

⑤市町村別キャラバン・メイト数、認知症サポーター数（自治体型）

平成28年12月31日現在

| | 総人口 | | 高齢化率 | 市町村 窓口 | サポ- ター 講座 開催回数 | メイト数 | | | サポ- ター数 (※2) | 合計 サポ- ター数 (メイト+ サポ- ター 数) (※1+※2) | 総人口に 占める割合 (メイト+サ ポ-ター) | メイト+ サポ- ター 1人当り 担当 高齢者人口 | 総人口10000 人当りの 講座 開催回数 |
|------|-------------|------------|-------|-----------|-------------------------|---------|------------|-------------|--------------------|---|----------------------------------|--|--------------------------------|
| | 65歳以上人口 | | | | | (※1) | 活動 メイト数 | 非活動 メイト数 | | | | | |
| 全国計 | 128,066,211 | 33,621,722 | 26.3% | 1,744 | 238,248 | 123,224 | 81,574 | 41,650 | 7,858,007 | 7,981,231 | 6.232% | 4.2 | 18.604 |
| 北海道計 | 5,401,210 | 1,555,584 | 28.8% | 171 | 10,368 | 6,095 | 3,287 | 2,808 | 319,092 | 325,187 | 6.021% | 4.8 | 19.196 |
| 北海道 | 5,401,210 | 1,555,584 | 28.8% | ○ | 95 | 31 | 4 | 27 | 6,581 | 6,612 | | | |
| 札幌市 | 1,941,832 | 479,535 | 24.7% | ○ | 2,241 | 1,413 | 810 | 603 | 77,554 | 78,967 | 4.067% | 6.1 | 11.541 |
| 函館市 | 268,617 | 86,115 | 32.1% | ○ | 322 | 263 | 129 | 134 | 10,359 | 10,622 | 3.954% | 8.1 | 11.987 |
| 小樽市 | 122,927 | 45,519 | 37.0% | ○ | 239 | 224 | 69 | 155 | 7,422 | 7,646 | 6.220% | 6.0 | 19.442 |
| 旭川市 | 345,288 | 105,270 | 30.5% | ○ | 713 | 238 | 141 | 97 | 22,608 | 22,846 | 6.617% | 4.6 | 20.649 |
| 室蘭市 | 88,618 | 30,771 | 34.7% | ○ | 242 | 159 | 79 | 80 | 6,757 | 6,916 | 7.804% | 4.4 | 27.308 |
| 釧路市 | 176,576 | 52,867 | 29.9% | ○ | 343 | 99 | 91 | 8 | 8,876 | 8,975 | 5.083% | 5.9 | 19.425 |
| 帯広市 | 168,539 | 44,451 | 26.4% | ○ | 461 | 127 | 80 | 47 | 13,376 | 13,503 | 8.012% | 3.3 | 27.353 |
| 北見市 | 121,048 | 36,299 | 30.0% | ○ | 345 | 128 | 71 | 57 | 9,435 | 9,563 | 7.900% | 3.8 | 28.501 |
| 夕張市 | 9,056 | 4,409 | 48.7% | ○ | 23 | 25 | 5 | 20 | 660 | 685 | 7.564% | 6.4 | 25.398 |
| 岩見沢市 | 84,809 | 27,441 | 32.4% | ○ | 252 | 33 | 25 | 8 | 8065 | 8,098 | 9.549% | 3.4 | 29.714 |
| 網走市 | 37,352 | 10,640 | 28.5% | ○ | 74 | 58 | 26 | 32 | 1,904 | 1,962 | 5.253% | 5.4 | 19.812 |
| 留萌市 | 22,503 | 7,503 | 33.3% | ○ | 176 | 26 | 13 | 13 | 3,523 | 3,549 | 15.771% | 2.1 | 78.212 |
| 苫小牧市 | 173,794 | 44,462 | 25.6% | ○ | 412 | 114 | 90 | 24 | 15,201 | 15,315 | 8.812% | 2.9 | 23.706 |
| 稚内市 | 36,184 | 10,513 | 29.1% | ○ | 85 | 116 | 20 | 96 | 2,214 | 2,330 | 6.439% | 4.5 | 23.491 |
| 美唄市 | 23,390 | 8,985 | 38.4% | ○ | 26 | 10 | 5 | 5 | 637 | 647 | 2.766% | 13.9 | 11.116 |
| 芦別市 | 14,974 | 6,417 | 42.9% | ○ | 52 | 23 | 15 | 8 | 1,330 | 1,353 | 9.036% | 4.7 | 34.727 |
| 江別市 | 119,517 | 32,851 | 27.5% | ○ | 129 | 122 | 59 | 63 | 6,096 | 6,218 | 5.203% | 5.3 | 10.793 |
| 赤平市 | 11,029 | 4,821 | 43.7% | ○ | 21 | 15 | 14 | 1 | 590 | 605 | 5.486% | 8.0 | 19.041 |
| 紋別市 | 23,277 | 7,691 | 33.0% | ○ | 29 | 17 | 7 | 10 | 938 | 955 | 4.103% | 8.1 | 12.459 |
| 士別市 | 20,216 | 7,423 | 36.7% | ○ | 26 | 24 | 21 | 3 | 678 | 702 | 3.472% | 10.6 | 12.861 |
| 名寄市 | 28,633 | 8,730 | 30.5% | ○ | 68 | 18 | 13 | 5 | 1,431 | 1,449 | 5.061% | 6.0 | 23.749 |
| 三笠市 | 9,246 | 4,179 | 45.2% | ○ | 28 | 13 | 10 | 3 | 553 | 566 | 6.122% | 7.4 | 30.283 |
| 根室市 | 27,629 | 8,437 | 30.5% | ○ | 46 | 12 | 9 | 3 | 1,302 | 1,314 | 4.756% | 6.4 | 16.649 |
| 千歳市 | 95,923 | 20,099 | 21.0% | ○ | 113 | 48 | 31 | 17 | 4,783 | 4,831 | 5.036% | 4.2 | 11.780 |
| 滝川市 | 41,560 | 13,290 | 32.0% | ○ | 83 | 28 | 23 | 5 | 2,156 | 2,184 | 5.255% | 6.1 | 19.971 |
| 砂川市 | 17,792 | 6,388 | 35.9% | ○ | 29 | 9 | 4 | 5 | 808 | 817 | 4.592% | 7.8 | 16.299 |
| 歌志内市 | 3,664 | 1,693 | 46.2% | ○ | 2 | 10 | 4 | 6 | 130 | 140 | 3.821% | 12.1 | 5.459 |
| 深川市 | 21,911 | 8,416 | 38.4% | ○ | 119 | 91 | 32 | 59 | 2,905 | 2,996 | 13.673% | 2.8 | 54.311 |
| 富良野市 | 22,975 | 6,913 | 30.1% | ○ | 70 | 16 | 7 | 9 | 1,333 | 1,349 | 5.872% | 5.1 | 30.468 |
| 登別市 | 50,101 | 16,526 | 33.0% | ○ | 150 | 97 | 49 | 48 | 4,525 | 4,622 | 9.225% | 3.6 | 29.940 |
| 恵庭市 | 69,073 | 17,368 | 25.1% | ○ | 151 | 77 | 58 | 19 | 5,409 | 5,486 | 7.942% | 3.2 | 21.861 |
| 伊達市 | 35,551 | 12,061 | 33.9% | ○ | 91 | 70 | 31 | 39 | 3,058 | 3,128 | 8.799% | 3.9 | 25.597 |
| 北広島市 | 59,348 | 16,861 | 28.4% | ○ | 138 | 69 | 61 | 8 | 5,315 | 5,384 | 9.072% | 3.1 | 23.253 |
| 石狩市 | 59,202 | 17,560 | 29.7% | ○ | 142 | 61 | 48 | 13 | 3,089 | 3,150 | 5.321% | 5.6 | 23.986 |
| 北斗市 | 47,603 | 12,555 | 26.4% | ○ | 136 | 138 | 74 | 64 | 5,714 | 5,852 | 12.293% | 2.1 | 28.570 |
| 当別町 | 16,932 | 5,190 | 30.7% | ○ | 107 | 46 | 39 | 7 | 3,897 | 3,943 | 23.287% | 1.3 | 63.194 |
| 新篠津村 | 3,287 | 1,117 | 34.0% | ○ | 27 | 19 | 15 | 4 | 443 | 462 | 14.055% | 2.4 | 82.142 |
| 松前町 | 8,035 | 3,541 | 44.1% | ○ | 16 | 27 | 11 | 16 | 345 | 372 | 4.630% | 9.5 | 19.913 |
| 福島町 | 4,526 | 1,911 | 42.2% | ○ | 2 | 13 | 4 | 9 | 65 | 78 | 1.723% | 24.5 | 4.419 |
| 知内町 | 4,683 | 1,641 | 35.0% | ○ | 5 | 15 | 3 | 12 | 119 | 134 | 2.861% | 12.2 | 10.677 |
| 木古内町 | 4,544 | 2,012 | 44.3% | ○ | 5 | 42 | 5 | 37 | 94 | 136 | 2.993% | 14.8 | 11.004 |
| 七飯町 | 28,580 | 8,892 | 31.1% | ○ | 13 | 39 | 15 | 24 | 673 | 712 | 2.491% | 12.5 | 4.549 |
| 鹿部町 | 4,135 | 1,460 | 35.3% | ○ | 6 | 2 | 2 | | 133 | 135 | 3.265% | 10.8 | 14.510 |
| 森町 | 16,592 | 5,616 | 33.8% | ○ | 27 | 14 | 4 | 10 | 1,708 | 1,722 | 10.378% | 3.3 | 16.273 |
| 八雲町 | 17,513 | 5,408 | 30.9% | ○ | 45 | 15 | 10 | 5 | 738 | 753 | 4.300% | 7.2 | 25.695 |
| 長万部町 | 5,913 | 2,259 | 38.2% | ○ | 5 | 6 | 3 | 3 | 174 | 180 | 3.044% | 12.6 | 8.456 |
| 江差町 | 8,235 | 2,780 | 33.8% | ○ | 20 | 28 | 11 | 17 | 484 | 512 | 6.217% | 5.4 | 24.287 |
| 上ノ国町 | 5,297 | 2,060 | 38.9% | ○ | 2 | 6 | 1 | 5 | 133 | 139 | 2.624% | 14.8 | 3.776 |
| 厚沢部町 | 4,175 | 1,594 | 38.2% | ○ | 5 | 9 | 6 | 3 | 149 | 158 | 3.784% | 10.1 | 11.976 |
| 乙部町 | 3,976 | 1,611 | 40.5% | ○ | 3 | 12 | 2 | 10 | 183 | 195 | 4.904% | 8.3 | 7.545 |
| 奥尻町 | 2,861 | 1,030 | 36.0% | ○ | 6 | 4 | 3 | 1 | 73 | 77 | 2.691% | 13.4 | 20.972 |
| 今金町 | 5,626 | 2,114 | 37.6% | ○ | 56 | 4 | 3 | 1 | 1,510 | 1,514 | 26.911% | 1.4 | 99.538 |

| | 総人口 | | 高齢化率 | 市町村 窓口 | サポ- ター 講座 開催回数 | メイト数 (※1) | | | サポ-ター数 (※2) | 合計 サポ-ター数 (メイト+ サポ-ター 数) (※1+※2) | 総人口に 占める割合 (メイト+サ ポ-ター) | メイト+ サポ-ター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|-------|---------|-------|-------|-----------|-------------------------|--------------|-------------|----|----------------|---|----------------------------------|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | 活動 メイト数 | 非活動 メイト数 | | | | | | |
| せたな町 | 8,637 | 3,558 | 41.2% | ○ | 16 | 22 | 16 | 6 | 402 | 424 | 4.909% | 8.4 | 18.525 |
| 島牧村 | 1,573 | 672 | 42.7% | ○ | 1 | 2 | 2 | | 11 | 13 | 0.826% | 51.7 | 6.357 |
| 寿都町 | 3,176 | 1,189 | 37.4% | ○ | 23 | 12 | 10 | 2 | 417 | 429 | 13.508% | 2.8 | 72.418 |
| 黒松内町 | 3,023 | 1,084 | 35.9% | ○ | 5 | 7 | 3 | 4 | 72 | 79 | 2.613% | 13.7 | 16.540 |
| 蘭越町 | 4,949 | 1,785 | 36.1% | ○ | 7 | 8 | 3 | 5 | 258 | 266 | 5.375% | 6.7 | 14.144 |
| ニセコ町 | 5,056 | 1,311 | 25.9% | ○ | 1 | 8 | 4 | 4 | 9 | 17 | 0.336% | 77.1 | 1.978 |
| 真狩村 | 2,097 | 710 | 33.9% | ○ | 2 | 15 | 2 | 13 | 44 | 59 | 2.814% | 12.0 | 9.537 |
| 留寿都村 | 1,955 | 470 | 24.0% | ○ | | 3 | | 3 | | 3 | 0.153% | 156.7 | |
| 喜茂別町 | 2,314 | 884 | 38.2% | ○ | 1 | 8 | 3 | 5 | 113 | 121 | 5.229% | 7.3 | 4.322 |
| 京極町 | 3,161 | 1,060 | 33.5% | ○ | 21 | 18 | 16 | 2 | 412 | 430 | 13.603% | 2.5 | 66.435 |
| 倶知安町 | 16,060 | 3,710 | 23.1% | ○ | 11 | 14 | 7 | 7 | 303 | 317 | 1.974% | 11.7 | 6.849 |
| 共和町 | 6,213 | 1,905 | 30.7% | | 1 | 6 | | 6 | 79 | 85 | 1.368% | 22.4 | 1.610 |
| 岩内町 | 13,428 | 4,537 | 33.8% | ○ | 15 | 32 | 23 | 9 | 524 | 556 | 4.141% | 8.2 | 11.171 |
| 泊村 | 1,748 | 646 | 37.0% | | 1 | 2 | 1 | 1 | 35 | 37 | 2.117% | 17.5 | 5.721 |
| 神恵内村 | 923 | 380 | 41.2% | ○ | 3 | | | | 58 | 58 | 6.284% | 6.6 | 32.503 |
| 積丹町 | 2,261 | 1,000 | 44.2% | | | 2 | | 2 | | 2 | 0.088% | 500.0 | |
| 古平町 | 3,344 | 1,377 | 41.2% | ○ | 8 | 13 | 4 | 9 | 127 | 140 | 4.187% | 9.8 | 23.923 |
| 仁木町 | 3,450 | 1,331 | 38.6% | ○ | 3 | 4 | 2 | 2 | 96 | 100 | 2.899% | 13.3 | 8.696 |
| 余市町 | 19,879 | 7,191 | 36.2% | ○ | 16 | 45 | 10 | 35 | 331 | 376 | 1.891% | 19.1 | 8.049 |
| 赤井川村 | 1,150 | 370 | 32.2% | ○ | 2 | 6 | 2 | 4 | 116 | 122 | 10.609% | 3.0 | 17.391 |
| 南幌町 | 7,960 | 2,327 | 29.2% | ○ | 39 | 17 | 8 | 9 | 1,115 | 1,132 | 14.221% | 2.1 | 48.995 |
| 奈井江町 | 5,755 | 2,203 | 38.3% | ○ | 17 | 8 | 6 | 2 | 410 | 418 | 7.263% | 5.3 | 29.540 |
| 上砂川町 | 3,356 | 1,596 | 47.6% | ○ | 21 | 9 | 9 | | 598 | 607 | 18.087% | 2.6 | 62.574 |
| 由仁町 | 5,531 | 2,079 | 37.6% | ○ | 12 | 6 | 6 | | 318 | 324 | 5.858% | 6.4 | 21.696 |
| 長沼町 | 11,345 | 3,811 | 33.6% | ○ | 23 | 9 | 5 | 4 | 654 | 663 | 5.844% | 5.7 | 20.273 |
| 栗山町 | 12,481 | 4,578 | 36.7% | ○ | 51 | 14 | 9 | 5 | 1,208 | 1,222 | 9.791% | 3.7 | 40.862 |
| 月形町 | 3,493 | 1,327 | 38.0% | ○ | 9 | 16 | 11 | 5 | 368 | 384 | 10.993% | 3.5 | 25.766 |
| 浦臼町 | 2,037 | 801 | 39.3% | ○ | 1 | 4 | 3 | 1 | 62 | 66 | 3.240% | 12.1 | 4.909 |
| 新十津川町 | 6,865 | 2,506 | 36.5% | ○ | 24 | 11 | 10 | 1 | 415 | 426 | 6.205% | 5.9 | 34.960 |
| 妹背牛町 | 3,190 | 1,367 | 42.9% | ○ | 5 | 3 | | 3 | 215 | 218 | 6.834% | 6.3 | 15.674 |
| 秩父別町 | 2,537 | 1,029 | 40.6% | ○ | 3 | 7 | 4 | 3 | 131 | 138 | 5.439% | 7.5 | 11.825 |
| 雨竜町 | 2,610 | 975 | 37.4% | ○ | 3 | 4 | 4 | | 154 | 158 | 6.054% | 6.2 | 11.494 |
| 北竜町 | 1,995 | 838 | 42.0% | ○ | 11 | 7 | 2 | 5 | 152 | 159 | 7.970% | 5.3 | 55.138 |
| 沼田町 | 3,258 | 1,325 | 40.7% | ○ | 28 | 8 | 6 | 2 | 415 | 423 | 12.983% | 3.1 | 85.942 |
| 幌加内町 | 1,564 | 604 | 38.6% | ○ | 10 | 5 | 5 | | 227 | 232 | 14.834% | 2.6 | 63.939 |
| 鷹栖町 | 7,199 | 2,221 | 30.9% | ○ | 5 | 19 | 6 | 13 | 120 | 139 | 1.931% | 16.0 | 6.945 |
| 東神楽町 | 10,385 | 2,488 | 24.0% | ○ | 4 | 1 | 1 | | 108 | 109 | 1.050% | 22.8 | 3.852 |
| 当麻町 | 6,765 | 2,652 | 39.2% | | | 5 | | 5 | | 5 | 0.074% | 530.4 | |
| 比布町 | 3,874 | 1,569 | 40.5% | ○ | 15 | 10 | 9 | 1 | 319 | 329 | 8.493% | 4.8 | 38.720 |
| 愛別町 | 3,038 | 1,285 | 42.3% | ○ | 9 | 3 | 2 | 1 | 219 | 222 | 7.307% | 5.8 | 29.625 |
| 上川町 | 3,885 | 1,598 | 41.1% | ○ | 4 | 6 | 5 | 1 | 80 | 86 | 2.214% | 18.6 | 10.296 |
| 東川町 | 8,105 | 2,568 | 31.7% | ○ | 15 | 38 | 14 | 24 | 339 | 377 | 4.651% | 6.8 | 18.507 |
| 美瑛町 | 10,438 | 3,746 | 35.9% | ○ | 43 | 13 | 11 | 2 | 1,106 | 1,119 | 10.720% | 3.3 | 41.196 |
| 上富良野町 | 11,140 | 3,312 | 29.7% | ○ | 9 | 9 | 5 | 4 | 187 | 196 | 1.759% | 16.9 | 8.079 |
| 中富良野町 | 5,131 | 1,710 | 33.3% | ○ | 13 | 11 | 8 | 3 | 344 | 355 | 6.919% | 4.8 | 25.336 |
| 南富良野町 | 2,643 | 837 | 31.7% | ○ | 15 | 3 | | 3 | 429 | 432 | 16.345% | 1.9 | 56.754 |
| 占冠村 | 1,242 | 317 | 25.5% | ○ | 4 | 5 | 2 | 3 | 71 | 76 | 6.119% | 4.2 | 32.206 |
| 和寒町 | 3,605 | 1,546 | 42.9% | ○ | 6 | 7 | 5 | 2 | 195 | 202 | 5.603% | 7.7 | 16.644 |
| 剣淵町 | 3,317 | 1,202 | 36.2% | ○ | 7 | 4 | 4 | | 185 | 189 | 5.698% | 6.4 | 21.103 |
| 下川町 | 3,423 | 1,351 | 39.5% | ○ | 10 | 8 | 8 | | 107 | 115 | 3.360% | 11.7 | 29.214 |
| 美深町 | 4,651 | 1,772 | 38.1% | ○ | 12 | 6 | 3 | 3 | 238 | 244 | 5.246% | 7.3 | 25.801 |
| 音威子府村 | 784 | 225 | 28.7% | | | 1 | | 1 | | 1 | 0.128% | 225.0 | |
| 中川町 | 1,683 | 628 | 37.3% | ○ | 2 | 7 | 6 | 1 | 94 | 101 | 6.001% | 6.2 | 11.884 |
| 増毛町 | 4,732 | 1,998 | 42.2% | ○ | 5 | 6 | 3 | 3 | 182 | 188 | 3.973% | 10.6 | 10.566 |
| 小平町 | 3,324 | 1,257 | 37.8% | ○ | | 4 | 2 | 2 | | 4 | 0.120% | 314.3 | |
| 苫前町 | 3,321 | 1,304 | 39.3% | ○ | 23 | 7 | 7 | | 319 | 326 | 9.816% | 4.0 | 69.256 |
| 羽幌町 | 7,454 | 2,932 | 39.3% | ○ | 11 | 6 | 4 | 2 | 225 | 231 | 3.099% | 12.7 | 14.757 |
| 初山別村 | 1,254 | 460 | 36.7% | ○ | 4 | 2 | 2 | | 32 | 34 | 2.711% | 13.5 | 31.898 |

| | 総人口 | | 高齢化率 | 市町村 窓口 | サポ- ター 講座 開催回数 | メイト数 (※1) | | | サポ-ター数 (※2) | 合計 サポ-ター数 (メイト+ サポ-ター 数) (※1+※2) | 総人口に 占める割合 (メイト+サ ポ-ター) | メイト+ サポ-ター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|-------|---------|--------|-------|-----------|-------------------------|--------------|-------------|----|----------------|---|----------------------------------|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | 活動 メイト数 | 非活動 メイト数 | | | | | | |
| 遠別町 | 2,836 | 1,062 | 37.4% | ○ | 27 | 6 | 6 | | 446 | 452 | 15.938% | 2.3 | 95.205 |
| 天塩町 | 3,272 | 1,058 | 32.3% | ○ | 8 | 7 | 5 | 2 | 332 | 339 | 10.361% | 3.1 | 24.450 |
| 幌延町 | 2,448 | 662 | 27.0% | ○ | 1 | 3 | 1 | 2 | 38 | 41 | 1.675% | 16.1 | 4.085 |
| 猿払村 | 2,749 | 617 | 22.4% | ○ | 12 | 12 | 4 | 8 | 195 | 207 | 7.530% | 3.0 | 43.652 |
| 浜頓別町 | 3,875 | 1,231 | 31.8% | ○ | 4 | 10 | 2 | 8 | 50 | 60 | 1.548% | 20.5 | 10.323 |
| 中頓別町 | 1,802 | 684 | 38.0% | | | 1 | | 1 | | 1 | 0.055% | 684.0 | |
| 枝幸町 | 8,587 | 2,757 | 32.1% | ○ | 8 | 14 | 7 | 7 | 142 | 156 | 1.817% | 17.7 | 9.316 |
| 豊富町 | 4,104 | 1,238 | 30.2% | | | 6 | 2 | 4 | | 6 | 0.146% | 206.3 | |
| 礼文町 | 2,685 | 926 | 34.5% | ○ | 2 | 3 | 2 | 1 | 46 | 49 | 1.825% | 18.9 | 7.449 |
| 利尻町 | 2,207 | 854 | 38.7% | | | 1 | 1 | | | 1 | 0.045% | 854.0 | |
| 利尻富士町 | 2,686 | 981 | 36.5% | | | 1 | | 1 | | 1 | 0.037% | 981.0 | |
| 美幌町 | 20,527 | 6,574 | 32.0% | ○ | 47 | 21 | 10 | 11 | 2,030 | 2,051 | 9.992% | 3.2 | 22.897 |
| 津別町 | 5,111 | 2,130 | 41.7% | ○ | 23 | 6 | 4 | 2 | 790 | 796 | 15.574% | 2.7 | 45.001 |
| 斜里町 | 12,019 | 3,703 | 30.8% | ○ | 32 | 11 | 8 | 3 | 1,206 | 1,217 | 10.126% | 3.0 | 26.625 |
| 清里町 | 4,308 | 1,505 | 34.9% | ○ | | 2 | 1 | 1 | | 2 | 0.046% | 752.5 | |
| 小清水町 | 5,142 | 1,795 | 34.9% | ○ | 28 | 10 | 5 | 5 | 790 | 800 | 15.558% | 2.2 | 54.454 |
| 訓子府町 | 5,265 | 1,861 | 35.3% | ○ | 39 | 12 | 8 | 4 | 932 | 944 | 17.930% | 2.0 | 74.074 |
| 置戸町 | 3,082 | 1,277 | 41.4% | ○ | 21 | 6 | 6 | | 486 | 492 | 15.964% | 2.6 | 68.138 |
| 佐呂間町 | 5,497 | 2,039 | 37.1% | ○ | 32 | 26 | 14 | 12 | 1,057 | 1,083 | 19.702% | 1.9 | 58.214 |
| 遠軽町 | 21,112 | 7,213 | 34.2% | ○ | 36 | 10 | 9 | 1 | 1,141 | 1,151 | 5.452% | 6.3 | 17.052 |
| 湧別町 | 9,404 | 3,372 | 35.9% | ○ | 17 | 13 | 5 | 8 | 356 | 369 | 3.924% | 9.1 | 18.077 |
| 滝上町 | 2,784 | 1,133 | 40.7% | ○ | 6 | 2 | 1 | 1 | 46 | 48 | 1.724% | 23.6 | 21.552 |
| 興部町 | 4,006 | 1,241 | 31.0% | ○ | 22 | 11 | 11 | | 348 | 359 | 8.962% | 3.5 | 54.918 |
| 西興部村 | 1,154 | 372 | 32.2% | ○ | 2 | 1 | | 1 | 52 | 53 | 4.593% | 7.0 | 17.331 |
| 雄武町 | 4,616 | 1,469 | 31.8% | ○ | 13 | 7 | 6 | 1 | 283 | 290 | 6.282% | 5.1 | 28.163 |
| 大空町 | 7,555 | 2,493 | 33.0% | ○ | 24 | 6 | 5 | 1 | 910 | 916 | 12.124% | 2.7 | 31.767 |
| 豊浦町 | 4,262 | 1,453 | 34.1% | ○ | 42 | 41 | 12 | 29 | 994 | 1,035 | 24.284% | 1.4 | 98.545 |
| 壮瞥町 | 2,671 | 993 | 37.2% | ○ | 9 | 2 | 2 | | 192 | 194 | 7.263% | 5.1 | 33.695 |
| 白老町 | 17,973 | 7,232 | 40.2% | ○ | 63 | 35 | 19 | 16 | 1,655 | 1,690 | 9.403% | 4.3 | 35.053 |
| 厚真町 | 4,699 | 1,710 | 36.4% | ○ | | 11 | 4 | 7 | | 11 | 0.234% | 155.5 | |
| 洞爺湖町 | 9,345 | 3,635 | 38.9% | ○ | 25 | 49 | 11 | 38 | 532 | 581 | 6.217% | 6.3 | 26.752 |
| 安平町 | 8,465 | 2,891 | 34.2% | ○ | 8 | 12 | 5 | 7 | 279 | 291 | 3.438% | 9.9 | 9.451 |
| むかわ町 | 8,727 | 3,158 | 36.2% | ○ | 21 | 15 | 10 | 5 | 655 | 670 | 7.677% | 4.7 | 24.063 |
| 日高町 | 12,655 | 4,014 | 31.7% | ○ | 49 | 28 | 15 | 13 | 979 | 1,007 | 7.957% | 4.0 | 38.720 |
| 平取町 | 5,309 | 1,738 | 32.7% | ○ | 25 | 23 | 18 | 5 | 386 | 409 | 7.704% | 4.2 | 47.090 |
| 新冠町 | 5,733 | 1,715 | 29.9% | ○ | 25 | 9 | 4 | 5 | 571 | 580 | 10.117% | 3.0 | 43.607 |
| 浦河町 | 13,035 | 3,837 | 29.4% | ○ | 65 | 56 | 39 | 17 | 1,530 | 1,586 | 12.167% | 2.4 | 49.866 |
| 様似町 | 4,644 | 1,686 | 36.3% | ○ | 27 | 12 | 9 | 3 | 711 | 723 | 15.568% | 2.3 | 58.140 |
| えりも町 | 5,079 | 1,432 | 28.2% | ○ | 8 | 12 | 4 | 8 | 125 | 137 | 2.697% | 10.5 | 15.751 |
| 新ひだか町 | 23,772 | 7,404 | 31.1% | ○ | 55 | 48 | 19 | 29 | 1,775 | 1,823 | 7.669% | 4.1 | 23.136 |
| 音更町 | 45,402 | 11,769 | 25.9% | ○ | 129 | 77 | 36 | 41 | 4,351 | 4,428 | 9.753% | 2.7 | 28.413 |
| 士幌町 | 6,326 | 1,867 | 29.5% | ○ | 81 | 37 | 25 | 12 | 1,321 | 1,358 | 21.467% | 1.4 | 128.043 |
| 上士幌町 | 4,886 | 1,683 | 34.4% | ○ | 33 | 6 | 6 | | 919 | 925 | 18.932% | 1.8 | 67.540 |
| 鹿追町 | 5,582 | 1,543 | 27.6% | ○ | 13 | 13 | 5 | 8 | 328 | 341 | 6.109% | 4.5 | 23.289 |
| 新得町 | 6,338 | 2,227 | 35.1% | ○ | 39 | 99 | 29 | 70 | 1,107 | 1,206 | 19.028% | 1.8 | 61.534 |
| 清水町 | 9,842 | 3,334 | 33.9% | ○ | 39 | 33 | 21 | 12 | 1,520 | 1,553 | 15.779% | 2.1 | 39.626 |
| 芽室町 | 19,019 | 5,044 | 26.5% | ○ | 71 | 10 | 5 | 5 | 1,909 | 1,919 | 10.090% | 2.6 | 37.331 |
| 中札内村 | 3,983 | 1,101 | 27.6% | ○ | 12 | 6 | 4 | 2 | 299 | 305 | 7.658% | 3.6 | 30.128 |
| 更別村 | 3,278 | 931 | 28.4% | ○ | 8 | 11 | 7 | 4 | 211 | 222 | 6.772% | 4.2 | 24.405 |
| 大樹町 | 5,764 | 1,911 | 33.2% | ○ | 9 | 14 | 7 | 7 | 418 | 432 | 7.495% | 4.4 | 15.614 |
| 広尾町 | 7,308 | 2,515 | 34.4% | ○ | 34 | 16 | 7 | 9 | 827 | 843 | 11.535% | 3.0 | 46.524 |
| 幕別町 | 27,423 | 8,037 | 29.3% | ○ | 53 | 32 | 22 | 10 | 1,730 | 1,762 | 6.425% | 4.6 | 19.327 |
| 池田町 | 7,135 | 2,822 | 39.6% | ○ | 12 | 10 | 6 | 4 | 393 | 403 | 5.648% | 7.0 | 16.819 |
| 豊頃町 | 3,309 | 1,228 | 37.1% | ○ | 13 | 6 | 4 | 2 | 216 | 222 | 6.709% | 5.5 | 39.287 |
| 本別町 | 7,553 | 2,862 | 37.9% | ○ | 47 | 100 | 21 | 79 | 1,054 | 1,154 | 15.279% | 2.5 | 62.227 |
| 足寄町 | 7,212 | 2,689 | 37.3% | ○ | 37 | 62 | 29 | 33 | 1,114 | 1,176 | 16.306% | 2.3 | 51.303 |
| 陸別町 | 2,541 | 929 | 36.6% | ○ | 7 | 17 | 3 | 14 | 181 | 198 | 7.792% | 4.7 | 27.548 |
| 浦幌町 | 5,126 | 1,926 | 37.6% | ○ | 5 | 9 | 8 | 1 | 83 | 92 | 1.795% | 20.9 | 9.754 |

| | 総人口 | | 高齢化率 | 市町村 窓口 | サポ- ター 講座 開催回数 | メイト数 (※1) | | | サポ-ター数 (※2) | 合計 サポ-ター数 (メイト+ サポ-ター 数) (※1+※2) | 総人口に 占める割合 (メイト+サ ポ-ター) | メイト+ サポ-ター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|-------|-----------|---------|-------|-----------|-------------------------|--------------|-------------|-----|----------------|---|----------------------------------|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | 活動 メイト数 | 非活動 メイト数 | | | | | | |
| 釧路町 | 20,150 | 4,933 | 24.5% | ○ | 33 | 19 | 13 | 6 | 1,497 | 1,516 | 7.524% | 3.3 | 16.377 |
| 厚岸町 | 9,978 | 3,185 | 31.9% | ○ | 52 | 13 | 11 | 2 | 822 | 835 | 8.368% | 3.8 | 52.115 |
| 浜中町 | 6,194 | 1,755 | 28.3% | ○ | 4 | 14 | 6 | 8 | 129 | 143 | 2.309% | 12.3 | 6.458 |
| 標茶町 | 7,930 | 2,481 | 31.3% | ○ | 16 | 9 | 8 | 1 | 490 | 499 | 6.293% | 5.0 | 20.177 |
| 弟子屈町 | 7,766 | 2,762 | 35.6% | ○ | 10 | 15 | 9 | 6 | 290 | 305 | 3.927% | 9.1 | 12.877 |
| 鶴居村 | 2,512 | 739 | 29.4% | ○ | 7 | 2 | 2 | | 127 | 129 | 5.135% | 5.7 | 27.866 |
| 白糠町 | 8,371 | 3,082 | 36.8% | ○ | 14 | 8 | 5 | 3 | 392 | 400 | 4.778% | 7.7 | 16.724 |
| 別海町 | 15,695 | 3,823 | 24.4% | ○ | 44 | 12 | 8 | 4 | 462 | 474 | 3.020% | 8.1 | 28.034 |
| 中標津町 | 24,062 | 5,499 | 22.9% | ○ | 54 | 9 | 8 | 1 | 1,149 | 1,158 | 4.813% | 4.7 | 22.442 |
| 標津町 | 5,411 | 1,513 | 28.0% | ○ | 14 | 9 | 5 | 4 | 330 | 339 | 6.265% | 4.5 | 25.873 |
| 羅臼町 | 5,478 | 1,440 | 26.3% | ○ | 20 | 7 | 5 | 2 | 379 | 386 | 7.046% | 3.7 | 36.510 |
| 青森県計 | 1,338,465 | 396,115 | 29.6% | 41 | 2,334 | 1,456 | 1,125 | 331 | 66,573 | 68,029 | 5.083% | 5.8 | 17.438 |
| 青森県 | 1,338,465 | 396,115 | 29.6% | ○ | 15 | 8 | 8 | | 884 | 892 | | | |
| 青森市 | 293,066 | 81,702 | 27.9% | ○ | 421 | 179 | 158 | 21 | 12,240 | 12,419 | 4.238% | 6.6 | 14.365 |
| 弘前市 | 177,189 | 52,087 | 29.4% | ○ | 172 | 102 | 82 | 20 | 4,733 | 4,835 | 2.729% | 10.8 | 9.707 |
| 八戸市 | 235,878 | 64,319 | 27.3% | ○ | 383 | 117 | 108 | 9 | 13,486 | 13,603 | 5.767% | 4.7 | 16.237 |
| 黒石市 | 35,002 | 10,221 | 29.2% | ○ | 42 | 52 | 44 | 8 | 1,676 | 1,728 | 4.937% | 5.9 | 11.999 |
| 五所川原市 | 57,310 | 17,633 | 30.8% | ○ | 86 | 19 | 15 | 4 | 4,117 | 4,136 | 7.217% | 4.3 | 15.006 |
| 十和田市 | 63,444 | 18,702 | 29.5% | ○ | 294 | 118 | 96 | 22 | 7,333 | 7,451 | 11.744% | 2.5 | 46.340 |
| 三沢市 | 41,006 | 9,480 | 23.1% | ○ | 66 | 27 | 24 | 3 | 1,399 | 1,426 | 3.478% | 6.6 | 16.095 |
| むつ市 | 60,688 | 17,627 | 29.0% | ○ | 81 | 56 | 35 | 21 | 2,396 | 2,452 | 4.040% | 7.2 | 13.347 |
| つがる市 | 34,399 | 11,630 | 33.8% | ○ | 53 | 47 | 44 | 3 | 1,319 | 1,366 | 3.971% | 8.5 | 15.407 |
| 平川市 | 32,440 | 9,970 | 30.7% | ○ | 81 | 162 | 72 | 90 | 1,841 | 2,003 | 6.174% | 5.0 | 24.969 |
| 平内町 | 11,729 | 4,108 | 35.0% | ○ | 7 | 14 | 6 | 8 | 164 | 178 | 1.518% | 23.1 | 5.968 |
| 今別町 | 2,922 | 1,446 | 49.5% | ○ | 1 | 5 | 2 | 3 | 30 | 35 | 1.198% | 41.3 | 3.422 |
| 蓬田村 | 2,996 | 1,085 | 36.2% | ○ | 1 | 10 | 7 | 3 | 15 | 25 | 0.834% | 43.4 | 3.338 |
| 外ヶ浜町 | 6,647 | 2,921 | 43.9% | ○ | 25 | 21 | 18 | 3 | 337 | 358 | 5.386% | 8.2 | 37.611 |
| 鱒ヶ沢町 | 10,774 | 4,089 | 38.0% | ○ | 27 | 11 | 11 | | 1,048 | 1,059 | 9.829% | 3.9 | 25.060 |
| 深浦町 | 8,935 | 3,895 | 43.6% | ○ | 17 | 14 | 14 | | 336 | 350 | 3.917% | 11.1 | 19.026 |
| 西目屋村 | 1,420 | 556 | 39.2% | ○ | 5 | 6 | 4 | 2 | 94 | 100 | 7.042% | 5.6 | 35.211 |
| 藤崎町 | 15,481 | 4,603 | 29.7% | ○ | 20 | 36 | 36 | | 397 | 433 | 2.797% | 10.6 | 12.919 |
| 大鰐町 | 10,310 | 3,973 | 38.5% | ○ | 30 | 35 | 31 | 4 | 882 | 917 | 8.894% | 4.3 | 29.098 |
| 田舎館村 | 8,117 | 2,573 | 31.7% | ○ | 22 | 6 | 3 | 3 | 336 | 342 | 4.213% | 7.5 | 27.104 |
| 板柳町 | 14,382 | 4,766 | 33.1% | ○ | 16 | 7 | 7 | | 513 | 520 | 3.616% | 9.2 | 11.125 |
| 鶴田町 | 13,625 | 4,397 | 32.3% | ○ | 27 | 8 | 7 | 1 | 997 | 1,005 | 7.376% | 4.4 | 19.817 |
| 中泊町 | 11,912 | 4,502 | 37.8% | ○ | 15 | 35 | 25 | 10 | 472 | 507 | 4.256% | 8.9 | 12.592 |
| 野辺地町 | 13,976 | 4,656 | 33.3% | ○ | 3 | 3 | 2 | 1 | 104 | 107 | 0.766% | 43.5 | 2.147 |
| 七戸町 | 16,538 | 5,859 | 35.4% | ○ | 25 | 62 | 28 | 34 | 447 | 509 | 3.078% | 11.5 | 15.117 |
| 六戸町 | 10,937 | 3,329 | 30.4% | ○ | 37 | 27 | 24 | 3 | 863 | 890 | 8.138% | 3.7 | 33.830 |
| 横浜町 | 4,775 | 1,666 | 34.9% | ○ | 11 | 21 | 21 | | 355 | 376 | 7.874% | 4.4 | 23.037 |
| 東北町 | 18,550 | 6,064 | 32.7% | ○ | 26 | 52 | 43 | 9 | 638 | 690 | 3.720% | 8.8 | 14.016 |
| 六ヶ所村 | 10,636 | 2,560 | 24.1% | ○ | 19 | 23 | 19 | 4 | 424 | 447 | 4.203% | 5.7 | 17.864 |
| おいらせ町 | 25,254 | 6,054 | 24.0% | ○ | 26 | 30 | 25 | 5 | 877 | 907 | 3.592% | 6.7 | 10.295 |
| 大間町 | 5,709 | 1,606 | 28.1% | ○ | 52 | 14 | 7 | 7 | 788 | 802 | 14.048% | 2.0 | 91.084 |
| 東通村 | 6,888 | 2,152 | 31.2% | ○ | 37 | 13 | 7 | 6 | 750 | 763 | 11.077% | 2.8 | 53.717 |
| 風間浦村 | 2,109 | 813 | 38.5% | ○ | 1 | | | | 33 | 33 | 1.565% | 24.6 | 4.742 |
| 佐井村 | 2,237 | 873 | 39.0% | ○ | 12 | 1 | 1 | | 177 | 178 | 7.957% | 4.9 | 53.643 |
| 三戸町 | 10,850 | 4,006 | 36.9% | ○ | 34 | 42 | 36 | 6 | 789 | 831 | 7.659% | 4.8 | 31.336 |
| 五戸町 | 18,269 | 6,324 | 34.6% | ○ | 47 | 20 | 20 | | 1,447 | 1,467 | 8.030% | 4.3 | 25.727 |
| 田子町 | 5,988 | 2,275 | 38.0% | ○ | 6 | 7 | 7 | | 96 | 103 | 1.720% | 22.1 | 10.020 |
| 南部町 | 19,343 | 6,692 | 34.6% | ○ | 52 | 31 | 22 | 9 | 1,214 | 1,245 | 6.436% | 5.4 | 26.883 |
| 階上町 | 14,062 | 3,761 | 26.7% | ○ | 8 | 9 | 2 | 7 | 195 | 204 | 1.451% | 18.4 | 5.689 |
| 新郷村 | 2,672 | 1,140 | 42.7% | ○ | 31 | 6 | 4 | 2 | 331 | 337 | 12.612% | 3.4 | 116.018 |
| 岩手県計 | 1,289,470 | 388,860 | 30.2% | 34 | 3,646 | 1,545 | 954 | 591 | 126,477 | 128,022 | 9.928% | 3.0 | 28.275 |
| 岩手県 | 1,289,470 | 388,860 | 30.2% | ○ | 424 | 85 | 34 | 51 | 23,108 | 23,193 | | | |
| 盛岡市 | 294,106 | 73,506 | 25.0% | ○ | 454 | 244 | 151 | 93 | 13,356 | 13,600 | 4.624% | 5.4 | 15.437 |
| 宮古市 | 56,031 | 19,193 | 34.3% | ○ | 189 | 96 | 45 | 51 | 4,922 | 5,018 | 8.956% | 3.8 | 33.731 |
| 大船渡市 | 38,421 | 13,124 | 34.2% | ○ | 166 | 44 | 23 | 21 | 3,535 | 3,579 | 9.315% | 3.7 | 43.206 |

| | 総人口 | | 高齢化率 | 市町村 窓口 | サポ- ター 講座 開催回数 | メイト数 | | | サポ-ター数 (※2) | 合計 サポ-ター数 (メイト+ サポ-ター 数) (※1+※2) | 総人口に 占める割合 (メイト+サ ポ-ター) | メイト+ サポ-ター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|-------|-----------|---------|-------|-----------|-------------------------|-------|------------|-------------|----------------|---|----------------------------------|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | (※1) | 活動 メイト数 | 非活動 メイト数 | | | | | |
| 花巻市 | 98,975 | 31,401 | 31.7% | ○ | 268 | 107 | 96 | 11 | 7,684 | 7,791 | 7.872% | 4.0 | 27.078 |
| 北上市 | 93,692 | 23,710 | 25.3% | ○ | 142 | 72 | 49 | 23 | 6,172 | 6,244 | 6.664% | 3.8 | 15.156 |
| 久慈市 | 36,722 | 10,734 | 29.2% | ○ | 133 | 42 | 30 | 12 | 4,298 | 4,340 | 11.819% | 2.5 | 36.218 |
| 遠野市 | 28,692 | 10,522 | 36.7% | ○ | 96 | 77 | 38 | 39 | 2,802 | 2,879 | 10.034% | 3.7 | 33.459 |
| 一関市 | 122,644 | 40,566 | 33.1% | ○ | 155 | 88 | 54 | 34 | 6,604 | 6,692 | 5.456% | 6.1 | 12.638 |
| 陸前高田市 | 20,199 | 7,318 | 36.2% | ○ | 80 | 59 | 18 | 41 | 2,280 | 2,339 | 11.580% | 3.1 | 39.606 |
| 釜石市 | 35,841 | 12,946 | 36.1% | ○ | 53 | 30 | 14 | 16 | 1,673 | 1,703 | 4.752% | 7.6 | 14.788 |
| 二戸市 | 28,501 | 9,505 | 33.3% | ○ | 82 | 32 | 17 | 15 | 2,644 | 2,676 | 9.389% | 3.6 | 28.771 |
| 八幡平市 | 27,180 | 9,658 | 35.5% | ○ | 50 | 20 | 12 | 8 | 2,247 | 2,267 | 8.341% | 4.3 | 18.396 |
| 奥州市 | 121,282 | 38,397 | 31.7% | ○ | 166 | 74 | 66 | 8 | 10,904 | 10,978 | 9.052% | 3.5 | 13.687 |
| 雫石町 | 17,350 | 5,718 | 33.0% | ○ | 268 | 26 | 20 | 6 | 4,605 | 4,631 | 26.692% | 1.2 | 154.467 |
| 葛巻町 | 6,686 | 2,754 | 41.2% | ○ | 41 | 12 | 10 | 2 | 1,145 | 1,157 | 17.305% | 2.4 | 61.322 |
| 岩手町 | 14,270 | 4,933 | 34.6% | ○ | 63 | 15 | 13 | 2 | 3,425 | 3,440 | 24.107% | 1.4 | 44.149 |
| 滝沢市 | 55,156 | 11,879 | 21.5% | ○ | 86 | 55 | 31 | 24 | 2,818 | 2,873 | 5.209% | 4.1 | 15.592 |
| 紫波町 | 33,667 | 9,405 | 27.9% | ○ | 100 | 52 | 16 | 36 | 3,608 | 3,660 | 10.871% | 2.6 | 29.703 |
| 矢巾町 | 27,101 | 6,255 | 23.1% | ○ | 106 | 41 | 29 | 12 | 3,504 | 3,545 | 13.081% | 1.8 | 39.113 |
| 西和賀町 | 6,110 | 2,755 | 45.1% | ○ | 29 | 14 | 10 | 4 | 1,323 | 1,337 | 21.882% | 2.1 | 47.463 |
| 金ヶ崎町 | 16,021 | 4,532 | 28.3% | ○ | 53 | 39 | 28 | 11 | 1,572 | 1,611 | 10.056% | 2.8 | 33.082 |
| 平泉町 | 8,005 | 2,720 | 34.0% | ○ | 26 | 11 | 9 | 2 | 1,152 | 1,163 | 14.528% | 2.3 | 32.480 |
| 住田町 | 5,885 | 2,418 | 41.1% | ○ | 23 | 18 | 11 | 7 | 823 | 841 | 14.291% | 2.9 | 39.082 |
| 大槌町 | 12,395 | 4,274 | 34.5% | ○ | 84 | 16 | 14 | 2 | 1,502 | 1,518 | 12.247% | 2.8 | 67.769 |
| 山田町 | 16,409 | 5,844 | 35.6% | ○ | 75 | 47 | 33 | 14 | 1,848 | 1,895 | 11.549% | 3.1 | 45.707 |
| 岩泉町 | 10,069 | 4,052 | 40.2% | ○ | 19 | 9 | 8 | 1 | 703 | 712 | 7.071% | 5.7 | 18.870 |
| 田野畑村 | 3,625 | 1,315 | 36.3% | ○ | 2 | 4 | 2 | 2 | 32 | 36 | 0.993% | 36.5 | 5.517 |
| 普代村 | 2,859 | 1,054 | 36.9% | ○ | 13 | 12 | 9 | 3 | 303 | 315 | 11.018% | 3.3 | 45.470 |
| 軽米町 | 9,770 | 3,476 | 35.6% | ○ | 19 | 36 | 16 | 20 | 1,684 | 1,720 | 17.605% | 2.0 | 19.447 |
| 野田村 | 4,435 | 1,502 | 33.9% | ○ | 62 | 17 | 15 | 2 | 1,044 | 1,061 | 23.923% | 1.4 | 139.797 |
| 九戸村 | 6,153 | 2,334 | 37.9% | ○ | 17 | 6 | 6 | | 820 | 826 | 13.424% | 2.8 | 27.629 |
| 洋野町 | 17,813 | 6,107 | 34.3% | ○ | 88 | 33 | 21 | 12 | 1,856 | 1,889 | 10.605% | 3.2 | 49.402 |
| 一戸町 | 13,405 | 4,953 | 36.9% | ○ | 14 | 12 | 6 | 6 | 481 | 493 | 3.678% | 10.0 | 10.444 |
| 宮城県計 | 2,324,466 | 588,819 | 25.3% | 36 | 4,660 | 2,545 | 1,696 | 849 | 163,296 | 165,841 | 7.135% | 3.6 | 20.048 |
| 宮城県 | 2,324,466 | 588,819 | 25.3% | ○ | 347 | 33 | 16 | 17 | 15,630 | 15,663 | | | |
| 仙台市 | 1,056,503 | 231,576 | 21.9% | ○ | 1,495 | 661 | 381 | 280 | 55,953 | 56,614 | 5.359% | 4.1 | 14.150 |
| 石巻市 | 148,798 | 44,724 | 30.1% | ○ | 226 | 171 | 122 | 49 | 6,808 | 6,979 | 4.690% | 6.4 | 15.188 |
| 塩竈市 | 55,506 | 17,176 | 30.9% | ○ | 165 | 64 | 48 | 16 | 3,768 | 3,832 | 6.904% | 4.5 | 29.727 |
| 気仙沼市 | 66,733 | 23,240 | 34.8% | ○ | 179 | 126 | 80 | 46 | 6,973 | 7,099 | 10.638% | 3.3 | 26.823 |
| 白石市 | 35,593 | 11,138 | 31.3% | ○ | 102 | 45 | 27 | 18 | 3,395 | 3,440 | 9.665% | 3.2 | 28.657 |
| 名取市 | 77,124 | 15,906 | 20.6% | ○ | 63 | 47 | 43 | 4 | 2,212 | 2,259 | 2.929% | 7.0 | 8.169 |
| 角田市 | 30,429 | 9,530 | 31.3% | ○ | 57 | 58 | 44 | 14 | 2,798 | 2,856 | 9.386% | 3.3 | 18.732 |
| 多賀城市 | 62,413 | 13,776 | 22.1% | ○ | 50 | 54 | 33 | 21 | 1,539 | 1,593 | 2.552% | 8.6 | 8.011 |
| 岩沼市 | 44,274 | 10,333 | 23.3% | ○ | 96 | 46 | 31 | 15 | 6,446 | 6,492 | 14.663% | 1.6 | 21.683 |
| 登米市 | 82,816 | 25,419 | 30.7% | ○ | 116 | 86 | 55 | 31 | 3,975 | 4,061 | 4.904% | 6.3 | 14.007 |
| 栗原市 | 71,748 | 25,330 | 35.3% | ○ | 306 | 142 | 104 | 38 | 9,699 | 9,841 | 13.716% | 2.6 | 42.649 |
| 東松島市 | 40,270 | 10,565 | 26.2% | ○ | 94 | 59 | 43 | 16 | 2,401 | 2,460 | 6.109% | 4.3 | 23.342 |
| 大崎市 | 133,958 | 36,146 | 27.0% | ○ | 570 | 297 | 209 | 88 | 15,941 | 16,238 | 12.122% | 2.2 | 42.551 |
| 蔵王町 | 12,593 | 4,063 | 32.3% | ○ | 32 | 60 | 37 | 23 | 950 | 1,010 | 8.020% | 4.0 | 25.411 |
| 七ヶ宿町 | 1,523 | 699 | 45.9% | ○ | 4 | 3 | 2 | 1 | 42 | 45 | 2.955% | 15.5 | 26.264 |
| 大河原町 | 23,700 | 5,994 | 25.3% | ○ | 75 | 72 | 47 | 25 | 2,118 | 2,190 | 9.241% | 2.7 | 31.646 |
| 村田町 | 11,515 | 3,519 | 30.6% | ○ | 20 | 31 | 30 | 1 | 687 | 718 | 6.235% | 4.9 | 17.369 |
| 柴田町 | 38,417 | 10,253 | 26.7% | ○ | 64 | 33 | 19 | 14 | 2,035 | 2,068 | 5.383% | 5.0 | 16.659 |
| 川崎町 | 9,247 | 2,955 | 32.0% | ○ | 19 | 67 | 46 | 21 | 446 | 513 | 5.548% | 5.8 | 20.547 |
| 丸森町 | 14,496 | 5,343 | 36.9% | ○ | 29 | 31 | 21 | 10 | 963 | 994 | 6.857% | 5.4 | 20.006 |
| 亘理町 | 34,139 | 9,522 | 27.9% | ○ | 42 | 14 | 12 | 2 | 1,634 | 1,648 | 4.827% | 5.8 | 12.303 |
| 山元町 | 12,609 | 4,641 | 36.8% | ○ | 21 | 32 | 27 | 5 | 546 | 578 | 4.584% | 8.0 | 16.655 |
| 松島町 | 14,847 | 5,194 | 35.0% | ○ | 14 | 4 | 3 | 1 | 949 | 953 | 6.419% | 5.5 | 9.430 |
| 七ヶ浜町 | 19,276 | 5,155 | 26.7% | ○ | 26 | 5 | 4 | 1 | 1,457 | 1,462 | 7.585% | 3.5 | 13.488 |
| 利府町 | 36,393 | 7,061 | 19.4% | ○ | 34 | 17 | 8 | 9 | 805 | 822 | 2.259% | 8.6 | 9.342 |
| 大和町 | 28,308 | 5,801 | 20.5% | ○ | 23 | 19 | 12 | 7 | 1,124 | 1,143 | 4.038% | 5.1 | 8.125 |

| | 総人口 | | 高齢化率 | 市町村 窓口 | サポ- ター 講座 開催回数 | メイト数 (※1) | | | サポ-ター数 (※2) | 合計 サポ-ター数 (メイト+ サポ-ター 数) (※1+※2) | 総人口に 占める割合 (メイト+サ ポ-ター) | メイト+ サポ-ター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|-------|-----------|---------|-------|-----------|-------------------------|--------------|-------------|-----|----------------|---|----------------------------------|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | 活動 メイト数 | 非活動 メイト数 | | | | | | |
| 大郷町 | 8,483 | 2,704 | 31.9% | ○ | 12 | 22 | 18 | 4 | 252 | 274 | 3.230% | 9.9 | 14.146 |
| 富谷町 | 52,295 | 8,938 | 17.1% | ○ | 35 | 12 | 8 | 4 | 1,569 | 1,581 | 3.023% | 5.7 | 6.693 |
| 大衡村 | 5,838 | 1,557 | 26.7% | ○ | 7 | 7 | 7 | | 220 | 227 | 3.888% | 6.9 | 11.990 |
| 色麻町 | 7,280 | 2,169 | 29.8% | ○ | 19 | 31 | 25 | 6 | 968 | 999 | 13.723% | 2.2 | 26.099 |
| 加美町 | 24,508 | 8,050 | 32.8% | ○ | 77 | 50 | 37 | 13 | 2,743 | 2,793 | 11.396% | 2.9 | 31.418 |
| 涌谷町 | 16,984 | 5,345 | 31.5% | ○ | 22 | 39 | 31 | 8 | 760 | 799 | 4.704% | 6.7 | 12.953 |
| 美里町 | 25,185 | 7,916 | 31.4% | ○ | 34 | 28 | 21 | 7 | 1,253 | 1,281 | 5.086% | 6.2 | 13.500 |
| 女川町 | 6,859 | 2,544 | 37.1% | ○ | 68 | 18 | 11 | 7 | 1,515 | 1,533 | 22.350% | 1.7 | 99.140 |
| 南三陸町 | 13,806 | 4,537 | 32.9% | ○ | 117 | 61 | 34 | 27 | 2,722 | 2,783 | 20.158% | 1.6 | 84.746 |
| 秋田県計 | 1,043,015 | 347,242 | 33.3% | 26 | 2,755 | 1,905 | 1,030 | 875 | 73,797 | 75,702 | 7.258% | 4.6 | 26.414 |
| 秋田県 | 1,043,015 | 347,242 | 33.3% | ○ | 51 | 42 | 37 | 5 | 2,648 | 2,690 | | | |
| 秋田市 | 317,104 | 89,376 | 28.2% | ○ | 584 | 259 | 185 | 74 | 15,962 | 16,221 | 5.115% | 5.5 | 18.417 |
| 能代市 | 56,186 | 20,684 | 36.8% | ○ | 261 | 89 | 67 | 22 | 5,110 | 5,199 | 9.253% | 4.0 | 46.453 |
| 横手市 | 94,552 | 32,547 | 34.4% | ○ | 333 | 185 | 73 | 112 | 8,146 | 8,331 | 8.811% | 3.9 | 35.219 |
| 大館市 | 75,748 | 26,880 | 35.5% | ○ | 119 | 77 | 53 | 24 | 3,158 | 3,235 | 4.271% | 8.3 | 15.710 |
| 男鹿市 | 29,670 | 12,062 | 40.7% | ○ | 42 | 7 | 4 | 3 | 1,355 | 1,362 | 4.590% | 8.9 | 14.156 |
| 湯沢市 | 48,063 | 16,863 | 35.1% | ○ | 165 | 102 | 61 | 41 | 4,845 | 4,947 | 10.293% | 3.4 | 34.330 |
| 鹿角市 | 32,744 | 11,795 | 36.0% | ○ | 129 | 82 | 44 | 38 | 2,628 | 2,710 | 8.276% | 4.4 | 39.397 |
| 由利本荘市 | 80,761 | 26,607 | 32.9% | ○ | 197 | 62 | 42 | 20 | 6,472 | 6,534 | 8.091% | 4.1 | 24.393 |
| 潟上市 | 33,761 | 10,240 | 30.3% | ○ | 81 | 64 | 10 | 54 | 3,487 | 3,551 | 10.518% | 2.9 | 23.992 |
| 大仙市 | 85,416 | 29,185 | 34.2% | ○ | 167 | 222 | 114 | 108 | 4,665 | 4,887 | 5.721% | 6.0 | 19.551 |
| 北秋田市 | 34,129 | 13,705 | 40.2% | ○ | 71 | 43 | 22 | 21 | 1,984 | 2,027 | 5.939% | 6.8 | 20.803 |
| にかほ市 | 26,009 | 8,752 | 33.6% | ○ | 67 | 46 | 33 | 13 | 1,405 | 1,451 | 5.579% | 6.0 | 25.760 |
| 仙北市 | 28,090 | 10,649 | 37.9% | ○ | 119 | 75 | 57 | 18 | 2,837 | 2,912 | 10.367% | 3.7 | 42.364 |
| 小坂町 | 5,489 | 2,285 | 41.6% | ○ | 30 | 19 | 18 | 1 | 702 | 721 | 13.135% | 3.2 | 54.655 |
| 上小阿仁村 | 2,520 | 1,194 | 47.4% | ○ | 22 | 2 | | 2 | 428 | 430 | 17.063% | 2.8 | 87.302 |
| 藤里町 | 3,539 | 1,540 | 43.5% | ○ | 13 | 11 | 8 | 3 | 185 | 196 | 5.538% | 7.9 | 36.734 |
| 三種町 | 17,797 | 6,880 | 38.7% | ○ | 68 | 20 | 15 | 5 | 1,472 | 1,492 | 8.383% | 4.6 | 38.209 |
| 八峰町 | 7,676 | 3,185 | 41.5% | ○ | 5 | 5 | 3 | 2 | 139 | 144 | 1.876% | 22.1 | 6.514 |
| 五城目町 | 9,984 | 4,185 | 41.9% | ○ | 36 | 10 | 8 | 2 | 988 | 998 | 9.996% | 4.2 | 36.058 |
| 八郎潟町 | 6,203 | 2,269 | 36.6% | ○ | 5 | 6 | 6 | | 335 | 341 | 5.497% | 6.7 | 8.061 |
| 井川町 | 5,051 | 1,823 | 36.1% | ○ | 17 | 14 | 13 | 1 | 384 | 398 | 7.880% | 4.6 | 33.657 |
| 大潟村 | 3,238 | 1,001 | 30.9% | ○ | 23 | 6 | 6 | | 453 | 459 | 14.175% | 2.2 | 71.032 |
| 美郷町 | 20,646 | 7,112 | 34.4% | ○ | 40 | 106 | 47 | 59 | 1,437 | 1,543 | 7.474% | 4.6 | 19.374 |
| 羽後町 | 15,974 | 5,474 | 34.3% | ○ | 102 | 346 | 99 | 247 | 2,366 | 2,712 | 16.978% | 2.0 | 63.854 |
| 東成瀬村 | 2,665 | 949 | 35.6% | ○ | 8 | 5 | 5 | | 206 | 211 | 7.917% | 4.5 | 30.019 |
| 山形県計 | 1,129,560 | 345,078 | 30.5% | 36 | 3,152 | 1,669 | 1,113 | 556 | 101,938 | 103,607 | 9.172% | 3.3 | 27.905 |
| 山形県 | 1,129,560 | 345,078 | 30.5% | ○ | 268 | 53 | 37 | 16 | 14,512 | 14,565 | | | |
| 山形市 | 249,778 | 68,260 | 27.3% | ○ | 466 | 281 | 180 | 101 | 18,099 | 18,380 | 7.359% | 3.7 | 18.657 |
| 米沢市 | 83,867 | 24,307 | 29.0% | ○ | 207 | 86 | 58 | 28 | 4,783 | 4,869 | 5.806% | 5.0 | 24.682 |
| 鶴岡市 | 131,758 | 41,862 | 31.8% | ○ | 415 | 290 | 178 | 112 | 12,018 | 12,308 | 9.341% | 3.4 | 31.497 |
| 酒田市 | 106,733 | 34,639 | 32.5% | ○ | 366 | 244 | 136 | 108 | 10,242 | 10,486 | 9.825% | 3.3 | 34.291 |
| 新庄市 | 37,204 | 10,934 | 29.4% | ○ | 50 | 35 | 25 | 10 | 1,402 | 1,437 | 3.862% | 7.6 | 13.439 |
| 寒河江市 | 42,022 | 12,316 | 29.3% | ○ | 120 | 54 | 51 | 3 | 3,319 | 3,373 | 8.027% | 3.7 | 28.556 |
| 上山市 | 31,834 | 11,120 | 34.9% | ○ | 73 | 55 | 47 | 8 | 2,844 | 2,899 | 9.107% | 3.8 | 22.931 |
| 村山市 | 25,474 | 8,823 | 34.6% | ○ | 49 | 35 | 25 | 10 | 2,289 | 2,324 | 9.123% | 3.8 | 19.235 |
| 長井市 | 27,946 | 9,008 | 32.2% | ○ | 50 | 30 | 20 | 10 | 1,702 | 1,732 | 6.198% | 5.2 | 17.892 |
| 天童市 | 62,136 | 17,051 | 27.4% | ○ | 66 | 48 | 30 | 18 | 4,223 | 4,271 | 6.874% | 4.0 | 10.622 |
| 東根市 | 47,841 | 12,367 | 25.9% | ○ | 67 | 39 | 20 | 19 | 3,397 | 3,436 | 7.182% | 3.6 | 14.005 |
| 尾花沢市 | 17,432 | 6,266 | 35.9% | ○ | 43 | 35 | 28 | 7 | 1,326 | 1,361 | 7.807% | 4.6 | 24.667 |
| 南陽市 | 32,509 | 10,032 | 30.9% | ○ | 55 | 26 | 11 | 15 | 1,389 | 1,415 | 4.353% | 7.1 | 16.918 |
| 山辺町 | 14,737 | 4,497 | 30.5% | ○ | 72 | 16 | 14 | 2 | 1,017 | 1,033 | 7.010% | 4.4 | 48.857 |
| 中山町 | 11,739 | 3,661 | 31.2% | ○ | 14 | 14 | 5 | 9 | 394 | 408 | 3.476% | 9.0 | 11.926 |
| 河北町 | 19,419 | 6,394 | 32.9% | ○ | 32 | 40 | 33 | 7 | 1,137 | 1,177 | 6.061% | 5.4 | 16.479 |
| 西川町 | 5,831 | 2,302 | 39.5% | ○ | 5 | 5 | 2 | 3 | 222 | 227 | 3.893% | 10.1 | 8.575 |
| 朝日町 | 7,401 | 2,887 | 39.0% | ○ | 24 | 10 | 10 | | 649 | 659 | 8.904% | 4.4 | 32.428 |
| 大江町 | 8,717 | 3,082 | 35.4% | ○ | 13 | 15 | 11 | 4 | 453 | 468 | 5.369% | 6.6 | 14.913 |
| 大石田町 | 7,592 | 2,617 | 34.5% | ○ | 10 | 10 | 9 | 1 | 470 | 480 | 6.322% | 5.5 | 13.172 |

| | 総人口 | | 高齢化率 | 市町村 窓口 | サポ- ター 講座 開催回数 | メイト数 (※1) | | | サポ-ター数 (※2) | 合計 サポ-ター数 (メイト+ サポ-ター 数) (※1+※2) | 総人口に 占める割合 (メイト+サ ポ-ター) | メイト+ サポ-ター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|-------|-----------|---------|-------|-----------|-------------------------|--------------|-------------|-----|----------------|---|----------------------------------|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | 活動 メイト数 | 非活動 メイト数 | | | | | | |
| 金山町 | 6,003 | 1,920 | 32.0% | ○ | 38 | 15 | 12 | 3 | 765 | 780 | 12.994% | 2.5 | 63.302 |
| 最上町 | 9,251 | 3,125 | 33.8% | ○ | 116 | 23 | 20 | 3 | 1,328 | 1,351 | 14.604% | 2.3 | 125.392 |
| 舟形町 | 5,736 | 2,020 | 35.2% | ○ | 20 | 13 | 8 | 5 | 415 | 428 | 7.462% | 4.7 | 34.868 |
| 真室川町 | 8,356 | 2,990 | 35.8% | ○ | 42 | 14 | 12 | 2 | 759 | 773 | 9.251% | 3.9 | 50.263 |
| 大蔵村 | 3,508 | 1,178 | 33.6% | ○ | 1 | 2 | 2 | | 60 | 62 | 1.767% | 19.0 | 2.851 |
| 鮭川村 | 4,543 | 1,553 | 34.2% | ○ | 5 | 10 | 4 | 6 | 77 | 87 | 1.915% | 17.9 | 11.006 |
| 戸沢村 | 4,970 | 1,722 | 34.6% | ○ | 11 | 6 | 5 | 1 | 266 | 272 | 5.473% | 6.3 | 22.133 |
| 高島町 | 24,322 | 7,243 | 29.8% | ○ | 68 | 33 | 24 | 9 | 1,890 | 1,923 | 7.906% | 3.8 | 27.958 |
| 川西町 | 16,129 | 5,346 | 33.1% | ○ | 88 | 18 | 10 | 8 | 2,342 | 2,360 | 14.632% | 2.3 | 54.560 |
| 小国町 | 8,123 | 2,936 | 36.1% | ○ | 4 | 7 | 4 | 3 | 237 | 244 | 3.004% | 12.0 | 4.924 |
| 白鷹町 | 14,667 | 4,951 | 33.8% | ○ | 27 | 7 | 6 | 1 | 775 | 782 | 5.332% | 6.3 | 18.409 |
| 飯豊町 | 7,553 | 2,550 | 33.8% | ○ | 31 | 12 | 10 | 2 | 606 | 618 | 8.182% | 4.1 | 41.043 |
| 三川町 | 7,560 | 2,303 | 30.5% | ○ | 44 | 15 | 12 | 3 | 1,210 | 1,225 | 16.204% | 1.9 | 58.201 |
| 庄内町 | 22,220 | 7,435 | 33.5% | ○ | 92 | 26 | 25 | 1 | 2,829 | 2,855 | 12.849% | 2.6 | 41.404 |
| 遊佐町 | 14,649 | 5,381 | 36.7% | ○ | 100 | 47 | 29 | 18 | 2,492 | 2,539 | 17.332% | 2.1 | 68.264 |
| 福島県計 | 1,953,699 | 548,025 | 28.1% | 60 | 4,223 | 2,078 | 1,532 | 546 | 131,845 | 133,923 | 6.855% | 4.1 | 21.615 |
| 福島県 | 1,953,699 | 548,025 | 28.1% | ○ | 170 | 24 | 23 | 1 | 8,719 | 8,743 | | | |
| 福島市 | 285,026 | 77,288 | 27.1% | ○ | 679 | 323 | 249 | 74 | 22,025 | 22,348 | 7.841% | 3.5 | 23.822 |
| 会津若松市 | 122,749 | 34,247 | 27.9% | ○ | 311 | 122 | 100 | 22 | 9,112 | 9,234 | 7.523% | 3.7 | 25.336 |
| 郡山市 | 327,307 | 77,898 | 23.8% | ○ | 540 | 184 | 153 | 31 | 21,204 | 21,388 | 6.535% | 3.6 | 16.498 |
| いわき市 | 331,920 | 93,020 | 28.0% | ○ | 597 | 162 | 121 | 41 | 16,282 | 16,444 | 4.954% | 5.7 | 17.986 |
| 白河市 | 62,754 | 16,157 | 25.7% | ○ | 86 | 51 | 35 | 16 | 2,145 | 2,196 | 3.499% | 7.4 | 13.704 |
| 須賀川市 | 77,990 | 19,429 | 24.9% | ○ | 127 | 76 | 55 | 21 | 4,362 | 4,438 | 5.690% | 4.4 | 16.284 |
| 喜多方市 | 50,141 | 16,556 | 33.0% | ○ | 77 | 74 | 54 | 20 | 2,530 | 2,604 | 5.193% | 6.4 | 15.357 |
| 相馬市 | 35,939 | 10,242 | 28.5% | ○ | 55 | 58 | 54 | 4 | 1,897 | 1,955 | 5.440% | 5.2 | 15.304 |
| 二本松市 | 56,962 | 16,906 | 29.7% | ○ | 58 | 40 | 26 | 14 | 2,003 | 2,043 | 3.587% | 8.3 | 10.182 |
| 田村市 | 38,890 | 12,015 | 30.9% | ○ | 106 | 38 | 29 | 9 | 3,174 | 3,212 | 8.259% | 3.7 | 27.256 |
| 南相馬市 | 63,930 | 20,109 | 31.5% | ○ | 36 | 23 | 14 | 9 | 1,319 | 1,342 | 2.099% | 15.0 | 5.631 |
| 伊達市 | 63,015 | 20,128 | 31.9% | ○ | 151 | 102 | 51 | 51 | 5,408 | 5,510 | 8.744% | 3.7 | 23.963 |
| 本宮市 | 30,760 | 7,783 | 25.3% | ○ | 125 | 54 | 38 | 16 | 2,538 | 2,592 | 8.427% | 3.0 | 40.637 |
| 桑折町 | 12,353 | 4,193 | 33.9% | ○ | 21 | 29 | 16 | 13 | 598 | 627 | 5.076% | 6.7 | 17.000 |
| 国見町 | 9,604 | 3,426 | 35.7% | ○ | 36 | 16 | 6 | 10 | 821 | 837 | 8.715% | 4.1 | 37.484 |
| 川俣町 | 14,408 | 5,166 | 35.9% | ○ | 40 | 15 | 10 | 5 | 1,158 | 1,173 | 8.141% | 4.4 | 27.762 |
| 大玉村 | 8,525 | 2,142 | 25.1% | ○ | 34 | 27 | 22 | 5 | 508 | 535 | 6.276% | 4.0 | 39.883 |
| 鏡石町 | 12,879 | 3,185 | 24.7% | ○ | 7 | 19 | 13 | 6 | 280 | 299 | 2.322% | 10.7 | 5.435 |
| 天栄村 | 5,957 | 1,753 | 29.4% | ○ | 6 | 8 | 6 | 2 | 161 | 169 | 2.837% | 10.4 | 10.072 |
| 下郷町 | 6,155 | 2,399 | 39.0% | ○ | 4 | 8 | 7 | 1 | 67 | 75 | 1.219% | 32.0 | 6.499 |
| 檜枝岐村 | 588 | 201 | 34.2% | ○ | 1 | 4 | 1 | 3 | 31 | 35 | 5.952% | 5.7 | 17.007 |
| 只見町 | 4,585 | 2,021 | 44.1% | ○ | 20 | 19 | 17 | 2 | 383 | 402 | 8.768% | 5.0 | 43.621 |
| 南会津町 | 16,858 | 6,298 | 37.4% | ○ | 33 | 22 | 12 | 10 | 951 | 973 | 5.772% | 6.5 | 19.575 |
| 北塩原村 | 2,954 | 925 | 31.3% | ○ | 4 | 11 | 6 | 5 | 87 | 98 | 3.318% | 9.4 | 13.541 |
| 西会津町 | 6,927 | 2,947 | 42.5% | ○ | 94 | 46 | 39 | 7 | 2,251 | 2,297 | 33.160% | 1.3 | 135.701 |
| 磐梯町 | 3,627 | 1,177 | 32.5% | ○ | 7 | 7 | 3 | 4 | 179 | 186 | 5.128% | 6.3 | 19.300 |
| 猪苗代町 | 15,188 | 5,077 | 33.4% | ○ | 15 | 17 | 11 | 6 | 325 | 342 | 2.252% | 14.8 | 9.876 |
| 会津坂下町 | 16,736 | 5,283 | 31.6% | ○ | 20 | 9 | 7 | 2 | 582 | 591 | 3.531% | 8.9 | 11.950 |
| 湯川村 | 3,373 | 1,030 | 30.5% | ○ | 24 | 5 | 4 | 1 | 240 | 245 | 7.264% | 4.2 | 71.153 |
| 柳津町 | 3,657 | 1,486 | 40.6% | ○ | 3 | 13 | 7 | 6 | 76 | 89 | 2.434% | 16.7 | 8.203 |
| 三島町 | 1,765 | 882 | 50.0% | ○ | 3 | 20 | 14 | 6 | 61 | 81 | 4.589% | 10.9 | 16.997 |
| 金山町 | 2,223 | 1,289 | 58.0% | ○ | 9 | 13 | 13 | | 234 | 247 | 11.111% | 5.2 | 40.486 |
| 昭和村 | 1,347 | 740 | 54.9% | ○ | 2 | 1 | 1 | | 25 | 26 | 1.930% | 28.5 | 14.848 |
| 会津美里町 | 21,497 | 7,301 | 34.0% | ○ | 91 | 69 | 59 | 10 | 3,210 | 3,279 | 15.253% | 2.2 | 42.331 |
| 西郷村 | 20,086 | 4,281 | 21.3% | ○ | 10 | 13 | 11 | 2 | 299 | 312 | 1.553% | 13.7 | 4.979 |
| 泉崎村 | 6,675 | 1,757 | 26.3% | ○ | 14 | 3 | 2 | 1 | 301 | 304 | 4.554% | 5.8 | 20.974 |
| 中島村 | 5,201 | 1,339 | 25.7% | ○ | 8 | 8 | 7 | 1 | 158 | 166 | 3.192% | 8.1 | 15.382 |
| 矢吹町 | 17,774 | 4,836 | 27.2% | ○ | 19 | 10 | 8 | 2 | 1,406 | 1,416 | 7.967% | 3.4 | 10.690 |
| 棚倉町 | 14,665 | 4,118 | 28.1% | ○ | 73 | 39 | 28 | 11 | 1,297 | 1,336 | 9.110% | 3.1 | 49.778 |
| 矢祭町 | 6,169 | 2,108 | 34.2% | ○ | 12 | 8 | 4 | 4 | 449 | 457 | 7.408% | 4.6 | 19.452 |
| 塙町 | 9,345 | 3,044 | 32.6% | ○ | 6 | 8 | 8 | | 371 | 379 | 4.056% | 8.0 | 6.421 |

| | 総人口 | | 高齢化率 | 市町村 窓口 | サポ- ター 講座 開催回数 | メイト数 (※1) | | | サポ-ター数 (※2) | 合計 サポ-ター数 (メイト+ サポ-ター 数) (※1+※2) | 総人口に 占める割合 (メイト+サ ポ-ター) | メイト+ サポ-ター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|---------|-----------|---------|-------|-----------|-------------------------|--------------|-------------|-----|----------------|---|----------------------------------|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | 活動 メイト数 | 非活動 メイト数 | | | | | | |
| 鮫川村 | 3,774 | 1,242 | 32.9% | ○ | 73 | 24 | 23 | 1 | 1,568 | 1,592 | 42.183% | 0.8 | 193.429 |
| 石川町 | 16,225 | 5,238 | 32.3% | ○ | 85 | 32 | 24 | 8 | 2,844 | 2,876 | 17.726% | 1.8 | 52.388 |
| 玉川村 | 6,952 | 1,875 | 27.0% | ○ | 42 | 23 | 21 | 2 | 972 | 995 | 14.312% | 1.9 | 60.414 |
| 平田村 | 6,542 | 1,789 | 27.3% | ○ | 26 | 10 | 9 | 1 | 678 | 688 | 10.517% | 2.6 | 39.743 |
| 浅川町 | 6,787 | 1,964 | 28.9% | ○ | 53 | 8 | 6 | 2 | 1,215 | 1,223 | 18.020% | 1.6 | 78.090 |
| 古殿町 | 5,768 | 1,893 | 32.8% | ○ | 23 | 12 | 12 | | 381 | 393 | 6.813% | 4.8 | 39.875 |
| 三春町 | 17,738 | 5,307 | 29.9% | ○ | 52 | 22 | 17 | 5 | 1,156 | 1,178 | 6.641% | 4.5 | 29.316 |
| 小野町 | 10,741 | 3,277 | 30.5% | ○ | 12 | 12 | 9 | 3 | 342 | 354 | 3.296% | 9.3 | 11.172 |
| 広野町 | 5,107 | 1,386 | 27.1% | ○ | 6 | 11 | 7 | 4 | 147 | 158 | 3.094% | 8.8 | 11.749 |
| 檜葉町 | 7,378 | 2,215 | 30.0% | ○ | 33 | 5 | 5 | | 856 | 861 | 11.670% | 2.6 | 44.728 |
| 富岡町 | 13,866 | 3,598 | 25.9% | ○ | 3 | 13 | 6 | 7 | 155 | 168 | 1.212% | 21.4 | 2.164 |
| 川内村 | 2,763 | 1,040 | 37.6% | ○ | 5 | 14 | 3 | 11 | 160 | 174 | 6.298% | 6.0 | 18.096 |
| 大熊町 | 10,769 | 2,462 | 22.9% | ○ | 2 | 11 | 5 | 6 | 64 | 75 | 0.696% | 32.8 | 1.857 |
| 双葉町 | 6,240 | 1,922 | 30.8% | ○ | 4 | 11 | 2 | 9 | 198 | 209 | 3.349% | 9.2 | 6.410 |
| 浪江町 | 18,777 | 5,707 | 30.4% | ○ | 30 | 35 | 18 | 17 | 771 | 806 | 4.292% | 7.1 | 15.977 |
| 葛尾村 | 1,480 | 528 | 35.7% | ○ | 6 | 8 | 3 | 5 | 89 | 97 | 6.554% | 5.4 | 40.541 |
| 新地町 | 8,038 | 2,452 | 30.5% | ○ | 5 | 7 | 7 | | 171 | 178 | 2.214% | 13.8 | 6.220 |
| 飯館村 | 6,250 | 1,948 | 31.2% | ○ | 29 | 22 | 11 | 11 | 851 | 873 | 13.968% | 2.2 | 46.400 |
| 茨城県計 | 2,970,231 | 779,421 | 26.2% | 45 | 3,904 | 1,798 | 1,270 | 528 | 161,706 | 163,504 | 5.505% | 4.8 | 13.144 |
| 茨城県 | 2,970,231 | 779,421 | 26.2% | ○ | 292 | | | | 24,142 | 24,142 | | | |
| 水戸市 | 273,047 | 66,821 | 24.5% | ○ | 217 | 182 | 64 | 118 | 9,208 | 9,390 | 3.439% | 7.1 | 7.947 |
| 日立市 | 186,675 | 54,481 | 29.2% | ○ | 146 | 79 | 56 | 23 | 4,992 | 5,071 | 2.716% | 10.7 | 7.821 |
| 土浦市 | 144,088 | 37,930 | 26.3% | ○ | 218 | 59 | 41 | 18 | 7,612 | 7,671 | 5.324% | 4.9 | 15.130 |
| 古河市 | 144,715 | 36,429 | 25.2% | ○ | 138 | 56 | 44 | 12 | 6,047 | 6,103 | 4.217% | 6.0 | 9.536 |
| 石岡市 | 77,479 | 22,400 | 28.9% | ○ | 96 | 47 | 33 | 14 | 3,416 | 3,463 | 4.470% | 6.5 | 12.390 |
| 結城市 | 52,598 | 14,001 | 26.6% | ○ | 92 | 38 | 33 | 5 | 3,411 | 3,449 | 6.557% | 4.1 | 17.491 |
| 龍ヶ崎市 | 78,804 | 19,479 | 24.7% | ○ | 62 | 31 | 18 | 13 | 1,773 | 1,804 | 2.289% | 10.8 | 7.868 |
| 下妻市 | 44,729 | 11,101 | 24.8% | ○ | 41 | 23 | 16 | 7 | 1,147 | 1,170 | 2.616% | 9.5 | 9.166 |
| 常総市 | 64,462 | 17,105 | 26.5% | ○ | 77 | 24 | 14 | 10 | 1,520 | 1,544 | 2.395% | 11.1 | 11.945 |
| 常陸太田市 | 54,660 | 18,016 | 33.0% | ○ | 114 | 55 | 45 | 10 | 4,474 | 4,529 | 8.286% | 4.0 | 20.856 |
| 高萩市 | 30,000 | 9,067 | 30.2% | ○ | 42 | 16 | 14 | 2 | 1,642 | 1,658 | 5.527% | 5.5 | 14.000 |
| 北茨城市 | 45,493 | 13,365 | 29.4% | ○ | 75 | 25 | 23 | 2 | 5,206 | 5,231 | 11.498% | 2.6 | 16.486 |
| 笠間市 | 77,957 | 21,869 | 28.1% | ○ | 36 | 34 | 26 | 8 | 2,303 | 2,337 | 2.998% | 9.4 | 4.618 |
| 取手市 | 108,957 | 33,938 | 31.1% | ○ | 92 | 55 | 41 | 14 | 3,239 | 3,294 | 3.023% | 10.3 | 8.444 |
| 牛久市 | 84,703 | 21,857 | 25.8% | ○ | 215 | 39 | 23 | 16 | 12,618 | 12,657 | 14.943% | 1.7 | 25.383 |
| つくば市 | 223,755 | 41,252 | 18.4% | ○ | 252 | 226 | 182 | 44 | 8,292 | 8,518 | 3.807% | 4.8 | 11.262 |
| ひたちなか市 | 159,372 | 37,791 | 23.7% | ○ | 105 | 71 | 55 | 16 | 3,559 | 3,630 | 2.278% | 10.4 | 6.588 |
| 鹿嶋市 | 68,182 | 18,644 | 27.3% | ○ | 101 | 37 | 30 | 7 | 4,224 | 4,261 | 6.249% | 4.4 | 14.813 |
| 潮来市 | 29,232 | 8,359 | 28.6% | ○ | 39 | 19 | 16 | 3 | 1,054 | 1,073 | 3.671% | 7.8 | 13.342 |
| 守谷市 | 65,413 | 12,925 | 19.8% | ○ | 113 | 37 | 27 | 10 | 3,118 | 3,155 | 4.823% | 4.1 | 17.275 |
| 常陸大宮市 | 44,117 | 14,250 | 32.3% | ○ | 58 | 45 | 43 | 2 | 1,557 | 1,602 | 3.631% | 8.9 | 13.147 |
| 那珂市 | 55,651 | 15,758 | 28.3% | ○ | 61 | 27 | 16 | 11 | 1,421 | 1,448 | 2.602% | 10.9 | 10.961 |
| 筑西市 | 107,807 | 29,468 | 27.3% | ○ | 63 | 42 | 27 | 15 | 3,426 | 3,468 | 3.217% | 8.5 | 5.844 |
| 坂東市 | 56,010 | 14,544 | 26.0% | ○ | 73 | 39 | 32 | 7 | 3,743 | 3,782 | 6.752% | 3.8 | 13.033 |
| 稲敷市 | 43,593 | 13,449 | 30.9% | ○ | 94 | 21 | 10 | 11 | 2,826 | 2,847 | 6.531% | 4.7 | 21.563 |
| かすみがうら市 | 43,111 | 11,770 | 27.3% | ○ | 19 | 16 | 7 | 9 | 1,596 | 1,612 | 3.739% | 7.3 | 4.407 |
| 桜川市 | 44,312 | 12,708 | 28.7% | ○ | 74 | 19 | 15 | 4 | 1,931 | 1,950 | 4.401% | 6.5 | 16.700 |
| 神栖市 | 94,791 | 19,395 | 20.5% | ○ | 123 | 78 | 32 | 46 | 4,753 | 4,831 | 5.096% | 4.0 | 12.976 |
| 行方市 | 36,701 | 11,291 | 30.8% | ○ | 39 | 16 | 12 | 4 | 994 | 1,010 | 2.752% | 11.2 | 10.626 |
| 鉾田市 | 50,472 | 14,996 | 29.7% | ○ | 57 | 20 | 15 | 5 | 3,259 | 3,279 | 6.497% | 4.6 | 11.293 |
| つくばみらい市 | 50,323 | 12,454 | 24.7% | ○ | 193 | 102 | 89 | 13 | 4,080 | 4,182 | 8.310% | 3.0 | 38.352 |
| 小美玉市 | 52,489 | 13,495 | 25.7% | ○ | 52 | 36 | 31 | 5 | 1,640 | 1,676 | 3.193% | 8.1 | 9.907 |
| 茨城町 | 33,573 | 9,876 | 29.4% | ○ | 39 | 28 | 24 | 4 | 2,485 | 2,513 | 7.485% | 3.9 | 11.616 |
| 大洗町 | 17,552 | 5,257 | 30.0% | ○ | 21 | 13 | 11 | 2 | 588 | 601 | 3.424% | 8.7 | 11.964 |
| 城里町 | 20,722 | 6,394 | 30.9% | ○ | 53 | 6 | 4 | 2 | 1,171 | 1,177 | 5.680% | 5.4 | 25.577 |
| 東海村 | 38,409 | 9,034 | 23.5% | ○ | 51 | 38 | 21 | 17 | 3,939 | 3,977 | 10.354% | 2.3 | 13.278 |
| 大子町 | 18,609 | 7,378 | 39.6% | ○ | 19 | 7 | 6 | 1 | 511 | 518 | 2.784% | 14.2 | 10.210 |
| 美浦村 | 16,361 | 4,262 | 26.0% | ○ | 15 | 9 | 8 | 1 | 323 | 332 | 2.029% | 12.8 | 9.168 |

| | 総人口 | | 高齢化率 | 市町村 窓口 | サポ- ター 講座 開催回数 | メイト数 (※1) | | | サポ-ター数 (※2) | 合計 サポ-ター数 (メイト+ サポ-ター 数) (※1+※2) | 総人口に 占める割合 (メイト+サ ポ-ター) | メイト+ サポ-ター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|-------|-----------|---------|-------|-----------|-------------------------|--------------|-------------|-----|----------------|---|----------------------------------|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | 活動 メイト数 | 非活動 メイト数 | | | | | | |
| 阿見町 | 47,515 | 12,120 | 25.5% | ○ | 78 | 22 | 14 | 8 | 2,845 | 2,867 | 6.034% | 4.2 | 16.416 |
| 河内町 | 9,477 | 3,193 | 33.7% | ○ | 21 | 11 | 8 | 3 | 731 | 742 | 7.829% | 4.3 | 22.159 |
| 八千代町 | 22,901 | 5,954 | 26.0% | ○ | 39 | 11 | 11 | | 1,211 | 1,222 | 5.336% | 4.9 | 17.030 |
| 五霞町 | 8,960 | 2,488 | 27.8% | ○ | 13 | 15 | 14 | 1 | 222 | 237 | 2.645% | 10.5 | 14.509 |
| 境町 | 25,477 | 6,630 | 26.0% | ○ | 41 | 14 | 11 | 3 | 1,969 | 1,983 | 7.783% | 3.3 | 16.093 |
| 利根町 | 16,977 | 6,427 | 37.9% | ○ | 45 | 10 | 8 | 2 | 1,488 | 1,498 | 8.824% | 4.3 | 26.506 |
| 栃木県計 | 1,998,864 | 514,061 | 25.7% | 26 | 4,247 | 1,851 | 1,185 | 666 | 145,270 | 147,121 | 7.360% | 3.5 | 21.247 |
| 栃木県 | 1,998,864 | 514,061 | 25.7% | ○ | 132 | 33 | 9 | 24 | 8,644 | 8,677 | | | |
| 宇都宮市 | 521,820 | 120,233 | 23.0% | ○ | 809 | 348 | 216 | 132 | 27,193 | 27,541 | 5.278% | 4.4 | 15.503 |
| 足利市 | 152,197 | 45,277 | 29.7% | ○ | 398 | 134 | 116 | 18 | 14,457 | 14,591 | 9.587% | 3.1 | 26.150 |
| 栃木市 | 163,536 | 46,396 | 28.4% | ○ | 374 | 131 | 73 | 58 | 12,255 | 12,386 | 7.574% | 3.7 | 22.870 |
| 佐野市 | 121,183 | 33,597 | 27.7% | ○ | 302 | 80 | 61 | 19 | 12,341 | 12,421 | 10.250% | 2.7 | 24.921 |
| 鹿沼市 | 99,949 | 26,734 | 26.7% | ○ | 172 | 189 | 92 | 97 | 4,979 | 5,168 | 5.171% | 5.2 | 17.209 |
| 日光市 | 86,127 | 27,425 | 31.8% | ○ | 187 | 59 | 52 | 7 | 5,083 | 5,142 | 5.970% | 5.3 | 21.712 |
| 小山市 | 166,593 | 37,397 | 22.4% | ○ | 283 | 180 | 107 | 73 | 9,742 | 9,922 | 5.956% | 3.8 | 16.988 |
| 真岡市 | 80,907 | 19,094 | 23.6% | ○ | 308 | 73 | 37 | 36 | 9,295 | 9,368 | 11.579% | 2.0 | 38.068 |
| 大田原市 | 72,892 | 18,840 | 25.8% | ○ | 255 | 77 | 71 | 6 | 8,384 | 8,461 | 11.608% | 2.2 | 34.983 |
| 矢板市 | 33,893 | 9,458 | 27.9% | ○ | 75 | 61 | 46 | 15 | 2,005 | 2,066 | 6.096% | 4.6 | 22.128 |
| 那須塩原市 | 118,308 | 28,226 | 23.9% | ○ | 145 | 97 | 59 | 38 | 4,065 | 4,162 | 3.518% | 6.8 | 12.256 |
| さくら市 | 44,430 | 10,622 | 23.9% | ○ | 79 | 30 | 25 | 5 | 2,176 | 2,206 | 4.965% | 4.8 | 17.781 |
| 那須烏山市 | 28,005 | 8,980 | 32.1% | ○ | 137 | 44 | 14 | 30 | 3,721 | 3,765 | 13.444% | 2.4 | 48.920 |
| 下野市 | 60,135 | 13,462 | 22.4% | ○ | 132 | 52 | 44 | 8 | 4,715 | 4,767 | 7.927% | 2.8 | 21.951 |
| 上三川町 | 31,454 | 6,483 | 20.6% | ○ | 63 | 52 | 18 | 34 | 2,951 | 3,003 | 9.547% | 2.2 | 20.029 |
| 益子町 | 24,034 | 6,296 | 26.2% | ○ | 46 | 42 | 31 | 11 | 1,246 | 1,288 | 5.359% | 4.9 | 19.140 |
| 茂木町 | 13,908 | 5,019 | 36.1% | ○ | 22 | 12 | 5 | 7 | 1,100 | 1,112 | 7.995% | 4.5 | 15.818 |
| 市貝町 | 12,145 | 3,052 | 25.1% | ○ | 6 | 6 | 3 | 3 | 192 | 198 | 1.630% | 15.4 | 4.940 |
| 芳賀町 | 15,955 | 4,546 | 28.5% | ○ | 27 | 15 | 11 | 4 | 568 | 583 | 3.654% | 7.8 | 16.923 |
| 壬生町 | 39,858 | 10,500 | 26.3% | ○ | 85 | 21 | 14 | 7 | 2,734 | 2,755 | 6.912% | 3.8 | 21.326 |
| 野木町 | 25,846 | 6,895 | 26.7% | ○ | 18 | 22 | 14 | 8 | 795 | 817 | 3.161% | 8.4 | 6.964 |
| 塩谷町 | 12,051 | 3,940 | 32.7% | ○ | 66 | 28 | 21 | 7 | 1,909 | 1,937 | 16.073% | 2.0 | 54.767 |
| 高根沢町 | 29,878 | 6,789 | 22.7% | ○ | 45 | 30 | 25 | 5 | 1,412 | 1,442 | 4.826% | 4.7 | 15.061 |
| 那須町 | 26,155 | 8,941 | 34.2% | ○ | 55 | 22 | 19 | 3 | 2,455 | 2,477 | 9.470% | 3.6 | 21.028 |
| 那珂川町 | 17,605 | 5,859 | 33.3% | ○ | 26 | 13 | 2 | 11 | 853 | 866 | 4.919% | 6.8 | 14.769 |
| 群馬県計 | 2,005,320 | 544,021 | 27.1% | 36 | 2,352 | 1,208 | 661 | 547 | 107,293 | 108,501 | 5.411% | 5.0 | 11.729 |
| 群馬県 | 2,005,320 | 544,021 | 27.1% | ○ | 61 | 26 | 7 | 19 | 4,119 | 4,145 | | | |
| 前橋市 | 339,366 | 91,930 | 27.1% | ○ | 342 | 145 | 77 | 68 | 18,576 | 18,721 | 5.516% | 4.9 | 10.078 |
| 高崎市 | 375,491 | 97,824 | 26.1% | ○ | 580 | 260 | 157 | 103 | 25,862 | 26,122 | 6.957% | 3.7 | 15.446 |
| 桐生市 | 116,934 | 38,679 | 33.1% | ○ | 188 | 97 | 56 | 41 | 10,915 | 11,012 | 9.417% | 3.5 | 16.077 |
| 伊勢崎市 | 211,803 | 49,485 | 23.4% | ○ | 213 | 96 | 63 | 33 | 8,063 | 8,159 | 3.852% | 6.1 | 10.057 |
| 太田市 | 222,897 | 53,495 | 24.0% | ○ | 135 | 102 | 54 | 48 | 6,340 | 6,442 | 2.890% | 8.3 | 6.057 |
| 沼田市 | 50,335 | 15,167 | 30.1% | ○ | 161 | 60 | 35 | 25 | 8,475 | 8,535 | 16.956% | 1.8 | 31.986 |
| 館林市 | 77,820 | 20,696 | 26.6% | ○ | 162 | 40 | 35 | 5 | 3,657 | 3,697 | 4.751% | 5.6 | 20.817 |
| 渋川市 | 80,861 | 24,795 | 30.7% | ○ | 72 | 35 | 20 | 15 | 2,570 | 2,605 | 3.222% | 9.5 | 8.904 |
| 藤岡市 | 67,249 | 19,035 | 28.3% | ○ | 13 | 29 | 10 | 19 | 698 | 727 | 1.081% | 26.2 | 1.933 |
| 富岡市 | 50,425 | 15,029 | 29.8% | ○ | 76 | 23 | 12 | 11 | 2,157 | 2,180 | 4.323% | 6.9 | 15.072 |
| 安中市 | 60,317 | 19,156 | 31.8% | ○ | 68 | 28 | 18 | 10 | 2,200 | 2,228 | 3.694% | 8.6 | 11.274 |
| みどり市 | 51,806 | 13,779 | 26.6% | ○ | 32 | 39 | 17 | 22 | 1,259 | 1,298 | 2.506% | 10.6 | 6.177 |
| 榛東村 | 14,698 | 3,426 | 23.3% | ○ | 2 | 9 | 1 | 8 | 148 | 157 | 1.068% | 21.8 | 1.361 |
| 吉岡町 | 20,753 | 4,308 | 20.8% | ○ | 22 | 16 | 7 | 9 | 1,215 | 1,231 | 5.932% | 3.5 | 10.601 |
| 上野村 | 1,302 | 568 | 43.6% | ○ | 2 | 6 | 4 | 2 | 72 | 78 | 5.991% | 7.3 | 15.361 |
| 神流町 | 2,098 | 1,170 | 55.8% | ○ | 7 | 9 | 6 | 3 | 289 | 298 | 14.204% | 3.9 | 33.365 |
| 下仁田町 | 8,142 | 3,575 | 43.9% | ○ | 24 | 14 | 8 | 6 | 348 | 362 | 4.446% | 9.9 | 29.477 |
| 南牧村 | 2,106 | 1,264 | 60.0% | ○ | 13 | 4 | 3 | 1 | 268 | 272 | 12.915% | 4.6 | 61.728 |
| 甘楽町 | 13,538 | 4,067 | 30.0% | ○ | 16 | 3 | 3 | | 752 | 755 | 5.577% | 5.4 | 11.819 |
| 中之条町 | 17,068 | 6,024 | 35.3% | ○ | 22 | 16 | 6 | 10 | 994 | 1,010 | 5.918% | 6.0 | 12.890 |
| 長野原町 | 5,852 | 1,941 | 33.2% | ○ | 2 | 4 | 2 | 2 | 51 | 55 | 0.940% | 35.3 | 3.418 |
| 嬭恋村 | 9,906 | 3,224 | 32.5% | ○ | 6 | 20 | 12 | 8 | 237 | 257 | 2.594% | 12.5 | 6.057 |
| 草津町 | 6,640 | 2,412 | 36.3% | ○ | 14 | 9 | 6 | 3 | 669 | 678 | 10.211% | 3.6 | 21.084 |

| | 総人口 | | 高齢化率 | 市町村 窓口 | サポ- ター 講座 開催回数 | メイト数 (※1) | | | サポ-ター数 (※2) | 合計 サポ-ター数 (メイト+ サポ-ター 数) (※1+※2) | 総人口に 占める割合 (メイト+サ ポ-ター) | メイト+ サポ-ター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|-------|-----------|-----------|-------|-----------|-------------------------|--------------|-------------|-----|----------------|---|----------------------------------|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | 活動 メイト数 | 非活動 メイト数 | | | | | | |
| 高山村 | 3,796 | 1,221 | 32.2% | ○ | 4 | 15 | 4 | 11 | 97 | 112 | 2.950% | 10.9 | 10.537 |
| 東吾妻町 | 14,880 | 5,329 | 35.8% | ○ | 13 | 7 | 2 | 5 | 485 | 492 | 3.306% | 10.8 | 8.737 |
| 片品村 | 4,732 | 1,602 | 33.9% | ○ | 1 | 2 | 1 | 1 | 9 | 11 | 0.232% | 145.6 | 2.113 |
| 川場村 | 3,384 | 1,054 | 31.1% | ○ | 11 | 6 | 3 | 3 | 163 | 169 | 4.994% | 6.2 | 32.506 |
| 昭和村 | 7,560 | 2,148 | 28.4% | ○ | 12 | 6 | 2 | 4 | 351 | 357 | 4.722% | 6.0 | 15.873 |
| みなかみ町 | 20,235 | 7,240 | 35.8% | ○ | 24 | 22 | 9 | 13 | 828 | 850 | 4.201% | 8.5 | 11.861 |
| 玉村町 | 36,872 | 7,811 | 21.2% | ○ | 21 | 14 | 4 | 10 | 2,179 | 2,193 | 5.948% | 3.6 | 5.695 |
| 板倉町 | 15,211 | 4,375 | 28.8% | ○ | 4 | 11 | 1 | 10 | 295 | 306 | 2.012% | 14.3 | 2.630 |
| 明和町 | 11,435 | 3,077 | 26.9% | ○ | 6 | 7 | 4 | 3 | 732 | 739 | 6.463% | 4.2 | 5.247 |
| 千代田町 | 11,627 | 3,105 | 26.7% | ○ | 5 | 5 | 2 | 3 | 375 | 380 | 3.268% | 8.2 | 4.300 |
| 大泉町 | 41,226 | 8,504 | 20.6% | ○ | 13 | 6 | 6 | | 1,400 | 1,406 | 3.410% | 6.0 | 3.153 |
| 邑楽町 | 26,955 | 7,506 | 27.8% | ○ | 5 | 17 | 4 | 13 | 445 | 462 | 1.714% | 16.2 | 1.855 |
| 埼玉県計 | 7,323,413 | 1,788,118 | 24.4% | 64 | 9,238 | 3,229 | 2,429 | 800 | 321,541 | 324,770 | 4.435% | 5.5 | 12.614 |
| 埼玉県 | 7,323,413 | 1,788,118 | 24.4% | ○ | 201 | 473 | 352 | 121 | 18,945 | 19,418 | | | |
| さいたま市 | 1,270,476 | 280,856 | 22.1% | ○ | 1,546 | 522 | 397 | 125 | 52,845 | 53,367 | 4.201% | 5.3 | 12.169 |
| 川越市 | 350,223 | 87,627 | 25.0% | ○ | 393 | 86 | 72 | 14 | 13,968 | 14,054 | 4.013% | 6.2 | 11.221 |
| 熊谷市 | 200,700 | 52,515 | 26.2% | ○ | 361 | 45 | 44 | 1 | 15,829 | 15,874 | 7.909% | 3.3 | 17.987 |
| 川口市 | 592,684 | 130,181 | 22.0% | ○ | 356 | 113 | 67 | 46 | 10,418 | 10,531 | 1.777% | 12.4 | 6.007 |
| 行田市 | 83,585 | 23,203 | 27.8% | ○ | 84 | 33 | 21 | 12 | 2,862 | 2,895 | 3.464% | 8.0 | 10.050 |
| 秩父市 | 65,311 | 19,765 | 30.3% | ○ | 180 | 36 | 33 | 3 | 6,461 | 6,497 | 9.948% | 3.0 | 27.560 |
| 所沢市 | 343,390 | 85,539 | 24.9% | ○ | 439 | 155 | 106 | 49 | 15,308 | 15,463 | 4.503% | 5.5 | 12.784 |
| 飯能市 | 80,513 | 22,557 | 28.0% | ○ | 175 | 53 | 38 | 15 | 5,719 | 5,772 | 7.169% | 3.9 | 21.736 |
| 加須市 | 114,289 | 29,308 | 25.6% | ○ | 120 | 19 | 16 | 3 | 3,770 | 3,789 | 3.315% | 7.7 | 10.500 |
| 本庄市 | 78,993 | 20,469 | 25.9% | ○ | 67 | 12 | 10 | 2 | 2,480 | 2,492 | 3.155% | 8.2 | 8.482 |
| 東松山市 | 89,574 | 22,962 | 25.6% | ○ | 131 | 72 | 36 | 36 | 3,780 | 3,852 | 4.300% | 6.0 | 14.625 |
| 春日部市 | 236,975 | 65,609 | 27.7% | ○ | 345 | 67 | 52 | 15 | 11,067 | 11,134 | 4.698% | 5.9 | 14.558 |
| 狭山市 | 153,738 | 43,323 | 28.2% | ○ | 299 | 115 | 104 | 11 | 7,830 | 7,945 | 5.168% | 5.5 | 19.449 |
| 羽生市 | 55,677 | 14,778 | 26.5% | ○ | 85 | 26 | 12 | 14 | 2,770 | 2,796 | 5.022% | 5.3 | 15.267 |
| 鴻巣市 | 119,192 | 31,086 | 26.1% | ○ | 173 | 35 | 25 | 10 | 4,217 | 4,252 | 3.567% | 7.3 | 14.514 |
| 深谷市 | 145,053 | 37,376 | 25.8% | ○ | 168 | 25 | 18 | 7 | 6,121 | 6,146 | 4.237% | 6.1 | 11.582 |
| 上尾市 | 227,890 | 57,640 | 25.3% | ○ | 248 | 56 | 37 | 19 | 7,605 | 7,661 | 3.362% | 7.5 | 10.882 |
| 草加市 | 245,878 | 57,496 | 23.4% | ○ | 168 | 77 | 63 | 14 | 5,130 | 5,207 | 2.118% | 11.0 | 6.833 |
| 越谷市 | 336,565 | 79,717 | 23.7% | ○ | 629 | 156 | 115 | 41 | 26,408 | 26,564 | 7.893% | 3.0 | 18.689 |
| 蕨市 | 73,289 | 16,823 | 23.0% | ○ | 49 | 15 | 10 | 5 | 1,639 | 1,654 | 2.257% | 10.2 | 6.686 |
| 戸田市 | 135,243 | 21,031 | 15.6% | ○ | 119 | 42 | 30 | 12 | 3,615 | 3,657 | 2.704% | 5.8 | 8.799 |
| 入間市 | 149,593 | 38,411 | 25.7% | ○ | 200 | 97 | 68 | 29 | 6,286 | 6,383 | 4.267% | 6.0 | 13.370 |
| 朝霞市 | 135,928 | 25,431 | 18.7% | ○ | 96 | 45 | 38 | 7 | 3,200 | 3,245 | 2.387% | 7.8 | 7.063 |
| 志木市 | 74,183 | 17,213 | 23.2% | ○ | 97 | 50 | 42 | 8 | 3,799 | 3,849 | 5.189% | 4.5 | 13.076 |
| 和光市 | 80,615 | 13,696 | 17.0% | ○ | 35 | 33 | 19 | 14 | 820 | 853 | 1.058% | 16.1 | 4.342 |
| 新座市 | 164,028 | 39,541 | 24.1% | ○ | 152 | 78 | 47 | 31 | 4,413 | 4,491 | 2.738% | 8.8 | 9.267 |
| 桶川市 | 75,071 | 20,273 | 27.0% | ○ | 65 | 24 | 18 | 6 | 1,832 | 1,856 | 2.472% | 10.9 | 8.658 |
| 久喜市 | 154,527 | 41,363 | 26.8% | ○ | 281 | 44 | 36 | 8 | 11,457 | 11,501 | 7.443% | 3.6 | 18.185 |
| 北本市 | 68,154 | 19,035 | 27.9% | ○ | 87 | 24 | 19 | 5 | 1,971 | 1,995 | 2.927% | 9.5 | 12.765 |
| 八潮市 | 86,138 | 19,431 | 22.6% | ○ | 103 | 22 | 21 | 1 | 3,032 | 3,054 | 3.545% | 6.4 | 11.958 |
| 富士見市 | 110,045 | 25,909 | 23.5% | ○ | 93 | 41 | 33 | 8 | 2,962 | 3,003 | 2.729% | 8.6 | 8.451 |
| 三郷市 | 137,656 | 34,255 | 24.9% | ○ | 121 | 58 | 38 | 20 | 3,099 | 3,157 | 2.293% | 10.9 | 8.790 |
| 蓮田市 | 62,481 | 18,227 | 29.2% | ○ | 94 | 20 | 16 | 4 | 2,731 | 2,751 | 4.403% | 6.6 | 15.045 |
| 坂戸市 | 101,408 | 26,997 | 26.6% | ○ | 92 | 53 | 48 | 5 | 3,098 | 3,151 | 3.107% | 8.6 | 9.072 |
| 幸手市 | 52,725 | 15,708 | 29.8% | ○ | 81 | 15 | 11 | 4 | 1,798 | 1,813 | 3.439% | 8.7 | 15.363 |
| 鶴ヶ島市 | 70,145 | 17,483 | 24.9% | ○ | 81 | 38 | 34 | 4 | 2,561 | 2,599 | 3.705% | 6.7 | 11.548 |
| 日高市 | 57,015 | 16,380 | 28.7% | ○ | 81 | 31 | 27 | 4 | 2,149 | 2,180 | 3.824% | 7.5 | 14.207 |
| 吉川市 | 71,048 | 15,222 | 21.4% | ○ | 67 | 20 | 18 | 2 | 3,174 | 3,194 | 4.496% | 4.8 | 9.430 |
| ふじみ野市 | 112,919 | 27,162 | 24.1% | ○ | 109 | 41 | 36 | 5 | 6,889 | 6,930 | 6.137% | 3.9 | 9.653 |
| 伊奈町 | 44,437 | 9,664 | 21.7% | ○ | 33 | 9 | 7 | 2 | 1,634 | 1,643 | 3.697% | 5.9 | 7.426 |
| 三芳町 | 38,188 | 10,170 | 26.6% | ○ | 62 | 14 | 11 | 3 | 1,934 | 1,948 | 5.101% | 5.2 | 16.235 |
| 毛呂山町 | 34,977 | 10,431 | 29.8% | ○ | 66 | 23 | 17 | 6 | 2,194 | 2,217 | 6.338% | 4.7 | 18.870 |
| 越生町 | 12,093 | 3,733 | 30.9% | ○ | 44 | 8 | 7 | 1 | 1,412 | 1,420 | 11.742% | 2.6 | 36.385 |
| 滑川町 | 17,999 | 3,804 | 21.1% | ○ | 31 | 11 | 9 | 2 | 975 | 986 | 5.478% | 3.9 | 17.223 |

| | 総人口 | | 高齢化率 | 市町村 窓口 | サポ- ター 講座 開催回数 | メイト数 (※1) | | | サポ-ター数 (※2) | 合計 サポ-ター数 (メイト+ サポ-ター 数) (※1+※2) | 総人口に 占める割合 (メイト+サ ポ-ター) | メイト+ サポ-ター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|-------|-----------|-----------|-------|-----------|-------------------------|--------------|-------------|-------|----------------|---|----------------------------------|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | 活動 メイト数 | 非活動 メイト数 | | | | | | |
| 嵐山町 | 18,145 | 5,428 | 29.9% | ○ | 27 | 8 | 7 | 1 | 808 | 816 | 4.497% | 6.7 | 14.880 |
| 小川町 | 31,618 | 10,101 | 31.9% | ○ | 42 | 25 | 12 | 13 | 1,239 | 1,264 | 3.998% | 8.0 | 13.284 |
| 川島町 | 21,028 | 6,143 | 29.2% | ○ | 47 | 6 | 5 | 1 | 781 | 787 | 3.743% | 7.8 | 22.351 |
| 吉見町 | 20,013 | 5,583 | 27.9% | ○ | 18 | 7 | 5 | 2 | 507 | 514 | 2.568% | 10.9 | 8.994 |
| 鳩山町 | 14,389 | 5,405 | 37.6% | ○ | 73 | 9 | 9 | | 1,896 | 1,905 | 13.239% | 2.8 | 50.733 |
| ときがわ町 | 11,851 | 3,846 | 32.5% | ○ | 17 | 8 | 8 | | 362 | 370 | 3.122% | 10.4 | 14.345 |
| 横瀬町 | 8,656 | 2,595 | 30.0% | ○ | 52 | 4 | 2 | 2 | 611 | 615 | 7.105% | 4.2 | 60.074 |
| 皆野町 | 10,287 | 3,430 | 33.3% | ○ | 20 | 3 | 1 | 2 | 797 | 800 | 7.777% | 4.3 | 19.442 |
| 長瀬町 | 7,496 | 2,563 | 34.2% | ○ | 35 | 5 | 3 | 2 | 913 | 918 | 12.247% | 2.8 | 46.692 |
| 小鹿野町 | 12,471 | 4,083 | 32.7% | ○ | 71 | 8 | 7 | 1 | 1,286 | 1,294 | 10.376% | 3.2 | 56.932 |
| 東秩父村 | 3,048 | 1,088 | 35.7% | ○ | 7 | 3 | 1 | 2 | 202 | 205 | 6.726% | 5.3 | 22.966 |
| 美里町 | 11,477 | 3,290 | 28.7% | ○ | 20 | 4 | 3 | 1 | 807 | 811 | 7.066% | 4.1 | 17.426 |
| 神川町 | 14,027 | 3,746 | 26.7% | ○ | 23 | 6 | 5 | 1 | 1,002 | 1,008 | 7.186% | 3.7 | 16.397 |
| 上里町 | 31,387 | 7,346 | 23.4% | ○ | 24 | 6 | 5 | 1 | 1,157 | 1,163 | 3.705% | 6.3 | 7.646 |
| 寄居町 | 34,855 | 10,215 | 29.3% | ○ | 33 | 12 | 9 | 3 | 1,265 | 1,277 | 3.664% | 8.0 | 9.468 |
| 宮代町 | 33,589 | 10,079 | 30.0% | ○ | 67 | 21 | 14 | 7 | 1,359 | 1,380 | 4.108% | 7.3 | 19.947 |
| 白岡市 | 52,035 | 12,993 | 25.0% | ○ | 45 | 22 | 18 | 4 | 1,753 | 1,775 | 3.411% | 7.3 | 8.648 |
| 杉戸町 | 46,109 | 13,170 | 28.6% | ○ | 68 | 21 | 18 | 3 | 1,629 | 1,650 | 3.578% | 8.0 | 14.748 |
| 松伏町 | 30,321 | 7,614 | 25.1% | ○ | 42 | 19 | 19 | | 960 | 979 | 3.229% | 7.8 | 13.852 |
| 千葉県計 | 6,265,899 | 1,581,046 | 25.2% | 55 | 8,594 | 3,868 | 2,458 | 1,410 | 313,455 | 317,323 | 5.064% | 5.0 | 13.716 |
| 千葉県 | 6,265,899 | 1,581,046 | 25.2% | ○ | 302 | 3 | 2 | 1 | 23,730 | 23,733 | | | |
| 千葉市 | 964,424 | 235,172 | 24.4% | ○ | 1,046 | 397 | 268 | 129 | 45,389 | 45,786 | 4.747% | 5.1 | 10.846 |
| 銚子市 | 65,546 | 21,922 | 33.4% | ○ | 83 | 35 | 27 | 8 | 3,361 | 3,396 | 5.181% | 6.5 | 12.663 |
| 市川市 | 476,560 | 96,989 | 20.4% | ○ | 395 | 106 | 88 | 18 | 12,334 | 12,440 | 2.610% | 7.8 | 8.289 |
| 船橋市 | 626,809 | 144,133 | 23.0% | ○ | 819 | 539 | 247 | 292 | 36,528 | 37,067 | 5.914% | 3.9 | 13.066 |
| 館山市 | 48,397 | 17,571 | 36.3% | ○ | 151 | 73 | 66 | 7 | 4,205 | 4,278 | 8.839% | 4.1 | 31.200 |
| 木更津市 | 134,002 | 34,895 | 26.0% | ○ | 234 | 78 | 49 | 29 | 6,613 | 6,691 | 4.993% | 5.2 | 17.462 |
| 松戸市 | 489,717 | 119,189 | 24.3% | ○ | 487 | 191 | 107 | 84 | 16,084 | 16,275 | 3.323% | 7.3 | 9.945 |
| 野田市 | 155,295 | 42,945 | 27.7% | ○ | 119 | 56 | 29 | 27 | 3,499 | 3,555 | 2.289% | 12.1 | 7.663 |
| 茂原市 | 91,358 | 27,136 | 29.7% | ○ | 130 | 51 | 42 | 9 | 3,839 | 3,890 | 4.258% | 7.0 | 14.230 |
| 成田市 | 131,739 | 27,333 | 20.7% | ○ | 167 | 65 | 27 | 38 | 3,896 | 3,961 | 3.007% | 6.9 | 12.677 |
| 佐倉市 | 177,056 | 50,100 | 28.3% | ○ | 374 | 131 | 83 | 48 | 16,260 | 16,391 | 9.258% | 3.1 | 21.123 |
| 東金市 | 60,335 | 15,561 | 25.8% | ○ | 151 | 69 | 57 | 12 | 4,515 | 4,584 | 7.598% | 3.4 | 25.027 |
| 旭市 | 67,598 | 18,700 | 27.7% | ○ | 77 | 33 | 30 | 3 | 1,972 | 2,005 | 2.966% | 9.3 | 11.391 |
| 習志野市 | 168,838 | 37,838 | 22.4% | ○ | 212 | 88 | 70 | 18 | 8,222 | 8,310 | 4.922% | 4.6 | 12.556 |
| 柏市 | 409,001 | 99,708 | 24.4% | ○ | 562 | 227 | 141 | 86 | 17,690 | 17,917 | 4.381% | 5.6 | 13.741 |
| 勝浦市 | 19,033 | 7,317 | 38.4% | ○ | 59 | 37 | 29 | 8 | 1,604 | 1,641 | 8.622% | 4.5 | 30.999 |
| 市原市 | 279,697 | 72,660 | 26.0% | ○ | 356 | 164 | 133 | 31 | 11,581 | 11,745 | 4.199% | 6.2 | 12.728 |
| 流山市 | 176,248 | 42,061 | 23.9% | ○ | 293 | 71 | 50 | 21 | 9,759 | 9,830 | 5.577% | 4.3 | 16.624 |
| 八千代市 | 195,173 | 46,708 | 23.9% | ○ | 139 | 96 | 46 | 50 | 4,207 | 4,303 | 2.205% | 10.9 | 7.122 |
| 我孫子市 | 132,853 | 37,466 | 28.2% | ○ | 199 | 131 | 74 | 57 | 6,823 | 6,954 | 5.234% | 5.4 | 14.979 |
| 鴨川市 | 34,453 | 12,291 | 35.7% | ○ | 180 | 35 | 30 | 5 | 4,156 | 4,191 | 12.164% | 2.9 | 52.245 |
| 鎌ヶ谷市 | 109,458 | 28,811 | 26.3% | ○ | 140 | 42 | 35 | 7 | 6,220 | 6,262 | 5.721% | 4.6 | 12.790 |
| 君津市 | 87,447 | 24,328 | 27.8% | ○ | 148 | 59 | 46 | 13 | 5,005 | 5,064 | 5.791% | 4.8 | 16.925 |
| 富津市 | 46,492 | 15,915 | 34.2% | ○ | 60 | 29 | 20 | 9 | 1,330 | 1,359 | 2.923% | 11.7 | 12.905 |
| 浦安市 | 164,034 | 26,223 | 16.0% | ○ | 208 | 76 | 57 | 19 | 7,247 | 7,323 | 4.464% | 3.6 | 12.680 |
| 四街道市 | 91,645 | 25,239 | 27.5% | ○ | 136 | 54 | 42 | 12 | 3,633 | 3,687 | 4.023% | 6.8 | 14.840 |
| 袖ヶ浦市 | 62,063 | 15,267 | 24.6% | ○ | 183 | 64 | 37 | 27 | 6,446 | 6,510 | 10.489% | 2.3 | 29.486 |
| 八街市 | 72,713 | 18,533 | 25.5% | ○ | 57 | 50 | 35 | 15 | 1,238 | 1,288 | 1.771% | 14.4 | 7.839 |
| 印西市 | 95,040 | 19,246 | 20.3% | ○ | 134 | 83 | 68 | 15 | 5,469 | 5,552 | 5.842% | 3.5 | 14.099 |
| 白井市 | 63,169 | 14,682 | 23.2% | ○ | 136 | 55 | 37 | 18 | 5,990 | 6,045 | 9.570% | 2.4 | 21.530 |
| 富里市 | 49,947 | 12,032 | 24.1% | ○ | 31 | 32 | 12 | 20 | 1,016 | 1,048 | 2.098% | 11.5 | 6.207 |
| 南房総市 | 40,388 | 16,912 | 41.9% | ○ | 32 | 60 | 36 | 24 | 1,033 | 1,093 | 2.706% | 15.5 | 7.923 |
| 匝瑳市 | 38,197 | 11,894 | 31.1% | ○ | 72 | 17 | 16 | 1 | 2,588 | 2,605 | 6.820% | 4.6 | 18.850 |
| 香取市 | 80,015 | 25,831 | 32.3% | ○ | 125 | 216 | 85 | 131 | 3,930 | 4,146 | 5.182% | 6.2 | 15.622 |
| 山武市 | 54,139 | 16,488 | 30.5% | ○ | 117 | 39 | 23 | 16 | 3,232 | 3,271 | 6.042% | 5.0 | 21.611 |
| いすみ市 | 40,014 | 14,851 | 37.1% | ○ | 48 | 28 | 10 | 18 | 1,280 | 1,308 | 3.269% | 11.4 | 11.996 |
| 酒々井町 | 21,256 | 6,150 | 28.9% | ○ | 34 | 14 | 10 | 4 | 728 | 742 | 3.491% | 8.3 | 15.995 |

| | 総人口 | | 高齢化率 | 市町村 窓口 | サポ- ター 講座 開催回数 | メイト数 (※1) | | | サポ-ター数 (※2) | 合計 サポ-ター数 (メイト+ サポ-ター 数) (※1+※2) | 総人口に 占める割合 (メイト+サ ポ-ター) | メイト+ サポ-ター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|-------------|-------------------|------------------|--------------|-----------|-------------------------|--------------|--------------|--------------|----------------|---|----------------------------------|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | 活動 メイト数 | 非活動 メイト数 | | | | | | |
| 栄町 | 21,541 | 6,574 | 30.5% | ○ | 70 | 25 | 21 | 4 | 1,712 | 1,737 | 8.064% | 3.8 | 32.496 |
| 神崎町 | 6,321 | 1,954 | 30.9% | ○ | 4 | 4 | 4 | | 79 | 83 | 1.313% | 23.5 | 6.328 |
| 多古町 | 15,240 | 5,076 | 33.3% | ○ | 18 | 19 | 13 | 6 | 795 | 814 | 5.341% | 6.2 | 11.811 |
| 東庄町 | 14,634 | 4,916 | 33.6% | ○ | 29 | 20 | 20 | | 546 | 566 | 3.868% | 8.7 | 19.817 |
| 大網白里市 | 50,409 | 14,159 | 28.1% | ○ | 107 | 38 | 30 | 8 | 3,209 | 3,247 | 6.441% | 4.4 | 21.226 |
| 九十九里町 | 17,082 | 5,836 | 34.2% | ○ | 29 | 22 | 19 | 3 | 714 | 736 | 4.309% | 7.9 | 16.977 |
| 芝山町 | 7,621 | 2,309 | 30.3% | ○ | 14 | 2 | 2 | | 250 | 252 | 3.307% | 9.2 | 18.370 |
| 横芝光町 | 24,728 | 8,144 | 32.9% | ○ | 24 | 15 | 11 | 4 | 734 | 749 | 3.029% | 10.9 | 9.706 |
| 一宮町 | 12,469 | 3,850 | 30.9% | ○ | 14 | 32 | 14 | 18 | 393 | 425 | 3.408% | 9.1 | 11.228 |
| 睦沢町 | 7,365 | 2,637 | 35.8% | ○ | 22 | 16 | 11 | 5 | 515 | 531 | 7.210% | 5.0 | 29.871 |
| 長生村 | 14,705 | 4,581 | 31.2% | ○ | 18 | 19 | 15 | 4 | 504 | 523 | 3.557% | 8.8 | 12.241 |
| 白子町 | 11,830 | 4,264 | 36.0% | ○ | 6 | 8 | 3 | 5 | 218 | 226 | 1.910% | 18.9 | 5.072 |
| 長柄町 | 7,378 | 2,534 | 34.3% | ○ | 8 | 10 | 7 | 3 | 130 | 140 | 1.898% | 18.1 | 10.843 |
| 長南町 | 8,522 | 3,151 | 37.0% | ○ | 5 | 10 | 5 | 5 | 120 | 130 | 1.525% | 24.2 | 5.867 |
| 大多喜町 | 9,747 | 3,672 | 37.7% | ○ | 11 | 17 | 7 | 10 | 253 | 270 | 2.770% | 13.6 | 11.286 |
| 御宿町 | 7,788 | 3,660 | 47.0% | ○ | 11 | 9 | 7 | 2 | 305 | 314 | 4.032% | 11.7 | 14.124 |
| 鋸南町 | 8,370 | 3,632 | 43.4% | ○ | 8 | 8 | 5 | 3 | 326 | 334 | 3.990% | 10.9 | 9.558 |
| 東京都計 | 13,415,349 | 2,999,077 | 22.4% | 63 | 18,200 | 6,887 | 5,167 | 1,720 | 541,849 | 548,736 | 4.090% | 5.5 | 13.567 |
| 東京都 | 13,415,349 | 2,999,077 | 22.4% | ○ | 215 | 107 | 29 | 78 | 14,804 | 14,911 | | | |
| 千代田区 | 58,576 | 10,713 | 18.3% | ○ | 321 | 81 | 58 | 23 | 12,091 | 12,172 | 20.780% | 0.9 | 54.801 |
| 中央区 | 142,995 | 23,133 | 16.2% | ○ | 282 | 99 | 57 | 42 | 9,337 | 9,436 | 6.599% | 2.5 | 19.721 |
| 港区 | 243,977 | 42,441 | 17.4% | ○ | 369 | 110 | 65 | 45 | 12,713 | 12,823 | 5.256% | 3.3 | 15.124 |
| 新宿区 | 334,193 | 66,585 | 19.9% | ○ | 652 | 92 | 76 | 16 | 17,397 | 17,489 | 5.233% | 3.8 | 19.510 |
| 文京区 | 210,312 | 42,081 | 20.0% | ○ | 379 | 156 | 94 | 62 | 10,846 | 11,002 | 5.231% | 3.8 | 18.021 |
| 台東区 | 191,749 | 45,519 | 23.7% | ○ | 378 | 113 | 103 | 10 | 8,797 | 8,910 | 4.647% | 5.1 | 19.713 |
| 墨田区 | 261,723 | 59,715 | 22.8% | ○ | 437 | 204 | 150 | 54 | 11,070 | 11,274 | 4.308% | 5.3 | 16.697 |
| 江東区 | 501,501 | 106,951 | 21.3% | ○ | 357 | 255 | 193 | 62 | 12,366 | 12,621 | 2.517% | 8.5 | 7.119 |
| 品川区 | 378,123 | 79,904 | 21.1% | ○ | 326 | 379 | 276 | 103 | 12,200 | 12,579 | 3.327% | 6.4 | 8.622 |
| 目黒区 | 271,469 | 54,244 | 20.0% | ○ | 260 | 175 | 112 | 63 | 8,630 | 8,805 | 3.243% | 6.2 | 9.578 |
| 大田区 | 712,057 | 161,046 | 22.6% | ○ | 591 | 192 | 141 | 51 | 20,389 | 20,581 | 2.890% | 7.8 | 8.300 |
| 世田谷区 | 883,289 | 177,537 | 20.1% | ○ | 932 | 250 | 201 | 49 | 23,430 | 23,680 | 2.681% | 7.5 | 10.551 |
| 渋谷区 | 219,898 | 42,101 | 19.1% | ○ | 293 | 96 | 66 | 30 | 9,514 | 9,610 | 4.370% | 4.4 | 13.324 |
| 中野区 | 321,734 | 66,809 | 20.8% | ○ | 556 | 241 | 193 | 48 | 11,212 | 11,453 | 3.560% | 5.8 | 17.281 |
| 杉並区 | 553,288 | 116,814 | 21.1% | ○ | 784 | 282 | 220 | 62 | 17,632 | 17,914 | 3.238% | 6.5 | 14.170 |
| 豊島区 | 280,639 | 57,162 | 20.4% | ○ | 272 | 67 | 41 | 26 | 7,031 | 7,098 | 2.529% | 8.1 | 9.692 |
| 北区 | 341,252 | 87,188 | 25.5% | ○ | 558 | 98 | 78 | 20 | 17,655 | 17,753 | 5.202% | 4.9 | 16.352 |
| 荒川区 | 211,271 | 49,401 | 23.4% | ○ | 313 | 424 | 305 | 119 | 10,164 | 10,588 | 5.012% | 4.7 | 14.815 |
| 板橋区 | 550,758 | 125,580 | 22.8% | ○ | 558 | 492 | 332 | 160 | 19,232 | 19,724 | 3.581% | 6.4 | 10.131 |
| 練馬区 | 719,109 | 155,042 | 21.6% | ○ | 688 | 172 | 126 | 46 | 19,819 | 19,991 | 2.780% | 7.8 | 9.567 |
| 足立区 | 678,623 | 165,910 | 24.4% | ○ | 695 | 279 | 229 | 50 | 21,034 | 21,313 | 3.141% | 7.8 | 10.241 |
| 葛飾区 | 452,789 | 110,439 | 24.4% | ○ | 449 | 72 | 51 | 21 | 11,496 | 11,568 | 2.555% | 9.5 | 9.916 |
| 江戸川区 | 686,387 | 141,493 | 20.6% | ○ | 364 | 165 | 141 | 24 | 14,499 | 14,664 | 2.136% | 9.6 | 5.303 |
| 八王子市 | 562,795 | 140,731 | 25.0% | ○ | 1,088 | 209 | 130 | 79 | 29,166 | 29,375 | 5.219% | 4.8 | 19.332 |
| 立川市 | 179,796 | 42,308 | 23.5% | ○ | 299 | 135 | 109 | 26 | 10,453 | 10,588 | 5.889% | 4.0 | 16.630 |
| 武蔵野市 | 143,262 | 31,251 | 21.8% | ○ | 450 | 200 | 168 | 32 | 13,346 | 13,546 | 9.455% | 2.3 | 31.411 |
| 三鷹市 | 182,897 | 39,127 | 21.4% | ○ | 259 | 111 | 101 | 10 | 7,211 | 7,322 | 4.003% | 5.3 | 14.161 |
| 青梅市 | 136,750 | 37,054 | 27.1% | ○ | 99 | 51 | 31 | 20 | 3,457 | 3,508 | 2.565% | 10.6 | 7.239 |
| 府中市 | 256,748 | 53,758 | 20.9% | ○ | 592 | 96 | 81 | 15 | 13,347 | 13,443 | 5.236% | 4.0 | 23.058 |
| 昭島市 | 112,897 | 27,694 | 24.5% | ○ | 142 | 60 | 53 | 7 | 4,307 | 4,367 | 3.868% | 6.3 | 12.578 |
| 調布市 | 226,413 | 48,237 | 21.3% | ○ | 197 | 84 | 79 | 5 | 6,475 | 6,559 | 2.897% | 7.4 | 8.701 |
| 町田市 | 426,937 | 108,461 | 25.4% | ○ | 594 | 172 | 87 | 85 | 19,539 | 19,711 | 4.617% | 5.5 | 13.913 |
| 小金井市 | 117,978 | 24,395 | 20.7% | ○ | 290 | 47 | 39 | 8 | 4,712 | 4,759 | 4.034% | 5.1 | 24.581 |
| 小平市 | 188,609 | 42,567 | 22.6% | ○ | 222 | 85 | 64 | 21 | 5,317 | 5,402 | 2.864% | 7.9 | 11.770 |
| 日野市 | 182,765 | 43,783 | 24.0% | ○ | 401 | 63 | 57 | 6 | 11,191 | 11,254 | 6.158% | 3.9 | 21.941 |
| 東村山市 | 150,858 | 38,500 | 25.5% | ○ | 154 | 73 | 62 | 11 | 4,928 | 5,001 | 3.315% | 7.7 | 10.208 |
| 国分寺市 | 119,940 | 25,948 | 21.6% | ○ | 122 | 65 | 60 | 5 | 3,231 | 3,296 | 2.748% | 7.9 | 10.172 |
| 国立市 | 74,971 | 16,523 | 22.0% | ○ | 101 | 83 | 76 | 7 | 3,099 | 3,182 | 4.244% | 5.2 | 13.472 |
| 福生市 | 58,613 | 14,211 | 24.2% | ○ | 54 | 18 | 18 | | 1,872 | 1,890 | 3.225% | 7.5 | 9.213 |

| | 総人口 | | 高齢化率 | 市町村 窓口 | サポ- ター 講座 開催回数 | メイト数 (※1) | | | サポ-ター数 (※2) | 合計 サポ-ター数 (メイト+ サポ-ター 数) (※1+※2) | 総人口に 占める割合 (メイト+サ ポ-ター) | メイト+ サポ-ター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|-------|-----------|-----------|-------|-----------|-------------------------|--------------|-------------|-------|----------------|---|----------------------------------|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | 活動 メイト数 | 非活動 メイト数 | | | | | | |
| 狛江市 | 80,008 | 19,187 | 24.0% | ○ | 74 | 38 | 28 | 10 | 1,589 | 1,627 | 2.034% | 11.8 | 9.249 |
| 東大和市 | 86,101 | 21,815 | 25.3% | ○ | 124 | 40 | 36 | 4 | 3,659 | 3,699 | 4.296% | 5.9 | 14.402 |
| 清瀬市 | 74,403 | 20,303 | 27.3% | ○ | 207 | 123 | 100 | 23 | 6,159 | 6,282 | 8.443% | 3.2 | 27.821 |
| 東久留米市 | 117,128 | 31,397 | 26.8% | ○ | 121 | 85 | 76 | 9 | 4,559 | 4,644 | 3.965% | 6.8 | 10.331 |
| 武蔵村山市 | 72,243 | 17,784 | 24.6% | ○ | 95 | 48 | 44 | 4 | 3,342 | 3,390 | 4.692% | 5.2 | 13.150 |
| 多摩市 | 147,849 | 38,849 | 26.3% | ○ | 322 | 117 | 107 | 10 | 10,628 | 10,745 | 7.268% | 3.6 | 21.779 |
| 稲城市 | 87,461 | 17,726 | 20.3% | ○ | 126 | 42 | 40 | 2 | 4,675 | 4,717 | 5.393% | 3.8 | 14.406 |
| 羽村市 | 56,355 | 13,518 | 24.0% | ○ | 70 | 23 | 12 | 11 | 2,606 | 2,629 | 4.665% | 5.1 | 12.421 |
| あきる野市 | 81,483 | 22,644 | 27.8% | ○ | 195 | 27 | 23 | 4 | 10,867 | 10,894 | 13.370% | 2.1 | 23.931 |
| 西東京市 | 198,974 | 46,465 | 23.4% | ○ | 590 | 116 | 96 | 20 | 14,158 | 14,274 | 7.174% | 3.3 | 29.652 |
| 瑞穂町 | 33,905 | 8,712 | 25.7% | ○ | 56 | 17 | 17 | | 1,532 | 1,549 | 4.569% | 5.6 | 16.517 |
| 日の出町 | 17,020 | 5,721 | 33.6% | ○ | 27 | 18 | 9 | 9 | 789 | 807 | 4.741% | 7.1 | 15.864 |
| 檜原村 | 2,343 | 1,094 | 46.7% | ○ | 12 | 9 | 5 | 4 | 254 | 263 | 11.225% | 4.2 | 51.216 |
| 奥多摩町 | 5,378 | 2,571 | 47.8% | ○ | 15 | 10 | 5 | 5 | 286 | 296 | 5.504% | 8.7 | 27.891 |
| 大島町 | 8,178 | 2,915 | 35.6% | ○ | 17 | 6 | 6 | | 489 | 495 | 6.053% | 5.9 | 20.787 |
| 利島村 | 314 | 77 | 24.5% | ○ | | | | | | | | | |
| 新島村 | 2,818 | 1,054 | 37.4% | ○ | | 1 | | 1 | | 1 | 0.035% | 1054.0 | |
| 神津島村 | 1,927 | 543 | 28.2% | ○ | 1 | | | | 43 | 43 | 2.231% | 12.6 | 5.189 |
| 三宅村 | 2,619 | 1,013 | 38.7% | ○ | | | | | | | | | |
| 御蔵島村 | 314 | 53 | 16.9% | ○ | 3 | 1 | 1 | | 20 | 21 | 6.688% | 2.5 | 95.541 |
| 八丈町 | 7,834 | 2,884 | 36.8% | ○ | 43 | 12 | 9 | 3 | 1,022 | 1,034 | 13.199% | 2.8 | 54.889 |
| 青ヶ島村 | 166 | 25 | 15.1% | ○ | | | | | | | | | |
| 小笠原村 | 2,587 | 371 | 14.3% | ○ | 9 | 1 | 1 | | 163 | 164 | 6.339% | 2.3 | 34.789 |
| 神奈川県計 | 9,136,151 | 2,163,793 | 23.7% | 34 | 11,209 | 6,617 | 4,863 | 1,754 | 414,496 | 421,113 | 4.609% | 5.1 | 12.269 |
| 神奈川県 | 9,136,151 | 2,163,793 | 23.7% | ○ | 339 | 135 | 60 | 75 | 14,410 | 14,545 | | | |
| 横浜市 | 3,729,357 | 866,557 | 23.2% | ○ | 4,972 | 3,019 | 2,197 | 822 | 205,487 | 208,506 | 5.591% | 4.2 | 13.332 |
| 川崎市 | 1,459,768 | 280,379 | 19.2% | ○ | 1,081 | 918 | 609 | 309 | 39,009 | 39,927 | 2.735% | 7.0 | 7.405 |
| 横須賀市 | 414,664 | 122,244 | 29.5% | ○ | 522 | 193 | 164 | 29 | 20,323 | 20,516 | 4.948% | 6.0 | 12.589 |
| 平塚市 | 257,506 | 66,859 | 26.0% | ○ | 421 | 158 | 138 | 20 | 13,850 | 14,008 | 5.440% | 4.8 | 16.349 |
| 鎌倉市 | 176,900 | 53,383 | 30.2% | ○ | 282 | 148 | 119 | 29 | 7,470 | 7,618 | 4.306% | 7.0 | 15.941 |
| 藤沢市 | 426,024 | 99,287 | 23.3% | ○ | 462 | 194 | 157 | 37 | 15,658 | 15,852 | 3.721% | 6.3 | 10.844 |
| 小田原市 | 194,502 | 53,771 | 27.6% | ○ | 302 | 133 | 111 | 22 | 7,606 | 7,739 | 3.979% | 6.9 | 15.527 |
| 茅ヶ崎市 | 241,264 | 60,020 | 24.9% | ○ | 205 | 128 | 84 | 44 | 7,850 | 7,978 | 3.307% | 7.5 | 8.497 |
| 逗子市 | 59,991 | 18,545 | 30.9% | ○ | 84 | 54 | 49 | 5 | 1,960 | 2,014 | 3.357% | 9.2 | 14.002 |
| 相模原市 | 716,643 | 169,183 | 23.6% | ○ | 774 | 566 | 443 | 123 | 27,324 | 27,890 | 3.892% | 6.1 | 10.800 |
| 三浦市 | 45,911 | 15,975 | 34.8% | ○ | 72 | 58 | 48 | 10 | 2,115 | 2,173 | 4.733% | 7.4 | 15.683 |
| 秦野市 | 163,582 | 43,496 | 26.6% | ○ | 166 | 187 | 164 | 23 | 4,584 | 4,771 | 2.917% | 9.1 | 10.148 |
| 厚木市 | 225,503 | 51,812 | 23.0% | ○ | 292 | 112 | 77 | 35 | 8,247 | 8,359 | 3.707% | 6.2 | 12.949 |
| 大和市 | 234,627 | 53,145 | 22.7% | ○ | 335 | 116 | 99 | 17 | 8,680 | 8,796 | 3.749% | 6.0 | 14.278 |
| 伊勢原市 | 99,894 | 24,176 | 24.2% | ○ | 104 | 57 | 38 | 19 | 2,434 | 2,491 | 2.494% | 9.7 | 10.411 |
| 海老名市 | 130,627 | 30,136 | 23.1% | ○ | 105 | 79 | 63 | 16 | 2,926 | 3,005 | 2.300% | 10.0 | 8.038 |
| 座間市 | 129,701 | 30,791 | 23.7% | ○ | 115 | 60 | 53 | 7 | 3,364 | 3,424 | 2.640% | 9.0 | 8.867 |
| 南足柄市 | 43,762 | 12,750 | 29.1% | ○ | 97 | 13 | 9 | 4 | 3,176 | 3,189 | 7.287% | 4.0 | 22.165 |
| 綾瀬市 | 85,253 | 21,731 | 25.5% | ○ | 59 | 38 | 19 | 19 | 2,586 | 2,624 | 3.078% | 8.3 | 6.921 |
| 葉山町 | 33,490 | 10,138 | 30.3% | ○ | 23 | 21 | 12 | 9 | 687 | 708 | 2.114% | 14.3 | 6.868 |
| 寒川町 | 48,319 | 11,948 | 24.7% | ○ | 124 | 31 | 19 | 12 | 5,700 | 5,731 | 11.861% | 2.1 | 25.663 |
| 大磯町 | 33,010 | 10,459 | 31.7% | ○ | 58 | 22 | 13 | 9 | 1,937 | 1,959 | 5.935% | 5.3 | 17.570 |
| 二宮町 | 29,267 | 9,438 | 32.2% | ○ | 27 | 20 | 12 | 8 | 2,045 | 2,065 | 7.056% | 4.6 | 9.225 |
| 中井町 | 9,669 | 2,932 | 30.3% | ○ | 2 | 14 | 4 | 10 | 83 | 97 | 1.003% | 30.2 | 2.068 |
| 大井町 | 17,279 | 4,462 | 25.8% | ○ | 21 | 18 | 6 | 12 | 545 | 563 | 3.258% | 7.9 | 12.153 |
| 松田町 | 11,456 | 3,615 | 31.6% | ○ | 30 | 12 | 10 | 2 | 588 | 600 | 5.237% | 6.0 | 26.187 |
| 山北町 | 11,124 | 3,909 | 35.1% | ○ | 10 | 9 | 8 | 1 | 690 | 699 | 6.284% | 5.6 | 8.990 |
| 開成町 | 17,001 | 4,028 | 23.7% | ○ | 30 | 19 | 16 | 3 | 832 | 851 | 5.006% | 4.7 | 17.646 |
| 箱根町 | 12,101 | 4,278 | 35.4% | ○ | 15 | 22 | 13 | 9 | 401 | 423 | 3.496% | 10.1 | 12.396 |
| 真鶴町 | 7,708 | 2,955 | 38.3% | ○ | 10 | 3 | 2 | 1 | 312 | 315 | 4.087% | 9.4 | 12.974 |
| 湯河原町 | 26,010 | 9,664 | 37.2% | ○ | 29 | 24 | 20 | 4 | 937 | 961 | 3.695% | 10.1 | 11.150 |
| 愛川町 | 41,197 | 10,796 | 26.2% | ○ | 28 | 29 | 20 | 9 | 548 | 577 | 1.401% | 18.7 | 6.797 |
| 清川村 | 3,041 | 931 | 30.6% | ○ | 13 | 7 | 7 | | 132 | 139 | 4.571% | 6.7 | 42.749 |

| | 総人口 | | 高齢化率 | 市町村 窓口 | サポ- ター 講座 開催回数 | メイト数 (※1) | | | サポ-ター数 (※2) | 合計 サポ-ター数 (メイト+ サポ-ター 数) (※1+※2) | 総人口に 占める割合 (メイト+サ ポ-ター) | メイト+ サポ-ター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|-------------|------------------|----------------|--------------|-----------|-------------------------|--------------|--------------|--------------|----------------|---|----------------------------------|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | 活動 メイト数 | 非活動 メイト数 | | | | | | |
| 新潟県計 | 2,319,435 | 686,398 | 29.6% | 31 | 6,218 | 3,733 | 2,570 | 1,163 | 173,472 | 177,205 | 7.640% | 3.9 | 26.808 |
| 新潟県 | 2,319,435 | 686,398 | 29.6% | ○ | 209 | 66 | 37 | 29 | 8,918 | 8,984 | | | |
| 新潟市 | 802,936 | 216,396 | 27.0% | ○ | 1,425 | 718 | 521 | 197 | 44,270 | 44,988 | 5.603% | 4.8 | 17.747 |
| 長岡市 | 276,776 | 79,132 | 28.6% | ○ | 634 | 352 | 284 | 68 | 18,036 | 18,388 | 6.644% | 4.3 | 22.907 |
| 三条市 | 100,884 | 29,533 | 29.3% | ○ | 257 | 176 | 109 | 67 | 6,885 | 7,061 | 6.999% | 4.2 | 25.475 |
| 柏崎市 | 87,292 | 26,926 | 30.8% | ○ | 300 | 141 | 100 | 41 | 7,748 | 7,889 | 9.037% | 3.4 | 34.367 |
| 新発田市 | 100,314 | 29,238 | 29.1% | ○ | 282 | 156 | 106 | 50 | 6,656 | 6,812 | 6.791% | 4.3 | 28.112 |
| 小千谷市 | 37,130 | 11,667 | 31.4% | ○ | 46 | 93 | 61 | 32 | 1,251 | 1,344 | 3.620% | 8.7 | 12.389 |
| 加茂市 | 28,701 | 9,483 | 33.0% | ○ | 49 | 18 | 13 | 5 | 1,586 | 1,604 | 5.589% | 5.9 | 17.073 |
| 十日町市 | 56,237 | 19,931 | 35.4% | ○ | 135 | 130 | 105 | 25 | 4,191 | 4,321 | 7.684% | 4.6 | 24.006 |
| 見附市 | 41,421 | 12,272 | 29.6% | ○ | 65 | 67 | 62 | 5 | 2,528 | 2,595 | 6.265% | 4.7 | 15.693 |
| 村上市 | 63,614 | 22,327 | 35.1% | ○ | 163 | 113 | 87 | 26 | 4,510 | 4,623 | 7.267% | 4.8 | 25.623 |
| 燕市 | 81,819 | 23,053 | 28.2% | ○ | 147 | 128 | 94 | 34 | 5,245 | 5,373 | 6.567% | 4.3 | 17.966 |
| 糸魚川市 | 45,080 | 16,572 | 36.8% | ○ | 116 | 112 | 66 | 46 | 3,179 | 3,291 | 7.300% | 5.0 | 25.732 |
| 妙高市 | 34,096 | 11,255 | 33.0% | ○ | 232 | 123 | 67 | 56 | 6,314 | 6,437 | 18.879% | 1.7 | 68.043 |
| 五泉市 | 52,783 | 17,021 | 32.2% | ○ | 188 | 113 | 86 | 27 | 3,438 | 3,551 | 6.728% | 4.8 | 35.618 |
| 上越市 | 198,356 | 58,915 | 29.7% | ○ | 540 | 346 | 174 | 172 | 14,591 | 14,937 | 7.530% | 3.9 | 27.224 |
| 阿賀野市 | 44,251 | 12,998 | 29.4% | ○ | 134 | 25 | 17 | 8 | 2,923 | 2,948 | 6.662% | 4.4 | 30.282 |
| 佐渡市 | 58,527 | 23,166 | 39.6% | ○ | 332 | 100 | 64 | 36 | 5,947 | 6,047 | 10.332% | 3.8 | 56.726 |
| 魚沼市 | 38,187 | 12,364 | 32.4% | ○ | 89 | 131 | 62 | 69 | 3,109 | 3,240 | 8.485% | 3.8 | 23.306 |
| 南魚沼市 | 58,907 | 17,187 | 29.2% | ○ | 272 | 164 | 122 | 42 | 7,273 | 7,437 | 12.625% | 2.3 | 46.174 |
| 胎内市 | 30,558 | 9,686 | 31.7% | ○ | 171 | 77 | 54 | 23 | 4,699 | 4,776 | 15.629% | 2.0 | 55.959 |
| 聖籠町 | 14,323 | 3,334 | 23.3% | ○ | 31 | 9 | 7 | 2 | 785 | 794 | 5.544% | 4.2 | 21.644 |
| 弥彦村 | 8,426 | 2,323 | 27.6% | ○ | 23 | 37 | 26 | 11 | 740 | 777 | 9.221% | 3.0 | 27.296 |
| 田上町 | 12,335 | 3,902 | 31.6% | ○ | 53 | 43 | 33 | 10 | 1,519 | 1,562 | 12.663% | 2.5 | 42.967 |
| 阿賀町 | 12,137 | 5,383 | 44.4% | ○ | 32 | 36 | 23 | 13 | 614 | 650 | 5.356% | 8.3 | 26.366 |
| 出雲崎町 | 4,677 | 1,872 | 40.0% | ○ | 38 | 35 | 29 | 6 | 819 | 854 | 18.260% | 2.2 | 81.249 |
| 湯沢町 | 8,201 | 2,784 | 33.9% | ○ | 35 | 38 | 34 | 4 | 1,107 | 1,145 | 13.962% | 2.4 | 42.678 |
| 津南町 | 10,306 | 3,879 | 37.6% | ○ | 135 | 116 | 65 | 51 | 2,356 | 2,472 | 23.986% | 1.6 | 130.992 |
| 刈羽村 | 4,756 | 1,354 | 28.5% | ○ | 28 | 14 | 10 | 4 | 658 | 672 | 14.130% | 2.0 | 58.873 |
| 関川村 | 6,042 | 2,286 | 37.8% | ○ | 50 | 55 | 51 | 4 | 1,469 | 1,524 | 25.223% | 1.5 | 82.754 |
| 粟島浦村 | 363 | 159 | 43.8% | ○ | 7 | 1 | 1 | | 108 | 109 | 30.028% | 1.5 | 192.837 |
| 富山県計 | 1,080,160 | 324,347 | 30.0% | 16 | 2,727 | 1,445 | 922 | 523 | 90,674 | 92,119 | 8.528% | 3.5 | 25.246 |
| 富山県 | 1,080,160 | 324,347 | 30.0% | ○ | 5 | 32 | 11 | 21 | 114 | 146 | | | |
| 富山市 | 419,123 | 117,400 | 28.0% | ○ | 967 | 436 | 280 | 156 | 28,219 | 28,655 | 6.837% | 4.1 | 23.072 |
| 高岡市 | 174,892 | 54,804 | 31.3% | ○ | 402 | 181 | 130 | 51 | 13,795 | 13,976 | 7.991% | 3.9 | 22.986 |
| 魚津市 | 43,152 | 13,689 | 31.7% | ○ | 106 | 47 | 25 | 22 | 3,643 | 3,690 | 8.551% | 3.7 | 24.564 |
| 氷見市 | 49,830 | 17,521 | 35.2% | ○ | 156 | 76 | 55 | 21 | 6,935 | 7,011 | 14.070% | 2.5 | 31.306 |
| 滑川市 | 33,489 | 9,455 | 28.2% | ○ | 91 | 46 | 18 | 28 | 2,242 | 2,288 | 6.832% | 4.1 | 27.173 |
| 黒部市 | 41,944 | 12,430 | 29.6% | ○ | 65 | 60 | 43 | 17 | 2,011 | 2,071 | 4.938% | 6.0 | 15.497 |
| 砺波市 | 49,321 | 13,687 | 27.8% | ○ | 192 | 92 | 32 | 60 | 5,780 | 5,872 | 11.906% | 2.3 | 38.929 |
| 小矢部市 | 31,128 | 10,298 | 33.1% | ○ | 246 | 86 | 62 | 24 | 9,089 | 9,175 | 29.475% | 1.1 | 79.029 |
| 南砺市 | 53,136 | 18,815 | 35.4% | ○ | 130 | 79 | 30 | 49 | 4,208 | 4,287 | 8.068% | 4.4 | 24.466 |
| 射水市 | 94,301 | 26,704 | 28.3% | ○ | 235 | 188 | 143 | 45 | 8,816 | 9,004 | 9.548% | 3.0 | 24.920 |
| 舟橋村 | 3,025 | 559 | 18.5% | ○ | 2 | 9 | 8 | 1 | 62 | 71 | 2.347% | 7.9 | 6.612 |
| 上市町 | 21,523 | 7,180 | 33.4% | ○ | 55 | 11 | 11 | | 2,797 | 2,808 | 13.047% | 2.6 | 25.554 |
| 立山町 | 26,752 | 8,180 | 30.6% | ○ | 15 | 16 | 8 | 8 | 509 | 525 | 1.962% | 15.6 | 5.607 |
| 入善町 | 25,750 | 8,507 | 33.0% | ○ | 31 | 57 | 45 | 12 | 1,553 | 1,610 | 6.252% | 5.3 | 12.039 |
| 朝日町 | 12,794 | 5,118 | 40.0% | ○ | 29 | 29 | 21 | 8 | 901 | 930 | 7.269% | 5.5 | 22.667 |
| 石川県計 | 1,157,042 | 318,646 | 27.5% | 20 | 2,442 | 1,493 | 1,015 | 478 | 83,484 | 84,977 | 7.344% | 3.7 | 21.106 |
| 石川県 | 1,157,042 | 318,646 | 27.5% | ○ | 39 | 4 | 1 | 3 | 2,002 | 2,006 | | | |
| 金沢市 | 454,356 | 113,470 | 25.0% | ○ | 547 | 220 | 180 | 40 | 18,122 | 18,342 | 4.037% | 6.2 | 12.039 |
| 七尾市 | 55,382 | 18,832 | 34.0% | ○ | 107 | 78 | 43 | 35 | 3,779 | 3,857 | 6.964% | 4.9 | 19.320 |
| 小松市 | 108,573 | 29,367 | 27.0% | ○ | 398 | 150 | 121 | 29 | 17,059 | 17,209 | 15.850% | 1.7 | 36.657 |
| 輪島市 | 28,832 | 12,033 | 41.7% | ○ | 90 | 35 | 19 | 16 | 1,819 | 1,854 | 6.430% | 6.5 | 31.215 |
| 珠洲市 | 15,534 | 7,023 | 45.2% | ○ | 53 | 19 | 9 | 10 | 1,526 | 1,545 | 9.946% | 4.5 | 34.119 |
| 加賀市 | 69,386 | 22,317 | 32.2% | ○ | 176 | 238 | 175 | 63 | 4,505 | 4,743 | 6.836% | 4.7 | 25.365 |
| 羽咋市 | 22,578 | 8,082 | 35.8% | ○ | 107 | 47 | 31 | 16 | 2,812 | 2,859 | 12.663% | 2.8 | 47.391 |

| | 総人口 | | 高齢化率 | 市町村 窓口 | サポ- ター 講座 開催回数 | メイト数 (※1) | | | サポ-ター数 (※2) | 合計 サポ-ター数 (メイト+ サポ-ター 数) (※1+※2) | 総人口に 占める割合 (メイト+サ ポ-ター) | メイト+ サポ-ター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|-------------|----------------|----------------|--------------|-----------|-------------------------|--------------|-------------|------------|----------------|---|----------------------------------|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | 活動 メイト数 | 非活動 メイト数 | | | | | | |
| かほく市 | 34,974 | 9,758 | 27.9% | ○ | 111 | 43 | 35 | 8 | 3,652 | 3,695 | 10.565% | 2.6 | 31.738 |
| 白山市 | 112,829 | 28,732 | 25.5% | ○ | 183 | 118 | 97 | 21 | 7,513 | 7,631 | 6.763% | 3.8 | 16.219 |
| 能美市 | 49,971 | 12,149 | 24.3% | ○ | 96 | 67 | 56 | 11 | 3,833 | 3,900 | 7.805% | 3.1 | 19.211 |
| 川北町 | 6,286 | 1,288 | 20.5% | ○ | 2 | 3 | 1 | 2 | 85 | 88 | 1.400% | 14.6 | 3.182 |
| 野々市市 | 51,637 | 9,363 | 18.1% | ○ | 127 | 52 | 30 | 22 | 3,627 | 3,679 | 7.125% | 2.5 | 24.595 |
| 津幡町 | 37,757 | 8,311 | 22.0% | ○ | 147 | 116 | 58 | 58 | 4,744 | 4,860 | 12.872% | 1.7 | 38.933 |
| 内灘町 | 26,950 | 6,523 | 24.2% | ○ | 52 | 147 | 60 | 87 | 2,126 | 2,273 | 8.434% | 2.9 | 19.295 |
| 志賀町 | 21,670 | 8,352 | 38.5% | ○ | 36 | 37 | 27 | 10 | 1,540 | 1,577 | 7.277% | 5.3 | 16.613 |
| 宝達志水町 | 13,872 | 4,776 | 34.4% | ○ | 50 | 47 | 40 | 7 | 1,355 | 1,402 | 10.107% | 3.4 | 36.044 |
| 中能登町 | 18,717 | 6,268 | 33.5% | ○ | 45 | 15 | 10 | 5 | 1,446 | 1,461 | 7.806% | 4.3 | 24.042 |
| 穴水町 | 8,988 | 3,907 | 43.5% | ○ | 36 | 18 | 12 | 6 | 782 | 800 | 8.901% | 4.9 | 40.053 |
| 能登町 | 18,750 | 8,095 | 43.2% | ○ | 40 | 39 | 10 | 29 | 1,157 | 1,196 | 6.379% | 6.8 | 21.333 |
| 福井県計 | 799,220 | 223,474 | 28.0% | 18 | 3,222 | 1,520 | 980 | 540 | 101,789 | 103,309 | 12.926% | 2.2 | 40.314 |
| 福井県 | 799,220 | 223,474 | 28.0% | ○ | 426 | 151 | 54 | 97 | 18,344 | 18,495 | | | |
| 福井市 | 266,553 | 72,447 | 27.2% | ○ | 830 | 531 | 401 | 130 | 24,478 | 25,009 | 9.382% | 2.9 | 31.138 |
| 敦賀市 | 67,267 | 17,569 | 26.1% | ○ | 152 | 169 | 97 | 72 | 7,760 | 7,929 | 11.787% | 2.2 | 22.597 |
| 小浜市 | 30,364 | 9,234 | 30.4% | ○ | 128 | 81 | 58 | 23 | 3,086 | 3,167 | 10.430% | 2.9 | 42.155 |
| 大野市 | 34,792 | 11,460 | 32.9% | ○ | 124 | 41 | 31 | 10 | 3,478 | 3,519 | 10.114% | 3.3 | 35.640 |
| 勝山市 | 24,490 | 8,074 | 33.0% | ○ | 69 | 35 | 26 | 9 | 1,865 | 1,900 | 7.758% | 4.2 | 28.175 |
| 鯖江市 | 69,104 | 17,608 | 25.5% | ○ | 222 | 86 | 45 | 41 | 6,033 | 6,119 | 8.855% | 2.9 | 32.125 |
| あわら市 | 29,095 | 8,831 | 30.4% | ○ | 29 | 14 | 11 | 3 | 1,318 | 1,332 | 4.578% | 6.6 | 9.967 |
| 越前市 | 83,735 | 22,759 | 27.2% | ○ | 255 | 86 | 47 | 39 | 8,728 | 8,814 | 10.526% | 2.6 | 30.453 |
| 坂井市 | 93,041 | 23,969 | 25.8% | ○ | 118 | 49 | 39 | 10 | 4,053 | 4,102 | 4.409% | 5.8 | 12.683 |
| 永平寺町 | 19,220 | 5,502 | 28.6% | ○ | 39 | 56 | 51 | 5 | 1,255 | 1,311 | 6.821% | 4.2 | 20.291 |
| 池田町 | 2,787 | 1,179 | 42.3% | ○ | 19 | 4 | 3 | 1 | 430 | 434 | 15.572% | 2.7 | 68.174 |
| 南越前町 | 11,157 | 3,703 | 33.2% | ○ | 75 | 15 | 9 | 6 | 1,166 | 1,181 | 10.585% | 3.1 | 67.222 |
| 越前町 | 22,649 | 6,932 | 30.6% | ○ | 112 | 30 | 22 | 8 | 3,239 | 3,269 | 14.433% | 2.1 | 49.450 |
| 美浜町 | 10,030 | 3,443 | 34.3% | ○ | 152 | 50 | 43 | 7 | 4,159 | 4,209 | 41.964% | 0.8 | 151.545 |
| 高浜町 | 10,731 | 3,211 | 29.9% | ○ | 23 | 20 | 15 | 5 | 671 | 691 | 6.439% | 4.6 | 21.433 |
| おおい町 | 8,487 | 2,497 | 29.4% | ○ | 19 | 11 | 6 | 5 | 424 | 435 | 5.125% | 5.7 | 22.387 |
| 若狭町 | 15,718 | 5,056 | 32.2% | ○ | 430 | 91 | 22 | 69 | 11,302 | 11,393 | 72.484% | 0.4 | 273.572 |
| 山梨県計 | 849,784 | 237,162 | 27.9% | 27 | 2,576 | 1,361 | 870 | 491 | 76,053 | 77,414 | 9.110% | 3.1 | 30.314 |
| 山梨県 | 849,784 | 237,162 | 27.9% | ○ | 244 | 22 | 8 | 14 | 10,871 | 10,893 | | | |
| 甲府市 | 192,559 | 53,674 | 27.9% | ○ | 507 | 240 | 133 | 107 | 11,130 | 11,370 | 5.905% | 4.7 | 26.330 |
| 富士吉田市 | 50,446 | 13,387 | 26.5% | ○ | 69 | 50 | 29 | 21 | 3,689 | 3,739 | 7.412% | 3.6 | 13.678 |
| 都留市 | 31,486 | 8,302 | 26.4% | ○ | 133 | 61 | 49 | 12 | 3,660 | 3,721 | 11.818% | 2.2 | 42.241 |
| 山梨市 | 36,258 | 11,128 | 30.7% | ○ | 123 | 92 | 53 | 39 | 3,786 | 3,878 | 10.696% | 2.9 | 33.924 |
| 大月市 | 25,994 | 9,053 | 34.8% | ○ | 62 | 45 | 25 | 20 | 1,708 | 1,753 | 6.744% | 5.2 | 23.852 |
| 韮崎市 | 30,568 | 8,222 | 26.9% | ○ | 108 | 43 | 31 | 12 | 3,954 | 3,997 | 13.076% | 2.1 | 35.331 |
| 南アルプス市 | 72,529 | 17,931 | 24.7% | ○ | 293 | 66 | 50 | 16 | 8,361 | 8,427 | 11.619% | 2.1 | 40.398 |
| 北杜市 | 48,065 | 17,019 | 35.4% | ○ | 186 | 115 | 87 | 28 | 5,280 | 5,395 | 11.224% | 3.2 | 38.698 |
| 甲斐市 | 74,977 | 17,298 | 23.1% | ○ | 148 | 125 | 89 | 36 | 4,373 | 4,498 | 5.999% | 3.8 | 19.739 |
| 笛吹市 | 70,771 | 19,494 | 27.5% | ○ | 133 | 110 | 61 | 49 | 3,674 | 3,784 | 5.347% | 5.2 | 18.793 |
| 上野原市 | 24,650 | 7,887 | 32.0% | ○ | 36 | 41 | 34 | 7 | 1,301 | 1,342 | 5.444% | 5.9 | 14.604 |
| 甲州市 | 33,306 | 10,747 | 32.3% | ○ | 59 | 85 | 44 | 41 | 1,754 | 1,839 | 5.522% | 5.8 | 17.715 |
| 中央市 | 30,977 | 6,823 | 22.0% | ○ | 90 | 50 | 34 | 16 | 1,482 | 1,532 | 4.946% | 4.5 | 29.054 |
| 市川三郷町 | 16,577 | 5,756 | 34.7% | ○ | 130 | 56 | 45 | 11 | 2,451 | 2,507 | 15.123% | 2.3 | 78.422 |
| 早川町 | 1,124 | 553 | 49.2% | | | 6 | | 6 | | 6 | 0.534% | 92.2 | |
| 身延町 | 13,154 | 5,590 | 42.5% | ○ | 49 | 21 | 14 | 7 | 1,184 | 1,205 | 9.161% | 4.6 | 37.251 |
| 南部町 | 8,389 | 3,159 | 37.7% | ○ | 22 | 18 | 13 | 5 | 944 | 962 | 11.467% | 3.3 | 26.225 |
| 富士川町 | 15,916 | 5,021 | 31.5% | ○ | 61 | 27 | 18 | 9 | 1,501 | 1,528 | 9.600% | 3.3 | 38.326 |
| 昭和町 | 19,472 | 3,437 | 17.7% | ○ | 32 | 12 | 7 | 5 | 1,340 | 1,352 | 6.943% | 2.5 | 16.434 |
| 道志村 | 1,792 | 590 | 32.9% | ○ | 11 | 10 | 4 | 6 | 181 | 191 | 10.658% | 3.1 | 61.384 |
| 西桂町 | 4,499 | 1,155 | 25.7% | ○ | 11 | 5 | 5 | | 523 | 528 | 11.736% | 2.2 | 24.450 |
| 忍野村 | 9,404 | 1,612 | 17.1% | ○ | 10 | 9 | 4 | 5 | 635 | 644 | 6.848% | 2.5 | 10.634 |
| 山中湖村 | 5,852 | 1,619 | 27.7% | ○ | 7 | 6 | 4 | 2 | 104 | 110 | 1.880% | 14.7 | 11.962 |
| 鳴沢村 | 3,154 | 902 | 28.6% | ○ | 2 | 12 | 9 | 3 | 79 | 91 | 2.885% | 9.9 | 6.341 |
| 富士河口湖町 | 26,532 | 6,192 | 23.3% | ○ | 39 | 27 | 15 | 12 | 2,006 | 2,033 | 7.662% | 3.0 | 14.699 |

| | 総人口 | | 高齢化率 | 市町村 窓口 | サポ- ター 講座 開催回数 | メイト数 (※1) | | | サポ-ター数 (※2) | 合計 サポ-ター数 (メイト+ サポ-ター 数) (※1+※2) | 総人口に 占める割合 (メイト+サ ポ-ター) | メイト+ サポ-ター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|-------------|------------------|----------------|--------------|-----------|-------------------------|--------------|--------------|--------------|----------------|---|----------------------------------|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | 活動 メイト数 | 非活動 メイト数 | | | | | | |
| 小菅村 | 739 | 328 | 44.4% | ○ | | 4 | 2 | 2 | | 4 | 0.541% | 82.0 | |
| 丹波山村 | 594 | 283 | 47.6% | ○ | 11 | 3 | 3 | | 82 | 85 | 14.310% | 3.3 | 185.185 |
| 長野県計 | 2,137,666 | 630,494 | 29.5% | 72 | 5,413 | 4,381 | 2,441 | 1,940 | 152,345 | 156,726 | 7.332% | 4.0 | 25.322 |
| 長野県 | 2,137,666 | 630,494 | 29.5% | ○ | 1 | 21 | 5 | 16 | 16 | 37 | | | |
| 長野市 | 383,512 | 106,456 | 27.8% | ○ | 771 | 518 | 332 | 186 | 25,640 | 26,158 | 6.821% | 4.1 | 20.104 |
| 松本市 | 241,796 | 64,505 | 26.7% | ○ | 486 | 266 | 197 | 69 | 15,363 | 15,629 | 6.464% | 4.1 | 20.100 |
| 上田市 | 159,639 | 45,835 | 28.7% | ○ | 347 | 211 | 127 | 84 | 10,804 | 11,015 | 6.900% | 4.2 | 21.737 |
| 岡谷市 | 51,218 | 16,318 | 31.9% | ○ | 128 | 123 | 57 | 66 | 4,086 | 4,209 | 8.218% | 3.9 | 24.991 |
| 飯田市 | 104,247 | 31,720 | 30.4% | ○ | 310 | 149 | 61 | 88 | 9,145 | 9,294 | 8.915% | 3.4 | 29.737 |
| 諏訪市 | 50,851 | 14,602 | 28.7% | ○ | 66 | 97 | 66 | 31 | 2,080 | 2,177 | 4.281% | 6.7 | 12.979 |
| 須坂市 | 51,633 | 15,515 | 30.0% | ○ | 228 | 107 | 56 | 51 | 6,774 | 6,881 | 13.327% | 2.3 | 44.158 |
| 小諸市 | 43,311 | 12,739 | 29.4% | ○ | 38 | 66 | 23 | 43 | 1,297 | 1,363 | 3.147% | 9.3 | 8.774 |
| 伊那市 | 69,479 | 20,385 | 29.3% | ○ | 246 | 346 | 141 | 205 | 5,368 | 5,714 | 8.224% | 3.6 | 35.406 |
| 駒ヶ根市 | 33,385 | 9,646 | 28.9% | ○ | 191 | 129 | 50 | 79 | 4,748 | 4,877 | 14.608% | 2.0 | 57.211 |
| 中野市 | 45,783 | 13,079 | 28.6% | ○ | 141 | 84 | 65 | 19 | 3,177 | 3,261 | 7.123% | 4.0 | 30.797 |
| 大町市 | 28,901 | 9,976 | 34.5% | ○ | 48 | 37 | 7 | 30 | 1,228 | 1,265 | 4.377% | 7.9 | 16.608 |
| 飯山市 | 22,331 | 7,530 | 33.7% | ○ | 139 | 79 | 52 | 27 | 3,116 | 3,195 | 14.307% | 2.4 | 62.245 |
| 茅野市 | 56,174 | 15,919 | 28.3% | ○ | 77 | 132 | 54 | 78 | 2,681 | 2,813 | 5.008% | 5.7 | 13.707 |
| 塩尻市 | 67,459 | 18,041 | 26.7% | ○ | 224 | 99 | 42 | 57 | 5,831 | 5,930 | 8.791% | 3.0 | 33.205 |
| 佐久市 | 99,736 | 28,417 | 28.5% | ○ | 273 | 140 | 95 | 45 | 8,736 | 8,876 | 8.899% | 3.2 | 27.372 |
| 千曲市 | 61,552 | 18,808 | 30.6% | ○ | 122 | 57 | 33 | 24 | 2,710 | 2,767 | 4.495% | 6.8 | 19.821 |
| 東御市 | 30,785 | 8,726 | 28.3% | ○ | 63 | 61 | 46 | 15 | 1,550 | 1,611 | 5.233% | 5.4 | 20.465 |
| 安曇野市 | 98,514 | 28,761 | 29.2% | ○ | 115 | 94 | 47 | 47 | 3,983 | 4,077 | 4.138% | 7.1 | 11.673 |
| 小海町 | 4,850 | 1,819 | 37.5% | ○ | 6 | 7 | 6 | 1 | 712 | 719 | 14.825% | 2.5 | 12.371 |
| 川上村 | 4,103 | 1,224 | 29.8% | ○ | 28 | 25 | 20 | 5 | 364 | 389 | 9.481% | 3.1 | 68.243 |
| 南牧村 | 3,192 | 966 | 30.3% | ○ | 9 | 6 | 3 | 3 | 178 | 184 | 5.764% | 5.3 | 28.195 |
| 南相木村 | 1,070 | 429 | 40.1% | ○ | 4 | 3 | 3 | | 59 | 62 | 5.794% | 6.9 | 37.383 |
| 北相木村 | 798 | 314 | 39.3% | | | | | | | | | | |
| 佐久穂町 | 11,818 | 3,982 | 33.7% | ○ | 98 | 35 | 26 | 9 | 2,439 | 2,474 | 20.934% | 1.6 | 82.924 |
| 軽井沢町 | 20,177 | 5,968 | 29.6% | ○ | 63 | 72 | 54 | 18 | 1,425 | 1,497 | 7.419% | 4.0 | 31.224 |
| 御代田町 | 15,494 | 3,874 | 25.0% | ○ | 40 | 71 | 29 | 42 | 2,122 | 2,193 | 14.154% | 1.8 | 25.816 |
| 立科町 | 7,594 | 2,506 | 33.0% | ○ | 4 | 1 | 1 | | 122 | 123 | 1.620% | 20.4 | 5.267 |
| 青木村 | 4,574 | 1,662 | 36.3% | | | 7 | 3 | 4 | | 7 | 0.153% | 237.4 | |
| 長和町 | 6,489 | 2,457 | 37.9% | ○ | 11 | 12 | 10 | 2 | 574 | 586 | 9.031% | 4.2 | 16.952 |
| 下諏訪町 | 20,902 | 7,409 | 35.4% | ○ | 52 | 63 | 44 | 19 | 1,454 | 1,517 | 7.258% | 4.9 | 24.878 |
| 富士見町 | 15,012 | 4,878 | 32.5% | ○ | 107 | 77 | 67 | 10 | 3,033 | 3,110 | 20.717% | 1.6 | 71.276 |
| 原村 | 7,900 | 2,450 | 31.0% | ○ | 16 | 27 | 13 | 14 | 313 | 340 | 4.304% | 7.2 | 20.253 |
| 辰野町 | 20,321 | 6,956 | 34.2% | ○ | 95 | 116 | 69 | 47 | 2,015 | 2,131 | 10.487% | 3.3 | 46.750 |
| 箕輪町 | 25,115 | 6,922 | 27.6% | ○ | 113 | 175 | 56 | 119 | 2,423 | 2,598 | 10.344% | 2.7 | 44.993 |
| 飯島町 | 9,795 | 3,240 | 33.1% | ○ | 63 | 76 | 19 | 57 | 1,003 | 1,079 | 11.016% | 3.0 | 64.319 |
| 南箕輪村 | 15,155 | 3,444 | 22.7% | ○ | 26 | 135 | 24 | 111 | 688 | 823 | 5.431% | 4.2 | 17.156 |
| 中川村 | 5,082 | 1,615 | 31.8% | ○ | 22 | 2 | 2 | | 598 | 600 | 11.806% | 2.7 | 43.290 |
| 宮田村 | 9,175 | 2,474 | 27.0% | ○ | 47 | 77 | 32 | 45 | 650 | 727 | 7.924% | 3.4 | 51.226 |
| 松川町 | 13,648 | 4,197 | 30.8% | ○ | 42 | 21 | 14 | 7 | 1,512 | 1,533 | 11.232% | 2.7 | 30.774 |
| 高森町 | 13,371 | 3,951 | 29.5% | ○ | 7 | 8 | 8 | | 380 | 388 | 2.902% | 10.2 | 5.235 |
| 阿南町 | 4,990 | 2,068 | 41.4% | ○ | 12 | 4 | 4 | | 286 | 290 | 5.812% | 7.1 | 24.048 |
| 阿智村 | 6,682 | 2,174 | 32.5% | ○ | 10 | 2 | 2 | | 299 | 301 | 4.505% | 7.2 | 14.966 |
| 平谷村 | 473 | 180 | 38.1% | ○ | | | | | | | | | |
| 根羽村 | 1,004 | 485 | 48.3% | ○ | | | | | | | | | |
| 下條村 | 3,941 | 1,265 | 32.1% | ○ | 3 | | | | 168 | 168 | 4.263% | 7.5 | 7.612 |
| 売木村 | 597 | 262 | 43.9% | ○ | 1 | | | | 40 | 40 | 6.700% | 6.6 | 16.750 |
| 天龍村 | 1,428 | 817 | 57.2% | ○ | 8 | | | | 162 | 162 | 11.345% | 5.0 | 56.022 |
| 泰阜村 | 1,738 | 683 | 39.3% | | | | | | | | | | |
| 喬木村 | 6,583 | 2,158 | 32.8% | ○ | 3 | 5 | 5 | | 248 | 253 | 3.843% | 8.5 | 4.557 |
| 豊丘村 | 6,864 | 2,106 | 30.7% | ○ | 11 | 36 | 36 | | 339 | 375 | 5.463% | 5.6 | 16.026 |
| 大鹿村 | 1,062 | 523 | 49.2% | ○ | 1 | 1 | 1 | | 131 | 132 | 12.429% | 4.0 | 9.416 |
| 上松町 | 4,828 | 1,916 | 39.7% | ○ | 25 | 38 | 14 | 24 | 275 | 313 | 6.483% | 6.1 | 51.781 |
| 南木曾町 | 4,410 | 1,780 | 40.4% | ○ | 19 | 3 | 1 | 2 | 801 | 804 | 18.231% | 2.2 | 43.084 |

| | 総人口 | | 高齢化率 | 市町村 窓口 | サポ- ター 講座 開催回数 | メイト数 (※1) | | | サポ-ター数 (※2) | 合計 サポ-ター数 (メイト+ サポ-ター 数) (※1+※2) | 総人口に 占める割合 (メイト+サ ポ-ター) | メイト+ サポ-ター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|-------------|------------------|----------------|--------------|-----------|-------------------------|--------------|--------------|------------|----------------|---|----------------------------------|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | 活動 メイト数 | 非活動 メイト数 | | | | | | |
| 木祖村 | 3,055 | 1,188 | 38.9% | ○ | 5 | 4 | 3 | 1 | 121 | 125 | 4.092% | 9.5 | 16.367 |
| 王滝村 | 841 | 328 | 39.0% | ○ | 2 | 4 | | 4 | 62 | 66 | 7.848% | 5.0 | 23.781 |
| 大桑村 | 3,979 | 1,581 | 39.7% | ○ | 53 | 60 | 45 | 15 | 921 | 981 | 24.654% | 1.6 | 133.199 |
| 木曾町 | 11,931 | 4,609 | 38.6% | ○ | 15 | 8 | 7 | 1 | 350 | 358 | 3.001% | 12.9 | 12.572 |
| 麻績村 | 2,894 | 1,215 | 42.0% | ○ | 9 | 6 | 1 | 5 | 224 | 230 | 7.947% | 5.3 | 31.099 |
| 生坂村 | 1,903 | 762 | 40.0% | ○ | 2 | 1 | | 1 | 79 | 80 | 4.204% | 9.5 | 10.510 |
| 山形村 | 8,791 | 2,301 | 26.2% | ○ | 22 | 13 | 10 | 3 | 335 | 348 | 3.959% | 6.6 | 25.026 |
| 朝日村 | 4,664 | 1,363 | 29.2% | ○ | 7 | 34 | 3 | 31 | 137 | 171 | 3.666% | 8.0 | 15.009 |
| 筑北村 | 4,893 | 2,045 | 41.8% | ○ | 4 | 7 | 6 | 1 | 217 | 224 | 4.578% | 9.1 | 8.175 |
| 池田町 | 10,268 | 3,706 | 36.1% | ○ | 51 | 21 | 19 | 2 | 823 | 844 | 8.220% | 4.4 | 49.669 |
| 松川村 | 10,034 | 3,070 | 30.6% | ○ | 40 | 24 | 15 | 9 | 892 | 916 | 9.129% | 3.4 | 39.864 |
| 白馬村 | 9,324 | 2,583 | 27.7% | ○ | 31 | 19 | 9 | 10 | 638 | 657 | 7.046% | 3.9 | 33.248 |
| 小谷村 | 3,092 | 1,135 | 36.7% | ○ | 21 | 10 | 9 | 1 | 329 | 339 | 10.964% | 3.3 | 67.917 |
| 坂城町 | 15,505 | 5,085 | 32.8% | ○ | 13 | 64 | 63 | 1 | 371 | 435 | 2.806% | 11.7 | 8.384 |
| 小布施町 | 11,218 | 3,573 | 31.9% | ○ | 3 | 25 | 25 | | 36 | 61 | 0.544% | 58.6 | 2.674 |
| 高山村 | 7,336 | 2,279 | 31.1% | ○ | | 18 | 17 | 1 | | 18 | 0.245% | 126.6 | |
| 山ノ内町 | 13,287 | 4,915 | 37.0% | | 6 | 18 | 18 | | 148 | 166 | 1.249% | 29.6 | 4.516 |
| 木島平村 | 4,951 | 1,696 | 34.3% | ○ | 18 | 23 | 20 | 3 | 299 | 322 | 6.504% | 5.3 | 36.356 |
| 野沢温泉村 | 3,735 | 1,271 | 34.0% | ○ | 1 | 1 | | 1 | 105 | 106 | 2.838% | 12.0 | 2.677 |
| 信濃町 | 8,943 | 3,392 | 37.9% | ○ | 40 | 43 | 19 | 24 | 833 | 876 | 9.795% | 3.9 | 44.728 |
| 小川村 | 2,739 | 1,214 | 44.3% | | | | | | | | | | |
| 飯綱町 | 11,693 | 4,046 | 34.6% | ○ | 110 | 53 | 26 | 27 | 2,279 | 2,332 | 19.944% | 1.7 | 94.073 |
| 栄村 | 2,049 | 1,005 | 49.0% | | | 4 | 4 | | | 4 | 0.195% | 251.3 | |
| 岐阜県計 | 2,076,195 | 574,666 | 27.7% | 43 | 4,063 | 2,262 | 1,444 | 818 | 131,735 | 133,997 | 6.454% | 4.3 | 19.569 |
| 岐阜県 | 2,076,195 | 574,666 | 27.7% | ○ | 61 | 3 | 2 | 1 | 6,153 | 6,156 | | | |
| 岐阜市 | 413,995 | 112,343 | 27.1% | ○ | 823 | 354 | 226 | 128 | 25,250 | 25,604 | 6.185% | 4.4 | 19.879 |
| 大垣市 | 162,395 | 41,823 | 25.8% | ○ | 285 | 251 | 139 | 112 | 11,374 | 11,625 | 7.158% | 3.6 | 17.550 |
| 高山市 | 90,763 | 27,665 | 30.5% | ○ | 152 | 85 | 49 | 36 | 4,922 | 5,007 | 5.517% | 5.5 | 16.747 |
| 多治見市 | 113,419 | 31,128 | 27.4% | ○ | 220 | 71 | 44 | 27 | 5,674 | 5,745 | 5.065% | 5.4 | 19.397 |
| 関市 | 90,879 | 24,565 | 27.0% | ○ | 162 | 121 | 106 | 15 | 4,964 | 5,085 | 5.595% | 4.8 | 17.826 |
| 中津川市 | 80,894 | 24,699 | 30.5% | ○ | 238 | 131 | 83 | 48 | 6,428 | 6,559 | 8.108% | 3.8 | 29.421 |
| 美濃市 | 21,653 | 6,838 | 31.6% | ○ | 29 | 37 | 21 | 16 | 977 | 1,014 | 4.683% | 6.7 | 13.393 |
| 瑞浪市 | 38,968 | 11,293 | 29.0% | ○ | 121 | 37 | 24 | 13 | 3,371 | 3,408 | 8.746% | 3.3 | 31.051 |
| 羽島市 | 68,620 | 17,231 | 25.1% | ○ | 46 | 29 | 24 | 5 | 1,882 | 1,911 | 2.785% | 9.0 | 6.704 |
| 恵那市 | 52,339 | 16,837 | 32.2% | ○ | 204 | 120 | 82 | 38 | 5,096 | 5,216 | 9.966% | 3.2 | 38.977 |
| 美濃加茂市 | 55,808 | 12,268 | 22.0% | ○ | 161 | 72 | 51 | 21 | 4,472 | 4,544 | 8.142% | 2.7 | 28.849 |
| 土岐市 | 59,867 | 18,109 | 30.2% | ○ | 79 | 67 | 29 | 38 | 2,401 | 2,468 | 4.122% | 7.3 | 13.196 |
| 各務原市 | 148,409 | 38,893 | 26.2% | ○ | 301 | 158 | 93 | 65 | 13,941 | 14,099 | 9.500% | 2.8 | 20.282 |
| 可児市 | 101,148 | 25,406 | 25.1% | ○ | 140 | 77 | 67 | 10 | 4,629 | 4,706 | 4.653% | 5.4 | 13.841 |
| 山県市 | 28,300 | 8,674 | 30.7% | ○ | 49 | 35 | 16 | 19 | 1,372 | 1,407 | 4.972% | 6.2 | 17.314 |
| 瑞穂市 | 53,576 | 10,598 | 19.8% | ○ | 44 | 50 | 37 | 13 | 1,452 | 1,502 | 2.803% | 7.1 | 8.213 |
| 飛騨市 | 25,561 | 9,323 | 36.5% | ○ | 24 | 27 | 9 | 18 | 980 | 1,007 | 3.940% | 9.3 | 9.389 |
| 本巣市 | 35,175 | 9,545 | 27.1% | ○ | 40 | 18 | 13 | 5 | 1,392 | 1,410 | 4.009% | 6.8 | 11.372 |
| 郡上市 | 43,940 | 14,694 | 33.4% | ○ | 126 | 42 | 31 | 11 | 3,273 | 3,315 | 7.544% | 4.4 | 28.675 |
| 下呂市 | 34,351 | 12,646 | 36.8% | ○ | 77 | 39 | 31 | 8 | 2,083 | 2,122 | 6.177% | 6.0 | 22.416 |
| 海津市 | 36,313 | 10,416 | 28.7% | ○ | 59 | 36 | 21 | 15 | 2,159 | 2,195 | 6.045% | 4.7 | 16.248 |
| 岐南町 | 24,903 | 5,353 | 21.5% | ○ | 22 | 21 | 21 | | 699 | 720 | 2.891% | 7.4 | 8.834 |
| 笠松町 | 22,550 | 5,951 | 26.4% | ○ | 46 | 25 | 17 | 8 | 997 | 1,022 | 4.532% | 5.8 | 20.399 |
| 養老町 | 30,548 | 8,731 | 28.6% | ○ | 52 | 15 | 10 | 5 | 1,498 | 1,513 | 4.953% | 5.8 | 17.022 |
| 垂井町 | 28,074 | 7,772 | 27.7% | ○ | 28 | 25 | 14 | 11 | 894 | 919 | 3.273% | 8.5 | 9.974 |
| 関ヶ原町 | 7,569 | 2,680 | 35.4% | ○ | 16 | 12 | 7 | 5 | 620 | 632 | 8.350% | 4.2 | 21.139 |
| 神戸町 | 19,738 | 5,727 | 29.0% | ○ | 11 | 8 | 3 | 5 | 907 | 915 | 4.636% | 6.3 | 5.573 |
| 輪之内町 | 9,943 | 2,231 | 22.4% | ○ | 13 | 10 | 6 | 4 | 406 | 416 | 4.184% | 5.4 | 13.075 |
| 安八町 | 15,251 | 3,912 | 25.7% | ○ | 54 | 10 | 6 | 4 | 1,149 | 1,159 | 7.600% | 3.4 | 35.408 |
| 揖斐川町 | 22,476 | 7,833 | 34.9% | ○ | 91 | 40 | 32 | 8 | 2,437 | 2,477 | 11.021% | 3.2 | 40.488 |
| 大野町 | 23,792 | 6,008 | 25.3% | ○ | 19 | 14 | 9 | 5 | 433 | 447 | 1.879% | 13.4 | 7.986 |
| 池田町 | 24,572 | 6,332 | 25.8% | ○ | 50 | 16 | 11 | 5 | 1,859 | 1,875 | 7.631% | 3.4 | 20.348 |
| 北方町 | 18,344 | 4,048 | 22.1% | ○ | 24 | 6 | 5 | 1 | 806 | 812 | 4.427% | 5.0 | 13.083 |

| | 総人口 | | 高齢化率 | 市町村 窓口 | サポ- ター 講座 開催回数 | メイト数 (※1) | | | サポ-ター数 (※2) | 合計 サポ-ター数 (メイト+ サポ-ター 数) (※1+※2) | 総人口に 占める割合 (メイト+サ ポ-ター) | メイト+ サポ-ター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|-------|-----------|-----------|-------|-----------|-------------------------|--------------|-------------|-------|----------------|---|----------------------------------|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | 活動 メイト数 | 非活動 メイト数 | | | | | | |
| 坂祝町 | 8,238 | 1,990 | 24.2% | ○ | 28 | 65 | 37 | 28 | 1,061 | 1,126 | 13.668% | 1.8 | 33.989 |
| 富加町 | 5,720 | 1,616 | 28.3% | ○ | 14 | 9 | 6 | 3 | 216 | 225 | 3.934% | 7.2 | 24.476 |
| 川辺町 | 10,543 | 3,133 | 29.7% | ○ | 15 | 9 | 6 | 3 | 253 | 262 | 2.485% | 12.0 | 14.227 |
| 七宗町 | 4,135 | 1,700 | 41.1% | ○ | 14 | 18 | 10 | 8 | 241 | 259 | 6.264% | 6.6 | 33.857 |
| 八百津町 | 11,618 | 4,177 | 36.0% | ○ | 21 | 36 | 20 | 16 | 446 | 482 | 4.149% | 8.7 | 18.075 |
| 白川町 | 8,916 | 3,638 | 40.8% | ○ | 54 | 12 | 6 | 6 | 1,213 | 1,225 | 13.739% | 3.0 | 60.565 |
| 東白川村 | 2,432 | 990 | 40.7% | ○ | 8 | 36 | 12 | 24 | 372 | 408 | 16.776% | 2.4 | 32.895 |
| 御嵩町 | 18,766 | 5,327 | 28.4% | ○ | 42 | 13 | 8 | 5 | 983 | 996 | 5.307% | 5.3 | 22.381 |
| 白川村 | 1,694 | 523 | 30.9% | ○ | | 2 | | 2 | | 2 | 0.118% | 261.5 | |
| 静岡県計 | 3,770,619 | 1,029,974 | 27.3% | 36 | 7,623 | 2,945 | 2,284 | 661 | 260,837 | 263,782 | 6.996% | 3.9 | 20.217 |
| 静岡県 | 3,770,619 | 1,029,974 | 27.3% | ○ | 11 | 1 | 1 | | 1,473 | 1,474 | | | |
| 静岡市 | 712,184 | 201,565 | 28.3% | ○ | 1,346 | 198 | 152 | 46 | 47,266 | 47,464 | 6.665% | 4.2 | 18.900 |
| 浜松市 | 809,027 | 208,545 | 25.8% | ○ | 977 | 299 | 230 | 69 | 39,306 | 39,605 | 4.895% | 5.3 | 12.076 |
| 沼津市 | 200,704 | 57,821 | 28.8% | ○ | 514 | 231 | 181 | 50 | 17,562 | 17,793 | 8.865% | 3.2 | 25.610 |
| 熱海市 | 38,055 | 16,852 | 44.3% | ○ | 68 | 42 | 30 | 12 | 1,906 | 1,948 | 5.119% | 8.7 | 17.869 |
| 三島市 | 111,601 | 29,903 | 26.8% | ○ | 233 | 111 | 84 | 27 | 6,822 | 6,933 | 6.212% | 4.3 | 20.878 |
| 富士宮市 | 134,526 | 35,519 | 26.4% | ○ | 411 | 356 | 215 | 141 | 13,877 | 14,233 | 10.580% | 2.5 | 30.552 |
| 伊東市 | 71,473 | 27,748 | 38.8% | ○ | 182 | 80 | 57 | 23 | 7,091 | 7,171 | 10.033% | 3.9 | 25.464 |
| 島田市 | 100,441 | 29,103 | 29.0% | ○ | 263 | 126 | 103 | 23 | 8,897 | 9,023 | 8.983% | 3.2 | 26.185 |
| 富士市 | 256,731 | 65,183 | 25.4% | ○ | 620 | 327 | 261 | 66 | 16,794 | 17,121 | 6.669% | 3.8 | 24.150 |
| 磐田市 | 170,559 | 44,071 | 25.8% | ○ | 309 | 100 | 94 | 6 | 11,604 | 11,704 | 6.862% | 3.8 | 18.117 |
| 焼津市 | 142,016 | 38,929 | 27.4% | ○ | 195 | 137 | 88 | 49 | 8,103 | 8,240 | 5.802% | 4.7 | 13.731 |
| 掛川市 | 117,609 | 29,299 | 24.9% | ○ | 202 | 94 | 69 | 25 | 6,924 | 7,018 | 5.967% | 4.2 | 17.176 |
| 藤枝市 | 146,609 | 40,109 | 27.4% | ○ | 375 | 118 | 95 | 23 | 13,305 | 13,423 | 9.156% | 3.0 | 25.578 |
| 御殿場市 | 89,338 | 19,938 | 22.3% | ○ | 141 | 36 | 28 | 8 | 7,278 | 7,314 | 8.187% | 2.7 | 15.783 |
| 袋井市 | 87,254 | 19,136 | 21.9% | ○ | 223 | 85 | 74 | 11 | 6,667 | 6,752 | 7.738% | 2.8 | 25.558 |
| 下田市 | 23,172 | 8,880 | 38.3% | ○ | 78 | 43 | 31 | 12 | 1,366 | 1,409 | 6.081% | 6.3 | 33.661 |
| 裾野市 | 53,080 | 12,520 | 23.6% | ○ | 123 | 43 | 34 | 9 | 4,270 | 4,313 | 8.125% | 2.9 | 23.173 |
| 湖西市 | 60,905 | 15,353 | 25.2% | ○ | 99 | 46 | 34 | 12 | 3,619 | 3,665 | 6.018% | 4.2 | 16.255 |
| 伊豆市 | 32,376 | 11,785 | 36.4% | ○ | 106 | 56 | 46 | 10 | 2,942 | 2,998 | 9.260% | 3.9 | 32.740 |
| 御前崎市 | 33,595 | 8,974 | 26.7% | ○ | 130 | 37 | 32 | 5 | 3,175 | 3,212 | 9.561% | 2.8 | 38.696 |
| 菊川市 | 47,779 | 11,952 | 25.0% | ○ | 87 | 47 | 45 | 2 | 2,248 | 2,295 | 4.803% | 5.2 | 18.209 |
| 伊豆の国市 | 49,829 | 15,039 | 30.2% | ○ | 234 | 67 | 60 | 7 | 7,878 | 7,945 | 15.945% | 1.9 | 46.961 |
| 牧之原市 | 47,047 | 13,340 | 28.4% | ○ | 107 | 56 | 52 | 4 | 3,270 | 3,326 | 7.070% | 4.0 | 22.743 |
| 東伊豆町 | 13,028 | 5,326 | 40.9% | ○ | 89 | 19 | 18 | 1 | 2,652 | 2,671 | 20.502% | 2.0 | 68.314 |
| 河津町 | 7,608 | 2,974 | 39.1% | ○ | 31 | 17 | 14 | 3 | 847 | 864 | 11.356% | 3.4 | 40.747 |
| 南伊豆町 | 8,781 | 3,739 | 42.6% | ○ | 23 | 13 | 13 | | 649 | 662 | 7.539% | 5.6 | 26.193 |
| 松崎町 | 7,171 | 3,021 | 42.1% | ○ | 22 | 6 | 6 | | 466 | 472 | 6.582% | 6.4 | 30.679 |
| 西伊豆町 | 8,641 | 4,020 | 46.5% | ○ | 33 | 22 | 20 | 2 | 704 | 726 | 8.402% | 5.5 | 38.190 |
| 函南町 | 38,490 | 11,158 | 29.0% | ○ | 56 | 24 | 21 | 3 | 1,874 | 1,898 | 4.931% | 5.9 | 14.549 |
| 清水町 | 32,478 | 7,822 | 24.1% | ○ | 52 | 27 | 23 | 4 | 1,364 | 1,391 | 4.283% | 5.6 | 16.011 |
| 長泉町 | 42,792 | 8,972 | 21.0% | ○ | 61 | 41 | 37 | 4 | 2,192 | 2,233 | 5.218% | 4.0 | 14.255 |
| 小山町 | 19,321 | 5,180 | 26.8% | ○ | 69 | 5 | 5 | | 1,860 | 1,865 | 9.653% | 2.8 | 35.712 |
| 吉田町 | 29,819 | 6,901 | 23.1% | ○ | 26 | 18 | 16 | 2 | 748 | 766 | 2.569% | 9.0 | 8.719 |
| 川根本町 | 7,490 | 3,428 | 45.8% | ○ | 53 | 5 | 4 | 1 | 1,647 | 1,652 | 22.056% | 2.1 | 70.761 |
| 森町 | 19,090 | 5,869 | 30.7% | ○ | 74 | 12 | 11 | 1 | 2,191 | 2,203 | 11.540% | 2.7 | 38.764 |
| 愛知県計 | 7,509,636 | 1,772,246 | 23.6% | 55 | 12,926 | 4,372 | 3,163 | 1,209 | 427,278 | 431,650 | 5.748% | 4.1 | 17.213 |
| 愛知県 | 7,509,636 | 1,772,246 | 23.6% | ○ | 79 | 67 | 30 | 37 | 16,368 | 16,435 | | | |
| 名古屋市 | 2,269,444 | 545,497 | 24.0% | ○ | 4,353 | 988 | 821 | 167 | 95,556 | 96,544 | 4.254% | 5.7 | 19.181 |
| 豊橋市 | 378,485 | 90,112 | 23.8% | ○ | 818 | 275 | 142 | 133 | 27,173 | 27,448 | 7.252% | 3.3 | 21.612 |
| 岡崎市 | 382,784 | 82,187 | 21.5% | ○ | 557 | 153 | 124 | 29 | 22,091 | 22,244 | 5.811% | 3.7 | 14.551 |
| 一宮市 | 386,343 | 97,678 | 25.3% | ○ | 338 | 77 | 68 | 9 | 18,080 | 18,157 | 4.700% | 5.4 | 8.749 |
| 瀬戸市 | 130,908 | 36,471 | 27.9% | ○ | 110 | 52 | 38 | 14 | 3,479 | 3,531 | 2.697% | 10.3 | 8.403 |
| 半田市 | 118,733 | 27,349 | 23.0% | ○ | 204 | 101 | 44 | 57 | 6,546 | 6,647 | 5.598% | 4.1 | 17.181 |
| 春日井市 | 311,327 | 75,715 | 24.3% | ○ | 340 | 228 | 181 | 47 | 10,217 | 10,445 | 3.355% | 7.2 | 10.921 |
| 豊川市 | 185,273 | 45,579 | 24.6% | ○ | 446 | 130 | 104 | 26 | 10,531 | 10,661 | 5.754% | 4.3 | 24.073 |
| 津島市 | 64,074 | 17,364 | 27.1% | ○ | 106 | 39 | 31 | 8 | 4,289 | 4,328 | 6.755% | 4.0 | 16.543 |
| 碧南市 | 71,673 | 16,241 | 22.7% | ○ | 91 | 29 | 27 | 2 | 3,266 | 3,295 | 4.597% | 4.9 | 12.697 |

| | 総人口 | | 高齢化率 | 市町村 窓口 | サポ- ター 講座 開催回数 | メイト数 (※1) | | | サポ-ター数 (※2) | 合計 サポ-ター数 (メイト+ サポ-ター 数) (※1+※2) | 総人口に 占める割合 (メイト+サ ポ-ター) | メイト+ サポ-ター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|------|-----------|---------|-------|-----------|-------------------------|--------------|-------------|-----|----------------|---|----------------------------------|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | 活動 メイト数 | 非活動 メイト数 | | | | | | |
| 刈谷市 | 149,262 | 28,299 | 19.0% | ○ | 151 | 47 | 35 | 12 | 6,964 | 7,011 | 4.697% | 4.0 | 10.116 |
| 豊田市 | 422,571 | 90,502 | 21.4% | ○ | 646 | 264 | 201 | 63 | 16,226 | 16,490 | 3.902% | 5.5 | 15.287 |
| 安城市 | 185,818 | 36,581 | 19.7% | ○ | 230 | 58 | 31 | 27 | 9,116 | 9,174 | 4.937% | 4.0 | 12.378 |
| 西尾市 | 170,734 | 40,513 | 23.7% | ○ | 215 | 57 | 44 | 13 | 8,502 | 8,559 | 5.013% | 4.7 | 12.593 |
| 蒲郡市 | 81,291 | 22,898 | 28.2% | ○ | 173 | 77 | 49 | 28 | 5,039 | 5,116 | 6.293% | 4.5 | 21.282 |
| 犬山市 | 74,790 | 20,533 | 27.5% | ○ | 150 | 35 | 29 | 6 | 4,174 | 4,209 | 5.628% | 4.9 | 20.056 |
| 常滑市 | 58,240 | 14,628 | 25.1% | ○ | 89 | 56 | 46 | 10 | 4,231 | 4,287 | 7.361% | 3.4 | 15.282 |
| 江南市 | 101,053 | 26,389 | 26.1% | ○ | 180 | 82 | 38 | 44 | 7,285 | 7,367 | 7.290% | 3.6 | 17.812 |
| 小牧市 | 153,655 | 34,768 | 22.6% | ○ | 373 | 78 | 33 | 45 | 14,648 | 14,726 | 9.584% | 2.4 | 24.275 |
| 稲沢市 | 138,089 | 34,891 | 25.3% | ○ | 100 | 45 | 32 | 13 | 2,817 | 2,862 | 2.073% | 12.2 | 7.242 |
| 新城市 | 48,553 | 15,628 | 32.2% | ○ | 44 | 24 | 14 | 10 | 1,230 | 1,254 | 2.583% | 12.5 | 9.062 |
| 東海市 | 113,535 | 23,933 | 21.1% | ○ | 132 | 58 | 30 | 28 | 5,508 | 5,566 | 4.902% | 4.3 | 11.626 |
| 大府市 | 89,788 | 18,568 | 20.7% | ○ | 260 | 104 | 67 | 37 | 8,079 | 8,183 | 9.114% | 2.3 | 28.957 |
| 知多市 | 86,084 | 21,679 | 25.2% | ○ | 103 | 43 | 33 | 10 | 4,800 | 4,843 | 5.626% | 4.5 | 11.965 |
| 知立市 | 71,010 | 13,555 | 19.1% | ○ | 78 | 31 | 24 | 7 | 4,867 | 4,898 | 6.898% | 2.8 | 10.984 |
| 尾張旭市 | 82,605 | 20,135 | 24.4% | ○ | 103 | 51 | 42 | 9 | 5,062 | 5,113 | 6.190% | 3.9 | 12.469 |
| 高浜市 | 46,756 | 8,765 | 18.7% | ○ | 163 | 79 | 74 | 5 | 6,382 | 6,461 | 13.819% | 1.4 | 34.862 |
| 岩倉市 | 47,758 | 11,519 | 24.1% | ○ | 148 | 62 | 47 | 15 | 5,766 | 5,828 | 12.203% | 2.0 | 30.990 |
| 豊明市 | 68,706 | 16,844 | 24.5% | ○ | 84 | 35 | 30 | 5 | 3,921 | 3,956 | 5.758% | 4.3 | 12.226 |
| 日進市 | 88,024 | 17,001 | 19.3% | ○ | 138 | 104 | 35 | 69 | 4,816 | 4,920 | 5.589% | 3.5 | 15.678 |
| 田原市 | 64,078 | 16,202 | 25.3% | ○ | 134 | 67 | 45 | 22 | 4,028 | 4,095 | 6.391% | 4.0 | 20.912 |
| 愛西市 | 64,699 | 18,748 | 29.0% | ○ | 36 | 26 | 22 | 4 | 1,332 | 1,358 | 2.099% | 13.8 | 5.564 |
| 清須市 | 67,118 | 15,481 | 23.1% | ○ | 195 | 142 | 112 | 30 | 6,801 | 6,943 | 10.344% | 2.2 | 29.053 |
| 北名古屋 | 84,433 | 19,841 | 23.5% | ○ | 231 | 57 | 52 | 5 | 11,323 | 11,380 | 13.478% | 1.7 | 27.359 |
| 弥富市 | 44,399 | 10,905 | 24.6% | ○ | 48 | 14 | 7 | 7 | 2,549 | 2,563 | 5.773% | 4.3 | 10.811 |
| みよし市 | 60,383 | 10,079 | 16.7% | ○ | 177 | 88 | 48 | 40 | 13,256 | 13,344 | 22.099% | 0.8 | 29.313 |
| あま市 | 88,527 | 22,373 | 25.3% | ○ | 127 | 47 | 23 | 24 | 5,441 | 5,488 | 6.199% | 4.1 | 14.346 |
| 東郷町 | 42,802 | 9,205 | 21.5% | ○ | 81 | 34 | 18 | 16 | 2,430 | 2,464 | 5.757% | 3.7 | 18.924 |
| 長久手市 | 55,555 | 8,671 | 15.6% | ○ | 127 | 75 | 66 | 9 | 8,246 | 8,321 | 14.978% | 1.0 | 22.860 |
| 豊山町 | 15,360 | 3,336 | 21.7% | ○ | 82 | 30 | 24 | 6 | 3,682 | 3,712 | 24.167% | 0.9 | 53.385 |
| 大口町 | 23,422 | 5,138 | 21.9% | ○ | 45 | 24 | 10 | 14 | 2,092 | 2,116 | 9.034% | 2.4 | 19.213 |
| 扶桑町 | 34,511 | 8,898 | 25.8% | ○ | 76 | 25 | 21 | 4 | 2,011 | 2,036 | 5.900% | 4.4 | 22.022 |
| 大治町 | 31,536 | 6,378 | 20.2% | ○ | 62 | 11 | 10 | 1 | 2,021 | 2,032 | 6.443% | 3.1 | 19.660 |
| 蟹江町 | 37,755 | 8,979 | 23.8% | ○ | 33 | 18 | 17 | 1 | 1,289 | 1,307 | 3.462% | 6.9 | 8.741 |
| 飛島村 | 4,579 | 1,279 | 27.9% | ○ | 3 | 7 | 4 | 3 | 125 | 132 | 2.883% | 9.7 | 6.552 |
| 阿久比町 | 28,231 | 7,049 | 25.0% | ○ | 33 | 17 | 11 | 6 | 1,068 | 1,085 | 3.843% | 6.5 | 11.689 |
| 東浦町 | 50,234 | 11,996 | 23.9% | ○ | 143 | 35 | 26 | 9 | 3,628 | 3,663 | 7.292% | 3.3 | 28.467 |
| 南知多町 | 18,997 | 6,463 | 34.0% | ○ | 26 | 29 | 25 | 4 | 926 | 955 | 5.027% | 6.8 | 13.686 |
| 美浜町 | 22,757 | 6,402 | 28.1% | ○ | 95 | 22 | 21 | 1 | 2,993 | 3,015 | 13.249% | 2.1 | 41.745 |
| 武豊町 | 43,042 | 10,203 | 23.7% | ○ | 59 | 29 | 20 | 9 | 1,775 | 1,804 | 4.191% | 5.7 | 13.708 |
| 幸田町 | 39,852 | 8,097 | 20.3% | ○ | 71 | 19 | 17 | 2 | 2,289 | 2,308 | 5.791% | 3.5 | 17.816 |
| 設楽町 | 5,274 | 2,455 | 46.5% | ○ | 7 | 8 | 6 | 2 | 151 | 159 | 3.015% | 15.4 | 13.273 |
| 東栄町 | 3,539 | 1,700 | 48.0% | ○ | 31 | 15 | 12 | 3 | 731 | 746 | 21.079% | 2.3 | 87.595 |
| 豊根村 | 1,187 | 546 | 46.0% | ○ | 2 | 4 | 2 | 2 | 62 | 66 | 5.560% | 8.3 | 16.849 |
| 三重県計 | 1,850,028 | 507,343 | 27.4% | 30 | 4,350 | 2,317 | 1,338 | 979 | 136,671 | 138,988 | 7.513% | 3.7 | 23.513 |
| 三重県 | 1,850,028 | 507,343 | 27.4% | ○ | 271 | 43 | 20 | 23 | 15,372 | 15,415 | | | |
| 津市 | 283,031 | 78,227 | 27.6% | ○ | 320 | 167 | 119 | 48 | 8,667 | 8,834 | 3.121% | 8.9 | 11.306 |
| 四日市市 | 312,457 | 76,778 | 24.6% | ○ | 613 | 315 | 172 | 143 | 18,405 | 18,720 | 5.991% | 4.1 | 19.619 |
| 伊勢市 | 129,764 | 38,175 | 29.4% | ○ | 202 | 145 | 90 | 55 | 6,772 | 6,917 | 5.330% | 5.5 | 15.567 |
| 松阪市 | 167,443 | 46,160 | 27.6% | ○ | 714 | 202 | 124 | 78 | 19,689 | 19,891 | 11.879% | 2.3 | 42.641 |
| 桑名市 | 143,149 | 35,033 | 24.5% | ○ | 298 | 167 | 121 | 46 | 10,342 | 10,509 | 7.341% | 3.3 | 20.817 |
| 鈴鹿市 | 200,551 | 46,391 | 23.1% | ○ | 231 | 177 | 133 | 44 | 8,139 | 8,316 | 4.147% | 5.6 | 11.518 |
| 名張市 | 80,482 | 22,405 | 27.8% | ○ | 260 | 102 | 67 | 35 | 7,389 | 7,491 | 9.308% | 3.0 | 32.305 |
| 尾鷲市 | 19,118 | 7,724 | 40.4% | ○ | 78 | 28 | 16 | 12 | 1,821 | 1,849 | 9.672% | 4.2 | 40.799 |
| 亀山市 | 49,804 | 12,567 | 25.2% | ○ | 60 | 48 | 26 | 22 | 1,875 | 1,923 | 3.861% | 6.5 | 12.047 |
| 鳥羽市 | 20,065 | 6,917 | 34.5% | ○ | 57 | 37 | 14 | 23 | 1,356 | 1,393 | 6.942% | 5.0 | 28.408 |
| 熊野市 | 17,974 | 7,334 | 40.8% | ○ | 71 | 27 | 14 | 13 | 1,580 | 1,607 | 8.941% | 4.6 | 39.502 |
| いなべ市 | 45,965 | 11,656 | 25.4% | ○ | 242 | 76 | 53 | 23 | 7,228 | 7,304 | 15.890% | 1.6 | 52.649 |

| | 総人口 | | 高齢化率 | 市町村 窓口 | サポ- ター 講座 開催回数 | メイト数 (※1) | | | サポ-ター数 (※2) | 合計 サポ-ター数 (メイト+ サポ-ター 数) (※1+※2) | 総人口に 占める割合 (メイト+サ ポ-ター) | メイト+ サポ-ター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|-------|-----------|---------|-------|-----------|-------------------------|--------------|-------------|-------|----------------|---|----------------------------------|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | 活動 メイト数 | 非活動 メイト数 | | | | | | |
| 志摩市 | 52,943 | 19,187 | 36.2% | ○ | 125 | 120 | 82 | 38 | 3,577 | 3,697 | 6.983% | 5.2 | 23.610 |
| 伊賀市 | 94,732 | 29,013 | 30.6% | ○ | 124 | 159 | 44 | 115 | 4,379 | 4,538 | 4.790% | 6.4 | 13.090 |
| 木曾岬町 | 6,439 | 1,847 | 28.7% | ○ | 10 | 18 | 4 | 14 | 244 | 262 | 4.069% | 7.0 | 15.530 |
| 東員町 | 25,525 | 6,790 | 26.6% | ○ | 101 | 61 | 33 | 28 | 3,593 | 3,654 | 14.315% | 1.9 | 39.569 |
| 菰野町 | 41,560 | 10,292 | 24.8% | ○ | 75 | 99 | 62 | 37 | 2,062 | 2,161 | 5.200% | 4.8 | 18.046 |
| 朝日町 | 10,480 | 1,993 | 19.0% | ○ | 4 | 8 | 4 | 4 | 258 | 266 | 2.538% | 7.5 | 3.817 |
| 川越町 | 14,922 | 2,794 | 18.7% | ○ | 20 | 3 | 2 | 1 | 610 | 613 | 4.108% | 4.6 | 13.403 |
| 多気町 | 15,100 | 4,684 | 31.0% | ○ | 73 | 41 | 24 | 17 | 1,364 | 1,405 | 9.305% | 3.3 | 48.344 |
| 明和町 | 23,160 | 6,378 | 27.5% | ○ | 40 | 44 | 12 | 32 | 1,466 | 1,510 | 6.520% | 4.2 | 17.271 |
| 大台町 | 9,894 | 3,911 | 39.5% | ○ | 78 | 31 | 9 | 22 | 1,209 | 1,240 | 12.533% | 3.2 | 78.836 |
| 玉城町 | 15,746 | 3,916 | 24.9% | ○ | 30 | 25 | 15 | 10 | 1,369 | 1,394 | 8.853% | 2.8 | 19.052 |
| 度会町 | 8,568 | 2,628 | 30.7% | ○ | 15 | 60 | 18 | 42 | 574 | 634 | 7.400% | 4.1 | 17.507 |
| 大紀町 | 9,343 | 4,034 | 43.2% | ○ | 21 | 15 | 9 | 6 | 1,142 | 1,157 | 12.384% | 3.5 | 22.477 |
| 南伊勢町 | 13,915 | 6,549 | 47.1% | ○ | 35 | 17 | 10 | 7 | 1,830 | 1,847 | 13.273% | 3.5 | 25.153 |
| 紀北町 | 17,248 | 6,856 | 39.7% | ○ | 53 | 42 | 12 | 30 | 1,210 | 1,252 | 7.259% | 5.5 | 30.728 |
| 御浜町 | 9,113 | 3,298 | 36.2% | ○ | 72 | 16 | 11 | 5 | 1,943 | 1,959 | 21.497% | 1.7 | 79.008 |
| 紀宝町 | 11,537 | 3,806 | 33.0% | ○ | 57 | 24 | 18 | 6 | 1,206 | 1,230 | 10.661% | 3.1 | 49.406 |
| 滋賀県計 | 1,419,863 | 340,684 | 24.0% | 20 | 4,455 | 2,150 | 1,510 | 640 | 167,071 | 169,221 | 11.918% | 2.0 | 31.376 |
| 滋賀県 | 1,419,863 | 340,684 | 24.0% | ○ | 8 | 6 | 3 | 3 | 804 | 810 | | | |
| 大津市 | 342,434 | 83,846 | 24.5% | ○ | 500 | 157 | 122 | 35 | 17,158 | 17,315 | 5.056% | 4.8 | 14.601 |
| 彦根市 | 112,786 | 26,252 | 23.3% | ○ | 358 | 110 | 81 | 29 | 13,158 | 13,268 | 11.764% | 2.0 | 31.742 |
| 長浜市 | 120,995 | 31,808 | 26.3% | ○ | 677 | 344 | 268 | 76 | 24,138 | 24,482 | 20.234% | 1.3 | 55.953 |
| 近江八幡市 | 82,258 | 20,906 | 25.4% | ○ | 334 | 139 | 116 | 23 | 19,233 | 19,372 | 23.550% | 1.1 | 40.604 |
| 草津市 | 130,385 | 27,017 | 20.7% | ○ | 286 | 180 | 95 | 85 | 9,661 | 9,841 | 7.548% | 2.7 | 21.935 |
| 守山市 | 81,094 | 16,536 | 20.4% | ○ | 266 | 95 | 68 | 27 | 11,454 | 11,549 | 14.241% | 1.4 | 32.801 |
| 栗東市 | 67,702 | 11,940 | 17.6% | ○ | 95 | 77 | 51 | 26 | 2,656 | 2,733 | 4.037% | 4.4 | 14.032 |
| 甲賀市 | 92,195 | 23,332 | 25.3% | ○ | 301 | 221 | 193 | 28 | 9,923 | 10,144 | 11.003% | 2.3 | 32.648 |
| 野洲市 | 50,837 | 12,295 | 24.2% | ○ | 112 | 69 | 51 | 18 | 3,273 | 3,342 | 6.574% | 3.7 | 22.031 |
| 湖南市 | 54,841 | 11,640 | 21.2% | ○ | 102 | 75 | 39 | 36 | 3,471 | 3,546 | 6.466% | 3.3 | 18.599 |
| 高島市 | 51,007 | 16,066 | 31.5% | ○ | 292 | 112 | 63 | 49 | 8,626 | 8,738 | 17.131% | 1.8 | 57.247 |
| 東近江市 | 115,304 | 27,894 | 24.2% | ○ | 534 | 173 | 117 | 56 | 20,839 | 21,012 | 18.223% | 1.3 | 46.312 |
| 米原市 | 39,883 | 10,882 | 27.3% | ○ | 136 | 162 | 73 | 89 | 5,570 | 5,732 | 14.372% | 1.9 | 34.100 |
| 日野町 | 22,074 | 6,217 | 28.2% | ○ | 126 | 48 | 33 | 15 | 5,018 | 5,066 | 22.950% | 1.2 | 57.081 |
| 竜王町 | 12,360 | 2,967 | 24.0% | ○ | 97 | 49 | 32 | 17 | 2,872 | 2,921 | 23.633% | 1.0 | 78.479 |
| 愛荘町 | 21,217 | 4,532 | 21.4% | ○ | 117 | 51 | 36 | 15 | 5,585 | 5,636 | 26.564% | 0.8 | 55.144 |
| 豊郷町 | 7,381 | 1,860 | 25.2% | ○ | 20 | 35 | 27 | 8 | 484 | 519 | 7.032% | 3.6 | 27.097 |
| 甲良町 | 7,427 | 2,236 | 30.1% | ○ | 42 | 27 | 25 | 2 | 1,469 | 1,496 | 20.143% | 1.5 | 56.550 |
| 多賀町 | 7,683 | 2,458 | 32.0% | ○ | 52 | 20 | 17 | 3 | 1,679 | 1,699 | 22.114% | 1.4 | 67.682 |
| 京都府計 | 2,574,842 | 708,172 | 27.5% | 27 | 6,044 | 4,764 | 2,820 | 1,944 | 202,813 | 207,577 | 8.062% | 3.4 | 23.473 |
| 京都府 | 2,574,842 | 708,172 | 27.5% | ○ | 214 | 56 | 53 | 3 | 19,289 | 19,345 | | | |
| 京都市 | 1,419,549 | 382,081 | 26.9% | ○ | 2,762 | 2,576 | 1,453 | 1,123 | 87,472 | 90,048 | 6.343% | 4.2 | 19.457 |
| 福知山市 | 80,019 | 22,830 | 28.5% | ○ | 145 | 117 | 58 | 59 | 4,032 | 4,149 | 5.185% | 5.5 | 18.121 |
| 舞鶴市 | 86,124 | 25,625 | 29.8% | ○ | 183 | 127 | 79 | 48 | 7,247 | 7,374 | 8.562% | 3.5 | 21.248 |
| 綾部市 | 34,949 | 12,535 | 35.9% | ○ | 321 | 110 | 75 | 35 | 9,641 | 9,751 | 27.901% | 1.3 | 91.848 |
| 宇治市 | 189,623 | 50,735 | 26.8% | ○ | 375 | 273 | 154 | 119 | 11,803 | 12,076 | 6.368% | 4.2 | 19.776 |
| 宮津市 | 19,116 | 7,439 | 38.9% | ○ | 93 | 90 | 38 | 52 | 2,691 | 2,781 | 14.548% | 2.7 | 48.650 |
| 亀岡市 | 90,931 | 23,915 | 26.3% | ○ | 156 | 117 | 78 | 39 | 3,848 | 3,965 | 4.360% | 6.0 | 17.156 |
| 城陽市 | 78,217 | 24,204 | 30.9% | ○ | 67 | 41 | 18 | 23 | 1,623 | 1,664 | 2.127% | 14.5 | 8.566 |
| 向日市 | 54,842 | 14,517 | 26.5% | ○ | 153 | 65 | 28 | 37 | 6,249 | 6,314 | 11.513% | 2.3 | 27.898 |
| 長岡京市 | 80,625 | 20,568 | 25.5% | ○ | 178 | 134 | 48 | 86 | 5,004 | 5,138 | 6.373% | 4.0 | 22.078 |
| 八幡市 | 72,589 | 20,259 | 27.9% | ○ | 52 | 70 | 56 | 14 | 1,408 | 1,478 | 2.036% | 13.7 | 7.164 |
| 京田辺市 | 67,416 | 15,987 | 23.7% | ○ | 165 | 81 | 37 | 44 | 5,312 | 5,393 | 8.000% | 3.0 | 24.475 |
| 京丹後市 | 57,691 | 19,557 | 33.9% | ○ | 356 | 307 | 230 | 77 | 10,105 | 10,412 | 18.048% | 1.9 | 61.708 |
| 南丹市 | 32,889 | 10,944 | 33.3% | ○ | 150 | 102 | 39 | 63 | 4,167 | 4,269 | 12.980% | 2.6 | 45.608 |
| 木津川市 | 74,237 | 16,847 | 22.7% | ○ | 137 | 71 | 38 | 33 | 5,720 | 5,791 | 7.801% | 2.9 | 18.454 |
| 大山崎町 | 15,563 | 4,270 | 27.4% | ○ | 36 | 16 | 12 | 4 | 1,656 | 1,672 | 10.743% | 2.6 | 23.132 |
| 久御山町 | 16,355 | 4,613 | 28.2% | ○ | 65 | 35 | 14 | 21 | 1,583 | 1,618 | 9.893% | 2.9 | 39.743 |
| 井手町 | 7,793 | 2,435 | 31.2% | ○ | 21 | 10 | 6 | 4 | 602 | 612 | 7.853% | 4.0 | 26.947 |

| | 総人口 | | 高齢化率 | 市町村 窓口 | サポ- ター 講座 開催回数 | メイト数 (※1) | | | サポ-ター数 (※2) | 合計 サポ-ター数 (メイト+ サポ-ター 数) (※1+※2) | 総人口に 占める割合 (メイト+サ ポ-ター) | メイト+ サポ-ター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|-------------|------------------|------------------|--------------|-----------|-------------------------|--------------|--------------|--------------|----------------|---|----------------------------------|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | 活動 メイト数 | 非活動 メイト数 | | | | | | |
| 宇治田原町 | 9,615 | 2,595 | 27.0% | ○ | 5 | 3 | 1 | 2 | 217 | 220 | 2.288% | 11.8 | 5.200 |
| 笠置町 | 1,468 | 665 | 45.3% | ○ | 4 | 3 | 3 | | 117 | 120 | 8.174% | 5.5 | 27.248 |
| 和束町 | 4,234 | 1,677 | 39.6% | ○ | 7 | 3 | 3 | | 298 | 301 | 7.109% | 5.6 | 16.533 |
| 精華町 | 37,597 | 8,062 | 21.4% | ○ | 141 | 136 | 108 | 28 | 5,206 | 5,342 | 14.209% | 1.5 | 37.503 |
| 南山城村 | 2,927 | 1,189 | 40.6% | ○ | 1 | 2 | | 2 | 13 | 15 | 0.512% | 79.3 | 3.416 |
| 京丹波町 | 15,245 | 5,936 | 38.9% | ○ | 77 | 57 | 51 | 6 | 2,538 | 2,595 | 17.022% | 2.3 | 50.508 |
| 伊根町 | 2,262 | 1,018 | 45.0% | ○ | 41 | 37 | 32 | 5 | 926 | 963 | 42.573% | 1.1 | 181.256 |
| 与謝野町 | 22,966 | 7,669 | 33.4% | ○ | 139 | 125 | 108 | 17 | 4,046 | 4,171 | 18.162% | 1.8 | 60.524 |
| 大阪府計 | 8,865,502 | 2,274,136 | 25.7% | 44 | 14,163 | 7,773 | 5,747 | 2,026 | 462,981 | 470,754 | 5.310% | 4.8 | 15.975 |
| 大阪府 | 8,865,502 | 2,274,136 | 25.7% | ○ | 209 | 49 | 41 | 8 | 11,080 | 11,129 | | | |
| 大阪市 | 2,681,555 | 669,067 | 25.0% | ○ | 5,118 | 2,398 | 1,811 | 587 | 152,104 | 154,502 | 5.762% | 4.3 | 19.086 |
| 堺市 | 845,960 | 224,158 | 26.5% | ○ | 1,275 | 653 | 519 | 134 | 44,198 | 44,851 | 5.302% | 5.0 | 15.072 |
| 岸和田市 | 199,214 | 50,846 | 25.5% | ○ | 292 | 190 | 169 | 21 | 11,826 | 12,016 | 6.032% | 4.2 | 14.658 |
| 豊中市 | 403,030 | 100,459 | 24.9% | ○ | 529 | 354 | 237 | 117 | 12,746 | 13,100 | 3.250% | 7.7 | 13.126 |
| 池田市 | 102,671 | 26,505 | 25.8% | ○ | 168 | 78 | 61 | 17 | 5,364 | 5,442 | 5.300% | 4.9 | 16.363 |
| 吹田市 | 367,068 | 84,063 | 22.9% | ○ | 482 | 227 | 193 | 34 | 16,587 | 16,814 | 4.581% | 5.0 | 13.131 |
| 泉大津市 | 75,910 | 18,071 | 23.8% | ○ | 128 | 139 | 121 | 18 | 6,206 | 6,345 | 8.359% | 2.8 | 16.862 |
| 高槻市 | 355,209 | 97,980 | 27.6% | ○ | 503 | 188 | 148 | 40 | 17,951 | 18,139 | 5.107% | 5.4 | 14.161 |
| 貝塚市 | 89,212 | 21,759 | 24.4% | ○ | 104 | 82 | 56 | 26 | 2,988 | 3,070 | 3.441% | 7.1 | 11.658 |
| 守口市 | 144,615 | 40,538 | 28.0% | ○ | 156 | 95 | 80 | 15 | 4,920 | 5,015 | 3.468% | 8.1 | 10.787 |
| 枚方市 | 406,133 | 98,634 | 24.3% | ○ | 420 | 313 | 214 | 99 | 16,920 | 17,233 | 4.243% | 5.7 | 10.341 |
| 茨木市 | 279,395 | 63,708 | 22.8% | ○ | 380 | 126 | 107 | 19 | 13,959 | 14,085 | 5.041% | 4.5 | 13.601 |
| 八尾市 | 268,965 | 72,690 | 27.0% | ○ | 177 | 148 | 109 | 39 | 7,043 | 7,191 | 2.674% | 10.1 | 6.581 |
| 泉佐野市 | 101,035 | 24,815 | 24.6% | ○ | 147 | 80 | 60 | 20 | 4,773 | 4,853 | 4.803% | 5.1 | 14.549 |
| 富田林市 | 114,919 | 31,303 | 27.2% | ○ | 274 | 106 | 89 | 17 | 8,898 | 9,004 | 7.835% | 3.5 | 23.843 |
| 寝屋川市 | 239,108 | 65,682 | 27.5% | ○ | 199 | 161 | 57 | 104 | 8,341 | 8,502 | 3.556% | 7.7 | 8.323 |
| 河内長野市 | 109,545 | 33,766 | 30.8% | ○ | 247 | 207 | 121 | 86 | 7,079 | 7,286 | 6.651% | 4.6 | 22.548 |
| 松原市 | 121,962 | 34,766 | 28.5% | ○ | 123 | 122 | 106 | 16 | 4,370 | 4,492 | 3.683% | 7.7 | 10.085 |
| 大東市 | 123,397 | 31,133 | 25.2% | ○ | 152 | 51 | 33 | 18 | 5,144 | 5,195 | 4.210% | 6.0 | 12.318 |
| 和泉市 | 186,833 | 42,066 | 22.5% | ○ | 235 | 162 | 139 | 23 | 8,315 | 8,477 | 4.537% | 5.0 | 12.578 |
| 箕面市 | 135,587 | 32,572 | 24.0% | ○ | 96 | 105 | 98 | 7 | 3,103 | 3,208 | 2.366% | 10.2 | 7.080 |
| 柏原市 | 71,344 | 19,151 | 26.8% | ○ | 112 | 112 | 88 | 24 | 2,468 | 2,580 | 3.616% | 7.4 | 15.699 |
| 羽曳野市 | 114,146 | 31,815 | 27.9% | ○ | 143 | 100 | 79 | 21 | 3,999 | 4,099 | 3.591% | 7.8 | 12.528 |
| 門真市 | 125,409 | 34,729 | 27.7% | ○ | 123 | 117 | 54 | 63 | 3,704 | 3,821 | 3.047% | 9.1 | 9.808 |
| 摂津市 | 85,477 | 20,867 | 24.4% | ○ | 107 | 131 | 51 | 80 | 2,866 | 2,997 | 3.506% | 7.0 | 12.518 |
| 高石市 | 58,128 | 15,209 | 26.2% | ○ | 124 | 81 | 63 | 18 | 4,735 | 4,816 | 8.285% | 3.2 | 21.332 |
| 藤井寺市 | 66,118 | 17,616 | 26.6% | ○ | 123 | 91 | 63 | 28 | 3,705 | 3,796 | 5.741% | 4.6 | 18.603 |
| 東大阪市 | 496,659 | 133,670 | 26.9% | ○ | 847 | 143 | 130 | 13 | 27,102 | 27,245 | 5.486% | 4.9 | 17.054 |
| 泉南市 | 63,727 | 16,727 | 26.2% | ○ | 262 | 238 | 195 | 43 | 13,628 | 13,866 | 21.758% | 1.2 | 41.113 |
| 四條畷市 | 56,332 | 14,360 | 25.5% | ○ | 43 | 80 | 38 | 42 | 1,819 | 1,899 | 3.371% | 7.6 | 7.633 |
| 交野市 | 78,015 | 20,323 | 26.1% | ○ | 87 | 97 | 48 | 49 | 3,001 | 3,098 | 3.971% | 6.6 | 11.152 |
| 大阪狭山市 | 57,854 | 15,059 | 26.0% | ○ | 180 | 87 | 39 | 48 | 5,337 | 5,424 | 9.375% | 2.8 | 31.113 |
| 阪南市 | 56,475 | 16,086 | 28.5% | ○ | 141 | 100 | 59 | 41 | 3,457 | 3,557 | 6.298% | 4.5 | 24.967 |
| 島本町 | 30,678 | 7,838 | 25.5% | ○ | 63 | 30 | 26 | 4 | 2,199 | 2,229 | 7.266% | 3.5 | 20.536 |
| 豊能町 | 20,864 | 8,019 | 38.4% | ○ | 87 | 59 | 55 | 4 | 1,811 | 1,870 | 8.963% | 4.3 | 41.699 |
| 能勢町 | 10,893 | 3,727 | 34.2% | ○ | 22 | 28 | 21 | 7 | 553 | 581 | 5.334% | 6.4 | 20.196 |
| 忠岡町 | 17,526 | 4,766 | 27.2% | ○ | 11 | 12 | 9 | 3 | 405 | 417 | 2.379% | 11.4 | 6.276 |
| 熊取町 | 44,118 | 11,272 | 25.5% | ○ | 112 | 65 | 46 | 19 | 1,919 | 1,984 | 4.497% | 5.7 | 25.386 |
| 田尻町 | 8,606 | 1,962 | 22.8% | ○ | 22 | 12 | 11 | 1 | 880 | 892 | 10.365% | 2.2 | 25.564 |
| 岬町 | 16,488 | 5,830 | 35.4% | ○ | 35 | 69 | 32 | 37 | 1,415 | 1,484 | 9.000% | 3.9 | 21.228 |
| 太子町 | 13,846 | 3,568 | 25.8% | ○ | 55 | 48 | 33 | 15 | 2,377 | 2,425 | 17.514% | 1.5 | 39.723 |
| 河南町 | 15,857 | 4,673 | 29.5% | ○ | 32 | 30 | 30 | | 1,185 | 1,215 | 7.662% | 3.8 | 20.180 |
| 千早赤阪村 | 5,619 | 2,288 | 40.7% | ○ | 18 | 9 | 8 | 1 | 501 | 510 | 9.076% | 4.5 | 32.034 |
| 兵庫県計 | 5,621,087 | 1,485,420 | 26.4% | 42 | 10,013 | 4,625 | 3,484 | 1,141 | 322,202 | 326,827 | 5.814% | 4.5 | 17.813 |
| 兵庫県 | 5,621,087 | 1,485,420 | 26.4% | ○ | 198 | 17 | 8 | 9 | 8,949 | 8,966 | | | |
| 神戸市 | 1,547,850 | 408,262 | 26.4% | ○ | 2,195 | 470 | 349 | 121 | 68,388 | 68,858 | 4.449% | 5.9 | 14.181 |
| 姫路市 | 541,497 | 135,015 | 24.9% | ○ | 910 | 422 | 338 | 84 | 27,578 | 28,000 | 5.171% | 4.8 | 16.805 |
| 尼崎市 | 463,940 | 123,089 | 26.5% | ○ | 472 | 148 | 117 | 31 | 13,212 | 13,360 | 2.880% | 9.2 | 10.174 |

| | 総人口 | | 高齢化率 | 市町村 窓口 | サポ- ター 講座 開催回数 | メイト数 (※1) | | | サポ-ター数 (※2) | 合計 サポ-ター数 (メイト+ サポ-ター 数) (※1+※2) | 総人口に 占める割合 (メイト+サ ポ-ター) | メイト+ サポ-ター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|-------------|------------------|----------------|--------------|-----------|-------------------------|--------------|-------------|------------|----------------|---|----------------------------------|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | 活動 メイト数 | 非活動 メイト数 | | | | | | |
| 明石市 | 298,059 | 74,517 | 25.0% | ○ | 227 | 227 | 200 | 27 | 7,488 | 7,715 | 2.588% | 9.7 | 7.616 |
| 西宮市 | 484,892 | 109,117 | 22.5% | ○ | 542 | 233 | 189 | 44 | 16,499 | 16,732 | 3.451% | 6.5 | 11.178 |
| 洲本市 | 45,910 | 15,061 | 32.8% | ○ | 96 | 36 | 34 | 2 | 2,596 | 2,632 | 5.733% | 5.7 | 20.910 |
| 芦屋市 | 96,748 | 26,174 | 27.1% | ○ | 182 | 62 | 42 | 20 | 8,171 | 8,233 | 8.510% | 3.2 | 18.812 |
| 伊丹市 | 202,037 | 47,967 | 23.7% | ○ | 166 | 213 | 100 | 113 | 4,909 | 5,122 | 2.535% | 9.4 | 8.216 |
| 相生市 | 30,453 | 10,228 | 33.6% | ○ | 110 | 68 | 63 | 5 | 3,625 | 3,693 | 12.127% | 2.8 | 36.121 |
| 豊岡市 | 84,823 | 26,199 | 30.9% | ○ | 196 | 111 | 54 | 57 | 5,523 | 5,634 | 6.642% | 4.7 | 23.107 |
| 加古川市 | 269,555 | 67,132 | 24.9% | ○ | 484 | 240 | 212 | 28 | 20,119 | 20,359 | 7.553% | 3.3 | 17.956 |
| 赤穂市 | 49,616 | 14,683 | 29.6% | ○ | 67 | 57 | 54 | 3 | 3,327 | 3,384 | 6.820% | 4.3 | 13.504 |
| 西脇市 | 42,082 | 12,852 | 30.5% | ○ | 188 | 69 | 49 | 20 | 5,780 | 5,849 | 13.899% | 2.2 | 44.675 |
| 宝塚市 | 233,962 | 60,893 | 26.0% | ○ | 251 | 87 | 55 | 32 | 9,007 | 9,094 | 3.887% | 6.7 | 10.728 |
| 三木市 | 79,282 | 24,502 | 30.9% | ○ | 141 | 99 | 80 | 19 | 3,299 | 3,398 | 4.286% | 7.2 | 17.785 |
| 高砂市 | 93,356 | 24,394 | 26.1% | ○ | 96 | 79 | 70 | 9 | 4,803 | 4,882 | 5.229% | 5.0 | 10.283 |
| 川西市 | 160,154 | 47,327 | 29.6% | ○ | 389 | 527 | 447 | 80 | 15,841 | 16,368 | 10.220% | 2.9 | 24.289 |
| 小野市 | 49,319 | 12,774 | 25.9% | ○ | 162 | 45 | 31 | 14 | 6,734 | 6,779 | 13.745% | 1.9 | 32.847 |
| 三田市 | 113,996 | 23,337 | 20.5% | ○ | 306 | 129 | 88 | 41 | 7,485 | 7,614 | 6.679% | 3.1 | 26.843 |
| 加西市 | 45,345 | 13,645 | 30.1% | ○ | 58 | 32 | 21 | 11 | 2,882 | 2,914 | 6.426% | 4.7 | 12.791 |
| 篠山市 | 42,948 | 13,540 | 31.5% | ○ | 343 | 107 | 98 | 9 | 8,616 | 8,723 | 20.311% | 1.6 | 79.864 |
| 養父市 | 25,139 | 8,875 | 35.3% | ○ | 204 | 46 | 22 | 24 | 4,298 | 4,344 | 17.280% | 2.0 | 81.149 |
| 丹波市 | 66,858 | 20,906 | 31.3% | ○ | 335 | 118 | 95 | 23 | 10,622 | 10,740 | 16.064% | 1.9 | 50.106 |
| 南あわじ市 | 49,265 | 15,737 | 31.9% | ○ | 114 | 22 | 18 | 4 | 4,038 | 4,060 | 8.241% | 3.9 | 23.140 |
| 朝来市 | 31,854 | 10,311 | 32.4% | ○ | 104 | 109 | 71 | 38 | 3,019 | 3,128 | 9.820% | 3.3 | 32.649 |
| 淡路市 | 45,840 | 16,031 | 35.0% | ○ | 169 | 91 | 42 | 49 | 4,635 | 4,726 | 10.310% | 3.4 | 36.867 |
| 宍粟市 | 40,061 | 12,477 | 31.1% | ○ | 47 | 58 | 35 | 23 | 1,724 | 1,782 | 4.448% | 7.0 | 11.732 |
| 加東市 | 39,974 | 9,975 | 25.0% | ○ | 80 | 135 | 51 | 84 | 4,280 | 4,415 | 11.045% | 2.3 | 20.013 |
| たつの市 | 78,812 | 21,898 | 27.8% | ○ | 141 | 92 | 78 | 14 | 4,499 | 4,591 | 5.825% | 4.8 | 17.891 |
| 猪名川町 | 31,731 | 7,939 | 25.0% | ○ | 89 | 78 | 74 | 4 | 2,454 | 2,532 | 7.980% | 3.1 | 28.048 |
| 多可町 | 22,016 | 7,184 | 32.6% | ○ | 77 | 56 | 56 | | 2,940 | 2,996 | 13.608% | 2.4 | 34.975 |
| 稲美町 | 31,630 | 8,936 | 28.3% | ○ | 80 | 23 | 20 | 3 | 2,715 | 2,738 | 8.656% | 3.3 | 25.292 |
| 播磨町 | 34,732 | 8,760 | 25.2% | ○ | 77 | 9 | 8 | 1 | 1,804 | 1,813 | 5.220% | 4.8 | 22.170 |
| 市川町 | 12,854 | 3,973 | 30.9% | ○ | 30 | 14 | 11 | 3 | 837 | 851 | 6.621% | 4.7 | 23.339 |
| 福崎町 | 19,568 | 5,242 | 26.8% | ○ | 94 | 14 | 13 | 1 | 2,980 | 2,994 | 15.300% | 1.8 | 48.038 |
| 神河町 | 11,981 | 3,965 | 33.1% | ○ | 70 | 25 | 23 | 2 | 2,806 | 2,831 | 23.629% | 1.4 | 58.426 |
| 太子町 | 34,434 | 8,286 | 24.1% | ○ | 76 | 25 | 20 | 5 | 2,335 | 2,360 | 6.854% | 3.5 | 22.071 |
| 上郡町 | 15,815 | 5,314 | 33.6% | ○ | 52 | 19 | 17 | 2 | 1,358 | 1,377 | 8.707% | 3.9 | 32.880 |
| 佐用町 | 18,152 | 6,603 | 36.4% | ○ | 154 | 108 | 62 | 46 | 4,162 | 4,270 | 23.524% | 1.5 | 84.839 |
| 香美町 | 19,096 | 6,798 | 35.6% | ○ | 135 | 59 | 24 | 35 | 3,331 | 3,390 | 17.752% | 2.0 | 70.695 |
| 新温泉町 | 15,451 | 5,502 | 35.6% | ○ | 106 | 46 | 45 | 1 | 2,534 | 2,580 | 16.698% | 2.1 | 68.604 |
| 奈良県計 | 1,387,818 | 392,675 | 28.3% | 38 | 1,978 | 1,149 | 722 | 427 | 69,493 | 70,642 | 5.090% | 5.6 | 14.253 |
| 奈良県 | 1,387,818 | 392,675 | 28.3% | ○ | 198 | 61 | 38 | 23 | 10,867 | 10,928 | | | |
| 奈良市 | 362,074 | 102,897 | 28.4% | ○ | 391 | 232 | 127 | 105 | 13,471 | 13,703 | 3.785% | 7.5 | 10.799 |
| 大和高田市 | 67,496 | 18,726 | 27.7% | ○ | 86 | 40 | 27 | 13 | 2,009 | 2,049 | 3.036% | 9.1 | 12.741 |
| 大和郡山市 | 88,268 | 25,770 | 29.2% | ○ | 127 | 60 | 33 | 27 | 3,908 | 3,968 | 4.495% | 6.5 | 14.388 |
| 天理市 | 67,238 | 16,029 | 23.8% | ○ | 72 | 54 | 43 | 11 | 3,383 | 3,437 | 5.112% | 4.7 | 10.708 |
| 橿原市 | 124,113 | 32,277 | 26.0% | ○ | 154 | 59 | 46 | 13 | 5,148 | 5,207 | 4.195% | 6.2 | 12.408 |
| 桜井市 | 59,045 | 16,842 | 28.5% | ○ | 90 | 44 | 24 | 20 | 3,967 | 4,011 | 6.793% | 4.2 | 15.243 |
| 五條市 | 32,576 | 10,734 | 33.0% | ○ | 35 | 51 | 33 | 18 | 1,553 | 1,604 | 4.924% | 6.7 | 10.744 |
| 御所市 | 27,466 | 9,969 | 36.3% | ○ | 49 | 45 | 35 | 10 | 1,758 | 1,803 | 6.564% | 5.5 | 17.840 |
| 生駒市 | 120,944 | 30,975 | 25.6% | ○ | 180 | 91 | 52 | 39 | 5,746 | 5,837 | 4.826% | 5.3 | 14.883 |
| 香芝市 | 78,512 | 16,819 | 21.4% | ○ | 85 | 34 | 27 | 7 | 2,402 | 2,436 | 3.103% | 6.9 | 10.826 |
| 葛城市 | 37,062 | 9,585 | 25.9% | ○ | 43 | 50 | 18 | 32 | 1,058 | 1,108 | 2.990% | 8.7 | 11.602 |
| 宇陀市 | 32,290 | 11,620 | 36.0% | ○ | 31 | 31 | 28 | 3 | 1,102 | 1,133 | 3.509% | 10.3 | 9.600 |
| 山添村 | 3,812 | 1,596 | 41.9% | ○ | 8 | 3 | 2 | 1 | 191 | 194 | 5.089% | 8.2 | 20.986 |
| 平群町 | 19,407 | 6,808 | 35.1% | ○ | 24 | 15 | 15 | | 584 | 599 | 3.087% | 11.4 | 12.367 |
| 三郷町 | 23,260 | 6,672 | 28.7% | ○ | 52 | 22 | 15 | 7 | 1,961 | 1,983 | 8.525% | 3.4 | 22.356 |
| 斑鳩町 | 28,259 | 8,147 | 28.8% | ○ | 21 | 7 | 5 | 2 | 450 | 457 | 1.617% | 17.8 | 7.431 |
| 安堵町 | 7,639 | 2,284 | 29.9% | ○ | 8 | 9 | 5 | 4 | 304 | 313 | 4.097% | 7.3 | 10.473 |
| 川西町 | 8,736 | 2,721 | 31.1% | ○ | 9 | 12 | 5 | 7 | 152 | 164 | 1.877% | 16.6 | 10.302 |

| | 総人口 | | 高齢化率 | 市町村 窓口 | サポ- ター 講座 開催回数 | メイト数 (※1) | | | サポ-ター数 (※2) | 合計 サポ-ター数 (メイト+ サポ-ター 数) (※1+※2) | 総人口に 占める割合 (メイト+サ ポ-ター) | メイト+ サポ-ター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|-------|---------|---------|-------|-----------|-------------------------|--------------|-------------|-----|----------------|---|----------------------------------|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | 活動 メイト数 | 非活動 メイト数 | | | | | | |
| 三宅町 | 7,095 | 2,324 | 32.8% | ○ | 12 | 8 | 8 | | 398 | 406 | 5.722% | 5.7 | 16.913 |
| 田原本町 | 32,524 | 9,330 | 28.7% | ○ | 25 | 29 | 19 | 10 | 1,005 | 1,034 | 3.179% | 9.0 | 7.687 |
| 菅爾村 | 1,581 | 697 | 44.1% | ○ | 3 | 3 | 1 | 2 | 60 | 63 | 3.985% | 11.1 | 18.975 |
| 御杖村 | 1,805 | 935 | 51.8% | ○ | 7 | 4 | 2 | 2 | 224 | 228 | 12.632% | 4.1 | 38.781 |
| 高取町 | 7,145 | 2,477 | 34.7% | ○ | 16 | 16 | 13 | 3 | 228 | 244 | 3.415% | 10.2 | 22.393 |
| 明日香村 | 5,734 | 2,039 | 35.6% | ○ | 4 | 4 | 2 | 2 | 93 | 97 | 1.692% | 21.0 | 6.976 |
| 上牧町 | 23,045 | 6,926 | 30.1% | ○ | 8 | 8 | 4 | 4 | 350 | 358 | 1.553% | 19.3 | 3.471 |
| 王寺町 | 23,490 | 6,297 | 26.8% | ○ | 44 | 30 | 17 | 13 | 1,704 | 1,734 | 7.382% | 3.6 | 18.731 |
| 広陵町 | 34,992 | 8,051 | 23.0% | ○ | 42 | 25 | 21 | 4 | 1,277 | 1,302 | 3.721% | 6.2 | 12.003 |
| 河合町 | 18,360 | 6,383 | 34.8% | ○ | 25 | 28 | 17 | 11 | 969 | 997 | 5.430% | 6.4 | 13.617 |
| 吉野町 | 7,869 | 3,487 | 44.3% | ○ | 56 | 11 | 8 | 3 | 1,373 | 1,384 | 17.588% | 2.5 | 71.165 |
| 大淀町 | 18,575 | 5,338 | 28.7% | ○ | 13 | 20 | 10 | 10 | 353 | 373 | 2.008% | 14.3 | 6.999 |
| 下市町 | 5,981 | 2,492 | 41.7% | ○ | 14 | 18 | 9 | 9 | 628 | 646 | 10.801% | 3.9 | 23.407 |
| 黒滝村 | 774 | 366 | 47.3% | ○ | 3 | 1 | 1 | | 42 | 43 | 5.556% | 8.5 | 38.760 |
| 天川村 | 1,530 | 688 | 45.0% | ○ | | 1 | | 1 | | 1 | 0.065% | 688.0 | |
| 野迫川村 | 450 | 207 | 46.0% | | | 2 | 1 | 1 | | 2 | 0.444% | 103.5 | |
| 十津川村 | 3,594 | 1,540 | 42.8% | ○ | 5 | 5 | 3 | 2 | 72 | 77 | 2.142% | 20.0 | 13.912 |
| 下北山村 | 1,005 | 458 | 45.6% | ○ | 5 | 3 | 3 | | 178 | 181 | 18.010% | 2.5 | 49.751 |
| 上北山村 | 567 | 275 | 48.5% | | | | | | | | | | |
| 川上村 | 1,545 | 877 | 56.8% | ○ | 8 | 6 | 4 | 2 | 96 | 102 | 6.602% | 8.6 | 51.780 |
| 東吉野村 | 1,960 | 1,017 | 51.9% | ○ | 25 | 7 | 1 | 6 | 429 | 436 | 22.245% | 2.3 | 127.551 |
| 和歌山県計 | 994,317 | 300,990 | 30.3% | 31 | 1,851 | 1,193 | 740 | 453 | 49,406 | 50,599 | 5.089% | 5.9 | 18.616 |
| 和歌山県 | 994,317 | 300,990 | 30.3% | ○ | 84 | 36 | 25 | 11 | 3,261 | 3,297 | | | |
| 和歌山市 | 375,269 | 107,477 | 28.6% | ○ | 332 | 173 | 92 | 81 | 10,924 | 11,097 | 2.957% | 9.7 | 8.847 |
| 海南市 | 53,323 | 18,184 | 34.1% | ○ | 210 | 81 | 39 | 42 | 5,370 | 5,451 | 10.223% | 3.3 | 39.383 |
| 橋本市 | 65,074 | 18,723 | 28.8% | ○ | 108 | 96 | 24 | 72 | 3,078 | 3,174 | 4.878% | 5.9 | 16.596 |
| 有田市 | 29,730 | 9,194 | 30.9% | ○ | 36 | 40 | 33 | 7 | 970 | 1,010 | 3.397% | 9.1 | 12.109 |
| 御坊市 | 24,599 | 7,118 | 28.9% | ○ | 146 | 96 | 70 | 26 | 3,510 | 3,606 | 14.659% | 2.0 | 59.352 |
| 田辺市 | 77,486 | 23,644 | 30.5% | ○ | 115 | 61 | 21 | 40 | 3,231 | 3,292 | 4.249% | 7.2 | 14.841 |
| 新宮市 | 30,431 | 10,424 | 34.3% | ○ | 23 | 52 | 23 | 29 | 627 | 679 | 2.231% | 15.4 | 7.558 |
| 紀の川市 | 65,318 | 19,242 | 29.5% | ○ | 46 | 40 | 31 | 9 | 1,324 | 1,364 | 2.088% | 14.1 | 7.042 |
| 岩出市 | 53,818 | 10,965 | 20.4% | ○ | 38 | 26 | 20 | 6 | 896 | 922 | 1.713% | 11.9 | 7.061 |
| 紀美野町 | 9,599 | 4,087 | 42.6% | ○ | 83 | 43 | 35 | 8 | 2,521 | 2,564 | 26.711% | 1.6 | 86.467 |
| かつらぎ町 | 17,733 | 6,398 | 36.1% | ○ | 36 | 28 | 20 | 8 | 953 | 981 | 5.532% | 6.5 | 20.301 |
| 九度山町 | 4,606 | 1,912 | 41.5% | ○ | 22 | 5 | 4 | 1 | 558 | 563 | 12.223% | 3.4 | 47.764 |
| 高野町 | 3,298 | 1,374 | 41.7% | ○ | 1 | 3 | 2 | 1 | 10 | 13 | 0.394% | 105.7 | 3.032 |
| 湯浅町 | 12,786 | 4,094 | 32.0% | ○ | 37 | 26 | 22 | 4 | 742 | 768 | 6.007% | 5.3 | 28.938 |
| 広川町 | 7,423 | 2,246 | 30.3% | ○ | 32 | 22 | 22 | | 588 | 610 | 8.218% | 3.7 | 43.109 |
| 有田川町 | 27,286 | 8,385 | 30.7% | ○ | 120 | 87 | 73 | 14 | 2,664 | 2,751 | 10.082% | 3.0 | 43.979 |
| 美浜町 | 7,610 | 2,487 | 32.7% | ○ | 14 | 27 | 13 | 14 | 313 | 340 | 4.468% | 7.3 | 18.397 |
| 日高町 | 7,928 | 2,270 | 28.6% | ○ | 31 | 22 | 15 | 7 | 406 | 428 | 5.399% | 5.3 | 39.102 |
| 由良町 | 6,202 | 2,139 | 34.5% | ○ | 12 | 12 | 8 | 4 | 318 | 330 | 5.321% | 6.5 | 19.349 |
| 印南町 | 8,626 | 2,864 | 33.2% | ○ | 25 | 21 | 14 | 7 | 572 | 593 | 6.875% | 4.8 | 28.982 |
| みなべ町 | 13,422 | 3,984 | 29.7% | ○ | 11 | 30 | 19 | 11 | 470 | 500 | 3.725% | 8.0 | 8.195 |
| 日高川町 | 10,279 | 3,412 | 33.2% | ○ | 86 | 26 | 16 | 10 | 1,586 | 1,612 | 15.682% | 2.1 | 83.666 |
| 白浜町 | 22,322 | 7,914 | 35.5% | ○ | 88 | 49 | 33 | 16 | 2,105 | 2,154 | 9.650% | 3.7 | 39.423 |
| 上富田町 | 15,527 | 3,810 | 24.5% | ○ | 37 | 21 | 14 | 7 | 853 | 874 | 5.629% | 4.4 | 23.829 |
| すさみ町 | 4,342 | 1,952 | 45.0% | ○ | 17 | 11 | 11 | | 359 | 370 | 8.521% | 5.3 | 39.152 |
| 那智勝浦町 | 16,276 | 6,341 | 39.0% | ○ | 13 | 16 | 11 | 5 | 420 | 436 | 2.679% | 14.5 | 7.987 |
| 太地町 | 3,291 | 1,346 | 40.9% | ○ | 13 | 11 | 9 | 2 | 176 | 187 | 5.682% | 7.2 | 39.502 |
| 古座川町 | 2,930 | 1,492 | 50.9% | ○ | 23 | 13 | 12 | 1 | 345 | 358 | 12.218% | 4.2 | 78.498 |
| 北山村 | 460 | 227 | 49.3% | ○ | 1 | 1 | 1 | | 11 | 12 | 2.609% | 18.9 | 21.739 |
| 串本町 | 17,323 | 7,285 | 42.1% | ○ | 11 | 18 | 8 | 10 | 245 | 263 | 1.518% | 27.7 | 6.350 |
| 鳥取県計 | 579,309 | 169,509 | 29.3% | 18 | 2,659 | 1,377 | 896 | 481 | 75,975 | 77,352 | 13.352% | 2.2 | 45.900 |
| 鳥取県 | 579,309 | 169,509 | 29.3% | ○ | 340 | 26 | 17 | 9 | 12,147 | 12,173 | | | |
| 鳥取市 | 191,969 | 50,868 | 26.5% | ○ | 588 | 297 | 213 | 84 | 15,513 | 15,810 | 8.236% | 3.2 | 30.630 |
| 米子市 | 149,731 | 40,543 | 27.1% | ○ | 368 | 403 | 281 | 122 | 14,969 | 15,372 | 10.266% | 2.6 | 24.577 |
| 倉吉市 | 48,889 | 15,084 | 30.9% | ○ | 383 | 119 | 81 | 38 | 9,333 | 9,452 | 19.334% | 1.6 | 78.341 |

| | 総人口 | | 高齢化率 | 市町村 窓口 | サポ- ター 講座 開催回数 | メイト数 (※1) | | | サポ-ター数 (※2) | 合計 サポ-ター数 (メイト+ サポ-ター 数) (※1+※2) | 総人口に 占める割合 (メイト+サ ポ-ター) | メイト+ サポ-ター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|-------------|------------------|----------------|--------------|-----------|-------------------------|--------------|--------------|------------|----------------|---|----------------------------------|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | 活動 メイト数 | 非活動 メイト数 | | | | | | |
| 境港市 | 35,254 | 10,540 | 29.9% | ○ | 75 | 99 | 75 | 24 | 2,572 | 2,671 | 7.576% | 3.9 | 21.274 |
| 岩美町 | 12,023 | 3,973 | 33.0% | ○ | 34 | 23 | 12 | 11 | 1,154 | 1,177 | 9.790% | 3.4 | 28.279 |
| 若桜町 | 3,505 | 1,532 | 43.7% | ○ | 13 | 8 | 4 | 4 | 267 | 275 | 7.846% | 5.6 | 37.090 |
| 智頭町 | 7,523 | 2,824 | 37.5% | ○ | 78 | 20 | 18 | 2 | 1,205 | 1,225 | 16.283% | 2.3 | 103.682 |
| 八頭町 | 17,911 | 5,598 | 31.3% | ○ | 188 | 70 | 20 | 50 | 3,597 | 3,667 | 20.473% | 1.5 | 104.963 |
| 三朝町 | 6,816 | 2,459 | 36.1% | ○ | 20 | 16 | 11 | 5 | 413 | 429 | 6.294% | 5.7 | 29.343 |
| 湯梨浜町 | 17,250 | 5,081 | 29.5% | ○ | 105 | 24 | 21 | 3 | 2,926 | 2,950 | 17.101% | 1.7 | 60.870 |
| 琴浦町 | 18,174 | 6,162 | 33.9% | ○ | 83 | 18 | 14 | 4 | 2,364 | 2,382 | 13.107% | 2.6 | 45.670 |
| 北栄町 | 15,533 | 4,727 | 30.4% | ○ | 87 | 32 | 26 | 6 | 2,452 | 2,484 | 15.992% | 1.9 | 56.010 |
| 大山町 | 17,003 | 6,218 | 36.6% | ○ | 113 | 14 | 10 | 4 | 3,678 | 3,692 | 21.714% | 1.7 | 66.459 |
| 日南町 | 5,056 | 2,390 | 47.3% | ○ | 88 | 21 | 15 | 6 | 1,196 | 1,217 | 24.070% | 2.0 | 174.051 |
| 日野町 | 3,414 | 1,549 | 45.4% | ○ | 5 | 6 | 2 | 4 | 141 | 147 | 4.306% | 10.5 | 14.646 |
| 江府町 | 3,147 | 1,351 | 42.9% | ○ | 1 | 6 | 4 | 2 | 16 | 22 | 0.699% | 61.4 | 3.178 |
| 南部箕蚊屋広域連合 | 26,111 | 8,610 | 33.0% | ○ | 90 | 175 | 72 | 103 | 2,032 | 2,207 | 8.452% | 3.9 | 34.468 |
| 島根県計 | 701,394 | 224,630 | 32.0% | 19 | 2,166 | 1,626 | 734 | 892 | 63,046 | 64,672 | 9.220% | 3.5 | 30.881 |
| 島根県 | 701,394 | 224,630 | 32.0% | ○ | 158 | 22 | 7 | 15 | 6,721 | 6,743 | | | |
| 松江市 | 204,952 | 56,902 | 27.8% | ○ | 484 | 216 | 91 | 125 | 14,150 | 14,366 | 7.009% | 4.0 | 23.615 |
| 浜田市 | 56,730 | 19,589 | 34.5% | ○ | 206 | 62 | 53 | 9 | 4,888 | 4,950 | 8.726% | 4.0 | 36.312 |
| 出雲市 | 175,118 | 49,747 | 28.4% | ○ | 438 | 245 | 98 | 147 | 13,844 | 14,089 | 8.045% | 3.5 | 25.012 |
| 益田市 | 48,607 | 16,914 | 34.8% | ○ | 52 | 72 | 37 | 35 | 1,862 | 1,934 | 3.979% | 8.7 | 10.698 |
| 大田市 | 36,668 | 13,725 | 37.4% | ○ | 131 | 153 | 86 | 67 | 2,446 | 2,599 | 7.088% | 5.3 | 35.726 |
| 安来市 | 40,349 | 13,774 | 34.1% | ○ | 70 | 130 | 47 | 83 | 2,690 | 2,820 | 6.989% | 4.9 | 17.349 |
| 江津市 | 24,685 | 8,994 | 36.4% | ○ | 111 | 81 | 72 | 9 | 2,931 | 3,012 | 12.202% | 3.0 | 44.967 |
| 雲南市 | 40,489 | 14,501 | 35.8% | ○ | 267 | 269 | 106 | 163 | 6,607 | 6,876 | 16.982% | 2.1 | 65.944 |
| 奥出雲町 | 13,582 | 5,346 | 39.4% | ○ | 62 | 48 | 26 | 22 | 1,795 | 1,843 | 13.569% | 2.9 | 45.649 |
| 飯南町 | 5,162 | 2,197 | 42.6% | ○ | 22 | 40 | 14 | 26 | 410 | 450 | 8.718% | 4.9 | 42.619 |
| 川本町 | 3,484 | 1,524 | 43.7% | ○ | 8 | 16 | 11 | 5 | 121 | 137 | 3.932% | 11.1 | 22.962 |
| 美郷町 | 5,103 | 2,283 | 44.7% | ○ | 14 | 18 | 13 | 5 | 311 | 329 | 6.447% | 6.9 | 27.435 |
| 邑南町 | 11,334 | 4,787 | 42.2% | ○ | 13 | 72 | 13 | 59 | 478 | 550 | 4.853% | 8.7 | 11.470 |
| 津和野町 | 7,902 | 3,569 | 45.2% | ○ | 71 | 84 | 16 | 68 | 1,506 | 1,590 | 20.121% | 2.2 | 89.851 |
| 吉賀町 | 6,516 | 2,711 | 41.6% | ○ | 33 | 66 | 32 | 34 | 1,333 | 1,399 | 21.470% | 1.9 | 50.645 |
| 海士町 | 2,355 | 930 | 39.5% | ○ | 5 | 2 | 2 | | 381 | 383 | 16.263% | 2.4 | 21.231 |
| 西ノ島町 | 2,974 | 1,271 | 42.7% | ○ | 6 | 2 | 1 | 1 | 150 | 152 | 5.111% | 8.4 | 20.175 |
| 知夫村 | 592 | 285 | 48.1% | | 4 | 3 | 1 | 2 | 105 | 108 | 18.243% | 2.6 | 67.568 |
| 隠岐の島町 | 14,792 | 5,581 | 37.7% | ○ | 11 | 25 | 8 | 17 | 317 | 342 | 2.312% | 16.3 | 7.436 |
| 岡山県計 | 1,933,781 | 546,315 | 28.3% | 28 | 4,607 | 2,320 | 1,852 | 468 | 132,261 | 134,581 | 6.959% | 4.1 | 23.824 |
| 岡山県 | 1,933,781 | 546,315 | 28.3% | ○ | 75 | 46 | 31 | 15 | 3,283 | 3,329 | | | |
| 岡山市 | 707,615 | 175,190 | 24.8% | ○ | 1,008 | 396 | 332 | 64 | 33,569 | 33,965 | 4.800% | 5.2 | 14.245 |
| 倉敷市 | 483,970 | 124,866 | 25.8% | ○ | 892 | 249 | 236 | 13 | 21,546 | 21,795 | 4.503% | 5.7 | 18.431 |
| 津山市 | 103,954 | 29,611 | 28.5% | ○ | 244 | 141 | 135 | 6 | 6,806 | 6,947 | 6.683% | 4.3 | 23.472 |
| 玉野市 | 61,945 | 21,643 | 34.9% | ○ | 142 | 95 | 74 | 21 | 5,904 | 5,999 | 9.684% | 3.6 | 22.924 |
| 笠岡市 | 51,219 | 17,339 | 33.9% | ○ | 116 | 130 | 103 | 27 | 3,820 | 3,950 | 7.712% | 4.4 | 22.648 |
| 井原市 | 42,158 | 14,424 | 34.2% | ○ | 157 | 46 | 43 | 3 | 4,419 | 4,465 | 10.591% | 3.2 | 37.241 |
| 総社市 | 67,992 | 18,304 | 26.9% | ○ | 183 | 84 | 53 | 31 | 4,673 | 4,757 | 6.996% | 3.8 | 26.915 |
| 高梁市 | 32,363 | 12,300 | 38.0% | ○ | 177 | 77 | 60 | 17 | 5,255 | 5,332 | 16.476% | 2.3 | 54.692 |
| 新見市 | 31,332 | 12,143 | 38.8% | ○ | 157 | 80 | 68 | 12 | 4,103 | 4,183 | 13.351% | 2.9 | 50.109 |
| 備前市 | 36,545 | 12,985 | 35.5% | ○ | 125 | 46 | 45 | 1 | 2,771 | 2,817 | 7.708% | 4.6 | 34.204 |
| 瀬戸内市 | 38,252 | 12,285 | 32.1% | ○ | 89 | 37 | 32 | 5 | 2,113 | 2,150 | 5.621% | 5.7 | 23.267 |
| 赤磐市 | 44,781 | 13,849 | 30.9% | ○ | 76 | 23 | 21 | 2 | 2,374 | 2,397 | 5.353% | 5.8 | 16.971 |
| 真庭市 | 47,820 | 17,022 | 35.6% | ○ | 366 | 369 | 247 | 122 | 9,506 | 9,875 | 20.650% | 1.7 | 76.537 |
| 美作市 | 29,214 | 11,063 | 37.9% | ○ | 178 | 108 | 87 | 21 | 3,469 | 3,577 | 12.244% | 3.1 | 60.930 |
| 浅口市 | 35,360 | 12,272 | 34.7% | ○ | 234 | 115 | 103 | 12 | 7,618 | 7,733 | 21.869% | 1.6 | 66.176 |
| 和気町 | 14,806 | 5,513 | 37.2% | ○ | 37 | 9 | 6 | 3 | 1,563 | 1,572 | 10.617% | 3.5 | 24.990 |
| 早島町 | 12,293 | 3,370 | 27.4% | ○ | 21 | 28 | 17 | 11 | 451 | 479 | 3.897% | 7.0 | 17.083 |
| 里庄町 | 11,159 | 3,244 | 29.1% | ○ | 11 | 6 | 3 | 3 | 392 | 398 | 3.567% | 8.2 | 9.858 |
| 矢掛町 | 14,794 | 5,367 | 36.3% | ○ | 22 | 25 | 19 | 6 | 1,082 | 1,107 | 7.483% | 4.8 | 14.871 |
| 新庄村 | 961 | 391 | 40.7% | ○ | 14 | 3 | 1 | 2 | 205 | 208 | 21.644% | 1.9 | 145.682 |
| 鏡野町 | 13,609 | 4,762 | 35.0% | ○ | 64 | 75 | 48 | 27 | 2,402 | 2,477 | 18.201% | 1.9 | 47.028 |

| | 総人口 | | 高齢化率 | 市町村 窓口 | サポ- ター 講座 開催回数 | メイト数 (※1) | | | サポ-ター数 (※2) | 合計 サポ-ター数 (メイト+ サポ-ター 数) (※1+※2) | 総人口に 占める割合 (メイト+サ ポ-ター) | メイト+ サポ-ター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|--------|-----------|---------|-------|-----------|-------------------------|--------------|-------------|-------|----------------|---|----------------------------------|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | 活動 メイト数 | 非活動 メイト数 | | | | | | |
| 勝央町 | 11,305 | 3,251 | 28.8% | ○ | 56 | 12 | 11 | 1 | 1,289 | 1,301 | 11.508% | 2.5 | 49.536 |
| 奈義町 | 6,224 | 2,017 | 32.4% | ○ | 12 | 13 | 12 | 1 | 253 | 266 | 4.274% | 7.6 | 19.280 |
| 西粟倉村 | 1,519 | 529 | 34.8% | ○ | 26 | 22 | 21 | 1 | 640 | 662 | 43.581% | 0.8 | 171.165 |
| 久米南町 | 5,115 | 2,169 | 42.4% | ○ | 1 | 21 | 6 | 15 | 35 | 56 | 1.095% | 38.7 | 1.955 |
| 美咲町 | 15,209 | 5,777 | 38.0% | ○ | 72 | 20 | 17 | 3 | 1,333 | 1,353 | 8.896% | 4.3 | 47.340 |
| 吉備中央町 | 12,267 | 4,629 | 37.7% | ○ | 52 | 44 | 21 | 23 | 1,387 | 1,431 | 11.665% | 3.2 | 42.390 |
| 広島県計 | 2,863,211 | 780,677 | 27.3% | 24 | 5,269 | 3,057 | 1,684 | 1,373 | 186,143 | 189,200 | 6.608% | 4.1 | 18.402 |
| 広島県 | 2,863,211 | 780,677 | 27.3% | ○ | 78 | 17 | 14 | 3 | 4,390 | 4,407 | | | |
| 広島市 | 1,191,030 | 280,467 | 23.5% | ○ | 1,448 | 600 | 360 | 240 | 62,931 | 63,531 | 5.334% | 4.4 | 12.158 |
| 呉市 | 232,925 | 77,691 | 33.4% | ○ | 439 | 449 | 150 | 299 | 12,595 | 13,044 | 5.600% | 6.0 | 18.847 |
| 竹原市 | 27,222 | 10,127 | 37.2% | ○ | 96 | 41 | 29 | 12 | 3,238 | 3,279 | 12.045% | 3.1 | 35.266 |
| 三原市 | 97,872 | 31,483 | 32.2% | ○ | 265 | 74 | 36 | 38 | 9,248 | 9,322 | 9.525% | 3.4 | 27.076 |
| 尾道市 | 142,462 | 48,132 | 33.8% | ○ | 482 | 176 | 88 | 88 | 15,473 | 15,649 | 10.985% | 3.1 | 33.834 |
| 福山市 | 471,974 | 124,301 | 26.3% | ○ | 561 | 258 | 152 | 106 | 23,714 | 23,972 | 5.079% | 5.2 | 11.886 |
| 府中市 | 41,365 | 14,227 | 34.4% | ○ | 63 | 121 | 58 | 63 | 1,857 | 1,978 | 4.782% | 7.2 | 15.230 |
| 三次市 | 54,622 | 18,516 | 33.9% | ○ | 200 | 116 | 73 | 43 | 5,574 | 5,690 | 10.417% | 3.3 | 36.615 |
| 庄原市 | 37,557 | 15,147 | 40.3% | ○ | 302 | 156 | 116 | 40 | 7,610 | 7,766 | 20.678% | 2.0 | 80.411 |
| 大竹市 | 27,985 | 9,120 | 32.6% | ○ | 49 | 79 | 32 | 47 | 1,387 | 1,466 | 5.239% | 6.2 | 17.509 |
| 東広島市 | 185,374 | 42,125 | 22.7% | ○ | 405 | 273 | 185 | 88 | 11,266 | 11,539 | 6.225% | 3.7 | 21.848 |
| 廿日市市 | 117,292 | 32,153 | 27.4% | ○ | 182 | 185 | 114 | 71 | 6,382 | 6,567 | 5.599% | 4.9 | 15.517 |
| 安芸高田市 | 30,150 | 11,180 | 37.1% | ○ | 112 | 89 | 46 | 43 | 3,220 | 3,309 | 10.975% | 3.4 | 37.148 |
| 江田島市 | 25,144 | 10,290 | 40.9% | ○ | 28 | 17 | 10 | 7 | 802 | 819 | 3.257% | 12.6 | 11.136 |
| 府中町 | 52,093 | 11,938 | 22.9% | ○ | 91 | 56 | 40 | 16 | 3,083 | 3,139 | 6.026% | 3.8 | 17.469 |
| 海田町 | 29,280 | 6,680 | 22.8% | ○ | 54 | 22 | 20 | 2 | 1,573 | 1,595 | 5.447% | 4.2 | 18.443 |
| 熊野町 | 24,667 | 8,113 | 32.9% | ○ | 71 | 89 | 43 | 46 | 1,962 | 2,051 | 8.315% | 4.0 | 28.783 |
| 坂町 | 13,099 | 3,839 | 29.3% | ○ | 36 | 31 | 20 | 11 | 1,912 | 1,943 | 14.833% | 2.0 | 27.483 |
| 安芸太田町 | 6,807 | 3,262 | 47.9% | ○ | 10 | 73 | 28 | 45 | 266 | 339 | 4.980% | 9.6 | 14.691 |
| 北広島町 | 19,459 | 7,107 | 36.5% | ○ | 120 | 47 | 32 | 15 | 3,303 | 3,350 | 17.216% | 2.1 | 61.668 |
| 大崎上島町 | 7,988 | 3,745 | 46.9% | ○ | 50 | 15 | 10 | 5 | 1,189 | 1,204 | 15.073% | 3.1 | 62.594 |
| 世羅町 | 17,077 | 6,634 | 38.8% | ○ | 52 | 60 | 15 | 45 | 1,085 | 1,145 | 6.705% | 5.8 | 30.450 |
| 神石高原町 | 9,767 | 4,400 | 45.0% | ○ | 75 | 13 | 13 | | 2,083 | 2,096 | 21.460% | 2.1 | 76.789 |
| 山口県計 | 1,419,781 | 452,118 | 31.8% | 20 | 3,013 | 1,870 | 1,183 | 687 | 99,605 | 101,475 | 7.147% | 4.5 | 21.222 |
| 山口県 | 1,419,781 | 452,118 | 31.8% | ○ | 30 | 20 | 2 | 18 | 1,789 | 1,809 | | | |
| 下関市 | 272,360 | 89,246 | 32.8% | ○ | 495 | 259 | 199 | 60 | 16,224 | 16,483 | 6.052% | 5.4 | 18.174 |
| 宇部市 | 169,349 | 51,536 | 30.4% | ○ | 387 | 193 | 105 | 88 | 14,878 | 15,071 | 8.899% | 3.4 | 22.852 |
| 山口市 | 194,121 | 53,320 | 27.5% | ○ | 232 | 204 | 105 | 99 | 9,429 | 9,633 | 4.962% | 5.5 | 11.951 |
| 萩市 | 50,630 | 19,728 | 39.0% | ○ | 210 | 147 | 109 | 38 | 6,581 | 6,728 | 13.289% | 2.9 | 41.477 |
| 防府市 | 117,713 | 34,048 | 28.9% | ○ | 125 | 110 | 66 | 44 | 4,169 | 4,279 | 3.635% | 8.0 | 10.619 |
| 下松市 | 56,582 | 16,078 | 28.4% | ○ | 163 | 108 | 85 | 23 | 3,429 | 3,537 | 6.251% | 4.5 | 28.808 |
| 岩国市 | 139,986 | 46,006 | 32.9% | ○ | 261 | 145 | 83 | 62 | 7,521 | 7,666 | 5.476% | 6.0 | 18.645 |
| 光市 | 52,577 | 17,438 | 33.2% | ○ | 170 | 86 | 62 | 24 | 7,644 | 7,730 | 14.702% | 2.3 | 32.334 |
| 長門市 | 36,130 | 14,075 | 39.0% | ○ | 129 | 39 | 17 | 22 | 3,788 | 3,827 | 10.592% | 3.7 | 35.704 |
| 柳井市 | 33,338 | 12,101 | 36.3% | ○ | 68 | 78 | 51 | 27 | 2,054 | 2,132 | 6.395% | 5.7 | 20.397 |
| 美祿市 | 26,116 | 9,928 | 38.0% | ○ | 58 | 48 | 42 | 6 | 2,308 | 2,356 | 9.021% | 4.2 | 22.209 |
| 周南市 | 147,482 | 44,719 | 30.3% | ○ | 328 | 214 | 141 | 73 | 10,559 | 10,773 | 7.305% | 4.2 | 22.240 |
| 山陽小野田市 | 64,366 | 20,123 | 31.3% | ○ | 165 | 65 | 23 | 42 | 5,061 | 5,126 | 7.964% | 3.9 | 25.635 |
| 周防大島町 | 17,649 | 9,054 | 51.3% | ○ | 39 | 33 | 23 | 10 | 1,055 | 1,088 | 6.165% | 8.3 | 22.098 |
| 和木町 | 6,470 | 1,645 | 25.4% | ○ | 20 | 25 | 19 | 6 | 454 | 479 | 7.403% | 3.4 | 30.912 |
| 上関町 | 3,053 | 1,650 | 54.0% | ○ | 21 | 7 | 4 | 3 | 350 | 357 | 11.693% | 4.6 | 68.785 |
| 田布施町 | 15,750 | 5,272 | 33.5% | ○ | 44 | 25 | 10 | 15 | 1,021 | 1,046 | 6.641% | 5.0 | 27.937 |
| 平生町 | 12,528 | 4,461 | 35.6% | ○ | 38 | 26 | 17 | 9 | 751 | 777 | 6.202% | 5.7 | 30.332 |
| 阿武町 | 3,581 | 1,690 | 47.2% | ○ | 30 | 38 | 20 | 18 | 540 | 578 | 16.141% | 2.9 | 83.775 |
| 徳島県計 | 770,057 | 233,451 | 30.3% | 23 | 1,758 | 1,121 | 760 | 361 | 61,271 | 62,392 | 8.102% | 3.7 | 22.829 |
| 徳島県 | 770,057 | 233,451 | 30.3% | ○ | 313 | 28 | 27 | 1 | 18,050 | 18,078 | | | |
| 徳島市 | 256,451 | 69,731 | 27.2% | ○ | 327 | 269 | 182 | 87 | 12,560 | 12,829 | 5.003% | 5.4 | 12.751 |
| 鳴門市 | 60,111 | 18,647 | 31.0% | ○ | 234 | 143 | 94 | 49 | 5,223 | 5,366 | 8.927% | 3.5 | 38.928 |
| 小松島市 | 39,612 | 12,185 | 30.8% | ○ | 72 | 98 | 39 | 59 | 1,752 | 1,850 | 4.670% | 6.6 | 18.176 |
| 阿南市 | 75,653 | 22,736 | 30.1% | ○ | 101 | 72 | 58 | 14 | 2,938 | 3,010 | 3.979% | 7.6 | 13.350 |

| | 総人口 | | 高齢化率 | 市町村 窓口 | サポ- ター 講座 開催回数 | メイト数 (※1) | | | サポ-ター数 (※2) | 合計 サポ-ター数 (メイト+ サポ-ター 数) (※1+※2) | 総人口に 占める割合 (メイト+サ ポ-ター) | メイト+ サポ-ター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|-------------|------------------|----------------|--------------|-----------|-------------------------|--------------|--------------|------------|----------------|---|----------------------------------|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | 活動 メイト数 | 非活動 メイト数 | | | | | | |
| 吉野川市 | 42,943 | 14,321 | 33.3% | ○ | 98 | 90 | 72 | 18 | 3,105 | 3,195 | 7.440% | 4.5 | 22.821 |
| 阿波市 | 39,223 | 12,710 | 32.4% | ○ | 49 | 43 | 35 | 8 | 1,892 | 1,935 | 4.933% | 6.6 | 12.493 |
| 美馬市 | 30,860 | 10,592 | 34.3% | ○ | 164 | 40 | 24 | 16 | 4,213 | 4,253 | 13.782% | 2.5 | 53.143 |
| 三好市 | 28,242 | 11,318 | 40.1% | ○ | 55 | 47 | 25 | 22 | 1,438 | 1,485 | 5.258% | 7.6 | 19.475 |
| 勝浦町 | 5,516 | 2,173 | 39.4% | ○ | 45 | 40 | 22 | 18 | 753 | 793 | 14.376% | 2.7 | 81.581 |
| 上勝町 | 1,699 | 873 | 51.4% | | 2 | 4 | 3 | 1 | 72 | 76 | 4.473% | 11.5 | 11.772 |
| 佐那河内村 | 2,499 | 1,043 | 41.7% | ○ | 19 | 5 | 5 | | 337 | 342 | 13.685% | 3.0 | 76.030 |
| 石井町 | 26,357 | 7,826 | 29.7% | ○ | 32 | 22 | 17 | 5 | 961 | 983 | 3.730% | 8.0 | 12.141 |
| 神山町 | 5,810 | 2,779 | 47.8% | ○ | 15 | 11 | 11 | | 497 | 508 | 8.744% | 5.5 | 25.818 |
| 那賀町 | 9,107 | 4,129 | 45.3% | ○ | 45 | 21 | 13 | 8 | 1,662 | 1,683 | 18.480% | 2.5 | 49.413 |
| 牟岐町 | 4,474 | 2,062 | 46.1% | ○ | 3 | 7 | 5 | 2 | 96 | 103 | 2.302% | 20.0 | 6.705 |
| 美波町 | 7,315 | 3,208 | 43.9% | ○ | 5 | 7 | 5 | 2 | 83 | 90 | 1.230% | 35.6 | 6.835 |
| 海陽町 | 10,002 | 4,203 | 42.0% | ○ | 27 | 23 | 20 | 3 | 773 | 796 | 7.958% | 5.3 | 26.995 |
| 松茂町 | 15,426 | 3,430 | 22.2% | ○ | 15 | 8 | 8 | | 397 | 405 | 2.625% | 8.5 | 9.724 |
| 北島町 | 23,004 | 5,360 | 23.3% | ○ | 20 | 22 | 19 | 3 | 896 | 918 | 3.991% | 5.8 | 8.694 |
| 藍住町 | 34,869 | 7,443 | 21.3% | ○ | 65 | 78 | 46 | 32 | 1,900 | 1,978 | 5.673% | 3.8 | 18.641 |
| 板野町 | 13,648 | 4,052 | 29.7% | | 4 | 5 | 4 | 1 | 153 | 158 | 1.158% | 25.6 | 2.931 |
| 上板町 | 12,455 | 3,844 | 30.9% | ○ | 4 | 7 | 5 | 2 | 135 | 142 | 1.140% | 27.1 | 3.212 |
| つるぎ町 | 9,838 | 4,114 | 41.8% | ○ | 8 | 14 | 8 | 6 | 499 | 513 | 5.214% | 8.0 | 8.132 |
| 東みよし町 | 14,943 | 4,672 | 31.3% | ○ | 36 | 17 | 13 | 4 | 886 | 903 | 6.043% | 5.2 | 24.092 |
| 香川県計 | 1,002,173 | 290,713 | 29.0% | 18 | 2,210 | 986 | 687 | 299 | 71,896 | 72,882 | 7.272% | 4.0 | 22.052 |
| 香川県 | 1,002,173 | 290,713 | 29.0% | ○ | 188 | 17 | 12 | 5 | 9,597 | 9,614 | | | |
| 高松市 | 429,451 | 111,613 | 26.0% | ○ | 940 | 369 | 298 | 71 | 31,313 | 31,682 | 7.377% | 3.5 | 21.888 |
| 丸亀市 | 113,587 | 29,800 | 26.2% | ○ | 196 | 67 | 46 | 21 | 5,335 | 5,402 | 4.756% | 5.5 | 17.255 |
| 坂出市 | 54,798 | 18,142 | 33.1% | ○ | 113 | 69 | 42 | 27 | 3,070 | 3,139 | 5.728% | 5.8 | 20.621 |
| 善通寺市 | 32,842 | 9,652 | 29.4% | ○ | 70 | 51 | 35 | 16 | 2,641 | 2,692 | 8.197% | 3.6 | 21.314 |
| 観音寺市 | 62,130 | 19,200 | 30.9% | ○ | 76 | 32 | 22 | 10 | 2,115 | 2,147 | 3.456% | 8.9 | 12.232 |
| さぬき市 | 50,965 | 16,966 | 33.3% | ○ | 71 | 86 | 40 | 46 | 1,610 | 1,696 | 3.328% | 10.0 | 13.931 |
| 東かがわ市 | 32,365 | 12,522 | 38.7% | ○ | 60 | 29 | 15 | 14 | 2,102 | 2,131 | 6.584% | 5.9 | 18.539 |
| 三豊市 | 68,084 | 22,803 | 33.5% | ○ | 157 | 80 | 58 | 22 | 4,186 | 4,266 | 6.266% | 5.3 | 23.060 |
| 土庄町 | 14,722 | 5,570 | 37.8% | ○ | 36 | 15 | 10 | 5 | 1,294 | 1,309 | 8.891% | 4.3 | 24.453 |
| 小豆島町 | 15,525 | 6,150 | 39.6% | ○ | 40 | 22 | 10 | 12 | 1,045 | 1,067 | 6.873% | 5.8 | 25.765 |
| 三木町 | 28,632 | 8,177 | 28.6% | ○ | 66 | 35 | 22 | 13 | 2,655 | 2,690 | 9.395% | 3.0 | 23.051 |
| 直島町 | 3,144 | 1,090 | 34.7% | ○ | 3 | 7 | 4 | 3 | 36 | 43 | 1.368% | 25.3 | 9.542 |
| 宇多津町 | 18,508 | 3,599 | 19.4% | ○ | 11 | 24 | 17 | 7 | 227 | 251 | 1.356% | 14.3 | 5.943 |
| 綾川町 | 24,742 | 8,067 | 32.6% | ○ | 48 | 12 | 7 | 5 | 1,358 | 1,370 | 5.537% | 5.9 | 19.400 |
| 琴平町 | 9,572 | 3,559 | 37.2% | ○ | 27 | 24 | 20 | 4 | 617 | 641 | 6.697% | 5.6 | 28.207 |
| 多度津町 | 23,726 | 7,204 | 30.4% | ○ | 43 | 36 | 22 | 14 | 1,347 | 1,383 | 5.829% | 5.2 | 18.124 |
| まんのう町 | 19,380 | 6,599 | 34.1% | ○ | 65 | 11 | 7 | 4 | 1,348 | 1,359 | 7.012% | 4.9 | 33.540 |
| 愛媛県計 | 1,415,997 | 425,824 | 30.1% | 21 | 3,055 | 1,927 | 1,024 | 903 | 109,169 | 111,096 | 7.846% | 3.8 | 21.575 |
| 愛媛県 | 1,415,997 | 425,824 | 30.1% | ○ | 134 | 4 | | 4 | 7,499 | 7,503 | | | |
| 松山市 | 517,057 | 131,963 | 25.5% | ○ | 706 | 452 | 202 | 250 | 25,628 | 26,080 | 5.044% | 5.1 | 13.654 |
| 今治市 | 164,769 | 53,835 | 32.7% | ○ | 323 | 160 | 101 | 59 | 11,371 | 11,531 | 6.998% | 4.7 | 19.603 |
| 宇和島市 | 80,422 | 28,613 | 35.6% | ○ | 288 | 152 | 77 | 75 | 9,080 | 9,232 | 11.479% | 3.1 | 35.811 |
| 八幡浜市 | 35,931 | 13,179 | 36.7% | ○ | 157 | 119 | 52 | 67 | 5,440 | 5,559 | 15.471% | 2.4 | 43.695 |
| 新居浜市 | 122,347 | 37,203 | 30.4% | ○ | 281 | 114 | 60 | 54 | 11,246 | 11,360 | 9.285% | 3.3 | 22.967 |
| 西条市 | 112,230 | 33,325 | 29.7% | ○ | 203 | 116 | 57 | 59 | 9,590 | 9,706 | 8.648% | 3.4 | 18.088 |
| 大洲市 | 45,539 | 15,003 | 32.9% | ○ | 53 | 25 | 12 | 13 | 1,826 | 1,851 | 4.065% | 8.1 | 11.638 |
| 伊予市 | 38,170 | 11,753 | 30.8% | ○ | 55 | 119 | 26 | 93 | 1,597 | 1,716 | 4.496% | 6.8 | 14.409 |
| 四国中央市 | 90,242 | 26,691 | 29.6% | ○ | 222 | 268 | 194 | 74 | 8,798 | 9,066 | 10.046% | 2.9 | 24.601 |
| 西予市 | 40,426 | 16,171 | 40.0% | ○ | 119 | 77 | 56 | 21 | 4,288 | 4,365 | 10.798% | 3.7 | 29.437 |
| 東温市 | 33,766 | 9,554 | 28.3% | ○ | 117 | 63 | 49 | 14 | 2,862 | 2,925 | 8.663% | 3.3 | 34.650 |
| 上島町 | 7,319 | 3,152 | 43.1% | ○ | 39 | 12 | 12 | | 585 | 597 | 8.157% | 5.3 | 53.286 |
| 久万高原町 | 9,040 | 4,140 | 45.8% | ○ | 72 | 19 | 14 | 5 | 2,295 | 2,314 | 25.597% | 1.8 | 79.646 |
| 松前町 | 30,985 | 8,857 | 28.6% | ○ | 33 | 56 | 17 | 39 | 871 | 927 | 2.992% | 9.6 | 10.650 |
| 砥部町 | 21,612 | 6,319 | 29.2% | ○ | 46 | 56 | 35 | 21 | 1,422 | 1,478 | 6.839% | 4.3 | 21.284 |
| 内子町 | 17,543 | 6,511 | 37.1% | ○ | 15 | 24 | 11 | 13 | 752 | 776 | 4.423% | 8.4 | 8.550 |
| 伊方町 | 10,224 | 4,375 | 42.8% | ○ | 15 | 10 | 6 | 4 | 374 | 384 | 3.756% | 11.4 | 14.671 |

| | 総人口 | | 高齢化率 | 市町村 窓口 | サポ- ター 講座 開催回数 | メイト数 (※1) | | | サポ-ター数 (※2) | 合計 サポ-ター数 (メイト+ サポ-ター 数) (※1+※2) | 総人口に 占める割合 (メイト+サ ポ-ター) | メイト+ サポ-ター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|-------|-----------|-----------|-------|-----------|-------------------------|--------------|-------------|-------|----------------|---|----------------------------------|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | 活動 メイト数 | 非活動 メイト数 | | | | | | |
| 松野町 | 4,224 | 1,761 | 41.7% | ○ | 24 | 6 | 3 | 3 | 417 | 423 | 10.014% | 4.2 | 56.818 |
| 鬼北町 | 11,045 | 4,532 | 41.0% | ○ | 64 | 46 | 21 | 25 | 1,476 | 1,522 | 13.780% | 3.0 | 57.945 |
| 愛南町 | 23,106 | 8,887 | 38.5% | ○ | 89 | 29 | 19 | 10 | 1,752 | 1,781 | 7.708% | 5.0 | 38.518 |
| 高知県計 | 740,059 | 240,386 | 32.5% | 35 | 1,590 | 2,027 | 972 | 1,055 | 44,999 | 47,026 | 6.354% | 5.1 | 21.485 |
| 高知県 | 740,059 | 240,386 | 32.5% | ○ | 190 | 61 | 23 | 38 | 5,637 | 5,698 | | | |
| 高知市 | 336,052 | 92,224 | 27.4% | ○ | 438 | 368 | 201 | 167 | 14,747 | 15,115 | 4.498% | 6.1 | 13.034 |
| 室戸市 | 14,562 | 6,459 | 44.4% | ○ | 14 | 38 | 10 | 28 | 518 | 556 | 3.818% | 11.6 | 9.614 |
| 安芸市 | 18,259 | 6,746 | 36.9% | ○ | 18 | 60 | 19 | 41 | 500 | 560 | 3.067% | 12.0 | 9.858 |
| 南国市 | 48,298 | 14,004 | 29.0% | ○ | 58 | 109 | 27 | 82 | 2,115 | 2,224 | 4.605% | 6.3 | 12.009 |
| 土佐市 | 28,063 | 9,624 | 34.3% | ○ | 19 | 76 | 27 | 49 | 453 | 529 | 1.885% | 18.2 | 6.770 |
| 須崎市 | 23,153 | 8,224 | 35.5% | ○ | 39 | 117 | 37 | 80 | 1,215 | 1,332 | 5.753% | 6.2 | 16.844 |
| 宿毛市 | 21,598 | 7,326 | 33.9% | ○ | 17 | 52 | 36 | 16 | 397 | 449 | 2.079% | 16.3 | 7.871 |
| 土佐清水市 | 14,707 | 6,487 | 44.1% | ○ | 41 | 30 | 10 | 20 | 395 | 425 | 2.890% | 15.3 | 27.878 |
| 四万十市 | 35,006 | 11,685 | 33.4% | ○ | 129 | 95 | 61 | 34 | 3,145 | 3,240 | 9.256% | 3.6 | 36.851 |
| 香南市 | 34,037 | 10,391 | 30.5% | ○ | 133 | 115 | 62 | 53 | 2,430 | 2,545 | 7.477% | 4.1 | 39.075 |
| 香美市 | 26,914 | 10,313 | 38.3% | ○ | 98 | 80 | 37 | 43 | 2,264 | 2,344 | 8.709% | 4.4 | 36.412 |
| 東洋町 | 2,734 | 1,287 | 47.1% | ○ | 4 | 14 | 2 | 12 | 69 | 83 | 3.036% | 15.5 | 14.631 |
| 奈半利町 | 3,386 | 1,377 | 40.7% | ○ | 5 | 17 | 6 | 11 | 172 | 189 | 5.582% | 7.3 | 14.767 |
| 田野町 | 2,833 | 1,087 | 38.4% | ○ | 9 | 14 | 8 | 6 | 307 | 321 | 11.331% | 3.4 | 31.768 |
| 安田町 | 2,822 | 1,203 | 42.6% | ○ | 5 | 13 | 5 | 8 | 122 | 135 | 4.784% | 8.9 | 17.718 |
| 北川村 | 1,397 | 579 | 41.4% | ○ | 1 | 7 | | 7 | 76 | 83 | 5.941% | 7.0 | 7.158 |
| 馬路村 | 936 | 363 | 38.8% | ○ | 2 | 11 | 6 | 5 | 58 | 69 | 7.372% | 5.3 | 21.368 |
| 芸西村 | 3,881 | 1,407 | 36.3% | ○ | | 5 | 4 | 1 | | 5 | 0.129% | 281.4 | |
| 本山町 | 3,598 | 1,570 | 43.6% | ○ | 16 | 17 | 14 | 3 | 284 | 301 | 8.366% | 5.2 | 44.469 |
| 大豊町 | 4,199 | 2,342 | 55.8% | ○ | 15 | 12 | 10 | 2 | 414 | 426 | 10.145% | 5.5 | 35.723 |
| 土佐町 | 4,084 | 1,753 | 42.9% | ○ | 26 | 43 | 34 | 9 | 879 | 922 | 22.576% | 1.9 | 63.663 |
| 大川村 | 420 | 186 | 44.3% | ○ | 5 | 11 | 5 | 6 | 59 | 70 | 16.667% | 2.7 | 119.048 |
| いの町 | 24,076 | 8,477 | 35.2% | ○ | 23 | 31 | 17 | 14 | 770 | 801 | 3.327% | 10.6 | 9.553 |
| 仁淀川町 | 5,962 | 3,134 | 52.6% | ○ | 11 | 61 | 23 | 38 | 234 | 295 | 4.948% | 10.6 | 18.450 |
| 中土佐町 | 7,369 | 3,127 | 42.4% | ○ | 58 | 85 | 53 | 32 | 1,006 | 1,091 | 14.805% | 2.9 | 78.708 |
| 佐川町 | 13,427 | 4,892 | 36.4% | ○ | 40 | 43 | 20 | 23 | 1,840 | 1,883 | 14.024% | 2.6 | 29.791 |
| 越知町 | 6,011 | 2,621 | 43.6% | ○ | 4 | 8 | 3 | 5 | 126 | 134 | 2.229% | 19.6 | 6.654 |
| 梶原町 | 3,677 | 1,577 | 42.9% | ○ | 11 | 64 | 24 | 40 | 186 | 250 | 6.799% | 6.3 | 29.916 |
| 日高村 | 5,253 | 2,009 | 38.2% | ○ | 20 | 57 | 23 | 34 | 349 | 406 | 7.729% | 4.9 | 38.073 |
| 津野町 | 6,143 | 2,545 | 41.4% | ○ | 10 | 65 | 23 | 42 | 334 | 399 | 6.495% | 6.4 | 16.279 |
| 四万十町 | 18,128 | 7,465 | 41.2% | ○ | 89 | 155 | 92 | 63 | 2,795 | 2,950 | 16.273% | 2.5 | 49.095 |
| 大月町 | 5,527 | 2,362 | 42.7% | ○ | 9 | 13 | 5 | 8 | 496 | 509 | 9.209% | 4.6 | 16.284 |
| 三原村 | 1,672 | 719 | 43.0% | ○ | 3 | 6 | 4 | 2 | 43 | 49 | 2.931% | 14.7 | 17.943 |
| 黒潮町 | 11,875 | 4,821 | 40.6% | ○ | 30 | 74 | 41 | 33 | 564 | 638 | 5.373% | 7.6 | 25.263 |
| 福岡県計 | 5,122,448 | 1,302,653 | 25.4% | 60 | 9,111 | 4,917 | 3,189 | 1,728 | 305,259 | 310,176 | 6.055% | 4.2 | 17.786 |
| 福岡県 | 5,122,448 | 1,302,653 | 25.4% | ○ | 141 | 2 | 1 | 1 | 8,888 | 8,890 | | | |
| 北九州市 | 971,608 | 278,304 | 28.6% | ○ | 2,171 | 408 | 205 | 203 | 71,638 | 72,046 | 7.415% | 3.9 | 22.344 |
| 福岡市 | 1,500,955 | 304,864 | 20.3% | ○ | 1,958 | 1,139 | 798 | 341 | 74,389 | 75,528 | 5.032% | 4.0 | 13.045 |
| 大牟田市 | 119,407 | 40,633 | 34.0% | ○ | 475 | 107 | 82 | 25 | 16,691 | 16,798 | 14.068% | 2.4 | 39.780 |
| 久留米市 | 306,700 | 76,634 | 25.0% | ○ | 534 | 290 | 196 | 94 | 20,199 | 20,489 | 6.680% | 3.7 | 17.411 |
| 直方市 | 57,807 | 17,808 | 30.8% | ○ | 181 | 85 | 62 | 23 | 5,839 | 5,924 | 10.248% | 3.0 | 31.311 |
| 飯塚市 | 130,517 | 37,639 | 28.8% | ○ | 276 | 143 | 86 | 57 | 8,615 | 8,758 | 6.710% | 4.3 | 21.147 |
| 田川市 | 49,451 | 15,446 | 31.2% | ○ | 85 | 25 | 18 | 7 | 3,209 | 3,234 | 6.540% | 4.8 | 17.189 |
| 柳川市 | 68,683 | 20,987 | 30.6% | ○ | 184 | 61 | 53 | 8 | 5,500 | 5,561 | 8.097% | 3.8 | 26.790 |
| 八女市 | 66,249 | 21,463 | 32.4% | ○ | 149 | 156 | 135 | 21 | 4,230 | 4,386 | 6.620% | 4.9 | 22.491 |
| 筑後市 | 49,139 | 12,568 | 25.6% | ○ | 93 | 36 | 31 | 5 | 2,090 | 2,126 | 4.327% | 5.9 | 18.926 |
| 大川市 | 35,714 | 11,595 | 32.5% | ○ | 84 | 100 | 99 | 1 | 2,695 | 2,795 | 7.826% | 4.1 | 23.520 |
| 行橋市 | 72,767 | 19,983 | 27.5% | ○ | 98 | 74 | 36 | 38 | 2,434 | 2,508 | 3.447% | 8.0 | 13.468 |
| 豊前市 | 26,591 | 8,959 | 33.7% | ○ | 48 | 31 | 22 | 9 | 1,634 | 1,665 | 6.262% | 5.4 | 18.051 |
| 中間市 | 43,282 | 15,070 | 34.8% | ○ | 53 | 59 | 37 | 22 | 1,690 | 1,749 | 4.041% | 8.6 | 12.245 |
| 小郡市 | 59,296 | 14,932 | 25.2% | ○ | 124 | 83 | 74 | 9 | 4,224 | 4,307 | 7.264% | 3.5 | 20.912 |
| 筑紫野市 | 102,459 | 23,187 | 22.6% | ○ | 130 | 110 | 65 | 45 | 4,389 | 4,499 | 4.391% | 5.2 | 12.688 |
| 春日市 | 113,026 | 22,060 | 19.5% | ○ | 77 | 115 | 67 | 48 | 3,075 | 3,190 | 2.822% | 6.9 | 6.813 |

| | 総人口 | | 高齢化率 | 市町村 窓口 | サポ- ター 講座 開催回数 | メイト数 (※1) | | | サポ-ター数 (※2) | 合計 サポ-ター数 (メイト+ サポ-ター 数) (※1+※2) | 総人口に 占める割合 (メイト+サ ポ-ター) | メイト+ サポ-ター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|-------|---------|---------|-------|-----------|-------------------------|--------------|-------------|-----|----------------|---|----------------------------------|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | 活動 メイト数 | 非活動 メイト数 | | | | | | |
| 大野城市 | 99,666 | 19,746 | 19.8% | ○ | 51 | 116 | 47 | 69 | 1,723 | 1,839 | 1.845% | 10.7 | 5.117 |
| 宗像市 | 96,700 | 25,876 | 26.8% | ○ | 134 | 62 | 27 | 35 | 5,317 | 5,379 | 5.563% | 4.8 | 13.857 |
| 太宰府市 | 71,855 | 18,528 | 25.8% | ○ | 66 | 63 | 54 | 9 | 2,183 | 2,246 | 3.126% | 8.2 | 9.185 |
| 古賀市 | 58,389 | 13,831 | 23.7% | ○ | 155 | 149 | 116 | 33 | 5,669 | 5,818 | 9.964% | 2.4 | 26.546 |
| 福津市 | 60,263 | 16,765 | 27.8% | ○ | 142 | 125 | 44 | 81 | 5,737 | 5,862 | 9.727% | 2.9 | 23.563 |
| うきは市 | 30,941 | 9,630 | 31.1% | ○ | 119 | 103 | 56 | 47 | 3,091 | 3,194 | 10.323% | 3.0 | 38.460 |
| 宮若市 | 28,861 | 9,248 | 32.0% | ○ | 62 | 82 | 62 | 20 | 1,644 | 1,726 | 5.980% | 5.4 | 21.482 |
| 嘉麻市 | 40,555 | 14,086 | 34.7% | ○ | 75 | 79 | 55 | 24 | 1,670 | 1,749 | 4.313% | 8.1 | 18.493 |
| 朝倉市 | 55,322 | 17,211 | 31.1% | ○ | 103 | 105 | 66 | 39 | 2,586 | 2,691 | 4.864% | 6.4 | 18.618 |
| みやま市 | 39,084 | 13,355 | 34.2% | ○ | 107 | 29 | 20 | 9 | 2,664 | 2,693 | 6.890% | 5.0 | 27.377 |
| 糸島市 | 100,126 | 26,510 | 26.5% | ○ | 169 | 123 | 71 | 52 | 5,132 | 5,255 | 5.248% | 5.0 | 16.879 |
| 那珂川町 | 50,235 | 10,183 | 20.3% | ○ | 55 | 28 | 19 | 9 | 1,251 | 1,279 | 2.546% | 8.0 | 10.949 |
| 宇美町 | 37,557 | 8,931 | 23.8% | ○ | 39 | 18 | 10 | 8 | 916 | 934 | 2.487% | 9.6 | 10.384 |
| 篠栗町 | 31,663 | 6,940 | 21.9% | ○ | 18 | 27 | 16 | 11 | 478 | 505 | 1.595% | 13.7 | 5.685 |
| 志免町 | 45,565 | 9,901 | 21.7% | ○ | 67 | 87 | 44 | 43 | 1,739 | 1,826 | 4.007% | 5.4 | 14.704 |
| 須恵町 | 27,667 | 6,797 | 24.6% | ○ | 16 | 20 | 11 | 9 | 598 | 618 | 2.234% | 11.0 | 5.783 |
| 新宮町 | 31,139 | 5,111 | 16.4% | ○ | 14 | 35 | 16 | 19 | 534 | 569 | 1.827% | 9.0 | 4.496 |
| 久山町 | 8,370 | 2,345 | 28.0% | ○ | 38 | 29 | 11 | 18 | 1,122 | 1,151 | 13.751% | 2.0 | 45.400 |
| 粕屋町 | 45,721 | 7,809 | 17.1% | ○ | 26 | 26 | 21 | 5 | 590 | 616 | 1.347% | 12.7 | 5.687 |
| 芦屋町 | 14,429 | 4,192 | 29.1% | ○ | 29 | 15 | 11 | 4 | 689 | 704 | 4.879% | 6.0 | 20.098 |
| 水巻町 | 29,148 | 8,678 | 29.8% | ○ | 17 | 23 | 15 | 8 | 693 | 716 | 2.456% | 12.1 | 5.832 |
| 岡垣町 | 32,337 | 9,880 | 30.6% | ○ | 37 | 16 | 14 | 2 | 1,275 | 1,291 | 3.992% | 7.7 | 11.442 |
| 遠賀町 | 19,439 | 5,912 | 30.4% | ○ | 26 | 34 | 17 | 17 | 730 | 764 | 3.930% | 7.7 | 13.375 |
| 小竹町 | 8,158 | 2,982 | 36.6% | ○ | 2 | 14 | 9 | 5 | 85 | 99 | 1.214% | 30.1 | 2.452 |
| 鞍手町 | 16,667 | 5,741 | 34.4% | ○ | 55 | 26 | 18 | 8 | 1,283 | 1,309 | 7.854% | 4.4 | 32.999 |
| 桂川町 | 13,957 | 4,191 | 30.0% | ○ | 40 | 33 | 18 | 15 | 884 | 917 | 6.570% | 4.6 | 28.659 |
| 筑前町 | 29,656 | 8,060 | 27.2% | ○ | 77 | 104 | 63 | 41 | 1,873 | 1,977 | 6.666% | 4.1 | 25.964 |
| 東峰村 | 2,302 | 918 | 39.9% | ○ | 3 | 5 | 3 | 2 | 52 | 57 | 2.476% | 16.1 | 13.032 |
| 大刀洗町 | 15,533 | 3,976 | 25.6% | ○ | 43 | 29 | 16 | 13 | 1,543 | 1,572 | 10.120% | 2.5 | 27.683 |
| 大木町 | 14,438 | 3,681 | 25.5% | ○ | 11 | 33 | 26 | 7 | 176 | 209 | 1.448% | 17.6 | 7.619 |
| 広川町 | 19,995 | 5,249 | 26.3% | ○ | 18 | 26 | 12 | 14 | 536 | 562 | 2.811% | 9.3 | 9.002 |
| 香春町 | 11,624 | 4,227 | 36.4% | ○ | 10 | 8 | 5 | 3 | 158 | 166 | 1.428% | 25.5 | 8.603 |
| 添田町 | 10,539 | 4,019 | 38.1% | ○ | 25 | 31 | 10 | 21 | 559 | 590 | 5.598% | 6.8 | 23.721 |
| 糸田町 | 9,421 | 3,108 | 33.0% | ○ | 14 | 6 | 3 | 3 | 260 | 266 | 2.823% | 11.7 | 14.860 |
| 川崎町 | 17,825 | 5,811 | 32.6% | ○ | 26 | 9 | 9 | | 590 | 599 | 3.360% | 9.7 | 14.586 |
| 大任町 | 5,377 | 1,736 | 32.3% | ○ | 1 | 8 | 7 | 1 | 60 | 68 | 1.265% | 25.5 | 1.860 |
| 赤村 | 3,281 | 1,141 | 34.8% | | | | | | | | | | |
| 福智町 | 23,841 | 7,277 | 30.5% | ○ | 54 | 36 | 18 | 18 | 1,599 | 1,635 | 6.858% | 4.5 | 22.650 |
| 苅田町 | 36,307 | 8,462 | 23.3% | ○ | 58 | 46 | 18 | 28 | 2,389 | 2,435 | 6.707% | 3.5 | 15.975 |
| みやこ町 | 20,784 | 7,439 | 35.8% | ○ | 193 | 27 | 18 | 9 | 2,589 | 2,616 | 12.587% | 2.8 | 92.860 |
| 吉富町 | 6,873 | 2,033 | 29.6% | ○ | | 25 | 18 | 7 | | 25 | 0.364% | 81.3 | |
| 上毛町 | 7,862 | 2,593 | 33.0% | ○ | 40 | 13 | 12 | 1 | 812 | 825 | 10.494% | 3.1 | 50.878 |
| 築上町 | 19,325 | 6,412 | 33.2% | ○ | 15 | 20 | 16 | 4 | 351 | 371 | 1.920% | 17.3 | 7.762 |
| 佐賀県計 | 842,457 | 229,807 | 27.3% | 21 | 2,027 | 908 | 606 | 302 | 71,226 | 72,134 | 8.562% | 3.2 | 24.061 |
| 佐賀県 | 842,457 | 229,807 | 27.3% | ○ | 180 | 9 | 2 | 7 | 9,093 | 9,102 | | | |
| 佐賀市 | 235,523 | 60,750 | 25.8% | ○ | 687 | 237 | 154 | 83 | 24,329 | 24,566 | 10.430% | 2.5 | 29.169 |
| 唐津市 | 126,280 | 36,405 | 28.8% | ○ | 176 | 53 | 36 | 17 | 4,749 | 4,802 | 3.803% | 7.6 | 13.937 |
| 鳥栖市 | 72,266 | 15,710 | 21.7% | ○ | 131 | 98 | 60 | 38 | 5,096 | 5,194 | 7.187% | 3.0 | 18.127 |
| 多久市 | 20,187 | 6,351 | 31.5% | ○ | 42 | 13 | 10 | 3 | 1,258 | 1,271 | 6.296% | 5.0 | 20.805 |
| 伊万里市 | 56,339 | 15,809 | 28.1% | ○ | 124 | 51 | 30 | 21 | 4,568 | 4,619 | 8.199% | 3.4 | 22.010 |
| 武雄市 | 49,965 | 14,083 | 28.2% | ○ | 104 | 52 | 36 | 16 | 3,785 | 3,837 | 7.679% | 3.7 | 20.815 |
| 鹿島市 | 30,523 | 8,872 | 29.1% | ○ | 99 | 61 | 52 | 9 | 2,689 | 2,750 | 9.010% | 3.2 | 32.435 |
| 小城市 | 45,851 | 11,795 | 25.7% | ○ | 118 | 62 | 40 | 22 | 3,813 | 3,875 | 8.451% | 3.0 | 25.736 |
| 嬉野市 | 27,308 | 8,279 | 30.3% | ○ | 30 | 33 | 23 | 10 | 1,071 | 1,104 | 4.043% | 7.5 | 10.986 |
| 神埼市 | 32,253 | 9,109 | 28.2% | ○ | 75 | 38 | 23 | 15 | 2,139 | 2,177 | 6.750% | 4.2 | 23.254 |
| 吉野ヶ里町 | 16,248 | 3,645 | 22.4% | ○ | 23 | 18 | 13 | 5 | 990 | 1,008 | 6.204% | 3.6 | 14.156 |
| 基山町 | 17,490 | 4,641 | 26.5% | ○ | 36 | 27 | 19 | 8 | 927 | 954 | 5.455% | 4.9 | 20.583 |
| 上峰町 | 9,516 | 2,222 | 23.4% | ○ | 5 | 6 | 3 | 3 | 354 | 360 | 3.783% | 6.2 | 5.254 |

| | 総人口 | | 高齢化率 | 市町村 窓口 | サポ- ター 講座 開催回数 | メイト数 (※1) | | | サポ-ター数 (※2) | 合計 サポ-ター数 (メイト+ サポ-ター 数) (※1+※2) | 総人口に 占める割合 (メイト+サ ポ-ター) | メイト+ サポ-ター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|-------|-----------|---------|-------|-----------|-------------------------|--------------|-------------|-----|----------------|---|----------------------------------|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | 活動 メイト数 | 非活動 メイト数 | | | | | | |
| みやき町 | 25,553 | 8,266 | 32.3% | ○ | 43 | 26 | 19 | 7 | 1,279 | 1,305 | 5.107% | 6.3 | 16.828 |
| 玄海町 | 6,039 | 1,709 | 28.3% | ○ | 14 | 3 | 3 | | 517 | 520 | 8.611% | 3.3 | 23.183 |
| 有田町 | 20,723 | 6,398 | 30.9% | ○ | 19 | 40 | 30 | 10 | 707 | 747 | 3.605% | 8.6 | 9.169 |
| 大町町 | 6,936 | 2,429 | 35.0% | ○ | 19 | 7 | 3 | 4 | 485 | 492 | 7.093% | 4.9 | 27.393 |
| 江北町 | 9,740 | 2,550 | 26.2% | ○ | 30 | 14 | 9 | 5 | 885 | 899 | 9.230% | 2.8 | 30.801 |
| 白石町 | 24,365 | 7,595 | 31.2% | ○ | 69 | 51 | 38 | 13 | 2,369 | 2,420 | 9.932% | 3.1 | 28.319 |
| 太良町 | 9,352 | 3,189 | 34.1% | ○ | 3 | 9 | 3 | 6 | 123 | 132 | 1.411% | 24.2 | 3.208 |
| 長崎県計 | 1,404,103 | 410,561 | 29.2% | 22 | 2,974 | 1,362 | 989 | 373 | 91,788 | 93,150 | 6.634% | 4.4 | 21.181 |
| 長崎県 | 1,404,103 | 410,561 | 29.2% | ○ | 53 | 20 | 14 | 6 | 2,256 | 2,276 | | | |
| 長崎市 | 435,525 | 125,539 | 28.8% | ○ | 1,111 | 302 | 264 | 38 | 36,961 | 37,263 | 8.556% | 3.4 | 25.509 |
| 佐世保市 | 258,466 | 74,624 | 28.9% | ○ | 419 | 407 | 262 | 145 | 11,641 | 12,048 | 4.661% | 6.2 | 16.211 |
| 島原市 | 46,884 | 14,911 | 31.8% | ○ | 144 | 55 | 45 | 10 | 4,069 | 4,124 | 8.796% | 3.6 | 30.714 |
| 諫早市 | 140,140 | 37,482 | 26.7% | ○ | 265 | 138 | 98 | 40 | 7,958 | 8,096 | 5.777% | 4.6 | 18.910 |
| 大村市 | 94,760 | 21,648 | 22.8% | ○ | 172 | 67 | 42 | 25 | 4,955 | 5,022 | 5.300% | 4.3 | 18.151 |
| 平戸市 | 33,216 | 12,068 | 36.3% | ○ | 64 | 63 | 35 | 28 | 1,832 | 1,895 | 5.705% | 6.4 | 19.268 |
| 松浦市 | 24,048 | 7,908 | 32.9% | ○ | 43 | 26 | 18 | 8 | 1,057 | 1,083 | 4.503% | 7.3 | 17.881 |
| 対馬市 | 32,523 | 10,828 | 33.3% | ○ | 64 | 15 | 13 | 2 | 1,164 | 1,179 | 3.625% | 9.2 | 19.678 |
| 壱岐市 | 27,991 | 9,691 | 34.6% | ○ | 121 | 56 | 44 | 12 | 2,748 | 2,804 | 10.018% | 3.5 | 43.228 |
| 五島市 | 38,956 | 14,039 | 36.0% | ○ | 75 | 7 | 6 | 1 | 1,783 | 1,790 | 4.595% | 7.8 | 19.252 |
| 西海市 | 29,458 | 10,244 | 34.8% | ○ | 63 | 24 | 17 | 7 | 1,935 | 1,959 | 6.650% | 5.2 | 21.386 |
| 雲仙市 | 45,686 | 14,238 | 31.2% | ○ | 80 | 37 | 34 | 3 | 2,981 | 3,018 | 6.606% | 4.7 | 17.511 |
| 南島原市 | 48,773 | 17,191 | 35.2% | ○ | 82 | 37 | 29 | 8 | 4,132 | 4,169 | 8.548% | 4.1 | 16.813 |
| 長与町 | 42,653 | 9,751 | 22.9% | ○ | 43 | 14 | 10 | 4 | 1,263 | 1,277 | 2.994% | 7.6 | 10.081 |
| 時津町 | 30,143 | 6,827 | 22.6% | ○ | 25 | 27 | 17 | 10 | 986 | 1,013 | 3.361% | 6.7 | 8.294 |
| 東彼杵町 | 8,340 | 2,712 | 32.5% | ○ | 10 | 6 | 3 | 3 | 274 | 280 | 3.357% | 9.7 | 11.990 |
| 川棚町 | 14,408 | 4,250 | 29.5% | ○ | 20 | 6 | 6 | | 656 | 662 | 4.595% | 6.4 | 13.881 |
| 波佐見町 | 15,127 | 4,311 | 28.5% | ○ | 17 | 7 | 5 | 2 | 890 | 897 | 5.930% | 4.8 | 11.238 |
| 小値賀町 | 2,622 | 1,185 | 45.2% | ○ | 2 | 4 | 1 | 3 | 47 | 51 | 1.945% | 23.2 | 7.628 |
| 佐々町 | 13,822 | 3,521 | 25.5% | ○ | 44 | 36 | 19 | 17 | 942 | 978 | 7.076% | 3.6 | 31.833 |
| 新上五島町 | 20,562 | 7,593 | 36.9% | ○ | 57 | 8 | 7 | 1 | 1,258 | 1,266 | 6.157% | 6.0 | 27.721 |
| 熊本県計 | 1,810,343 | 515,175 | 28.5% | 46 | 7,082 | 2,541 | 1,817 | 724 | 270,778 | 273,319 | 15.098% | 1.9 | 39.120 |
| 熊本県 | 1,810,343 | 515,175 | 28.5% | ○ | 251 | 1 | 1 | | 21,848 | 21,849 | | | |
| 熊本市 | 735,234 | 177,072 | 24.1% | ○ | 1,454 | 374 | 233 | 141 | 61,750 | 62,124 | 8.450% | 2.9 | 19.776 |
| 八代市 | 130,572 | 41,069 | 31.5% | ○ | 467 | 117 | 113 | 4 | 16,757 | 16,874 | 12.923% | 2.4 | 35.766 |
| 人吉市 | 33,963 | 11,229 | 33.1% | ○ | 243 | 104 | 88 | 16 | 7,857 | 7,961 | 23.440% | 1.4 | 71.548 |
| 荒尾市 | 54,464 | 17,448 | 32.0% | ○ | 186 | 57 | 48 | 9 | 7,257 | 7,314 | 13.429% | 2.4 | 34.151 |
| 水俣市 | 25,893 | 9,179 | 35.4% | ○ | 284 | 38 | 26 | 12 | 7,128 | 7,166 | 27.675% | 1.3 | 109.682 |
| 玉名市 | 67,984 | 21,128 | 31.1% | ○ | 303 | 128 | 115 | 13 | 10,279 | 10,407 | 15.308% | 2.0 | 44.569 |
| 山鹿市 | 54,118 | 18,362 | 33.9% | ○ | 383 | 320 | 173 | 147 | 15,816 | 16,136 | 29.816% | 1.1 | 70.771 |
| 菊池市 | 50,048 | 15,187 | 30.3% | ○ | 361 | 102 | 52 | 50 | 13,903 | 14,005 | 27.983% | 1.1 | 72.131 |
| 宇土市 | 37,997 | 10,374 | 27.3% | ○ | 94 | 62 | 51 | 11 | 4,543 | 4,605 | 12.119% | 2.3 | 24.739 |
| 上天草市 | 29,108 | 10,529 | 36.2% | ○ | 139 | 21 | 21 | | 4,617 | 4,638 | 15.934% | 2.3 | 47.753 |
| 宇城市 | 60,899 | 18,726 | 30.7% | ○ | 210 | 59 | 46 | 13 | 6,948 | 7,007 | 11.506% | 2.7 | 34.483 |
| 阿蘇市 | 27,618 | 9,474 | 34.3% | ○ | 264 | 56 | 47 | 9 | 8,227 | 8,283 | 29.991% | 1.1 | 95.590 |
| 天草市 | 85,654 | 30,927 | 36.1% | ○ | 465 | 105 | 102 | 3 | 16,058 | 16,163 | 18.870% | 1.9 | 54.288 |
| 合志市 | 59,702 | 13,333 | 22.3% | ○ | 163 | 84 | 47 | 37 | 9,392 | 9,476 | 15.872% | 1.4 | 27.302 |
| 美里町 | 10,826 | 4,319 | 39.9% | ○ | 84 | 51 | 32 | 19 | 2,429 | 2,480 | 22.908% | 1.7 | 77.591 |
| 玉東町 | 5,463 | 1,818 | 33.3% | ○ | 46 | 9 | 8 | 1 | 1,052 | 1,061 | 19.422% | 1.7 | 84.203 |
| 南関町 | 10,309 | 3,675 | 35.6% | ○ | 61 | 21 | 14 | 7 | 2,660 | 2,681 | 26.006% | 1.4 | 59.172 |
| 長洲町 | 16,432 | 5,128 | 31.2% | ○ | 73 | 21 | 21 | | 2,860 | 2,881 | 17.533% | 1.8 | 44.426 |
| 和水町 | 10,713 | 4,035 | 37.7% | ○ | 62 | 9 | 2 | 7 | 1,920 | 1,929 | 18.006% | 2.1 | 57.874 |
| 大津町 | 34,086 | 6,959 | 20.4% | ○ | 146 | 57 | 39 | 18 | 4,397 | 4,454 | 13.067% | 1.6 | 42.833 |
| 菊陽町 | 40,513 | 7,570 | 18.7% | ○ | 122 | 56 | 41 | 15 | 5,993 | 6,049 | 14.931% | 1.3 | 30.114 |
| 南小国町 | 4,265 | 1,567 | 36.7% | ○ | 42 | 14 | 12 | 2 | 825 | 839 | 19.672% | 1.9 | 98.476 |
| 小国町 | 7,540 | 2,827 | 37.5% | ○ | 49 | 16 | 11 | 5 | 1,281 | 1,297 | 17.202% | 2.2 | 64.987 |
| 産山村 | 1,598 | 613 | 38.4% | ○ | 8 | 3 | 2 | 1 | 224 | 227 | 14.205% | 2.7 | 50.063 |
| 高森町 | 6,784 | 2,517 | 37.1% | ○ | 65 | 10 | 10 | | 1,847 | 1,857 | 27.373% | 1.4 | 95.814 |
| 西原村 | 7,063 | 1,923 | 27.2% | ○ | 41 | 7 | 3 | 4 | 1,271 | 1,278 | 18.094% | 1.5 | 58.049 |

| | 総人口 | | 高齢化率 | 市町村 窓口 | サポ- ター 講座 開催回数 | メイト数 (※1) | | | サポ-ター数 (※2) | 合計 サポ-ター数 (メイト+ サポ-ター 数) (※1+※2) | 総人口に 占める割合 (メイト+サ ポ-ター) | メイト+ サポ-ター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|-------------|------------------|----------------|--------------|-----------|-------------------------|--------------|--------------|------------|----------------|---|----------------------------------|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | 活動 メイト数 | 非活動 メイト数 | | | | | | |
| 南阿蘇村 | 11,693 | 4,102 | 35.1% | ○ | 21 | 20 | 5 | 15 | 639 | 659 | 5.636% | 6.2 | 17.959 |
| 御船町 | 17,719 | 5,599 | 31.6% | ○ | 155 | 75 | 43 | 32 | 4,056 | 4,131 | 23.314% | 1.4 | 87.477 |
| 嘉島町 | 9,227 | 2,385 | 25.8% | ○ | 28 | 21 | 13 | 8 | 823 | 844 | 9.147% | 2.8 | 30.346 |
| 益城町 | 34,581 | 9,037 | 26.1% | ○ | 125 | 102 | 85 | 17 | 3,081 | 3,183 | 9.204% | 2.8 | 36.147 |
| 甲佐町 | 11,120 | 3,981 | 35.8% | ○ | 29 | 25 | 9 | 16 | 1,207 | 1,232 | 11.079% | 3.2 | 26.079 |
| 山都町 | 16,170 | 6,904 | 42.7% | ○ | 143 | 61 | 55 | 6 | 4,227 | 4,288 | 26.518% | 1.6 | 88.435 |
| 氷川町 | 12,493 | 4,260 | 34.1% | ○ | 43 | 37 | 24 | 13 | 1,378 | 1,415 | 11.326% | 3.0 | 34.419 |
| 芦北町 | 18,455 | 7,276 | 39.4% | ○ | 85 | 57 | 45 | 12 | 2,488 | 2,545 | 13.790% | 2.9 | 46.058 |
| 津奈木町 | 4,863 | 1,827 | 37.6% | ○ | 34 | 22 | 21 | 1 | 1,086 | 1,108 | 22.784% | 1.6 | 69.916 |
| 錦町 | 11,160 | 3,192 | 28.6% | ○ | 102 | 74 | 37 | 37 | 2,847 | 2,921 | 26.174% | 1.1 | 91.398 |
| 多良木町 | 10,165 | 3,775 | 37.1% | ○ | 56 | 38 | 34 | 4 | 1,940 | 1,978 | 19.459% | 1.9 | 55.091 |
| 湯前町 | 4,163 | 1,674 | 40.2% | ○ | 22 | 29 | 25 | 4 | 648 | 677 | 16.262% | 2.5 | 52.847 |
| 水上村 | 2,323 | 897 | 38.6% | ○ | 11 | 13 | 13 | | 325 | 338 | 14.550% | 2.7 | 47.353 |
| 相良村 | 4,705 | 1,716 | 36.5% | ○ | 16 | 4 | 2 | 2 | 420 | 424 | 9.012% | 4.0 | 34.006 |
| 五木村 | 1,189 | 538 | 45.2% | ○ | 15 | 11 | 4 | 7 | 305 | 316 | 26.577% | 1.7 | 126.156 |
| 山江村 | 3,634 | 1,119 | 30.8% | ○ | 30 | 6 | 6 | | 790 | 796 | 21.904% | 1.4 | 82.554 |
| 球磨村 | 3,981 | 1,621 | 40.7% | ○ | 18 | 14 | 10 | 4 | 717 | 731 | 18.362% | 2.2 | 45.215 |
| あさぎり町 | 16,124 | 5,469 | 33.9% | ○ | 45 | 16 | 15 | 1 | 3,297 | 3,313 | 20.547% | 1.7 | 27.909 |
| 苓北町 | 7,732 | 2,815 | 36.4% | ○ | 38 | 14 | 13 | 1 | 1,365 | 1,379 | 17.835% | 2.0 | 49.146 |
| 大分県計 | 1,183,961 | 355,097 | 30.0% | 19 | 2,803 | 1,647 | 905 | 742 | 88,645 | 90,292 | 7.626% | 3.9 | 23.675 |
| 大分県 | 1,183,961 | 355,097 | 30.0% | ○ | 121 | 32 | 15 | 17 | 5,689 | 5,721 | | | |
| 大分市 | 479,340 | 116,765 | 24.4% | ○ | 1,045 | 559 | 352 | 207 | 30,391 | 30,950 | 6.457% | 3.8 | 21.801 |
| 別府市 | 120,658 | 38,228 | 31.7% | ○ | 159 | 98 | 54 | 44 | 6,915 | 7,013 | 5.812% | 5.5 | 13.178 |
| 中津市 | 85,264 | 24,066 | 28.2% | ○ | 190 | 76 | 47 | 29 | 5,118 | 5,194 | 6.092% | 4.6 | 22.284 |
| 日田市 | 68,429 | 21,725 | 31.7% | ○ | 150 | 103 | 65 | 38 | 4,354 | 4,457 | 6.513% | 4.9 | 21.921 |
| 佐伯市 | 75,048 | 26,947 | 35.9% | ○ | 119 | 55 | 31 | 24 | 3,419 | 3,474 | 4.629% | 7.8 | 15.857 |
| 臼杵市 | 40,443 | 14,940 | 36.9% | ○ | 144 | 77 | 49 | 28 | 5,771 | 5,848 | 14.460% | 2.6 | 35.606 |
| 津久見市 | 18,906 | 7,412 | 39.2% | ○ | 92 | 56 | 25 | 31 | 2,749 | 2,805 | 14.837% | 2.6 | 48.662 |
| 竹田市 | 23,278 | 10,061 | 43.2% | ○ | 37 | 111 | 46 | 65 | 1,500 | 1,611 | 6.921% | 6.2 | 15.895 |
| 豊後高田市 | 23,342 | 8,524 | 36.5% | ○ | 79 | 53 | 24 | 29 | 2,138 | 2,191 | 9.387% | 3.9 | 33.845 |
| 杵築市 | 30,645 | 10,501 | 34.3% | ○ | 39 | 49 | 11 | 38 | 1,226 | 1,275 | 4.161% | 8.2 | 12.726 |
| 宇佐市 | 58,143 | 19,325 | 33.2% | ○ | 62 | 77 | 29 | 48 | 2,372 | 2,449 | 4.212% | 7.9 | 10.663 |
| 豊後大野市 | 38,078 | 15,230 | 40.0% | ○ | 162 | 74 | 45 | 29 | 5,037 | 5,111 | 13.422% | 3.0 | 42.544 |
| 由布市 | 35,349 | 11,106 | 31.4% | ○ | 57 | 95 | 47 | 48 | 3,150 | 3,245 | 9.180% | 3.4 | 16.125 |
| 国東市 | 29,785 | 11,759 | 39.5% | ○ | 83 | 48 | 15 | 33 | 2,454 | 2,502 | 8.400% | 4.7 | 27.866 |
| 姫島村 | 2,202 | 926 | 42.1% | ○ | 7 | 3 | 3 | | 351 | 354 | 16.076% | 2.6 | 31.789 |
| 日出町 | 28,518 | 7,975 | 28.0% | ○ | 30 | 34 | 16 | 18 | 1,055 | 1,089 | 3.819% | 7.3 | 10.520 |
| 九重町 | 10,099 | 3,921 | 38.8% | ○ | 130 | 12 | 7 | 5 | 2,931 | 2,943 | 29.141% | 1.3 | 128.726 |
| 玖珠町 | 16,434 | 5,686 | 34.6% | ○ | 97 | 35 | 24 | 11 | 2,025 | 2,060 | 12.535% | 2.8 | 59.024 |
| 宮崎県計 | 1,128,078 | 328,002 | 29.1% | 27 | 3,111 | 2,164 | 1,287 | 877 | 97,009 | 99,173 | 8.791% | 3.3 | 27.578 |
| 宮崎県 | 1,128,078 | 328,002 | 29.1% | ○ | 18 | 21 | 19 | 2 | 692 | 713 | | | |
| 宮崎市 | 405,681 | 102,101 | 25.2% | ○ | 809 | 386 | 271 | 115 | 26,754 | 27,140 | 6.690% | 3.8 | 19.942 |
| 都城市 | 168,448 | 48,466 | 28.8% | ○ | 606 | 266 | 179 | 87 | 20,343 | 20,609 | 12.235% | 2.4 | 35.975 |
| 延岡市 | 127,924 | 39,496 | 30.9% | ○ | 309 | 195 | 124 | 71 | 9,666 | 9,861 | 7.708% | 4.0 | 24.155 |
| 日南市 | 55,848 | 19,222 | 34.4% | ○ | 104 | 98 | 44 | 54 | 3,335 | 3,433 | 6.147% | 5.6 | 18.622 |
| 小林市 | 47,646 | 15,521 | 32.6% | ○ | 360 | 250 | 130 | 120 | 9,867 | 10,117 | 21.234% | 1.5 | 75.557 |
| 日向市 | 63,013 | 17,843 | 28.3% | ○ | 218 | 195 | 63 | 132 | 6,465 | 6,660 | 10.569% | 2.7 | 34.596 |
| 串間市 | 19,636 | 7,343 | 37.4% | ○ | 44 | 57 | 17 | 40 | 980 | 1,037 | 5.281% | 7.1 | 22.408 |
| 西都市 | 31,614 | 10,499 | 33.2% | ○ | 86 | 75 | 65 | 10 | 2,505 | 2,580 | 8.161% | 4.1 | 27.203 |
| えびの市 | 20,637 | 7,859 | 38.1% | ○ | 34 | 31 | 14 | 17 | 1,116 | 1,147 | 5.558% | 6.9 | 16.475 |
| 三股町 | 26,012 | 6,353 | 24.4% | ○ | 59 | 54 | 46 | 8 | 1,442 | 1,496 | 5.751% | 4.2 | 22.682 |
| 高原町 | 9,855 | 3,596 | 36.5% | ○ | 13 | 71 | 30 | 41 | 438 | 509 | 5.165% | 7.1 | 13.191 |
| 国富町 | 20,204 | 6,448 | 31.9% | ○ | 66 | 84 | 59 | 25 | 2,769 | 2,853 | 14.121% | 2.3 | 32.667 |
| 綾町 | 7,656 | 2,458 | 32.1% | ○ | 16 | 36 | 18 | 18 | 481 | 517 | 6.753% | 4.8 | 20.899 |
| 高鍋町 | 21,106 | 6,297 | 29.8% | ○ | 28 | 30 | 19 | 11 | 946 | 976 | 4.624% | 6.5 | 13.266 |
| 新富町 | 18,096 | 4,890 | 27.0% | ○ | 19 | 26 | 22 | 4 | 624 | 650 | 3.592% | 7.5 | 10.500 |
| 西米良村 | 1,208 | 509 | 42.1% | ○ | 19 | 8 | 8 | | 363 | 371 | 30.712% | 1.4 | 157.285 |
| 木城町 | 5,420 | 1,802 | 33.2% | ○ | 5 | 12 | 4 | 8 | 356 | 368 | 6.790% | 4.9 | 9.225 |

| | 総人口 | | 高齢化率 | 市町村 窓口 | サポ- ター 講座 開催回数 | メイト数 (※1) | | | サポ-ター数 (※2) | 合計 サポ-ター数 (メイト+ サポ-ター 数) (※1+※2) | 総人口に 占める割合 (メイト+サ ポ-ター) | メイト+ サポ-ター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|---------|-----------|---------|-------|-----------|-------------------------|--------------|-------------|-----|----------------|---|----------------------------------|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | 活動 メイト数 | 非活動 メイト数 | | | | | | |
| 川南町 | 16,379 | 5,051 | 30.8% | ○ | 32 | 18 | 18 | | 895 | 913 | 5.574% | 5.5 | 19.537 |
| 都農町 | 10,867 | 3,780 | 34.8% | ○ | 27 | 13 | 13 | | 856 | 869 | 7.997% | 4.3 | 24.846 |
| 門川町 | 18,636 | 5,520 | 29.6% | ○ | 63 | 58 | 14 | 44 | 1,657 | 1,715 | 9.203% | 3.2 | 33.806 |
| 諸塚村 | 1,864 | 729 | 39.1% | ○ | 10 | 24 | 3 | 21 | 560 | 584 | 31.330% | 1.2 | 53.648 |
| 椎葉村 | 3,001 | 1,208 | 40.3% | ○ | 14 | 33 | 16 | 17 | 281 | 314 | 10.463% | 3.8 | 46.651 |
| 美郷町 | 5,960 | 2,777 | 46.6% | ○ | 25 | 44 | 29 | 15 | 600 | 644 | 10.805% | 4.3 | 41.946 |
| 高千穂町 | 12,980 | 4,918 | 37.9% | ○ | 62 | 34 | 21 | 13 | 1,787 | 1,821 | 14.029% | 2.7 | 47.766 |
| 日之影町 | 4,223 | 1,781 | 42.2% | ○ | 28 | 23 | 21 | 2 | 571 | 594 | 14.066% | 3.0 | 66.304 |
| 五ヶ瀬町 | 4,164 | 1,535 | 36.9% | ○ | 37 | 22 | 20 | 2 | 660 | 682 | 16.378% | 2.3 | 88.857 |
| 鹿児島県計 | 1,679,502 | 486,612 | 29.0% | 44 | 3,793 | 1,872 | 1,331 | 541 | 130,300 | 132,172 | 7.870% | 3.7 | 22.584 |
| 鹿児島県 | 1,679,502 | 486,612 | 29.0% | ○ | 99 | 77 | 51 | 26 | 4,838 | 4,915 | | | |
| 鹿児島市 | 607,382 | 148,029 | 24.4% | ○ | 1,085 | 443 | 280 | 163 | 36,453 | 36,896 | 6.075% | 4.0 | 17.864 |
| 鹿屋市 | 104,949 | 28,286 | 27.0% | ○ | 243 | 107 | 85 | 22 | 8,402 | 8,509 | 8.108% | 3.3 | 23.154 |
| 枕崎市 | 22,620 | 7,983 | 35.3% | ○ | 21 | 14 | 14 | | 663 | 677 | 2.993% | 11.8 | 9.284 |
| 阿久根市 | 21,916 | 8,271 | 37.7% | ○ | 64 | 39 | 34 | 5 | 1,431 | 1,470 | 6.707% | 5.6 | 29.202 |
| 出水市 | 55,003 | 16,389 | 29.8% | ○ | 102 | 47 | 46 | 1 | 3,167 | 3,214 | 5.843% | 5.1 | 18.544 |
| 指宿市 | 42,849 | 14,802 | 34.5% | ○ | 95 | 43 | 27 | 16 | 2,634 | 2,677 | 6.248% | 5.5 | 22.171 |
| 西之表市 | 16,185 | 5,583 | 34.5% | ○ | 23 | 11 | 10 | 1 | 1,081 | 1,092 | 6.747% | 5.1 | 14.211 |
| 垂水市 | 16,007 | 6,112 | 38.2% | ○ | 10 | 54 | 32 | 22 | 432 | 486 | 3.036% | 12.6 | 6.247 |
| 薩摩川内市 | 97,636 | 28,680 | 29.4% | ○ | 238 | 108 | 71 | 37 | 8,649 | 8,757 | 8.969% | 3.3 | 24.376 |
| 日置市 | 50,230 | 15,732 | 31.3% | ○ | 192 | 68 | 65 | 3 | 6,264 | 6,332 | 12.606% | 2.5 | 38.224 |
| 曾於市 | 38,418 | 14,112 | 36.7% | ○ | 64 | 42 | 21 | 21 | 2,146 | 2,188 | 5.695% | 6.4 | 16.659 |
| 霧島市 | 126,966 | 31,690 | 25.0% | ○ | 289 | 120 | 66 | 54 | 11,954 | 12,074 | 9.510% | 2.6 | 22.762 |
| いちき串木野市 | 29,386 | 9,830 | 33.5% | ○ | 84 | 27 | 20 | 7 | 2,920 | 2,947 | 10.029% | 3.3 | 28.585 |
| 南さつま市 | 36,022 | 13,274 | 36.8% | ○ | 47 | 24 | 18 | 6 | 2,283 | 2,307 | 6.404% | 5.8 | 13.048 |
| 志布志市 | 32,727 | 10,501 | 32.1% | ○ | 62 | 8 | 7 | 1 | 2,073 | 2,081 | 6.359% | 5.0 | 18.945 |
| 奄美市 | 44,721 | 12,560 | 28.1% | ○ | 109 | 96 | 66 | 30 | 4,620 | 4,716 | 10.545% | 2.7 | 24.373 |
| 南九州市 | 37,294 | 13,421 | 36.0% | ○ | 118 | 34 | 29 | 5 | 4,563 | 4,597 | 12.326% | 2.9 | 31.640 |
| 伊佐市 | 27,577 | 10,533 | 38.2% | ○ | 94 | 38 | 34 | 4 | 2,603 | 2,641 | 9.577% | 4.0 | 34.086 |
| 始良市 | 76,323 | 21,949 | 28.8% | ○ | 151 | 94 | 80 | 14 | 7,050 | 7,144 | 9.360% | 3.1 | 19.784 |
| 三島村 | 388 | 118 | 30.4% | ○ | | 3 | 3 | | | 3 | 0.773% | 39.3 | |
| 十島村 | 684 | 201 | 29.4% | ○ | 7 | 10 | 3 | 7 | 180 | 190 | 27.778% | 1.1 | 102.339 |
| さつま町 | 22,775 | 8,499 | 37.3% | ○ | 82 | 37 | 36 | 1 | 2,018 | 2,055 | 9.023% | 4.1 | 36.004 |
| 長島町 | 10,924 | 3,673 | 33.6% | ○ | 23 | 10 | 10 | | 687 | 697 | 6.380% | 5.3 | 21.055 |
| 湧水町 | 10,061 | 3,904 | 38.8% | ○ | 36 | 30 | 17 | 13 | 1,020 | 1,050 | 10.436% | 3.7 | 35.782 |
| 大崎町 | 13,879 | 4,913 | 35.4% | ○ | 64 | 19 | 10 | 9 | 1,314 | 1,333 | 9.604% | 3.7 | 46.113 |
| 東串良町 | 6,902 | 2,432 | 35.2% | ○ | 8 | 6 | 3 | 3 | 223 | 229 | 3.318% | 10.6 | 11.591 |
| 錦江町 | 8,227 | 3,408 | 41.4% | ○ | 48 | 20 | 15 | 5 | 907 | 927 | 11.268% | 3.7 | 58.344 |
| 南大隅町 | 7,971 | 3,636 | 45.6% | ○ | 27 | 8 | 7 | 1 | 1,214 | 1,222 | 15.331% | 3.0 | 33.873 |
| 肝付町 | 16,338 | 6,322 | 38.7% | ○ | 25 | 34 | 22 | 12 | 531 | 565 | 3.458% | 11.2 | 15.302 |
| 中種子町 | 8,373 | 2,994 | 35.8% | ○ | 29 | 4 | 4 | | 931 | 935 | 11.167% | 3.2 | 34.635 |
| 南種子町 | 5,903 | 1,961 | 33.2% | ○ | 28 | 7 | 7 | | 599 | 606 | 10.266% | 3.2 | 47.434 |
| 屋久島町 | 13,162 | 4,102 | 31.2% | ○ | 35 | 4 | 4 | | 575 | 579 | 4.399% | 7.1 | 26.592 |
| 大和村 | 1,592 | 612 | 38.4% | ○ | 11 | 7 | 5 | 2 | 155 | 162 | 10.176% | 3.8 | 69.095 |
| 宇検村 | 1,799 | 693 | 38.5% | ○ | 18 | 12 | 4 | 8 | 293 | 305 | 16.954% | 2.3 | 100.056 |
| 瀬戸内町 | 9,297 | 3,217 | 34.6% | ○ | 11 | 16 | 12 | 4 | 522 | 538 | 5.787% | 6.0 | 11.832 |
| 龍郷町 | 6,084 | 1,890 | 31.1% | ○ | 26 | 18 | 12 | 6 | 655 | 673 | 11.062% | 2.8 | 42.735 |
| 喜界町 | 7,481 | 2,726 | 36.4% | ○ | 14 | 27 | 26 | 1 | 917 | 944 | 12.619% | 2.9 | 18.714 |
| 徳之島町 | 11,465 | 3,269 | 28.5% | ○ | 13 | 35 | 17 | 18 | 855 | 890 | 7.763% | 3.7 | 11.339 |
| 天城町 | 6,315 | 2,068 | 32.7% | ○ | 17 | 31 | 29 | 2 | 476 | 507 | 8.029% | 4.1 | 26.920 |
| 伊仙町 | 6,961 | 2,375 | 34.1% | ○ | 6 | 25 | 15 | 10 | 231 | 256 | 3.678% | 9.3 | 8.619 |
| 和泊町 | 6,983 | 2,173 | 31.1% | ○ | 28 | 7 | 6 | 1 | 1,201 | 1,208 | 17.299% | 1.8 | 40.097 |
| 知名町 | 6,321 | 2,009 | 31.8% | ○ | 7 | 4 | 4 | | 212 | 216 | 3.417% | 9.3 | 11.074 |
| 与論町 | 5,406 | 1,680 | 31.1% | ○ | 40 | 4 | 4 | | 358 | 362 | 6.696% | 4.6 | 73.992 |
| 沖縄県計 | 1,461,231 | 283,458 | 19.4% | 22 | 2,074 | 1,268 | 838 | 430 | 61,705 | 62,973 | 4.310% | 4.5 | 14.194 |
| 沖縄県 | 1,461,231 | 283,458 | 19.4% | ○ | 119 | | | | 3,147 | 3,147 | | | |
| 那覇市 | 324,169 | 66,307 | 20.5% | ○ | 470 | 186 | 107 | 79 | 15,738 | 15,924 | 4.912% | 4.2 | 14.499 |
| 宜野湾市 | 97,509 | 16,508 | 16.9% | ○ | 119 | 71 | 45 | 26 | 3,109 | 3,180 | 3.261% | 5.2 | 12.204 |

| | 総人口 | | 高齢化率 | 市町村 窓口 | サポ- ター 講座 開催回数 | メイト数 (※1) | | | サポ-ター数 (※2) | 合計 サポ-ター数 (メイト+ サポ-ター 数) (※1+※2) | 総人口に 占める割合 (メイト+サ ポ-ター) | メイト+ サポ-ター 1人当たり 担当 高齢者人口 | 総人口10000 人当たりの 講座 開催回数 |
|------|---------|--------|-------|-----------|-------------------------|--------------|-------------|----|----------------|---|----------------------------------|---------------------------------------|---------------------------------|
| | 65歳以上人口 | | | | | 活動 メイト数 | 非活動 メイト数 | | | | | | |
| 石垣市 | 49,174 | 9,291 | 18.9% | ○ | 45 | 42 | 39 | 3 | 1,229 | 1,271 | 2.585% | 7.3 | 9.151 |
| 浦添市 | 114,165 | 19,308 | 16.9% | ○ | 194 | 190 | 97 | 93 | 7,692 | 7,882 | 6.904% | 2.4 | 16.993 |
| 名護市 | 62,227 | 12,176 | 19.6% | ○ | 50 | 50 | 38 | 12 | 1,398 | 1,448 | 2.327% | 8.4 | 8.035 |
| 糸満市 | 60,206 | 11,032 | 18.3% | ○ | 67 | 48 | 36 | 12 | 2,037 | 2,085 | 3.463% | 5.3 | 11.128 |
| 沖縄市 | 140,503 | 25,226 | 18.0% | ○ | 152 | 106 | 76 | 30 | 4,427 | 4,533 | 3.226% | 5.6 | 10.818 |
| 豊見城市 | 62,566 | 10,079 | 16.1% | | 49 | 52 | 32 | 20 | 1,621 | 1,673 | 2.674% | 6.0 | 7.832 |
| うるま市 | 122,099 | 24,023 | 19.7% | ○ | 88 | 76 | 48 | 28 | 2,394 | 2,470 | 2.023% | 9.7 | 7.207 |
| 宮古島市 | 54,519 | 13,064 | 24.0% | ○ | 87 | 60 | 31 | 29 | 1,826 | 1,886 | 3.459% | 6.9 | 15.958 |
| 南城市 | 42,836 | 9,755 | 22.8% | ○ | 56 | 48 | 40 | 8 | 1,487 | 1,535 | 3.583% | 6.4 | 13.073 |
| 国頭村 | 5,006 | 1,502 | 30.0% | | 1 | 6 | 1 | 5 | 50 | 56 | 1.119% | 26.8 | 1.998 |
| 大宜味村 | 3,157 | 1,039 | 32.9% | | 4 | 3 | 2 | 1 | 109 | 112 | 3.548% | 9.3 | 12.670 |
| 東村 | 1,876 | 556 | 29.6% | | 1 | | | | 16 | 16 | 0.853% | 34.8 | 5.330 |
| 今帰仁村 | 9,611 | 2,701 | 28.1% | | 12 | 8 | 3 | 5 | 405 | 413 | 4.297% | 6.5 | 12.486 |
| 本部町 | 13,590 | 3,630 | 26.7% | | 18 | 24 | 14 | 10 | 346 | 370 | 2.723% | 9.8 | 13.245 |
| 恩納村 | 10,906 | 2,342 | 21.5% | ○ | 12 | 17 | 16 | 1 | 238 | 255 | 2.338% | 9.2 | 11.003 |
| 宜野座村 | 5,916 | 1,292 | 21.8% | | 15 | 15 | 11 | 4 | 366 | 381 | 6.440% | 3.4 | 25.355 |
| 金武町 | 11,495 | 2,802 | 24.4% | | 13 | 29 | 24 | 5 | 750 | 779 | 6.777% | 3.6 | 11.309 |
| 伊江村 | 4,700 | 1,369 | 29.1% | | 3 | | | | 68 | 68 | 1.447% | 20.1 | 6.383 |
| 読谷村 | 41,214 | 7,624 | 18.5% | ○ | 32 | 60 | 50 | 10 | 875 | 935 | 2.269% | 8.2 | 7.764 |
| 嘉手納町 | 13,841 | 2,995 | 21.6% | ○ | 38 | 8 | 7 | 1 | 742 | 750 | 5.419% | 4.0 | 27.455 |
| 北谷町 | 29,093 | 5,133 | 17.6% | | 32 | 16 | 11 | 5 | 730 | 746 | 2.564% | 6.9 | 10.999 |
| 北中城村 | 16,897 | 3,387 | 20.0% | ○ | 54 | 26 | 18 | 8 | 1,316 | 1,342 | 7.942% | 2.5 | 31.958 |
| 中城村 | 19,725 | 3,456 | 17.5% | ○ | 17 | 11 | 9 | 2 | 1,217 | 1,228 | 6.226% | 2.8 | 8.619 |
| 西原町 | 35,318 | 6,219 | 17.6% | ○ | 64 | 29 | 21 | 8 | 2,123 | 2,152 | 6.093% | 2.9 | 18.121 |
| 与那原町 | 18,906 | 3,350 | 17.7% | | 25 | 13 | 6 | 7 | 997 | 1,010 | 5.342% | 3.3 | 13.223 |
| 南風原町 | 37,342 | 5,930 | 15.9% | | 69 | 28 | 21 | 7 | 1,742 | 1,770 | 4.740% | 3.4 | 18.478 |
| 渡嘉敷村 | 693 | 163 | 23.5% | | 8 | 4 | 3 | 1 | 79 | 83 | 11.977% | 2.0 | 115.440 |
| 座間味村 | 910 | 210 | 23.1% | | 5 | 2 | 2 | | 250 | 252 | 27.692% | 0.8 | 54.945 |
| 粟国村 | 734 | 255 | 34.7% | | | 1 | | 1 | | 1 | 0.136% | 255.0 | |
| 渡名喜村 | 389 | 152 | 39.1% | | 3 | 1 | 1 | | 51 | 52 | 13.368% | 2.9 | 77.121 |
| 南大東村 | 1,282 | 283 | 22.1% | | 5 | 3 | 2 | 1 | 57 | 60 | 4.680% | 4.7 | 39.002 |
| 北大東村 | 590 | 111 | 18.8% | | 1 | | | | 13 | 13 | 2.203% | 8.5 | 16.949 |
| 伊平屋村 | 1,288 | 334 | 25.9% | | | 2 | | 2 | | 2 | 0.155% | 167.0 | |
| 伊是名村 | 1,530 | 430 | 28.1% | ○ | 8 | 2 | 2 | | 254 | 256 | 16.732% | 1.7 | 52.288 |
| 久米島町 | 8,235 | 2,193 | 26.6% | ○ | 51 | 7 | 7 | | 849 | 856 | 10.395% | 2.6 | 61.931 |
| 八重瀬町 | 30,093 | 5,658 | 18.8% | | 69 | 18 | 12 | 6 | 1,525 | 1,543 | 5.127% | 3.7 | 22.929 |
| 多良間村 | 1,192 | 333 | 27.9% | ○ | 2 | 1 | 1 | | 46 | 47 | 3.943% | 7.1 | 16.779 |
| 竹富町 | 4,239 | 898 | 21.2% | ○ | 8 | 4 | 4 | | 205 | 209 | 4.930% | 4.3 | 18.872 |
| 与那国町 | 1,490 | 342 | 23.0% | ○ | 8 | 1 | 1 | | 181 | 182 | 12.215% | 1.9 | 53.691 |

| | | | | | | | | | | | | | |
|---------------------------|--|--|--|--|----|----|----|----|-----|-----|--|--|--|
| ニューヨーク日系人 会(アメリカ) | | | | | 5 | 56 | 17 | 39 | 148 | 204 | | | |
| フイリッソフイ 日系人会 (アメリカ) | | | | | | 32 | 32 | | | 32 | | | |
| ワシントン日系人会 (アメリカ) | | | | | 3 | | | | 77 | 77 | | | |
| トロント日系人会 (カナダ) | | | | | 2 | 52 | 11 | 41 | 23 | 75 | | | |
| バンクーバー 日系人会 (カナダ) | | | | | | 51 | | 51 | | 51 | | | |
| ドイツ日系人会 (ドイツ) | | | | | 32 | 49 | 20 | 29 | 392 | 441 | | | |
| スイス日系人会 (スイス) | | | | | 3 | 1 | 1 | | 28 | 29 | | | |
| タイ日系人会 (タイ) | | | | | 3 | 30 | 30 | | 102 | 132 | | | |

※平成28年12月31日までに提出された実施報告書による

※窓口：連絡先として設置されている自治体等を含む

※登録から2年未満のキャラバン・メイトは、活動メイトとしている

※登録から2年間にわたり講座開催実績のないキャラバン・メイトは、非活動メイトとしている

※「都道府県」サポ-ター数には、都道府県を実施主体として開催された市町村の講座分の数が含まれる(実施報告書の記載に基づく)

※人口、高齢者人口：総務省発表 住民基本台帳による(平成28年1月1日現在)