.6% | ○ | 101 | 38 | 22 | 16 | 2,779 | 2,817 | 10.986% | 3.2 | 39.390 |
| 中間市 | 42,065 | 15,503 | 36.9% | ○ | 71 | 81 | 51 | 30 | 2,423 | 2,504 | 5.953% | 6.2 | 16.879 |
| 小郡市 | 59,735 | 15,966 | 26.7% | ○ | 178 | 103 | 79 | 24 | 6,148 | 6,251 | 10.465% | 2.6 | 29.798 |
| 筑紫野市 | 103,853 | 25,678 | 24.7% | ○ | 212 | 140 | 65 | 75 | 7,191 | 7,331 | 7.059% | 3.5 | 20.413 |
| 春日市 | 113,225 | 24,102 | 21.3% | ○ | 131 | 152 | 81 | 71 | 5,849 | 6,001 | 5.300% | 4.0 | 11.570 |
| 大野城市 | 100,933 | 21,341 | 21.1% | ○ | 85 | 147 | 58 | 89 | 3,278 | 3,425 | 3.393% | 6.2 | 8.421 |
| 宗像市 | 97,136 | 27,830 | 28.7% | ○ | 220 | 66 | 19 | 47 | 10,237 | 10,303 | 10.607% | 2.7 | 22.649 |
| 太宰府市 | 71,790 | 19,672 | 27.4% | ○ | 118 | 80 | 35 | 45 | 3,337 | 3,417 | 4.760% | 5.8 | 16.437 |
| 古賀市 | 59,151 | 15,227 | 25.7% | ○ | 195 | 186 | 144 | 42 | 8,396 | 8,582 | 14.509% | 1.8 | 32.966 |
| 福津市 | 64,729 | 17,974 | 27.8% | ○ | 183 | 138 | 51 | 87 | 8,529 | 8,667 | 13.390% | 2.1 | 28.272 |
| うきは市 | 29,763 | 9,936 | 33.4% | ○ | 135 | 110 | 58 | 52 | 3,636 | 3,746 | 12.586% | 2.7 | 45.358 |
| 宮若市 | 28,157 | 9,628 | 34.2% | ○ | 74 | 93 | 68 | 25 | 1,904 | 1,997 | 7.092% | 4.8 | 26.281 |
| 嘉麻市 | 38,371 | 14,578 | 38.0% | ○ | 115 | 133 | 88 | 45 | 2,394 | 2,527 | 6.586% | 5.8 | 29.971 |
| 朝倉市 | 53,515 | 17,898 | 33.4% | ○ | 111 | 121 | 73 | 48 | 2,764 | 2,885 | 5.391% | 6.2 | 20.742 |
| みやま市 | 37,637 | 13,790 | 36.6% | ○ | 136 | 45 | 29 | 16 | 3,187 | 3,232 | 8.587% | 4.3 | 36.135 |
| 糸島市 | 101,658 | 28,987 | 28.5% | ○ | 262 | 157 | 113 | 44 | 8,058 | 8,215 | 8.081% | 3.5 | 25.773 |
| 那珂川市 | 50,420 | 11,295 | 22.4% | ○ | 100 | 50 | 34 | 16 | 2,268 | 2,318 | 4.597% | 4.9 | 19.833 |
| 宇美町 | 37,303 | 9,879 | 26.5% | ○ | 56 | 21 | 14 | 7 | 1,438 | 1,459 | 3.911% | 6.8 | 15.012 |
| 篠栗町 | 31,424 | 7,536 | 24.0% | ○ | 35 | 36 | 18 | 18 | 1,010 | 1,046 | 3.329% | 7.2 | 11.138 |
| 志免町 | 46,055 | 10,626 | 23.1% | ○ | 91 | 110 | 65 | 45 | 2,477 | 2,587 | 5.617% | 4.1 | 19.759 |
| 須恵町 | 28,554 | 7,415 | 26.0% | ○ | 27 | 21 | 7 | 14 | 922 | 943 | 3.303% | 7.9 | 9.456 |
| 新宮町 | 32,930 | 5,846 | 17.8% | ○ | 14 | 39 | 13 | 26 | 534 | 573 | 1.740% | 10.2 | 4.251 |
| 久山町 | 8,987 | 2,465 | 27.4% | ○ | 40 | 33 | 14 | 19 | 1,325 | 1,358 | 15.111% | 1.8 | 44.509 |
| 粕屋町 | 47,658 | 8,375 | 17.6% | ○ | 32 | 29 | 25 | 4 | 955 | 984 | 2.065% | 8.5 | 6.715 |
| 芦屋町 | 13,913 | 4,393 | 31.6% | ○ | 42 | 20 | 13 | 7 | 1,044 | 1,064 | 7.648% | 4.1 | 30.188 |
| 水巻町 | 28,516 | 9,075 | 31.8% | ○ | 31 | 38 | 23 | 15 | 1,092 | 1,130 | 3.963% | 8.0 | 10.871 |
| 岡垣町 | 31,812 | 10,340 | 32.5% | ○ | 49 | 28 | 15 | 13 | 1,917 | 1,945 | 6.114% | 5.3 | 15.403 |
| 遠賀町 | 19,346 | 6,374 | 32.9% | ○ | 34 | 38 | 13 | 25 | 1,006 | 1,044 | 5.396% | 6.1 | 17.575 |
| 小竹町 | 7,751 | 3,101 | 40.0% | ○ | 23 | 18 | 7 | 11 | 594 | 612 | 7.896% | 5.1 | 29.674 |
| 鞍手町 | 16,078 | 5,981 | 37.2% | ○ | 83 | 30 | 17 | 13 | 1,806 | 1,836 | 11.419% | 3.3 | 51.623 |
| 桂川町 | 13,535 | 4,563 | 33.7% | ○ | 53 | 47 | 18 | 29 | 1,331 | 1,378 | 10.181% | 3.3 | 39.158 |
| 筑前町 | 29,691 | 8,681 | 29.2% | ○ | 92 | 124 | 55 | 69 | 2,205 | 2,329 | 7.844% | 3.7 | 30.986 |
| 東峰村 | 2,128 | 902 | 42.4% | ○ | 3 | 6 | 4 | 2 | 52 | 58 | 2.726% | 15.6 | 14.098 |
| 大刀洗町 | 15,646 | 4,257 | 27.2% | ○ | 66 | 38 | 20 | 18 | 2,465 | 2,503 | 15.998% | 1.7 | 42.183 |
| 大木町 | 14,256 | 3,934 | 27.6% | ○ | 36 | 43 | 28 | 15 | 736 | 779 | 5.464% | 5.1 | 25.253 |
| 広川町 | 19,670 | 5,528 | 28.1% | ○ | 45 | 38 | 26 | 12 | 1,807 | 1,845 | 9.380% | 3.0 | 22.877 |
| 香春町 | 11,048 | 4,392 | 39.8% | ○ | 20 | 10 | 5 | 5 | 517 | 527 | 4.770% | 8.3 | 18.103 |
| 添田町 | 9,890 | 4,057 | 41.0% | ○ | 28 | 33 | 9 | 24 | 635 | 668 | 6.754% | 6.1 | 28.311 |
| 糸田町 | 9,127 | 3,215 | 35.2% | ○ | 22 | 7 | 4 | 3 | 511 | 518 | 5.675% | 6.2 | 24.104 |
| 川崎町 | 16,805 | 6,065 | 36.1% | ○ | 37 | 14 | 9 | 5 | 1,123 | 1,137 | 6.766% | 5.3 | 22.017 |
| 大任町 | 5,293 | 1,899 | 35.9% | ○ | 1 | 14 | 4 | 10 | 60 | 74 | 1.398% | 25.7 | 1.889 |
| 赤村 | 3,181 | 1,211 | 38.1% | | 1 | | | | 35 | 35 | 1.100% | 34.6 | 3.144 |
| 福智町 | 23,012 | 7,758 | 33.7% | ○ | 105 | 44 | 26 | 18 | 2,761 | 2,805 | 12.189% | 2.8 | 45.628 |
| 苅田町 | 37,652 | 9,001 | 23.9% | ○ | 77 | 54 | 25 | 29 | 3,615 | 3,669 | 9.745% | 2.5 | 20.450 |
| みやこ町 | 19,891 | 7,736 | 38.9% | ○ | 251 | 46 | 29 | 17 | 4,022 | 4,068 | 20.451% | 1.9 | 126.188 |
| 吉富町 | 6,839 | 2,090 | 30.6% | ○ | | 25 | 1 | 24 | | 25 | 0.366% | 83.6 | |
| 上毛町 | 7,651 | 2,636 | 34.5% | ○ | 50 | 15 | 12 | 3 | 959 | 974 | 12.730% | 2.7 | 65.351 |
| 築上町 | 18,497 | 6,551 | 35.4% | ○ | 21 | 23 | 14 | 9 | 521 | 544 | 2.941% | 12.0 | 11.353 |
| 佐賀県計 | 828,781 | 241,970 | 29.2% | 21 | 2,774 | 1,132 | 773 | 359 | 95,955 | 97,087 | 11.714% | 2.5 | 33.471 |
| 佐賀県 | 828,781 | 241,970 | 29.2% | ○ | 210 | 9 | 2 | 7 | 10,368 | 10,377 | | | |
| 佐賀市 | 233,418 | 64,039 | 27.4% | ○ | 914 | 299 | 199 | 100 | 30,750 | 31,049 | 13.302% | 2.1 | 39.157 |
| 唐津市 | 122,528 | 37,938 | 31.0% | ○ | 261 | 66 | 45 | 21 | 6,410 | 6,476 | 5.285% | 5.9 | 21.301 |
| 鳥栖市 | 73,653 | 16,993 | 23.1% | ○ | 180 | 114 | 72 | 42 | 7,180 | 7,294 | 9.903% | 2.3 | 24.439 |
| 多久市 | 19,343 | 6,706 | 34.7% | ○ | 57 | 21 | 16 | 5 | 1,785 | 1,806 | 9.337% | 3.7 | 29.468 |
| 伊万里市 | 55,083 | 16,852 | 30.6% | ○ | 155 | 59 | 35 | 24 | 5,497 | 5,556 | 10.087% | 3.0 | 28.139 |
| 武雄市 | 49,119 | 14,778 | 30.1% | ○ | 153 | 58 | 43 | 15 | 6,050 | 6,108 | 12.435% | 2.4 | 31.149 |
| 鹿島市 | 29,351 | 9,220 | 31.4% | ○ | 127 | 67 | 55 | 12 | 3,371 | 3,438 | 11.713% | 2.7 | 43.269 |
| 小城市 | 45,405 | 12,465 | 27.5% | ○ | 130 | 75 | 46 | 29 | 4,649 | 4,724 | 10.404% | 2.6 | 28.631 |

| | 総人口 | | 高齢化率 | 市町村窓口 | サポーター講座開催回数 | メイト数 | | | サポーター数 | 合計 サポーター数 (メイト+サポーター数) (※1+※2) | 総人口に占める割合 (メイト+サポーター) | メイト+サポーター1人当たりの 担当 高齢者人口 | 総人口10000人当たりの 講座 開催回数 |
|-------------|------------------|----------------|--------------|-----------|--------------|--------------|--------------|------------|----------------|---|--------------------------|--------------------------------|-----------------------------|
| | 65歳以上人口 | メイト数 (※1) | | | | 活動 メイト数 | 非活動 メイト数 | | | | | | |
| 嬉野市 | 26,292 | 8,662 | 32.9% | ○ | 42 | 42 | 26 | 16 | 1,451 | 1,493 | 5.679% | 5.8 | 15,974 |
| 神埼市 | 31,775 | 9,636 | 30.3% | ○ | 135 | 72 | 56 | 16 | 3,965 | 4,037 | 12.705% | 2.4 | 42,486 |
| 吉野ヶ里町 | 16,201 | 3,893 | 24.0% | ○ | 48 | 24 | 19 | 5 | 1,623 | 1,647 | 10.166% | 2.4 | 29,628 |
| 基山町 | 17,414 | 5,116 | 29.4% | ○ | 90 | 35 | 26 | 9 | 2,347 | 2,382 | 13.679% | 2.1 | 51,683 |
| 上峰町 | 9,558 | 2,379 | 24.9% | ○ | 8 | 9 | 6 | 3 | 805 | 814 | 8.516% | 2.9 | 8,370 |
| みやき町 | 25,548 | 8,636 | 33.8% | ○ | 66 | 35 | 29 | 6 | 2,330 | 2,365 | 9.257% | 3.7 | 25,834 |
| 玄海町 | 5,650 | 1,790 | 31.7% | ○ | 24 | 7 | 7 | | 970 | 977 | 17.292% | 1.8 | 42,478 |
| 有田町 | 20,091 | 6,657 | 33.1% | ○ | 26 | 50 | 37 | 13 | 1,208 | 1,258 | 6.262% | 5.3 | 12,941 |
| 大町町 | 6,539 | 2,496 | 38.2% | ○ | 27 | 9 | 4 | 5 | 988 | 997 | 15.247% | 2.5 | 41,291 |
| 江北町 | 9,679 | 2,699 | 27.9% | ○ | 34 | 14 | 5 | 9 | 1,019 | 1,033 | 10.673% | 2.6 | 35,128 |
| 白石町 | 23,244 | 7,788 | 33.5% | ○ | 83 | 56 | 40 | 16 | 3,056 | 3,112 | 13.388% | 2.5 | 35,708 |
| 太良町 | 8,890 | 3,227 | 36.3% | ○ | 4 | 11 | 5 | 6 | 133 | 144 | 1.620% | 22.4 | 4,499 |
| 長崎県計 | 1,365,391 | 429,394 | 31.4% | 22 | 4,249 | 1,742 | 1,262 | 480 | 133,423 | 135,165 | 9.899% | 3.2 | 31,119 |
| 長崎県 | 1,365,391 | 429,394 | 31.4% | ○ | 64 | 25 | 12 | 13 | 2,625 | 2,650 | | | |
| 長崎市 | 421,799 | 132,385 | 31.4% | ○ | 1,484 | 443 | 391 | 52 | 49,594 | 50,037 | 11.863% | 2.6 | 35,183 |
| 佐世保市 | 252,370 | 77,388 | 30.7% | ○ | 640 | 406 | 244 | 162 | 18,562 | 18,968 | 7.516% | 4.1 | 25,360 |
| 島原市 | 45,384 | 15,329 | 33.8% | ○ | 197 | 62 | 48 | 14 | 6,129 | 6,191 | 13.641% | 2.5 | 43,407 |
| 諫早市 | 137,383 | 39,951 | 29.1% | ○ | 371 | 165 | 117 | 48 | 12,654 | 12,819 | 9.331% | 3.1 | 27,005 |
| 大村市 | 96,329 | 23,470 | 24.4% | ○ | 229 | 94 | 58 | 36 | 7,626 | 7,720 | 8.014% | 3.0 | 23,773 |
| 平戸市 | 31,530 | 12,223 | 38.8% | ○ | 89 | 80 | 44 | 36 | 2,795 | 2,875 | 9.118% | 4.3 | 28,227 |
| 松浦市 | 22,966 | 8,124 | 35.4% | ○ | 64 | 33 | 20 | 13 | 1,729 | 1,762 | 7.672% | 4.6 | 27,867 |
| 対馬市 | 31,005 | 11,090 | 35.8% | ○ | 123 | 27 | 24 | 3 | 2,241 | 2,268 | 7.315% | 4.9 | 39,671 |
| 壱岐市 | 26,827 | 9,769 | 36.4% | ○ | 219 | 100 | 83 | 17 | 5,076 | 5,176 | 19.294% | 1.9 | 81,634 |
| 五島市 | 37,092 | 14,344 | 38.7% | ○ | 132 | 17 | 15 | 2 | 3,122 | 3,139 | 8.463% | 4.6 | 35,587 |
| 西海市 | 27,982 | 10,377 | 37.1% | ○ | 86 | 29 | 20 | 9 | 2,357 | 2,386 | 8.527% | 4.3 | 30,734 |
| 雲仙市 | 44,041 | 14,714 | 33.4% | ○ | 112 | 52 | 41 | 11 | 4,276 | 4,328 | 9.827% | 3.4 | 25,431 |
| 南島原市 | 46,133 | 17,550 | 38.0% | ○ | 107 | 50 | 40 | 10 | 5,006 | 5,056 | 10.960% | 3.5 | 23,194 |
| 長与町 | 41,925 | 10,663 | 25.4% | ○ | 91 | 26 | 18 | 8 | 2,761 | 2,787 | 6.648% | 3.8 | 21,705 |
| 時津町 | 30,019 | 7,501 | 25.0% | ○ | 33 | 42 | 29 | 13 | 1,234 | 1,276 | 4.251% | 5.9 | 10,993 |
| 東彼杵町 | 7,983 | 2,803 | 35.1% | ○ | 10 | 10 | 6 | 4 | 274 | 284 | 3.558% | 9.9 | 12,527 |
| 川棚町 | 14,085 | 4,525 | 32.1% | ○ | 32 | 11 | 8 | 3 | 1,128 | 1,139 | 8.087% | 4.0 | 22,719 |
| 波佐見町 | 14,818 | 4,525 | 30.5% | ○ | 45 | 14 | 11 | 3 | 1,679 | 1,693 | 11.425% | 2.7 | 30,368 |
| 小値賀町 | 2,453 | 1,177 | 48.0% | ○ | 3 | 6 | 2 | 4 | 74 | 80 | 3.261% | 14.7 | 12,230 |
| 佐々町 | 13,962 | 3,773 | 27.0% | ○ | 45 | 38 | 20 | 18 | 977 | 1,015 | 7.270% | 3.7 | 32,230 |
| 新上五島町 | 19,305 | 7,713 | 40.0% | ○ | 73 | 12 | 11 | 1 | 1,504 | 1,516 | 7.853% | 5.1 | 37,814 |
| 熊本県計 | 1,780,079 | 537,233 | 30.2% | 46 | 9,360 | 2,883 | 1,973 | 910 | 347,882 | 350,765 | 19.705% | 1.5 | 52,582 |
| 熊本県 | 1,780,079 | 537,233 | 30.2% | ○ | 271 | 1 | 1 | | 23,020 | 23,021 | | | |
| 熊本市 | 734,105 | 187,705 | 25.6% | ○ | 2,157 | 525 | 367 | 158 | 87,726 | 88,251 | 12.022% | 2.1 | 29,383 |
| 八代市 | 128,001 | 42,271 | 33.0% | ○ | 572 | 144 | 121 | 23 | 19,462 | 19,606 | 15.317% | 2.2 | 44,687 |
| 人吉市 | 32,664 | 11,522 | 35.3% | ○ | 282 | 104 | 68 | 36 | 9,020 | 9,124 | 27.933% | 1.3 | 86,334 |
| 荒尾市 | 52,822 | 18,229 | 34.5% | ○ | 259 | 57 | 48 | 9 | 10,528 | 10,585 | 20.039% | 1.7 | 49,033 |
| 水俣市 | 24,705 | 9,413 | 38.1% | ○ | 361 | 62 | 52 | 10 | 8,552 | 8,614 | 34.867% | 1.1 | 146,124 |
| 玉名市 | 66,627 | 21,892 | 32.9% | ○ | 416 | 157 | 132 | 25 | 14,208 | 14,365 | 21.560% | 1.5 | 62,437 |
| 山鹿市 | 52,244 | 18,837 | 36.1% | ○ | 471 | 320 | 133 | 187 | 19,294 | 19,614 | 37.543% | 1.0 | 90,154 |
| 菊池市 | 49,078 | 15,764 | 32.1% | ○ | 443 | 114 | 59 | 55 | 17,494 | 17,608 | 35.878% | 0.9 | 90,264 |
| 宇土市 | 37,345 | 10,786 | 28.9% | ○ | 129 | 80 | 66 | 14 | 5,940 | 6,020 | 16.120% | 1.8 | 34,543 |
| 上天草市 | 27,311 | 10,591 | 38.8% | ○ | 214 | 21 | 20 | 1 | 6,502 | 6,523 | 23.884% | 1.6 | 78,357 |
| 宇城市 | 59,478 | 19,501 | 32.8% | ○ | 259 | 58 | 44 | 14 | 7,814 | 7,872 | 13.235% | 2.5 | 43,546 |
| 阿蘇市 | 26,433 | 9,776 | 37.0% | ○ | 339 | 55 | 47 | 8 | 9,946 | 10,001 | 37.835% | 1.0 | 128,249 |
| 天草市 | 81,177 | 31,378 | 38.7% | ○ | 632 | 105 | 98 | 7 | 22,464 | 22,569 | 27.802% | 1.4 | 77,855 |
| 合志市 | 62,215 | 14,542 | 23.4% | ○ | 206 | 91 | 51 | 40 | 11,704 | 11,795 | 18.958% | 1.2 | 33,111 |
| 美里町 | 10,111 | 4,339 | 42.9% | ○ | 102 | 58 | 33 | 25 | 2,970 | 3,028 | 29.948% | 1.4 | 100,880 |
| 玉東町 | 5,298 | 1,871 | 35.3% | ○ | 84 | 14 | 13 | 1 | 1,565 | 1,579 | 29.804% | 1.2 | 158,550 |
| 南関町 | 9,797 | 3,709 | 37.9% | ○ | 76 | 26 | 19 | 7 | 3,142 | 3,168 | 32.336% | 1.2 | 77,575 |
| 長洲町 | 16,113 | 5,493 | 34.1% | ○ | 88 | 24 | 20 | 4 | 3,336 | 3,360 | 20.853% | 1.6 | 54,614 |
| 和水町 | 10,074 | 4,015 | 39.9% | ○ | 73 | 13 | 6 | 7 | 2,154 | 2,167 | 21.511% | 1.9 | 72,464 |
| 大津町 | 34,788 | 7,549 | 21.7% | ○ | 206 | 68 | 52 | 16 | 6,317 | 6,385 | 18.354% | 1.2 | 59,216 |
| 菊陽町 | 41,976 | 8,473 | 20.2% | ○ | 162 | 62 | 42 | 20 | 8,287 | 8,349 | 19.890% | 1.0 | 38,593 |
| 南小国町 | 4,080 | 1,577 | 38.7% | ○ | 68 | 14 | 13 | 1 | 1,302 | 1,316 | 32.255% | 1.2 | 166,667 |
| 小国町 | 7,136 | 2,872 | 40.2% | ○ | 68 | 16 | 11 | 5 | 1,878 | 1,894 | 26.541% | 1.5 | 95,291 |

| | 総人口 | | 高齢化率 | 市町村窓口 | サポーター講座開催回数 | メイト数 | | | サポーター数 | 合計 サポーター数 (メイト+サポーター数) (※1+※2) | 総人口に占める割合 (メイト+サポーター) | メイト+サポーター1人当たり 担当 高齢者人口 | 総人口10000人当たりの 講座 開催回数 |
|-------------|------------------|----------------|--------------|-----------|--------------|--------------|--------------|-------------|----------------|---|--------------------------|-------------------------------|-----------------------------|
| | 65歳以上人口 | | | | | (※1) | 活動 メイト数 | 非活動 メイト数 | | | | | |
| 産山村 | 1,517 | 615 | 40.5% | ○ | 11 | 3 | 2 | 1 | 325 | 328 | 21.622% | 1.9 | 72,512 |
| 高森町 | 6,458 | 2,525 | 39.1% | ○ | 71 | 10 | 10 | | 1,975 | 1,985 | 30.737% | 1.3 | 109,941 |
| 西原村 | 6,764 | 2,002 | 29.6% | ○ | 74 | 7 | 4 | 3 | 1,948 | 1,955 | 28.903% | 1.0 | 109,403 |
| 南阿蘇村 | 10,619 | 4,220 | 39.7% | ○ | 22 | 20 | 5 | 15 | 675 | 695 | 6.545% | 6.1 | 20,718 |
| 御船町 | 17,013 | 5,788 | 34.0% | ○ | 186 | 74 | 44 | 30 | 4,976 | 5,050 | 29.683% | 1.1 | 109,328 |
| 嘉島町 | 9,426 | 2,521 | 26.7% | ○ | 36 | 22 | 14 | 8 | 1,171 | 1,193 | 12.656% | 2.1 | 38,192 |
| 益城町 | 32,967 | 9,405 | 28.5% | ○ | 174 | 102 | 73 | 29 | 3,959 | 4,061 | 12.318% | 2.3 | 52,780 |
| 甲佐町 | 10,654 | 4,018 | 37.7% | ○ | 39 | 25 | 9 | 16 | 1,612 | 1,637 | 15.365% | 2.5 | 36,606 |
| 山都町 | 15,027 | 6,964 | 46.3% | ○ | 160 | 61 | 55 | 6 | 4,759 | 4,820 | 32.076% | 1.4 | 106,475 |
| 氷川町 | 11,934 | 4,404 | 36.9% | ○ | 48 | 37 | 23 | 14 | 1,559 | 1,596 | 13.374% | 2.8 | 40,221 |
| 芦北町 | 17,421 | 7,385 | 42.4% | ○ | 106 | 64 | 54 | 10 | 2,967 | 3,031 | 17.399% | 2.4 | 60,846 |
| 津奈木町 | 4,614 | 1,878 | 40.7% | ○ | 43 | 27 | 26 | 1 | 1,329 | 1,356 | 29.389% | 1.4 | 93,195 |
| 錦町 | 10,671 | 3,382 | 31.7% | ○ | 129 | 93 | 55 | 38 | 3,625 | 3,718 | 34.842% | 0.9 | 120,888 |
| 多良木町 | 9,591 | 3,849 | 40.1% | ○ | 63 | 38 | 10 | 28 | 2,141 | 2,179 | 22.719% | 1.8 | 65,687 |
| 湯前町 | 3,953 | 1,666 | 42.1% | ○ | 27 | 29 | 16 | 13 | 780 | 809 | 20.465% | 2.1 | 68,303 |
| 水上村 | 2,221 | 910 | 41.0% | ○ | 11 | 13 | 4 | 9 | 325 | 338 | 15.218% | 2.7 | 49,527 |
| 相良村 | 4,485 | 1,778 | 39.6% | ○ | 21 | 4 | 2 | 2 | 516 | 520 | 11.594% | 3.4 | 46,823 |
| 五木村 | 1,092 | 519 | 47.5% | ○ | 15 | 11 | 4 | 7 | 305 | 316 | 28.938% | 1.6 | 137,363 |
| 山江村 | 3,514 | 1,177 | 33.5% | ○ | 39 | 6 | 5 | 1 | 1,028 | 1,034 | 29.425% | 1.1 | 110,985 |
| 球磨村 | 3,699 | 1,618 | 43.7% | ○ | 23 | 14 | 10 | 4 | 866 | 880 | 23.790% | 1.8 | 62,179 |
| あさぎり町 | 15,571 | 5,621 | 36.1% | ○ | 65 | 22 | 20 | 2 | 4,523 | 4,545 | 29.189% | 1.2 | 41,744 |
| 苓北町 | 7,290 | 2,883 | 39.5% | ○ | 59 | 12 | 12 | | 1,893 | 1,905 | 26.132% | 1.5 | 80,933 |
| 大分県計 | 1,160,218 | 369,738 | 31.9% | 19 | 4,013 | 2,225 | 1,248 | 977 | 125,062 | 127,287 | 10.971% | 2.9 | 34,588 |
| 大分県 | 1,160,218 | 369,738 | 31.9% | ○ | 171 | 41 | 18 | 23 | 7,660 | 7,701 | | | |
| 大分市 | 479,097 | 126,501 | 26.4% | ○ | 1,403 | 713 | 474 | 239 | 42,450 | 43,163 | 9.009% | 2.9 | 29,284 |
| 別府市 | 117,932 | 39,239 | 33.3% | ○ | 199 | 132 | 69 | 63 | 8,090 | 8,222 | 6.972% | 4.8 | 16,874 |
| 中津市 | 84,344 | 24,972 | 29.6% | ○ | 257 | 133 | 89 | 44 | 6,988 | 7,121 | 8.443% | 3.5 | 30,470 |
| 日田市 | 65,861 | 22,235 | 33.8% | ○ | 215 | 124 | 51 | 73 | 7,408 | 7,532 | 11.436% | 3.0 | 32,645 |
| 佐伯市 | 71,807 | 27,601 | 38.4% | ○ | 228 | 111 | 48 | 63 | 6,233 | 6,344 | 8.835% | 4.4 | 31,752 |
| 臼杵市 | 38,761 | 15,136 | 39.0% | ○ | 206 | 107 | 70 | 37 | 7,577 | 7,684 | 19.824% | 2.0 | 53,146 |
| 津久見市 | 17,656 | 7,522 | 42.6% | ○ | 120 | 63 | 26 | 37 | 3,454 | 3,517 | 19.920% | 2.1 | 67,966 |
| 竹田市 | 21,886 | 9,997 | 45.7% | ○ | 83 | 155 | 85 | 70 | 2,416 | 2,571 | 11.747% | 3.9 | 37,924 |
| 豊後高田市 | 22,809 | 8,613 | 37.8% | ○ | 133 | 69 | 35 | 34 | 3,817 | 3,886 | 17.037% | 2.2 | 58,310 |
| 杵築市 | 29,437 | 10,651 | 36.2% | ○ | 54 | 51 | 14 | 37 | 1,485 | 1,536 | 5.218% | 6.9 | 18,344 |
| 宇佐市 | 56,480 | 19,814 | 35.1% | ○ | 118 | 121 | 49 | 72 | 4,184 | 4,305 | 7.622% | 4.6 | 20,892 |
| 豊後大野市 | 35,995 | 15,296 | 42.5% | ○ | 236 | 95 | 60 | 35 | 6,604 | 6,699 | 18.611% | 2.3 | 65,565 |
| 由布市 | 34,653 | 11,373 | 32.8% | ○ | 97 | 133 | 71 | 62 | 4,946 | 5,079 | 14.657% | 2.2 | 27,992 |
| 国東市 | 28,176 | 11,674 | 41.4% | ○ | 132 | 68 | 30 | 38 | 3,813 | 3,881 | 13.774% | 3.0 | 46,848 |
| 姫島村 | 2,034 | 961 | 47.2% | ○ | 11 | 3 | 3 | | 407 | 410 | 20.157% | 2.3 | 54,081 |
| 日出町 | 28,456 | 8,424 | 29.6% | ○ | 40 | 39 | 13 | 26 | 1,260 | 1,299 | 4.565% | 6.5 | 14,057 |
| 九重町 | 9,530 | 3,979 | 41.8% | ○ | 172 | 20 | 15 | 5 | 3,681 | 3,701 | 38.835% | 1.1 | 180,483 |
| 玖珠町 | 15,304 | 5,750 | 37.6% | ○ | 138 | 47 | 28 | 19 | 2,589 | 2,636 | 17.224% | 2.2 | 90,173 |
| 宮崎県計 | 1,103,755 | 343,475 | 31.1% | 27 | 4,390 | 2,466 | 1,490 | 976 | 141,182 | 143,648 | 13.014% | 2.4 | 39,773 |
| 宮崎県 | 1,103,755 | 343,475 | 31.1% | ○ | 37 | 36 | 25 | 11 | 1,773 | 1,809 | | | |
| 宮崎市 | 403,238 | 109,223 | 27.1% | ○ | 1,160 | 508 | 374 | 134 | 42,582 | 43,090 | 10.686% | 2.5 | 28,767 |
| 都城市 | 165,433 | 50,431 | 30.5% | ○ | 782 | 277 | 170 | 107 | 25,244 | 25,521 | 15.427% | 2.0 | 47,270 |
| 延岡市 | 123,483 | 40,801 | 33.0% | ○ | 454 | 214 | 122 | 92 | 14,310 | 14,524 | 11.762% | 2.8 | 36,766 |
| 日南市 | 53,585 | 19,699 | 36.8% | ○ | 183 | 111 | 55 | 56 | 6,042 | 6,153 | 11.483% | 3.2 | 34,151 |
| 小林市 | 45,990 | 16,070 | 34.9% | ○ | 409 | 266 | 145 | 121 | 12,212 | 12,478 | 27.132% | 1.3 | 88,932 |
| 日向市 | 61,756 | 19,014 | 30.8% | ○ | 281 | 194 | 49 | 145 | 8,013 | 8,207 | 13.289% | 2.3 | 45,502 |
| 串間市 | 18,631 | 7,382 | 39.6% | ○ | 81 | 54 | 31 | 23 | 1,961 | 2,015 | 10.815% | 3.7 | 43,476 |
| 西都市 | 30,501 | 10,871 | 35.6% | ○ | 127 | 92 | 75 | 17 | 3,904 | 3,996 | 13.101% | 2.7 | 41,638 |
| えびの市 | 19,616 | 7,995 | 40.8% | ○ | 58 | 32 | 13 | 19 | 1,791 | 1,823 | 9.293% | 4.4 | 29,568 |
| 三股町 | 26,081 | 6,727 | 25.8% | ○ | 75 | 63 | 38 | 25 | 1,874 | 1,937 | 7.427% | 3.5 | 28,757 |
| 高原町 | 9,423 | 3,702 | 39.3% | ○ | 25 | 70 | 39 | 31 | 818 | 888 | 9.424% | 4.2 | 26,531 |
| 国富町 | 19,450 | 6,803 | 35.0% | ○ | 85 | 100 | 68 | 32 | 3,425 | 3,525 | 18.123% | 1.9 | 43,702 |
| 綾町 | 7,409 | 2,569 | 34.7% | ○ | 29 | 57 | 46 | 11 | 977 | 1,034 | 13.956% | 2.5 | 39,142 |
| 高鍋町 | 20,448 | 6,542 | 32.0% | ○ | 68 | 40 | 32 | 8 | 2,750 | 2,790 | 13.644% | 2.3 | 33,255 |
| 新富町 | 17,487 | 5,249 | 30.0% | ○ | 75 | 31 | 22 | 9 | 2,048 | 2,079 | 11.889% | 2.5 | 42,889 |
| 西米良村 | 1,153 | 487 | 42.2% | ○ | 22 | 13 | 11 | 2 | 423 | 436 | 37.814% | 1.1 | 190,807 |

| | 総人口 | | 高齢化率 | 市町村窓口 | サポーター講座開催回数 | メイト数 | | | サポーター数 | 合計 サポーター数 (メイト+サポーター数) (※1+※2) | 総人口に占める割合 (メイト+サポーター) | メイト+サポーター1人当たり 高齢者人口 | 総人口10000人当たりの講座開催回数 |
|--------------|------------------|----------------|--------------|-----------|--------------|--------------|--------------|------------|----------------|---|--------------------------|-------------------------|---------------------|
| | 65歳以上人口 | | | | | (※1) | 活動メイト数 | 非活動メイト数 | | | | | |
| 木城町 | 5,255 | 1,850 | 35.2% | ○ | 17 | 16 | 7 | 9 | 675 | 691 | 13.149% | 2.7 | 32.350 |
| 川南町 | 15,780 | 5,337 | 33.8% | ○ | 49 | 22 | 14 | 8 | 1,254 | 1,276 | 8.086% | 4.2 | 31.052 |
| 都農町 | 10,607 | 3,934 | 37.1% | ○ | 51 | 19 | 17 | 2 | 1,441 | 1,460 | 13.764% | 2.7 | 48.081 |
| 門川町 | 18,116 | 5,818 | 32.1% | ○ | 81 | 61 | 16 | 45 | 2,072 | 2,133 | 11.774% | 2.7 | 44.712 |
| 諸塚村 | 1,706 | 726 | 42.6% | ○ | 12 | 25 | 5 | 20 | 645 | 670 | 39.273% | 1.1 | 70.340 |
| 椎葉村 | 2,819 | 1,202 | 42.6% | ○ | 20 | 34 | 24 | 10 | 382 | 416 | 14.757% | 2.9 | 70.947 |
| 美郷町 | 5,458 | 2,708 | 49.6% | ○ | 29 | 46 | 28 | 18 | 709 | 755 | 13.833% | 3.6 | 53.133 |
| 高千穂町 | 12,386 | 4,985 | 40.2% | ○ | 100 | 37 | 20 | 17 | 2,393 | 2,430 | 19.619% | 2.1 | 80.736 |
| 日之影町 | 4,043 | 1,778 | 44.0% | ○ | 36 | 23 | 21 | 2 | 699 | 722 | 17.858% | 2.5 | 89.043 |
| 五ヶ瀬町 | 3,901 | 1,572 | 40.3% | ○ | 44 | 25 | 23 | 2 | 765 | 790 | 20.251% | 2.0 | 112.792 |
| 鹿児島県計 | 1,643,437 | 507,056 | 30.9% | 44 | 5,233 | 2,354 | 1,653 | 701 | 172,011 | 174,365 | 10.610% | 2.9 | 31.842 |
| 鹿児島県 | 1,643,437 | 507,056 | 30.9% | ○ | 130 | 77 | 51 | 26 | 5,894 | 5,971 | | | |
| 鹿児島市 | 604,631 | 159,371 | 26.4% | ○ | 1,413 | 522 | 340 | 182 | 47,391 | 47,913 | 7.924% | 3.3 | 23.370 |
| 鹿屋市 | 103,665 | 29,548 | 28.5% | ○ | 355 | 175 | 141 | 34 | 11,546 | 11,721 | 11.307% | 2.5 | 34.245 |
| 枕崎市 | 21,447 | 8,226 | 38.4% | ○ | 78 | 39 | 39 | | 1,984 | 2,023 | 9.433% | 4.1 | 36.369 |
| 阿久根市 | 20,590 | 8,160 | 39.6% | ○ | 83 | 49 | 39 | 10 | 1,825 | 1,874 | 9.102% | 4.4 | 40.311 |
| 出水市 | 53,671 | 17,053 | 31.8% | ○ | 143 | 64 | 57 | 7 | 5,014 | 5,078 | 9.461% | 3.4 | 26.644 |
| 指宿市 | 41,003 | 15,301 | 37.3% | ○ | 156 | 56 | 34 | 22 | 4,264 | 4,320 | 10.536% | 3.5 | 38.046 |
| 西之表市 | 15,437 | 5,619 | 36.4% | ○ | 41 | 19 | 19 | | 1,918 | 1,937 | 12.548% | 2.9 | 26.560 |
| 垂水市 | 14,885 | 6,122 | 41.1% | ○ | 20 | 75 | 42 | 33 | 636 | 711 | 4.777% | 8.6 | 13.436 |
| 薩摩川内市 | 95,485 | 29,867 | 31.3% | ○ | 238 | 129 | 67 | 62 | 8,649 | 8,778 | 9.193% | 3.4 | 24.925 |
| 日置市 | 48,711 | 16,324 | 33.5% | ○ | 300 | 90 | 83 | 7 | 8,272 | 8,362 | 17.167% | 2.0 | 61.588 |
| 曾於市 | 36,207 | 14,188 | 39.2% | ○ | 85 | 53 | 29 | 24 | 2,760 | 2,813 | 7.769% | 5.0 | 23.476 |
| 霧島市 | 125,824 | 33,392 | 26.5% | ○ | 384 | 144 | 80 | 64 | 15,416 | 15,560 | 12.366% | 2.1 | 30.519 |
| いちき串木野市 | 28,097 | 10,088 | 35.9% | ○ | 129 | 41 | 36 | 5 | 4,048 | 4,089 | 14.553% | 2.5 | 45.912 |
| 南さつま市 | 34,387 | 13,255 | 38.5% | ○ | 91 | 42 | 36 | 6 | 3,663 | 3,705 | 10.774% | 3.6 | 26.463 |
| 志布志市 | 31,507 | 10,769 | 34.2% | ○ | 86 | 10 | 9 | 1 | 3,168 | 3,178 | 10.087% | 3.4 | 27.296 |
| 奄美市 | 43,315 | 13,267 | 30.6% | ○ | 140 | 103 | 75 | 28 | 5,397 | 5,500 | 12.698% | 2.4 | 32.321 |
| 南九州市 | 35,417 | 13,536 | 38.2% | ○ | 186 | 42 | 36 | 6 | 6,414 | 6,456 | 18.229% | 2.1 | 52.517 |
| 伊佐市 | 26,147 | 10,487 | 40.1% | ○ | 129 | 58 | 52 | 6 | 3,393 | 3,451 | 13.198% | 3.0 | 49.336 |
| 始良市 | 77,411 | 23,188 | 30.0% | ○ | 221 | 115 | 95 | 20 | 9,652 | 9,767 | 12.617% | 2.4 | 28.549 |
| 三島村 | 373 | 110 | 29.5% | ○ | | 6 | 3 | 3 | | 6 | 1.609% | 18.3 | |
| 十島村 | 689 | 208 | 30.2% | ○ | 14 | 5 | 3 | 2 | 338 | 343 | 49.782% | 0.6 | 203.193 |
| さつま町 | 21,398 | 8,474 | 39.6% | ○ | 128 | 50 | 45 | 5 | 2,608 | 2,658 | 12.422% | 3.2 | 59.819 |
| 長島町 | 10,529 | 3,692 | 35.1% | ○ | 40 | 16 | 15 | 1 | 930 | 946 | 8.985% | 3.9 | 37.990 |
| 湧水町 | 9,399 | 3,909 | 41.6% | ○ | 50 | 39 | 16 | 23 | 1,350 | 1,389 | 14.778% | 2.8 | 53.197 |
| 大崎町 | 13,170 | 4,946 | 37.6% | ○ | 102 | 28 | 20 | 8 | 1,897 | 1,925 | 14.617% | 2.6 | 77.449 |
| 東串良町 | 6,679 | 2,432 | 36.4% | ○ | 14 | 9 | 5 | 4 | 447 | 456 | 6.827% | 5.3 | 20.961 |
| 錦江町 | 7,566 | 3,331 | 44.0% | ○ | 48 | 20 | 7 | 13 | 907 | 927 | 12.252% | 3.6 | 63.442 |
| 南大隅町 | 7,268 | 3,458 | 47.6% | ○ | 43 | 10 | 6 | 4 | 1,860 | 1,870 | 25.729% | 1.8 | 59.163 |
| 肝付町 | 15,467 | 6,247 | 40.4% | ○ | 25 | 40 | 25 | 15 | 531 | 571 | 3.692% | 10.9 | 16.163 |
| 中種子町 | 8,029 | 3,009 | 37.5% | ○ | 43 | 7 | 7 | | 1,095 | 1,102 | 13.725% | 2.7 | 53.556 |
| 南種子町 | 5,713 | 1,987 | 34.8% | ○ | 38 | 8 | 8 | | 949 | 957 | 16.751% | 2.1 | 66.515 |
| 屋久島町 | 12,586 | 4,297 | 34.1% | ○ | 42 | 6 | 6 | | 730 | 736 | 5.848% | 5.8 | 33.370 |
| 大和村 | 1,491 | 604 | 40.5% | ○ | 11 | 7 | 5 | 2 | 155 | 162 | 10.865% | 3.7 | 73.776 |
| 宇検村 | 1,749 | 725 | 41.5% | ○ | 18 | 13 | 5 | 8 | 293 | 306 | 17.496% | 2.4 | 102.916 |
| 瀬戸内町 | 8,835 | 3,233 | 36.6% | ○ | 14 | 20 | 13 | 7 | 565 | 585 | 6.621% | 5.5 | 15.846 |
| 龍郷町 | 6,029 | 1,973 | 32.7% | ○ | 28 | 26 | 13 | 13 | 687 | 713 | 11.826% | 2.8 | 46.442 |
| 喜界町 | 7,097 | 2,736 | 38.6% | ○ | 15 | 27 | 4 | 23 | 933 | 960 | 13.527% | 2.9 | 21.136 |
| 徳之島町 | 10,849 | 3,347 | 30.9% | ○ | 21 | 37 | 21 | 16 | 1,153 | 1,190 | 10.969% | 2.8 | 19.357 |
| 天城町 | 6,041 | 2,055 | 34.0% | ○ | 26 | 31 | 29 | 2 | 679 | 710 | 11.753% | 2.9 | 43.039 |
| 伊仙町 | 6,730 | 2,388 | 35.5% | ○ | 8 | 27 | 19 | 8 | 449 | 476 | 7.073% | 5.0 | 11.887 |
| 和泊町 | 6,631 | 2,270 | 34.2% | ○ | 38 | 9 | 8 | 1 | 1,453 | 1,462 | 22.048% | 1.6 | 57.307 |
| 知名町 | 6,015 | 2,114 | 35.1% | ○ | 11 | 5 | 5 | | 288 | 293 | 4.871% | 7.2 | 18.288 |
| 与論町 | 5,267 | 1,750 | 33.2% | ○ | 48 | 5 | 5 | | 410 | 415 | 7.879% | 4.2 | 91.133 |
| 沖縄県計 | 1,476,178 | 314,338 | 21.3% | 24 | 3,159 | 1,650 | 1,035 | 615 | 93,645 | 95,295 | 6.456% | 3.3 | 21.400 |
| 沖縄県 | 1,476,178 | 314,338 | 21.3% | ○ | 135 | 1 | | 1 | 3,681 | 3,682 | | | |
| 那覇市 | 322,624 | 72,491 | 22.5% | ○ | 692 | 240 | 132 | 108 | 22,722 | 22,962 | 7.117% | 3.2 | 21.449 |

| | 総人口 | | 高齢化率 | 市町村窓口 | サポーター講座開催回数 | メイト数 | | | サポーター数 | 合計サポーター数(メイト+サポーター数)(※1+※2) | 総人口に占める割合(メイト+サポーター) | メイト+サポーター1人当たり担当高齢者人口 | 総人口10000人当たりの講座開催回数 |
|------|---------|----------|-------|-------|-------------|--------|---------|-----|--------|-----------------------------|----------------------|-----------------------|---------------------|
| | 65歳以上人口 | メイト数(※1) | | | | 活動メイト数 | 非活動メイト数 | | | | | | |
| 宜野湾市 | 98,689 | 18,513 | 18.8% | ○ | 195 | 120 | 71 | 49 | 4,844 | 4,964 | 5.030% | 3.7 | 19.759 |
| 石垣市 | 49,562 | 10,340 | 20.9% | ○ | 63 | 73 | 65 | 8 | 1,763 | 1,836 | 3.704% | 5.6 | 12.711 |
| 浦添市 | 114,531 | 21,778 | 19.0% | ○ | 270 | 224 | 110 | 114 | 10,462 | 10,686 | 9.330% | 2.0 | 23.574 |
| 名護市 | 63,161 | 13,564 | 21.5% | ○ | 107 | 57 | 43 | 14 | 3,324 | 3,381 | 5.353% | 4.0 | 16.941 |
| 糸満市 | 61,811 | 12,538 | 20.3% | ○ | 137 | 67 | 49 | 18 | 4,088 | 4,155 | 6.722% | 3.0 | 22.164 |
| 沖縄市 | 142,217 | 28,087 | 19.7% | ○ | 237 | 145 | 100 | 45 | 6,580 | 6,725 | 4.729% | 4.2 | 16.665 |
| 豊見城市 | 64,436 | 11,621 | 18.0% | ○ | 116 | 69 | 43 | 26 | 2,972 | 3,041 | 4.719% | 3.8 | 18.002 |
| うるま市 | 123,976 | 26,597 | 21.5% | ○ | 150 | 115 | 75 | 40 | 4,295 | 4,410 | 3.557% | 6.0 | 12.099 |
| 宮古島市 | 54,625 | 13,993 | 25.6% | ○ | 132 | 44 | 27 | 17 | 3,080 | 3,124 | 5.719% | 4.5 | 24.165 |
| 南城市 | 43,945 | 10,814 | 24.6% | ○ | 70 | 58 | 27 | 31 | 1,707 | 1,765 | 4.016% | 6.1 | 15.929 |
| 国頭村 | 4,746 | 1,602 | 33.8% | | 3 | 6 | 1 | 5 | 102 | 108 | 2.276% | 14.8 | 6.321 |
| 大宜味村 | 3,089 | 1,107 | 35.8% | | 8 | 6 | 5 | 1 | 156 | 162 | 5.244% | 6.8 | 25.898 |
| 東村 | 1,805 | 599 | 33.2% | | 5 | | | | 104 | 104 | 5.762% | 5.8 | 27.701 |
| 今帰仁村 | 9,411 | 2,927 | 31.1% | | 19 | 8 | 3 | 5 | 543 | 551 | 5.855% | 5.3 | 20.189 |
| 本部町 | 13,234 | 3,944 | 29.8% | | 37 | 28 | 17 | 11 | 699 | 727 | 5.493% | 5.4 | 27.958 |
| 恩納村 | 11,038 | 2,558 | 23.2% | ○ | 31 | 25 | 23 | 2 | 765 | 790 | 7.157% | 3.2 | 28.085 |
| 宜野座村 | 6,071 | 1,410 | 23.2% | | 25 | 19 | 15 | 4 | 746 | 765 | 12.601% | 1.8 | 41.179 |
| 金武町 | 11,573 | 2,960 | 25.6% | | 16 | 32 | 21 | 11 | 831 | 863 | 7.457% | 3.4 | 13.825 |
| 伊江村 | 4,593 | 1,447 | 31.5% | | 13 | 1 | 1 | | 290 | 291 | 6.336% | 5.0 | 28.304 |
| 読谷村 | 41,446 | 8,602 | 20.8% | ○ | 78 | 73 | 35 | 38 | 1,725 | 1,798 | 4.338% | 4.8 | 18.820 |
| 嘉手納町 | 13,681 | 3,160 | 23.1% | ○ | 56 | 12 | 11 | 1 | 1,166 | 1,178 | 8.610% | 2.7 | 40.933 |
| 北谷町 | 29,097 | 5,666 | 19.5% | ○ | 66 | 23 | 17 | 6 | 2,138 | 2,161 | 7.427% | 2.6 | 22.683 |
| 北中城村 | 17,345 | 3,752 | 21.6% | ○ | 57 | 33 | 24 | 9 | 1,353 | 1,386 | 7.991% | 2.7 | 32.862 |
| 中城村 | 21,284 | 3,969 | 18.6% | ○ | 32 | 14 | 8 | 6 | 1,758 | 1,772 | 8.326% | 2.2 | 15.035 |
| 西原町 | 35,322 | 7,153 | 20.3% | ○ | 78 | 37 | 28 | 9 | 2,726 | 2,763 | 7.822% | 2.6 | 22.083 |
| 与那原町 | 19,810 | 3,818 | 19.3% | | 42 | 18 | 7 | 11 | 2,175 | 2,193 | 11.070% | 1.7 | 21.201 |
| 南風原町 | 39,348 | 6,944 | 17.6% | | 83 | 40 | 30 | 10 | 2,414 | 2,454 | 6.237% | 2.8 | 21.094 |
| 渡嘉敷村 | 725 | 157 | 21.7% | | 10 | 4 | 3 | 1 | 108 | 112 | 15.448% | 1.4 | 137.931 |
| 座間味村 | 942 | 222 | 23.6% | | 8 | 2 | 2 | | 327 | 329 | 34.926% | 0.7 | 84.926 |
| 粟国村 | 701 | 263 | 37.5% | | 1 | 1 | | 1 | 14 | 15 | 2.140% | 17.5 | 14.265 |
| 渡名喜村 | 378 | 162 | 42.9% | | 3 | 1 | | 1 | 51 | 52 | 13.757% | 3.1 | 79.365 |
| 南大東村 | 1,248 | 288 | 23.1% | | 9 | 5 | 4 | 1 | 122 | 127 | 10.176% | 2.3 | 72.115 |
| 北大東村 | 591 | 120 | 20.3% | | 2 | 1 | 1 | | 42 | 43 | 7.276% | 2.8 | 33.841 |
| 伊平屋村 | 1,251 | 340 | 27.2% | | 4 | 7 | 5 | 2 | 104 | 111 | 8.873% | 3.1 | 31.974 |
| 伊是名村 | 1,430 | 437 | 30.6% | ○ | 8 | 2 | 2 | | 254 | 256 | 17.902% | 1.7 | 55.944 |
| 久米島町 | 7,873 | 2,272 | 28.9% | ○ | 55 | 10 | 10 | | 973 | 983 | 12.486% | 2.3 | 69.859 |
| 八重瀬町 | 31,338 | 6,459 | 20.6% | | 84 | 19 | 11 | 8 | 1,904 | 1,923 | 6.136% | 3.4 | 26.805 |
| 多良間村 | 1,172 | 340 | 29.0% | ○ | 3 | 3 | 3 | | 103 | 106 | 9.044% | 3.2 | 25.597 |
| 竹富町 | 4,343 | 963 | 22.2% | ○ | 11 | 4 | 3 | 1 | 253 | 257 | 5.918% | 3.7 | 25.328 |
| 与那国町 | 1,716 | 361 | 21.0% | ○ | 8 | 3 | 3 | | 181 | 184 | 10.723% | 2.0 | 46.620 |

| | 総人口 | | 高齢化率 | 市町村窓口 | サポーター講座開催回数 | メイト数 | | | サポーター数 | 合計サポーター数(メイト+サポーター数)(※1+※2) | 総人口に占める割合(メイト+サポーター) | メイト+サポーター1人当たり担当高齢者人口 | 総人口10000人当たりの講座開催回数 |
|--------------------|---------|------|------|-------|-------------|--------|---------|------|--------|-----------------------------|----------------------|-----------------------|---------------------|
| | 65歳以上人口 | (※1) | | | | 活動メイト数 | 非活動メイト数 | (※2) | | | | | |
| ニューヨーク日系人会(アメリカ) | | | | | 11 | 56 | 18 | 38 | 227 | 283 | | | |
| フィデラルティブ日系人会(アメリカ) | | | | | 3 | 32 | 12 | 20 | 23 | 55 | | | |
| ワシントン日系人会(アメリカ) | | | | | 3 | | | | 77 | 77 | | | |
| ボストン日系人会(アメリカ) | | | | | 1 | | | | 65 | 65 | | | |
| トロント日系人会(カナダ) | | | | | 4 | 52 | 11 | 41 | 48 | 100 | | | |
| バンクーバー日系人会(カナダ) | | | | | | 51 | | 51 | | 51 | | | |
| ドイツ日系人会(ドイツ) | | | | | 50 | 85 | 57 | 28 | 821 | 906 | | | |
| スイス日系人会(スイス) | | | | | 7 | 1 | 1 | | 89 | 90 | | | |
| タイ日系人会(タイ) | | | | | 5 | 53 | 11 | 42 | 163 | 216 | | | |
| デンマーク日系人会(デンマーク) | | | | | | 2 | 2 | | | 2 | | | |
| ブラジル日系人会(ブラジル) | | | | | 8 | | | | 522 | 522 | | | |

※令和元年9月30日までに提出された実施報告書による

※窓口：連絡先として設置されている自治体等を含む

※登録から2年未満のキャラバン・メイトは、活動メイトとしている

※登録から2年間にわたり講座開催実績のないキャラバン・メイトは、非活動メイトとしている

※「都道府県」サポーター数には、都道府県を実施主体として開催された市町村の講座分の数が含まれる(実施報告書の記載に基づく)

※人口、高齢者人口：総務省発表 住民基本台帳による(平成31年1月1日現在)